

ائمول ہیرے

# Priceless Diamonds



Shaykh-e-Tariqat Amir-e-Ahl-e-Sunnat,

the founder of Dawat-e-Islami Allamah Maulana

Muhammad Ilyas Attar Qadiri Razavi





اَمُول بِيرے

Anmol Hīray

## PRICELESS DIAMONDS

This speech was delivered by Shaykh-e-Tarīqat Amīr-e-Aĥl-e-Sunnat, the founder of Dawat-e-Islami 'Allāmaĥ Maulānā Abu Bilal Muhammad Ilyas Attar Qadiri Razavi المنافذة العالمة in Urdu. Majlis-e-Tarājim (the translation department) has translated it into English. If you find any mistake in the translation or composing, please inform the translation department on the following postal or email address with the intention of earning reward [Šawāb].

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#### Priceless Diamonds

An English translation of 'Anmol Hīray'

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#### ٱلْحَمْدُ لِلْهِ رَبِّ الْعُلَمِينَ وَالصَّلُوةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ آمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطِنِ الرَّحِيْمُ بِسْمِ اللَّهِ الرَّحُمْنِ الرَّحِيْمُ

#### Du'ā for Reading the Book

Read the following Du'ā (supplication) before you study a religious book or an Islamic lesson, you will remember whatever you study, النُّهُ عَاللُهُ عَذْوَعَا :

#### <u>Iranslation</u>

O Allah عَزَّوَعَلَ! Open the door of knowledge and wisdom for us, and have mercy on us! O the One Who is the Most Honourable and Glorious!

(Al-Mustațraf, vol. 1, pp. 40)

Note: Recite Salāt-'Alan-Nabī once before and after the Du'ā.

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### ٱلْحَمْدُ لِلَّهِ رَبِّ الْعُلَمِينَ وَالصَّلُوةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِيْنَ الْحَمْدُ وَالصَّلُو السَّيْطِ السَّمِ اللَّهِ الرَّحْمٰنِ الرَّحِيْمِ أَ

#### Priceless Diamonds\*

No matter how lazy satan makes you feel, read this booklet from beginning to end. You will gain countless benefits in the worldly life as well as in the afterlife, النَّهُ عَاللُهُ عَلَّوْءِكَلُّ

#### Excellence of Şalāt-'Alan-Nabī

A'lā Ḥaḍrat, Imām-e-Aĥl-e-Sunnat Maulānā Shāĥ Imām Aḥmad Razā Khān عَلَيْهِ رَحْمَةُ الرَّحْمَى اللهُ تَعَالَى عَلَهُ المه narrated on page 122 of the 23<sup>rd</sup> volume of Fatāwā Razawiyyaĥ: Sayyidunā Abul Mawāĥib مَنْ اللهُ تَعَالَى عَنْهُ اللهُ تَعَالَى عَنْهُ اللهُ تَعَالَى عَلَيْهِ وَاللهِ وَسَلَّم in my dream. Rasūlullāĥ مَلَّى اللهُ تَعَالَى عَلَيْهِ وَاللهِ وَسَلَّم said to me, 'You will intercede for one hundred thousand people on the Day of Judgement.' I asked, 'Yā Rasūlallāĥ اَصَلَى اللهُ تَعَالَى عَلَيْهِ وَاللهِ وَسَلَّم How did I gain such a great status?' Rasūlullāĥ مَسَلَّم said, 'Because you recite Salāt and send its reward to me.'

 $(At\hbox{-$T$abq$a$t-tul-$Kubr$a$ lish-$Sha'r$a$n$\bar{\imath}, pp. 101)$ 

[Majlis Maktaba-tul-Madīnaĥ]

<sup>\*</sup> This speech was delivered during Dawat-e-Islami's 3-day Sunnaĥ-inspiring Ijtima' held in Saḥrā-e-Madīnaĥ, Bāb-ul-Madīnaĥ, Karachi on 25 Ṣafar-ul-Muẓaffar, 1430 AH – 2009. It is being presented in writing with some necessary amendments.

In order to send the reward, make the intention of sending the reward in your heart whilst you are reciting Salāt-'Alan-Nabī, or, either before or after reciting Salāt-'Alan-Nabī, say, 'I am sending the reward of this Salāt to the Beloved and Blessed Rasūl مُصَلِّ اللهُ تَعَالَى عَلَيْهِ وَاللهِ وَسَلَّمُ .

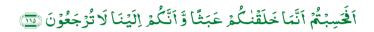


It is said that once a king who was passing by an orchard along with his companions saw someone throwing pebbles. One of the pebbles struck even the king. He ordered his servants to bring the pebble-throwing person before him. The servants brought an uncultured person. The king asked, 'Where did you get these pebbles from?' Terrified, he replied, 'I saw these beautiful pebbles while wandering at a desolate place, so I put them into my pocket. When I reached this orchard, I used these pebbles to pluck fruits from the trees.' The king asked, 'Do you know the worth of these pebbles?' He replied, 'No.' The king said, 'These pieces of pebbles were, in fact, priceless diamonds which you have lost due to your foolishness.' On hearing that, the uncultured person regretted a lot but his regret was useless because he had lost the priceless diamonds forever.

#### Moments of life are priceless diamonds

Dear Islamic brothers! Likewise, the moments of our life are also priceless diamonds. If we waste them in useless activities, we will gain nothing except for wistfulness and remorsefulness on the Day of Judgement.

Allah عَرَّوَعَلَ has sent human beings in this world for a limited period of time in order to attain a specific objective. Therefore, it is mentioned in Sūraĥ Al-Mu`minūn, verse 115, part 18:



So do you understand that We have created you in vain, and you are not to return to Us?

[Kanz-ul-Īmān (Translation of Quran)] (Part 18, Al-Mu`minūn, verse 115)

Regarding this verse, it is written in *Khazāin-ul-'Irfān*: 'Won't you be resurrected for reward on the Day of Judgement! You have been created for worship which is obligatory for you. After you return to Us, you will be rewarded for your deeds.'

Explaining the aim of the creation of life and death, it is mentioned in Sūraĥ Al-Mulk, verse 2, part 29:



The One Who created death and life that you may be tested – as to which of you is better in deeds.

[Kanz-ul-Īmān (Translation of Quran)] (Part 29, Sūraĥ Al-Mulk, verse 2)

#### Life is short

Dear Islamic brothers! Besides these two verses, the purpose of the creation of human beings has also been described in many other places in the Holy Quran. Man has to live in this world for a very limited period of time. In this short life, he has to make preparations for the prolonged period of the grave and the Day of Judgement. Therefore, the time we have right now is very precious. Time is flying. It can neither be stopped nor be taken under control. The breath we have taken once will never return.

#### Continuity of breaths

Sayyidunā Ḥasan Baṣrī مَحْمُاللّٰهِ تَعَالَى عَلَيْهُ has said, 'Hurry up! Hurry up! What is the reality of your life – your life consists of breaths. If they cease, your actions and deeds whereby you get the pleasure of Allah عَزَّوَجَلَّ will also cease. May Allah عَزَّوَجَلَّ have mercy upon the person who assesses his character and deeds and sheds some tears recalling his sins!' Saying that, he محمَّةُ اللهِ تَعَالَى عَلَيْهِ recited verse 84 of Sūraĥ Maryam:

We are completing their counting.



[Kanz-ul-Īmān (Translation of Quran)] (Part 16, Sūraĥ Maryam, verse 84)

Hujjat-ul-Islam Sayyidunā Imām Muhammad Bin Muhammad Ghazālī عَلَيْهِ رَحْمَةُ اللَّهِ الْوَالِى said, 'This counting refers to the number of breaths.' (الْبِيرة-ul-'Ulūm, vol. 4, pp. 205)

#### Day announces...

Sayyidunā Imām Bayĥaqī علَيْهِ بَحْمَةُ اللهِ القَوْى has narrated in Shu'ab-ul-Īmān: The Prophet of Raḥmaĥ, the Intercessor of Ummaĥ متل الله تتالى عليه said, 'The day makes the announcement daily at the time of the sunrise: 'If you want to perform any good deed today, then do it because I will never return.'

(Shu'ab-ul-Īmān, vol. 3, pp. 386, Ḥadīš 3840)

#### Mister or late!

Dear Islamic brothers! We should perform as many good deeds as possible taking the advantage of each and every day of our life as we may meet our death at any time. The people who call us today with the title 'mister' may call us tomorrow with the word 'late'. Whether we realise it or not, it is an undeniable fact that our death is approaching us very fast. Thus, it is mentioned in Sūraĥ Al-Inshiqāq, verse 6:



O man, indeed you have to definitely run towards your Lord, and then to meet Him.

[Kanz-ul-Īmān (Translation of Quran)] (Part 30, Sūraĥ Al-Inshiqāq, verse 6)

#### Death comes suddenly

O those who waste their precious time in idle activities! Just ponder how quickly life is passing! You may have seen several times that a healthy man dies all of a sudden. Now we do not know what is happening to him in the grave. However, he must have understood the reality of life.

O the ones hankering after the wealth of this world! O the ones considering the accumulation of wealth as the only aim of their life! Hurry up! Prepare yourself for the Hereafter lest you should be buried into the dark grave in the morning despite sleeping normally at night. For the sake of Allah عَرَّوَعَلَّ has said in the first verse of Sūraĥ Al-Anbiyā:



The accountability of the people is near, and they have turned their faces in negligence.

[Kanz-ul-Īmān (Translation of Quran)] (Part 17, Sūraĥ Al-Anbiyā, verse 1)

#### Regret of even Heaven dwellers!

Dear Islamic brothers! It is necessary for us to realize the importance of our time. Spending the precious moments of life uselessly is a great loss as the Holy Prophet مَلَّى اللّٰهُ تَعَالَى عَلَيْتِهِ وَاللّٰهِ وَسَلَّم has said, 'The people of the Heaven will not regret anything of the

world except the moment they spent without doing the Żikr of Allah عَقْدَجَلَّ.' (Al-Mu'jam-ul-Kabīr, vol. 20, pp. 93-94, Ḥadīš 172)

#### Nib of the pen

Hāfiz Ibn 'Asākir has written in *Tabyīn-u-Każib-il-Muftarī*: When the pen of Sayyidunā Salīm Rāzī متحمةُ الله تعالى عليه (a great saint of the fifth century) would wear out, he عَزَّدَجَلَّ would sharpen it doing the Żikr of Allah عَزَّدَجَلَّ so that his time may not be spent only in sharpening the pen. (Even though doing so for an Islamic piece of writing was itself a virtuous act, but like killing two birds with one stone) he مَحْمَةُ الله تَعَالَى عَلَيْهِ took double advantage of his time.

#### Get trees planted in Paradise!

The significance of time can be realized by the fact that one can get a tree planted for himself in Paradise within a second, whilst living in the world. The method of getting a tree planted in Paradise is extremely easy as it is stated in a Ḥadīš of Ibn-e-Mājaĥ, 'A tree will be planted in the Paradise for the one who utters any of the following: (1) اللهُ اللهُ (3) اللهُ اللهُ اللهُ (3) اللهُ اللهُ (4) اللهُ اللهُ (5) اللهُ اللهُ اللهُ (5) اللهُ اللهُ اللهُ (5) اللهُ اللهُ اللهُ (5) اللهُ اللهُ اللهُ (4) اللهُ اللهُ (5) اللهُ اللهُ اللهُ (5) اللهُ اللهُ اللهُ (5) اللهُ اللهُ (5) اللهُ اللهُ (5) اللهُ اللهُ اللهُ (14) اللهُ اللهُ (5) اللهُ اللهُ اللهُ (14) اللهُ اللهُ (5) اللهُ ال

#### Excellence of Şalāt-'Alan-Nabī

Dear Islamic brothers! You have just heard that it is extremely easy to have a tree planted in Paradise. If one of the aforementioned

words is uttered, one tree and if all four are uttered then four trees will be planted for you in Paradise. Now you may realize the importance of time; trees can be planted for us in the Paradise just by a slight movement of our tongue.

If only we would get countless trees planted in Paradise for us by reciting 'مُبُحٰنَ اللهِ سُبُحٰنَ اللهِ يَعليه إلى instead of wasting our time in useless conversation! Whether we are standing, walking, sitting, lying down or even working, we should try to recite Ṣalāt-'Alan-Nabī abundantly, as there is a huge reward for it. The Beloved and Blessed Prophet مَلَّ اللهُ تَعَالَى عَلَيْهِ وَاللهِ وَسَلَّم has said, 'The one who recites Ṣalāt upon me once, Allah عَدَّوَجُلُ showers 10 mercies upon him, removes 10 of his sins and elevates his 10 ranks.' (Sunan Nasāī, pp. 222, Hadīš 1294)



Remember! Whenever you recite something whilst lying, you should fold your legs.

Dear Islamic brothers! If only we would get into the habit of weighing our words before we talk in this way: Whether the thing I am going to say has any worldly or religious benefit or not. If it appears to be useless, we should recite Ṣalāt-ʿAlan-Nabī or start doing the Żikr of Allah عَدْمَا instead of indulging in purposeless conversation so that we get the treasure of reward.

Or we should say: 'سُبُحٰنَ اللهُ' or 'اَلَّحُمُدُ لِللهِ' or 'سُبُحٰنَ اللهِ' or 'لَّهُ اَلَّهُ مَا or 'اَللهُ اَكْبَرُ' so that trees are planted for us in Paradise.

#### Better than 60 years' worship

If you don't want to recite anything, you can still earn reward even in silence. Instead of thinking about useless worldly things, remember Allah عَدَّوَجُلُ and His Beloved Rasūl صَلِّى الله عَلَيْهِ وَاللهِ وَسَلَّم in imagination or meditate on Islamic knowledge or the agonies of death, the loneliness and the horror of the grave and the frightening situation of the Day of Judgement. In this way, your time will not be wasted and every breath will النُّهُ مَا اللهُ عَدَوَمُ اللهُ عَدَوْمُ اللهُ اللهُ عَدَوْمُ اللهُ عَدَوْمُ اللهُ اللهُ عَدَوْمُ اللهُ ال

It is mentioned in *Al-Jāmi'-uṣ-Ṣaghīr* that the Greatest and Holiest Prophet صَلَّى اللهُ تَعَالى عَلَيْهِ وَاللهِ وَسَلَّم has said, 'To meditate (on matters of Hereafter) for a moment is better than 60 years' worship.' (*Al-Jāmi'-uṣ-Ṣaghīr, pp. 365, Ḥadī*š 5897)

#### Five before five

Dear Islamic brothers! Surely, life is very short. In fact, the present time is the only time which we have in hand. Any hope for having time in future is nothing but a deception. It is quite possible that we meet our death the very next moment. Rasūlullāh مَثَلَ اللهُ تَعَالَى عَلَيْهِ وَاللهِ وَسَلَّم has said:

**Translation:** Value five (things) before five (other things: (1) youth before old age, (2) health before illness, (3) wealth before poverty, (4) leisure time before being busy and (5) life before death. (*Al-Mustadrak*, vol. 5, pp. 435, Ḥadīš 7916)

#### Two favours

The Beloved and Blessed Prophet صَلِّى اللهُ تَعَالَى عَلَيْتِ وَاللهِ وَسَلَّم has said, "There are two such favours about which many people are in deception. One is health and the other is leisure time."

(Ṣaḥīḥ Bukhārī, vol. 4, pp. 222, Ḥadīš 6412)

Dear Islamic brothers! Undoubtedly, a sick person can better understand the significance of health as compared to a healthy person. Likewise, an extremely busy person knows well the significance of time. Those who have ample free time are not normally aware of the significance of these precious moments. Value your time and utilize it in the best possible way refraining from unnecessary talks, useless activities and useless company of friends.



#### **Beauty of Islam**

It is stated in *Sunan-ut-Tirmiżī*: The Mercy for the universe, the Most Honourable Prophet صَلَّى اللهُ فَعَالَى عَلَيْهِ وَاللهِ وَسَلَّم has said, 'Giving up that which is not beneficial to man is one of the beauties he gets by virtue of Islam.' (Sunan-ut-Tirmiżī, vol. 4, pp. 142, Ḥadīš 2344)

#### Value of priceless moments

Dear Islamic brothers! Life is comprised of limited days, hours and moments. Every breath is a priceless diamond. If only we would value every breath and spend every moment performing good deeds! If we waste our time in useless and sinful activities we may have to shed tears of grief and regret on the Day of Judgement as a result of seeing our book of deeds empty of good deeds. If only we would ponder how we are spending every moment of our life. We should try to spend every moment of our life in useful activities refraining from wasting time in having useless conversations and idle gossips. Otherwise, we may have to regret on the Day of Judgement.

#### Sayings of those who valued time

- Amīr-ul-Muminīn, Sayyidunā 'Alī كَرَّهَ اللَّهُ تَعَالَى وَخَهِهُ الْكَرِيْم has said, 'These days are the pages of your life, decorate them with good deeds.'
- 2. Sayyidunā 'Abdullaĥ Ibn Mas'ūd موى المُعتَالَى عَنْهُ has said, 'I feel sad and ashamed on the day which I spend without increasing my good deeds.'

3. Sayyidunā 'Umar Bin 'Abdul 'Azīz منى الله تعالى عنه has said, 'Your life is shortening every day, so why are you lazy in performing good deeds?' Once someone said humbly to him, 'Yā Amīr-ul-Mu'minīn! Postpone this work until tomorrow.' He منى الله تعالى عنه said, 'I hardly complete a day's work in one day; if I postpone today's work until tomorrow, then how will I be able to complete two days' work in one day?'

Do not postpone today's work until tomorrow, you will have some other work tomorrow.

- 4. Sayyidunā Ḥasan Baṣrī ﴿مَحُمُّالُسُوتَعَالَى عَلَيْهُ has said, 'O man! Your life consists of days. When a day passes, a part of your life also passes.' (*Ṭabqāt-ul-Kubrā lil-Manāwī*, vol. 1, pp. 259)
- 5. Sayyidunā Imām Shāfiʾī من الفتكال عنه has said, ʿI remained in the company of pious people for a certain period of time, gaining spiritual benefits. I learnt two important things from their company: (1) time is like a sword, you should cut it (with good deeds) or else it will cut you (by keeping you busy with useless things) and (2) safeguard your Nafs; if you do not keep it busy with good things, it will keep you busy with bad things.'
- 6. Imām Rāzī عَدِّمَالُ اللهِ تَعَالَى عَلَيْهُ has said, 'By Allah عَدِّمَالُ اللهِ تَعَالَى عَلَيْهِ I get very sad at the time of eating because I have to leave religious activities (writing or studying). Time is a very valuable asset.'

- 7. Ḥāfiz Ibn Ḥajar ﴿ مَحْهُ اللهِ تَعَالَى عَلَيْهُ has stated about Sayyidunā Shamsuddīn Aṣbaĥānī وُلَّ مَن سِرُّهُ النَّوْمَالِي (a great Shāfi'ī scholar of the 8<sup>th</sup> century): He مَحْهُ اللهِ تَعَالَى عَلَيْهُ used to eat less for fear of the waste of time in going to the toilet again and again. (Ad-Dur-rul-Kāminaĥ lil-'Asqalānī, vol. 4, pp. 328)
- 8. 'Allāmaĥ Żaĥbī مَحْمُةُ السُّوتَعَالَى عَلَيْهُ has written in *Tażkira-tul-Ḥuffāz* about Khaṭīb-e-Baghdādī مَحْمُةُ السُّوعَالَى عَلَيْهِ مَحْمُةُ السُّوا السُّواءِي 'He مَعْمُةُ السُّوعَالَى عَلَيْهِ مِحْمَةُ السُّواءِي نَعْمَةُ السُّواءِي فَعَلَيْهِ مِحْمَةُ السُّواءِي would study even when walking (so that the time it takes to go from one place to another is not wasted).

(Tażkira-tul-Ḥuffāz, vol. 3, pp. 224)

9. Sayyidunā Junayd Baghdādī عَلَيُورَ مَحَمُّاللُوالْهَارِى was reciting the Holy Quran at the time of his death. Someone asked surprisingly, 'Recitation even at this time!' He مَحْمُوُ اللّٰهِ تَعَالَى عَلَيْهِ replied, 'My book of deeds is being closed, so I am adding good deeds to it quickly.' (Ṣīd-ul-Khāṭir li Ibn-ul-Jauzī, pp. 227)



#### Plan a schedule

Dear Islamic brothers! If possible, make a daily schedule. Firstly, try your best to sleep within two hours after offering Salāt-ul-'Ishā. Chatting and gossiping with friends (when there is no religious benefit) at night in hotels, clubs etc. is a big loss. It is stated in *Tafsīr Rūḥ-ul-Bayān*, volume 4, page 166: 'One of

the causes of the destruction of the nation of Lūt was that they would sit by the roadside and would laugh and joke.'

Dear Islamic brothers! Tremble with fear of Allah عَوْمَتِكَ ! No matter how pious your friends look, you should avoid and repent of every such company which makes you heedless of Allah عَوْمَتَكَ . Sleep early after completing your religious activities of the night because resting at night is better than resting in the day for health and this is natural too. It is mentioned in Sūraĥ Al-Qaṣaṣ, verse 73:

And out of His mercy He made the night and the day for you, that you may rest during the night and seek His bounty during the day, and for this you may accept the truth.

[Kanz-ul-Īmān (Translation of Quran)] (Part 20, Sūraĥ Al-Qaṣaṣ, verse 73)

Commenting on the foregoing verse, Ḥakīm-ul-Ummat Muftī Aḥmad Yār Khān عليَه has written on page 629 of Nūr-ul-'Irfān, 'This verse makes it clear that resting at night and earning livelihood during the day is better. Do not remain awake at night unnecessarily, nor spend the day in useless activities. However, if someone sleeps during the day and works during the night due to his job, there is no harm in doing so.'

#### **Excellence of morning**

It is also important to take the nature of your work in consideration while making schedule. For example, the Islamic brothers who sleep early at night are fresh in the morning. Therefore, morning time is very good for academic activities. The following Du'ā of Rasūlullāh مَثَلَ اللهُ تَعَالَى عَلَيْهِ وَاللهِ وَسَلَّم has been narrated in Sunan-ut-Tirmiżī: 'Yā Allah عَدَّوَجَلَّ increase blessings in morning time for my Ummaĥ.'

(Sunan-ut-Tirmizī, vol. 3, pp. 6, Ḥadīš 1216)

Regarding this Ḥadīš, Muftī Aḥmad Yār Khān عَلَيُوبَحُمُهُ الْمَثَانِ said, 'That is, (O Allah عَرَّدَجَلَّ increase blessings in all the religious and worldly tasks which my Ummaĥ performs in the morning. (e.g. journey, gaining knowledge, business, etc.).'

(Mirāt-ul Manājīḥ, vol. 5, pp. 491)

Try to plan properly all of your daily routines from the time of rising in the morning to sleeping at night. For example, Taĥajjud at such-and-such time, activities for the acquisition of religious knowledge, Ṣalāt-ul-Fajr with Jamā'at (and all other Ṣalāĥ as well) in the Masjid with first Takbīr, Ishrāq, Chāsht, breakfast, Ḥalāl earning, lunch, domestic activities, evening activities, good company (if this is not possible, then loneliness is far better), meeting Islamic brothers for religious purpose, etc.

All these activities should be worked out and appropriate time should be given to all of them. Those who are not used to doing

so might face difficulty in the beginning, but gradually it will become their habit and they will see its blessings themselves, النَّهُ عَلَّهُ عَالِمُ عَلَّهُ عَلَى اللَّهُ عَلَّهُ عَلَى اللَّهُ عَلَّهُ عَلَى اللَّهُ عَلَّهُ عَلَى اللَّهُ عَلَى اللّهُ عَلَّهُ عَلَى اللّهُ عَلَّهُ عَلَّهُ عَلَّهُ عَلَّهُ عَلَّهُ عَ

Dear Islamic brothers! At the end of the speech, I would like to mention the excellence of Sunnaĥ as well as some Sunan and manners. The Prophet of Raḥmaĥ, the Intercessor of Ummaĥ مَثَلَ اللهُ تَعَالَى عَلَيْهِ وَاللهِ وَسَلَّم has said, 'He who loved my Sunnaĥ loved me and he who loved me will be with me in the Paradise.'

(Mishkāt-ul-Maṣābīḥ, vol. 1, pp. 55, Ḥadīš 175)

#### 15 Pearls of wisdom regarding sleeping and waking

- 1. Dust your bedding properly before using it for sleeping in order to remove harmful insects etc., if there is any.
- 2. Recite the following Du'ā before sleeping:

Translation: O Allah عَدُّوَعِكُ I die and live with Your name (i.e. sleep and wake up).

(Ṣaḥīḥ Bukhārī, vol. 4, pp. 196, Ḥadīš 6325)

- 3. Do not sleep after Ṣalāt-ul-'Aṣr as it could cause insanity. Rasūlullāĥ صَلَّ اللهُ تَعَالَى عَلَيْهِ وَالْهِ وَسَلَّمَ said, 'The one losing his intellect as a result of sleeping after Ṣalāt-ul-'Aṣr should blame only himself.' (Musnad Abī Ya'lā, vol. 4, pp. 278, Ḥadīš 4897)

(Baĥār-e-Sharī'at, part 16, pp. 79)

- 5. It is Makrūĥ to sleep at the start of the day or between Maghrib and 'Ishā. (*Fatāwā 'Ālamgīrī*, vol. 5, pp. 376)
- 6. It is Mustaḥab to sleep in the state of purity.
- 7. It is also Mustaḥab to sleep on the right side with the right hand under the right cheek facing Qiblaĥ for a while and then to sleep on the left side. (Fatāwā 'Ālamgīrī, vol. 5, pp. 376)
- 8. Whilst going to sleep, ponder over 'sleeping' in the grave where nobody will accompany you except your deeds.

and 'اَلْحُمُدُلِلُهِ') until you fall asleep as a person will awaken in the same state in which he falls asleep and will be resurrected on the Day of Judgement in the same state in which he meets his death. (Fatāwā 'Ālamgīrī, vol. 5, pp. 376)

10. After waking up, recite the following Du'a:

Translation: All praise is for Allah عَدِّوَجَلَّ Who gave us life after death and we are to return to Him.

(Ṣaḥīḥ Bukhārī, vol. 4, pp. 196, Ḥadīš 6325)

11. After you get up, make the firm intention of adopting piety and refraining from distressing others.

(Fatāwā 'Ālamgīrī, vol. 5, pp. 376)

- 12. When the girl and the boy reach the age of 10, they should be made to sleep on separate beds. A boy of this age should not sleep with his peers or men on the same bed. (Durr-e-Mukhtār, vol. 9, pp. 629)
- 13. When husband and wife sleep on the same bed, they should not allow a ten-year old child to sleep with them. When a boy reaches puberty, rulings of men will apply to him.

(Durr-e-Mukhtār, vol. 9, pp. 630)

- 14. Use Miswāk (to clean your teeth) when you wake up.
- 15. Waking up at night to perform Taĥajjud is a great virtue. The Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَاللهِ وَسَلَّم has said, 'After the Farḍ Ṣalāĥ, the supreme Ṣalāĥ is the one offered during the night.' (Ṣaḥīḥ Muslim, pp. 591, Ḥadīš 1163)

To learn various Sunan, purchase the booklet entitled 'Sunnatayn aur Ādāb' (Sunan and Manners) from Maktaba-tul-Madīnaĥ. Travelling with the Madanī Qāfilaĥs of Dawat-e-Islami in the company of the Prophet's devotees is also an excellent and effective way of learning and acting upon Sunnaĥ.



#### Give this booklet to someone else after having read it

Reap rewards by distributing Maktaba-tul-Madīnaĥ's published booklets and Madanī pearls-containing pamphlets on the occasions of wedding, funeral, Ijtimā'āt, 'Urs, procession of Mīlād etc. Make a habit to keep some booklets in your shop to gift them to your customers with the intention of reaping rewards. Send at least one Sunnaĥ-Inspiring booklet or Madanī pearls-containing pamphlet to each home in your neighbourhood with the help of children or paperboys, stepping up efforts for conveying the call towards righteousness and gaining great reward.

#### **Transliteration Chart**

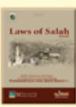
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ب	B/b	ڗٛ	X/x	ن	N/n
پ	P/p	س	S/s		V/v,
ت	T/t	ش	Sh/sh	9	W/w
ٹ	Ť/ṫ	ص	Ş/ş	ه/ه/ة	Ĥ/ĥ
ث	Š/š	ض	D/ḍ	ی	Y/y
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ر	R/r	گ	G/g	امده	A/a

### The Blossoming of Sunnah

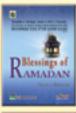
By the Grace of Allah المادة Sunnahs of the beloved and blessed Prophet هل المادة المادة are extensively learnt and taught in the congenial Madani Environment of Dawat-e-Islami, a global non-political movement for the propagation of Quran and Sunnah.



It is a Madanī request to spend the whole night in the weekly Sunnah Inspiring Ijtimā' commencing after Şalāt-ul-Maghrib every Thursday in your city. Habitualize yourself to a punctual travel in the Madanī Qāfilah with the devotees of the Holy Prophet in order to learn the Sunnah and fill out the Madanī In'āmāt booklet daily practicing Fikr-e-Madīnah (Madanī Contemplation) and submit it to the Zimmadār (relevant representative of Dawat-e-Islami) of your locality. By the blessing of this, المُعَلِّمُ اللهُ you will develop a mindset and a yearning to protect your faith, adopt the Sunnahs and be averse to sins.



Every Islamic brother should develop the Madanī Mindset that "I must strive to reform myself and people of the whole world الرافية العالمانيان."



In order to reform ourselves, we must act upon the Madani In'āmāt and to reform people of the entire world we must travel in the Madani Qāfilah المحافظة على المحافظة المحافظة



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