



PAMPHLET

EXCELLENCE OF FASTS IN RAJAB

A LETTER FROM ATTAR



مكتبة المدينة
MAKTABA TUL MADINAH

أَلْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ط

A Letter from Attar

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



Having whirled around the Holy Ka'bah, having kissed the Grand Green Dome, laden with the blessings of those who observe fasts in Rajab, Sha'bān and Ramadan, this is Salām from Sag-e-Madīnāh Muhammad Ilyas Attar Qadiri Razavi towards all Islamic brothers, Islamic sisters, teachers and students of Madrasa-tul-Madīnāh and Jāmi'a-tul-Madīnāh:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ
أَلْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ عَلَى كُلِّ حَالٍ

أَلْحَمْدُ لِلَّهِ عَزَّوَجَلَّ! The delightful days are once again at onset. The holy month of Rajab-ul-Murajjab is about to start. The seed of worship is sowed in this month, watered with the tears of repentance in Sha'bān-ul-Mu'azzam and the crop of blessings is harvested in the month of Ramadan-ul-Mubāarak.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Excellence of fasts in first three days of Rajab

O those who value Rajab-ul-Murajjab! Be ready to observe fasts in all days of three continuous months or of as many days as you can, provided it does not affect efficiency of teaching/ learning or job performance. Also Nafl fasts should be avoided if parents refuse to do so. Apply Qufl-e Madīnāh by eating less at the time of Saḥarī and Iftār. May the blossoming of fasts prevail in every home and in all my Jāmi'a-tul-Madīnāhs and Madrasa-tul-Madīnāhs! So let's start observing the fasts from the very 1st day of Rajab-ul-Murajjab.

What a great excellence fasts of first three days of Rajab-ul-Murajjab bear! Sayyidunā 'Abdullāh Ibn 'Abbās رَضِيَ اللَّهُ تَعَالَى عَنْهُمَا has narrated that the Noble Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, "The fast of the first day of Rajab is atonement for three years, the fast of the second day is atonement for two years, the fast of the third day is atonement for one year and then the fast of each remaining day is atonement for one month." (*Al-Jāmi'-uṣ-Ṣaghīr*, pp. 311, *Hadīṣ* 5051)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Nafli (supererogatory) fasts bring wonderful blessings. In this context, two Ahādīsh are being presented:

1. Angels ask for forgiveness

Sayyidatunā Umm-e-‘Ummārah رَضِيَ اللهُ تَعَالَى عَنْهَا has reported, ‘The Prophet of mankind, the Peace of our heart and mind, the Most Generous and Kind صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ visited my home and I served some food in the blessed court of the Holy Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ. He صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ said to me, ‘You eat too.’ I replied that I am observing fast. The Prophet of Raḥmah صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ said, ‘As long as the food is eaten in front of one observing fast, the angels keep on asking forgiveness for him.’ (*Sunan-ut-Tirmiḏī, vol. 2, pp. 205, Ḥadīṣ 785*)

2. When do the bones of a fasting person glorify Allah جَلَّ جَلَالُهُ

Once Sayyidunā Bilāl رَضِيَ اللهُ تَعَالَى عَنْهُ came into the blessed court of the Beloved Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ when the Holy Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ was taking breakfast. The Noble Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ said, ‘O Bilāl! Have breakfast.’ Sayyidunā Bilāl رَضِيَ اللهُ تَعَالَى عَنْهُ said, ‘Yā Rasūlallāh (صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ)! I am observing fast.’ The Great Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ replied, ‘We are eating our sustenance while Bilāl’s sustenance is escalating in the Paradise. O Bilāl! Are you aware of the fact that as long as the food is eaten in front of a person observing fast, his bones continue to glorify Allah عَزَّوَجَلَّ and the angels supplicate for him.’ (*Shu’ab-ul-Īmān, vol. 3, pp. 297, Ḥadīṣ 3586*)

The renowned exegete of the Holy Quran Muftī Aḥmad Yār Khan عَلَيْهِ رَحْمَةُ الْمَعْنَان has stated: It is evident from this that if a guest arrives whilst you are taking food, asking him to eat is a Sunnah. But this offer should be from the core of the heart and not superficial.

The guest should not tell a lie saying that he has no desire to eat. Instead, if the guest observes that there is less food or if he does not feel desire to eat then he should say بَارَكَ اللهُ. It was also revealed that one need not to conceal his good deeds from the Beloved Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ, instead these should be revealed so that the Noble Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ may bear witness for these deeds. This revealing does not fall in the category of ostentation. Whatever was said having heard about Bilāl’s fast has been explained as: We are eating our today’s sustenance here, whereas Sayyidunā Bilāl رَضِيَ اللهُ تَعَالَى عَنْهُ will avail his sustenance in lieu of this in Paradise and that recompense will be better in quality and more in quantity. However, this Ḥadīsh conveys clear message. Certainly every bone and joint and even every fibre of the body of the person observing fast glorify Allah عَزَّوَجَلَّ at that time, of which that person is unaware, but the Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ listens to it. (*Mirāt-ul-Manājīh, vol. 3, pp. 202*)

Even if you have studied earlier, re-read both booklets i.e. *Return of the Shroud* detailing the Blessings of Rajab-ul-Murajjab and the *Month of My Prophet* صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ. Also, go through the chapter *Blessings of Ramadan* from *Faizān-e-Sunnat* every year in the month of Sha’bān-ul-Mu’azzam. If possible, distribute 127 or 27 booklets in relation to 27th of Rajab i.e. the festival of Mi’rāj-un-Nabī صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ, or distribute Blessings of Ramadan according to your capacity to earn immense Šawāb.

It is further requested to all Islamic brothers and earnestly requested to the teachers/ administrators/ students of Jāmi’a-tul-Madīnah and Madāris-ul-Madīnah, that (whilst I am alive and even after my demise) please take effective part in collecting Zakāh, Fiṭrah, skins of the sacrificed animals and collecting other donations. (Islamic sisters should convince other Islamic sisters and their near kin for donations),

I swear by Allah عَزَّوَجَلَّ I feel so happy when I hear of those teachers and students who forgo departure to their villages and spend the holy month of Ramadan-ul-Mubārak in the Jāmi'ah complying their Majlis by bearing the responsibility of collecting donations. However, those teachers and students who show lack of interest but out of negligence or laziness make my heart weep.

Special Madanī pearl: Those Islamic brothers or sisters who want to collect donation, it is Farḍ for them to learn required rulings. It is emphasised to everyone to again read the book 'Chanday kay bāray mayn Suwāl Jawāb (Questions and Answers regarding Charity)' consisting of 107 pages, published by Maktaba-tul-Madīnah, the publishing department of Dawat-e-Islami.

Yā Allah عَزَّوَجَلَّ! Those devotees of Rasūl who collect donations in Ramadan-ul-Mubārak and the skins of sacrificed animals on Eid-ul-Aḍḥā make my heart happy, You (عَزَّوَجَلَّ) stay happy with them forever and for their sake, be pleased with me (the leader of the sinners) forever!

Those Islamic brothers and sisters (when there is no valid exemption) who observe fasts for three months every year and read or listen to the books 'Return of the Shroud' in Jumād al Ukhrah, 'the Month of My Prophet' in Rajab-ul-Murajjab and 'Blessings of Ramadan' (completely) in Sha'bān-ul-Mu'azzam, Yā Allah عَزَّوَجَلَّ! Bestow me and them with Your blessings in this worldly life as well as in the afterlife, forgive us without any accountability and congregate us in the neighbourhood of Your Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ in Paradise.

آمِينَ بِجَاهِ النَّبِيِّ الْأَمِينِ صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ

Occasion of Mi'rāj-un-Nabī ﷺ

Partake in the Ijtimā' of Zikr-o-Na'at organized by Dawat-e-Islami on the 27th Rajab-ul-Murajjab in relation to the occasion of Mi'rāj-un-Nabī صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ. In addition, observe the fast of the 27th Rajab-ul-Murajjab and become deserving to the Šawāb for fasts of sixty months.

Rajab kī bahāraun kā ṣadaqaḥ banā day

Ĥamayn 'āshiq-e-Mustafa Yā Ilāḥī

*For the sake of blessings of Rajab
Make us the true devotee of Rasūl, Yā Rab*

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

A Madanī pearl for safeguarding the eyes

After five times Ṣalāḥ, put right hand on forehead and invoke يَا نُورُ eleven times in single breath, blow on all fingers of both hands and wipe the fingers over the eyes. إِنَّ شَاءَ اللهُ عَزَّوَجَلَّ, it will safeguard from blindness, weakness of the eyesight and all eye related diseases. Relief from blindness may also take place by virtue of the blessings of Allah عَزَّوَجَلَّ.

Madanī request

Please read out this epistle every year on the last Thursday of every month of Jumād al Ukhrah in the weekly Sunnah-Inspiring Ijtimā'/Jāmi'a-tul-Madīnah/Madrasa-tul-Madīnah.

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ آمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

BLOSSOMING OF SUNNAH

By the grace of Allah ﷻ, Sunnahs are abundantly learnt and taught in the Madani environment of Dawat-e-Islami, a global and non-political movement for the preaching of Quran and Sunnah. It is a Madani request that you spend the whole night in the weekly Sunnah-Inspiring Ijtima', taking place after Salat-ul-Maghrib every Thursday in your city, for the pleasure of Allah ﷻ with good intentions. With the intention of gaining reward, make it a part of your routine to travel in Sunnah-Inspiring Madani Qafilahs with the devotees of Rasul, to fill out the Madani In'amat booklet every day practicing Fikr-e-Madinah and to submit it to the relevant responsible Islamic brother of your locality within the first ten days of every Islamic month. Through the blessings of this, you will develop a mindset and a yearning to adopt Sunnahs, to have hatred for sins and to protect your faith, **بِنِعْمَةِ اللَّهِ عَزَّوَجَلَّ**.

Every Islamic brother should develop the Madani mindset that **'I must strive to reform myself and people of the entire world, بِنِعْمَةِ اللَّهِ عَزَّوَجَلَّ'**

In order to reform ourselves, we must act upon Madani In'amat and to strive to reform people of the entire world we must travel with Madani Qafilahs, **بِنِعْمَةِ اللَّهِ عَزَّوَجَلَّ**.



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