



وضو اور سائنس

# Wudu and Science



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مکتبۃ الدینہ

Dawat-e-Islami

وُضُو اور سائنس

Wudu aur Science

## WUDU AND SCIENCE

THIS speech was delivered by Shaykh-e-Tareeqat, Ameer-e-Ahl-e-Sunnat, the founder of Dawat-e-Islami 'Allamah Maulana Abu Bilal Muhammad Ilyas Attar Qadiri Razavi **دَاعَتْ بَرَكَاتُهُمُ الْعَالِيَهُ** in Urdu. **Majlis-e-Tarajim** (the Translation Department) has translated it into English. If you find any mistake in the translation or composing, please inform the Translation Department on the following postal or email address with the intention of earning reward [Sawab].

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## Wudu and Science

An English translation of 'Wudu aur Science'



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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ  
أَمَا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

## Du'a for Reading the Book

**R**ead the following Du'a (supplication) before you study a religious book or an Islamic lesson, you will remember whatever you study, إِنَّ شَاءَ اللَّهُ عَزَّوَجَلَّ:

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَأَنْشُرْ  
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

### Translation

O Allah عَزَّوَجَلَّ! Open the door of knowledge and wisdom for us, and have mercy on us! O the One Who is the Most Honourable and Glorious! (*Al-Mustatraf, vol. 1, pp. 40*)

### Note:

Recite Salat-‘Alan-Nabi ﷺ once before and after the Du'a.



Tip1:Click on any heading, it will send you to the required page.

Tip2:at inner pages, Click on the Name of the book to get back(here) to contents.

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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ  
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## Wudu and Science\*

Read this booklet completely. You will get amazing treasure of knowledge about Wudu, إِنَّ شَاءَ اللَّهُ عَزَّوَجَلَّ.

### Excellence of Salat-‘Alan-Nabi ﷺ

The Rasool of mankind, the Peace of our heart and mind, the most Generous and Kind صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, ‘When those who love each other for the sake of Allah عَزَّوَجَلَّ meet and shake hands, and send Salat upon the Nabi (صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ), their future and past sins are forgiven before they leave each other.’

*(Musnad Abi Ya’la, vol. 3, pp. 95, Hadees 2951)*

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

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\* This speech was delivered by Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ in Nawabshah (Muharram-ul-Haraam, 1421 AH – April 6, 2000) during the 2-day congregation for the students of Dawat-e-Islami – a global & non-political religious movement for the preaching of Quran and Sunnah. It is now being presented in the form of a booklet with necessary amendments. [Majlis Maktaba-tul-Madinah]

## Embracing Islam by virtue of Wudu

A person stated that he invited a non-Muslim university student in Belgium to accept Islam. The student asked him about the scientific benefits of Wudu but the person could not answer. He then took the student to a religious scholar but he also had no knowledge about it. Another person who had scientific information told him several benefits of Wudu but he also could not tell the benefit of the wiping of the neck. That student went back.

After sometime, he came and informed that his professor informed him during the lecture, 'If a few drops of water are sprinkled on and around the back of the neck on a daily basis, one remains protected against the diseases of vertebral column and spinal cord.' Listening to it, he realized the wisdom behind the wiping of the neck during Wudu. The student also said, 'I now want to accept Islam.' He then became Muslim.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

## Seminar in Western Germany

The problem of depression is growing in the western countries, brain failures are being reported and more mental asylums are being established. Long queues of psychiatric patients may be seen at psychiatric hospitals. A Pakistani physiotherapist who holds a diploma from Western Germany stated that a seminar

on the topic ‘*possible cures for depression other than medicines*’ was held in Western Germany. One of the doctors revealed an amazing discovery in his speech, saying, ‘I advised the patients of depression to wash their faces five times a day. They acted on my advice and experienced obvious improvement in their condition. I also advised another group of the patients suffering similar diseases to wash their faces, hands and feet five times a day. They also got cured to a great extent.’ In the end of his speech, the same doctor accepted that depression is rarely found among Muslims as they wash the face, the hands and the feet (i.e. during Wudu) several times daily.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

### **Wudu and high blood pressure**

A heart specialist remarked with assurance, ‘If a patient of hypertension makes Wudu and then his blood pressure is checked, his B.P. will be definitely lower.’

A Muslim Psychiatrist stated, ‘Wudu is the best cure for psychiatric patients.’ The western experts advise the psychiatric patients to wash their body parts like Wudu several times a day.

### **Wudu and paralysis**

Even the order of washing the body parts during Wudu is beneficial. Washing of hands in the beginning alerts the nervous



system, causing the veins of the face and the brain to feel its effects gradually. The order of washing the hands, then rinsing the mouth, then sniffing water into the nose and then washing the face and other body parts reduces the risk of paralysis. If a person washes his face and wipes his head in the beginning, he may suffer several diseases.

### **The one who values Miswak**

Dear Islamic brothers! There are many Sunnahs in Wudu and each Sunnah is a source of blessings. Let's take the example of Miswak. Even children know that use of Miswak in Wudu is Sunnah. How can words fully express the blessings of this Sunnah! A businessman says, 'I met a new Muslim in Switzerland and I gifted him a Miswak. He became happy. He kissed the Miswak and then touched it to his eyes. Tears welled up in his eyes. He then took out a handkerchief from his pocket and unfolded it. On it was a small Miswak approximately two inches in length. He said that when he embraced Islam, he was given that as a gift; he used it with great care and it was nearly finished up, making him anxious. It was by the grace of Allah عَزَّوَجَلَّ that he received another gift of Miswak from him, i.e. the businessman.

Then he added that he had chronic infection in his teeth and gums. The dentists had no cure for it. He started to use the Miswak and after a few days, he felt better. He went to see the doctor who was very surprised to see that he was cured. The

doctor said that he could not be cured in such a short period of time with the medicine he had prescribed. Just recall what he had used. He pondered and recalled that he had become a Muslim and had recently started to use the Miswak. Due to use of the Miswak, he was blessed and healed. When he showed the Miswak to the doctor, he was astonished.’

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

### To strengthen memory

Dear Islamic brothers! Miswak has many benefits in this world and the Hereafter. Miswak contains many chemical substances which protect the teeth from many infections. It is stated in the book *Haashiyah Tahtaawi*, ‘Use of Miswak strengthens memory and eyesight, cures headaches and relaxes the veins in the head, removes phlegm, improves digestion, increases brain power, increases the number of the birth of one’s children, delays aging and strengthens the back.’

*(Haashiya-tut-Tahtaawi ‘ala Maraqil Falah, pp. 69)*

### Two Ahadees about Miswak

1. Whenever the Beloved Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ entered his blessed home, he صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ would use the Miswak first. *(Sahih Muslim, pp. 152, Hadees 253)*

2. Whenever the Greatest Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ woke up from his sleep, he صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ would use the Miswak.  
*(Sunan Abu Dawood, vol. 1, pp. 54, Hadees 57)*

## Cure for blisters in the mouth

Physicians have stated, ‘Sometimes sores develop in the mouth due to stomach acidity or the heat and result in spread of particular type of germs in the mouth. To cure this infection, chew a fresh Miswak and move the saliva around the mouth for a few minutes. By doing this, several patients have been cured.’

## Harmful effects of toothbrush

According to a research, 80% of illnesses are caused by dirty teeth or upset stomach. Sometimes the teeth are not cleaned properly and therefore many germs grow in the gums. These germs spread up to the stomach and cause different infections. Remember! The toothbrush is not an alternative to the Miswak. Experts have concluded that:

1. After the toothbrush has been used once, germs remain on the brush and are not removed even by washing the brush. In fact, they multiply in the brush.
2. The toothbrush destroys the natural shining of the teeth.
3. Use of tooth brush affects gums gradually thus causing gaps in between the gums and the teeth. Food particles

also get stuck in the gaps. These particles rot and germs grow there. As a result, infections of eyesight in addition to other diseases are developed. Eyesight goes weak and sometimes the person becomes blind.

## Do you know how to use Miswak?

You may think that I have been using the Miswak for several years but my teeth and stomach are still disturbed. My naive Islamic brothers! It is your own fault, not that of Miswak. I have reached the conclusion that there may be one among millions who performs Miswak properly. Most of us just rub the Miswak hurriedly on our teeth while performing Wudu. It may be said that we practise ‘a custom of Miswak’ and do not follow its proper method.

## 20 Madani pearls of Miswak

Two sayings of Beloved Mustafa ﷺ:

1. To offer two Rak'at after one has used Miswak is preferable to the seventy Rak'at offered without using Miswak.

*(Attargheeb Wattarheeb, vol. 1, pp. 102, Hadees 18)*

2. Make it necessary for you to use Miswak because it cleans the mouth and brings about the pleasure of Allah ﷻ.

*(Musnad Imam Ahmad Bin Hanbal, vol. 2, pp. 438, Hadees 5869)*

3. Sayyiduna Ibn ‘Abbas رَضِيَ اللهُ تَعَالَى عَنْهُمَا has narrated: Miswak has ten virtues. It cleans the mouth, strengthens the gums and eyesight, removes phlegm and mouth smell, pleases the angels, increases good deeds and settles the stomach. Above all, it is a means of Divine pleasure and is a Sunnah. *(Jam’-ul-Jawami’ lis-Suyuti, vol. 5, pp. 249, Hadees 14867)*
4. Sayyiduna Imam Shaafi’i رَحِمَهُ اللهُ تَعَالَى عَلَيْهِ has stated, “There are four things that enhance one’s intellect: Avoiding useless talking, using Miswak, keeping the company of the pious and acting upon one’s Islamic knowledge. *(Hayat-ul-Haywan lid-Dameeri, vol. 2, pp. 166)*
5. **Parable:** Sayyiduna Abdul Wahhab Sha’rani رَحِمَهُ اللهُ تَعَالَى عَلَيْهِ has narrated: Sayyiduna Abu Bakr Shibli Baghdadi رَحِمَهُ اللهُ تَعَالَى عَلَيْهِ once needed Miswak for Wudu. He رَحِمَهُ اللهُ تَعَالَى عَلَيْهِ searched for it but could not find. Eventually, he رَحِمَهُ اللهُ تَعَالَى عَلَيْهِ bought a Miswak for one dinar, i.e. a gold coin and used it. Some people commented, ‘You have spent a lot of money. It is very expensive.’ He رَحِمَهُ اللهُ تَعَالَى عَلَيْهِ replied, ‘The world and everything in it is not even as much important in the court of Allah عَزَّوَجَلَّ as a mosquito’s wing. If, on the Day of Judgement, Allah عَزَّوَجَلَّ asks me – why did you miss the Sunnah of My Beloved Rasool? The wealth I bestowed upon you was not even as much important in My court as a mosquito’s wing. Why did you not spend such inferior

wealth on getting such a great Sunnah (Miswak) – then what reply will I give?’ (*Summarized from: Lawaqah-ul-Anwaar, pp. 38*)

6. On page 288 of the first volume of the book ‘*Bahar-e-Shari’at*’ published by Maktaba-tul-Madinah, the publishing department of Dawat-e-Islami, a legendary and leading scholar of Shari’ah and Tareeqah, ‘Allamah Maulana Mufti Muhammad Amjad ‘Ali A’zami رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ has stated that saints have said, ‘The person habitual of using Miswak will be blessed with reciting the Kalimah at the time of his death and the one taking opium will not be able to recite the Kalimah at the time of death.
7. Miswak should be of any bitter piece of wood such as Peelu or olive or Neem.
8. Thickness of Miswak should be equal to the little finger.
9. Miswak should not be longer than a hand span otherwise Satan will sit on it.
10. The bristles of the Miswak should be soft. Hard bristles will cause a gap between the gums and teeth.
11. If Miswak is fresh, it’s fine; otherwise soak its one end in a glass of water until it becomes soft.
12. Cut the bristles every day. The bristles are effective only when they contain bitterness.

13. Rub the Miswak on the teeth horizontally.
14. Whenever you intend to use the Miswak, use it at least three times.
15. Wash it each time.
16. Hold the Miswak in the right hand in such a manner that the little finger remains at the bottom, and the middle three fingers remain on it while the thumb remains at the top bristle end of Miswak.
17. First clean the top right row of the teeth and then the top left row. Then clean the bottom right row and then the bottom left row of the teeth.
18. To perform Miswak while holding it in a fist may cause piles.
19. Miswak is a pre-Wudu Sunnah. However, it becomes Sunnat-ul-Muakkadah when foul smell comes from the mouth. (*Derived from: Fatawa Razawiyah, vol. 1, pp. 623*)
20. If the Miswak is no longer useable, do not throw it away as it is a means of acting upon a Sunnah. Rather, keep it somewhere respectfully or bury it or, after tying something heavy like a stone etc., put it into the sea-water.

(In order to get detailed information, study the book *Bahar-e-Shari'at*, volume 1, pages 294-295, published by Maktaba-tul-Madinah.)

## Benefits of washing hands

In Wudu, the hands are washed first. Let us see its benefits. One uses his hands to touch many things. As a result, different chemical substances and germs come into contact with hands. If hands are not washed throughout the day, they may have skin infections e.g. pimples on the hand, skin irritation, eczema and fungus infections etc. When we wash hands, rays emit from our finger-tips, activating our internal electromagnetic system, a part of which approaches our hands and causes beautification of the hands.

## Benefits of rinsing the mouth

First of all, hands are washed in Wudu. Thus hands become free from germs; otherwise these germs would have entered our mouth during mouth rinsing and would have reached stomach thereby causing several infections. The air we inhale contains a lot of deadly germs. Bits of food also remain in our mouth and around the teeth with saliva. Hence rinsing of mouth and doing Miswak in Wudu clean the mouth thoroughly. If mouth is not cleaned, following diseases may be caused:

1. Acquired Immune Deficiency Syndrome (AIDS) – One of its early symptoms include mouth sores. Doctors have so far failed to discover any cure for AIDS. The immune system of the patient is unable to resist diseases, which causes his death.



2. Cracked corners of the mouth.
3. Moniliasis of the mouth and lips.
4. Rotting and blistering of the mouth.

If the person is not in the state of Sawm ﴿صَوْم﴾, it is Sunnah to gargle the throat. One who gargles regularly will not suffer from tonsillitis and he will be saved from several types of throat infections including throat cancer.

### Benefits of sniffing water into the nose

The lungs need air, free from germs, smoke and dust, with about 80% humidity. To provide this type of air, Allah عَزَّوَجَلَّ has bestowed the nose upon us. To humidify the air, nose produces about one-fourth gallon of moisture. There are microscopic and invisible bristles in the nose. These bristles kill the germs coming with the air. In addition, these bristles also provide protection and are called Lysozyme. With this, nose protects eyes from infection.

اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ! One who performs Wudu rinses his nose with water and thus this important organ (nose) gets cleaned. The electric properties of water improve the ability of bristles and thus a Muslim is saved from several complex diseases of nose by virtue of Wudu. Sniffing water into the nose (as is done during Wudu) is very beneficial for those patients who have chronic flu and wounds in the nose.

## Benefits of washing the face

Nowadays, pollution caused by smoke etc., is increasing in atmosphere. Different chemical substances, lead etc., in the form of dirt and dust accumulate on the face and the eyes. If the face is not washed, the face and the eyes would catch several diseases. A European doctor wrote a thesis on the topic ‘*eye, water and health*’. In that thesis, he emphasized, ‘Keep washing your eyes several times daily; otherwise you would suffer dangerous diseases.’

Washing the face prevents or minimizes the risk of pimples on the face. The expert beauticians have agreed that all types of creams and lotions leave spots on the face. To make the face beautiful, it is necessary to wash it several times. Beychar, a senior member of ‘American Council for Beauty’, reveals, ‘Muslims do not need any chemical lotion as their faces are protected against diseases because they wash them during Wudu.’

The experts of environmental protection remarked, ‘In order to prevent face allergy, one should wash it frequently.’ **اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ**! This is only possible during Wudu. **اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ**, by washing face during Wudu, the face is massaged, the blood circulation improves towards the face, dirt is removed and its beauty increases two-fold.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

## Protection from blindness

Dear Islamic brothers! Let me draw your attention towards a disease that reduces or puts an end to the pure secretions of the eyes completely and the patient gradually becomes blind. According to medical reports, if eyebrows are washed occasionally, this disease may be prevented.

اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ! One who performs Wudu and washes his face, his eyebrows are also washed. Those lucky Muslims who have adorned their faces with the beautiful beard should listen carefully what Dr. Professor George Ail states, ‘When one washes the face, the germs present in the beard get washed away. The roots of the hair become stronger when water wets them. Doing Khilal in the beard reduces the risk of lice. In addition, presence of wetness in the beard protects against diseases related to muscles of neck, thyroid glands and throat.’

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

## Benefits of washing the elbows

There are three major veins in the elbow that are linked to the heart, the liver and the brain. This body part usually remains covered. If elbows are neither wet with water nor are they uncovered for air, several mental and neurological complications may arise. In Wudu, arms including elbows are washed and

this act strengthens the heart, the liver and the brain. These organs will also be protected against diseases, **إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ**. Moreover, this washing strengthens the muscles of hands.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

### The benefits of wiping the head

The carotid artery is between the head and the neck which links vertebral column, spinal cord and all body joints. When a person wipes his neck during Wudu, the rays emitting from the hand enters the carotid artery and transmits to all sections of the neurological system via vertebral column, strengthening the neurological system.

### Doctor of insane people

Someone has stated, 'I was doing Wudu at a place in France while a person looked at me, standing surprisingly. After I completed Wudu, he asked me who I was and where I belonged to? I answered that I am a Muslim from Pakistan. He then asked me how many mental asylums there are in Pakistan. I was surprised to have listened to this strange question; however, I replied that there might be two to four such asylums. He asked me what I was doing few minutes back. I replied that I was performing Wudu. He asked whether I do so daily. I replied that I do so five times daily.

Amazed, he explained that he is a surgeon in a mental hospital and researches the causes of mental disorders. According to his research, signals transmit from the brain to the whole body so that organs may function properly. The brain floats in a fluid all the time. That is why it is not shaken if one runs. If it were a rigid organ, it would be damaged. Some thin nerves of the brain act as conductors and spread into the body through the neck. If hair gets longer and the back of neck is kept dry, dryness may occur in these conductors resulting in a mental disorder and insanity. Hence he concluded that moistening the back of the neck 2-4 times a day might be a remedy. Just now he saw me moistening the back of the neck and remarked that you people cannot suffer mental disorder.' In addition, moistening also prevents sun stroke and meningitis.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

### Benefits of washing the feet

Feet get dusty the most. The gaps between toes get infected first. Washing feet during Wudu removes dirt and germs. Remaining germs are removed when Khilal between toes is done. Washing feet in Wudu according to Sunnah removes diseases like sleeplessness, dryness of the brain, tension and depression.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

## Leftover water of Wudu

A'la Hadrat رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ has stated: The Beloved and Blessed Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ performed Wudu and drank the leftover water of it in a standing position. And it is stated in a Hadees that this water is a cure for 70 diseases.

*(Fatawa Razawiyyah, vol. 4, pp. 575)*

Islamic jurists رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ have said, 'If one performs Wudu using some pot and some water is left over, it is Mustahab to drink that water while standing and facing the Qiblah.'

*(Tabyeen-ul-Haqaaiq, vol. 1, pp. 44)*

Regarding drinking the leftover water of Wudu, a Muslim doctor has stated:

1. It improves the functioning of the bladder, removing difficulty in passing urine.
2. One is freed from unlawful lust.
3. It removes burning of the liver, the stomach and the bladder.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

## Man on the moon

Dear Islamic brothers! The topic of Wudu and science is being discussed. Nowadays people are more interested in science.

There are many people in our society who are very impressed by Western researchers and scientists. Such people must know that scientists have failed to resolve so many issues but our Greatest Rasool ﷺ has already solved those matters. Scientists have now claimed to have landed on the moon but the Rasool of mankind, the Peace of our heart and mind, the most Generous and Kind ﷺ travelled beyond the moon on the occasion of the Mi'raaj [Ascension] about 1459 years ago. Once I got a chance to attend a religious poetry contest on the occasion of the 'Urs of A'la Hadrat رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ at Dar-ul-'Uloom Amjadiyyah, 'Aalamgeer Road, Bab-ul-Madinah (Karachi) in which following poetic line of *Hadaiq Bakhshish* was the title of the contest:

*Ser wohi ser jo tayray qadmaun pay qurban gaya*

*The head is in fact head which is surrendered at your feet', i.e. the head which is sacrificed in devotion to you is very great.*



A legendary and leading scholar of Shari'ah and Tareeqah, the writer of the book *Bahar-e-Shari'at*, Khalifah of A'la Hadrat, Maulana Mufti Muhammad Amjad 'Ali A'zami's son, the writer of the commentary of the Holy Quran, 'Allamah 'Abdul Mustafa Azhari رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ presented his piece of poetry. Following is a couplet from it:

*Kehtay hayn satah pay chand ki insan gaya*

*'Arsh-e-A'zam say wara Taybah ka Sultan gaya*

*It is said that the man landed on the moon's surface*

*The Beloved Rasool went beyond the 'Arsh-e-A'zam*

i.e. it is only a claim that man has reached the moon now. In comparison, the moon is very near; the Rasool of mankind, the Peace of our heart and mind, the most Generous and Kind صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ went beyond the 'Arsh-e-A'zam in the night of Mi'raaj [Ascension], leaving the moon far behind.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

## Toy of Noor

Dear Islamic brothers! The moon which the scientists claim to have reached is under the control of the Beloved and Blessed Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ. It is narrated in the book 'Dalaail-un-Nubuwwah' that the uncle of the Noble Rasool, Sayyiduna 'Abbas Bin 'Abdul Muttalib رَضِيَ اللهُ تَعَالَى عَنْهُمَا narrated: I asked the Holy Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ, 'Ya Rasoolallah صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ! In your childhood, I saw such a thing which proves that you are a Nabi and this is one of the reasons why I accepted Islam. I saw that you were talking with the moon in your cradle and I saw that the moon would move where you pointed with your blessed finger.' The Greatest Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ replied,



‘I used to talk with the moon and it used to talk with me. The moon would please me so that I will not weep and I used to listen the sound of its falling whenever it fell down for Sajdah under the ‘Arsh of Allah عَزَّوَجَلَّ.’

*(Dalaail-un-Nubuwwah lil-Bayhaqi, vol. 2, pp. 41)*

A’la Hadrat رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ has said:

*Chand jhuk jata jidher ungli uthatay mahad mayn  
Kya hi chalta tha isharaun per khilona noor ka*



A devotee of Rasool has said:

*Khayltay thay chand say bachpan mayn Aqa is liye  
Yeh sarapa noor thay woh tha khilona noor ka*

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

## The miracle of splitting the moon

It is stated in the book *Sahih Bukhari*: When the disbelievers of Makkah demanded the Beloved Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ to show any miracle, the Holy Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ split the moon into two pieces. *(Sahih Bukhari, vol. 2, pp. 579, Hadees 3868)*

Allah ﷻ says in the 1<sup>st</sup> and 2<sup>nd</sup> Ayah of part 27, Surah Al-Qamar:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

*Commencing with the name of Allah, Most Compassionate,  
Most Merciful.*

﴿اقْتَرَبَتِ السَّاعَةُ وَانْشَقَّ الْقَمَرُ﴾

﴿وَإِنْ يَرَوْا آيَةً يُعْرِضُوا وَيَقُولُوا سِحْرٌ مُّسْتَمِرٌّ﴾

*The Last Day came near, and the moon split apart. And if they see a miracle, they turn away their faces and say, 'This is a perpetual magic'.*

*[Kanz-ul-Iman (Translation of Quran)] (Part 27, Al-Qamar, Ayah 1-2)*

Commenting on the part ﴿وَ انْشَقَّ الْقَمَرُ﴾ (and the moon split apart), a renowned commentator, a great thinker of Ummah, Mufti Ahmad Yar Khan رَحْمَةُ اللَّهِ تَعَالَى عَلَيْهِ has stated: This Ayah mentions a great miracle of the Beloved Rasool صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ i.e. the splitting of the moon. (*Noor-ul-'Irfan*, pp. 843)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

## Only for the sake of Allah ﷺ

Dear Islamic brothers! After hearing the medical benefits of Wudu, you would be pleased but I must tell you that all the medical science is based upon assumptions. Scientific research is never final and undergoes changes with the passage of time. However, the commandments of Allah ﷺ and His Beloved Rasool ﷺ are final and these will never change.

We should act upon the Sunnah only for the pleasure of Allah ﷺ and not for attaining medical benefits. Hence, if anyone performs Wudu to normalize blood pressure or to get refreshed, observes Sawm ﴿صَوْم﴾ to improve health or to look smart, travels to Madinah for change of climate and to get rid of business tension, reads religious books to pass his time, then he will not gain reward. However, if we act for the pleasure of Allah ﷺ, we will get reward as well as its worldly benefits. Therefore, we should perform Wudu just for the pleasure of Allah ﷺ following its apparent and inner manners.

## A great Madani point of Tasawwuf (Sufism)

Hujjat-ul-Islam, Sayyiduna Imam Muhammad Bin Muhammad Bin Muhammad Ghazali رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ has said, ‘When you are going to start Salah after you have made Wudu, then ponder over the fact that you have apparently purified the external parts of your body which people see but it is improper for you

to pray in the blessed court of Allah **عَزَّوَجَلَّ** without purifying your heart because Allah **عَزَّوَجَلَّ** sees hearts as well.’

He **رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ** has further said, ‘After a person has made Wudu he should remember that the sanctity of the heart lies in repentance, giving up sins and adopting good manners. The person who does not purify his heart from the filth of sins and only pays attention to external purity and beauty is like the one who invites the king to his house. He cleans and paints the outside of the house to please the king but pays no attention to the interior. Will the king be pleased or displeased when he enters the house and sees it in a complete mess? Every wise person can understand how the king would react.’

*(Ihya-ul-‘Uloom, vol. 1, pp. 185; summarized)*

## Sunnah does not need scientific support

Dear Islamic brothers! Remember! The Sunnah of the Beloved and Blessed Rasool **صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ** does not need scientific verification. Our aim is to follow Sunnah and not science. When the European experts reach a conclusion after a thorough and long research, they find any ‘smiling and shining’ Sunnah of the Greatest Rasool **صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ**. No matter how luxurious life one spends, he will never gain the peace of heart. It is only the remembrance of Allah **عَزَّوَجَلَّ** that provides the peace of heart. Similarly, the peace of the heart is also gained by deep love for the Noble Rasool **صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ**.

One can have the comforts of the worldly life and afterlife by acting upon Sunnah, not by watching TV, VCR or Internet. If you really want to have comforts here and in Hereafter, offer Salah regularly and follow Sunnah steadfastly. In order to learn Sunnah, travel with Madani Qafilahs of Dawat-e-Islami regularly. Every Islamic brother should make an intention to travel with a Madani Qafilah for twelve consecutive months at least once in lifetime, for thirty days in every twelve months and for three days every month.

*Tayri Sunnataun pay chal ker mayri ruh jab nikal ker  
Chalay tum galay lagana, Madani Madinay walay*

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

**Muhammad Ilyas Attar Qadiri**

21 Muharram-ul-Haraam, 1434 AH (December 6, 2012)

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The Great Spiritual and Scholarly Luminary of the 21<sup>st</sup> century, 'Allamah Maulana **Abu Bilal Muhammad Ilyas Attar Qadiri Razavi** **داعية بركة محمد العالیه** has founded **Dawat-e-Islami** (the global and non-political movement for the preaching of Quran and Sunnah) which is spreading Islamic teachings in more than 93 walks of life. If you want to know about the Founder of Dawat-e-Islami, his books, booklets, and various departments of Dawat-e-Islami, then visit this website: [www.dawateislami.net](http://www.dawateislami.net).

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Satellite	Beam Type	Position	Downlink	H <sub>z</sub> .	Polarity	Sym. Rate	FEC
Asiasat (A7-C3V)	Global	105.5 E	C-Band	3739	Vertical	2815	3/4
Intelsat 20	Africa Region	68.5 E	KU-Band	12562	Horizontal	26657	2/3
Eutelsat 7	Middle East	7 West A	KU-Band	10815	Horizontal	27500	5/6
Astra 2F	Europe	28.5 E	Sky Platform	12640	Vertical	22000	5/6
Galaxy 19	USA	97 West	KU-Band	121835	Horizontal	22000	3/4