



# Path to Piety

The Great Spiritual and Scholarly Luminary of 15<sup>th</sup> Islamic Century  
Shaykh-e-Tariqat, Ameer-e-Ahl-e-Sunnat,  
the Founder of Dawat-e-Islami, 'Allamah Maulana Abu Bilal

## Muhammad Ilyas Attar Qadiri Razavi رحمۃ اللہ علیہ

has formulated a comprehensive collection of Shari'ah and Tariqah in the form of questions, making it easy to perform good deeds and abstain from sins in this era of evils. This collection has been termed as:

# 40

## MADANI IN'AMAT

*For Students of Madrasa-tul-Madinah*

An easy method to act in accordance with these Madani In'amat has been given at the end of the booklet. For more details, refer to the book 'Jannat kay Talabgaron kay liye Madani Guldasta' (in Urdu language) published by Maktaba-tul-Madinah.

Markazi Majlis-e-Shura





40

**Madani In'amat**

*For Students of Madrasa-tul-Madinah*

Shaykh-e-Tariqat, Ameer-e-Ahl-e-Sunnat,  
Founder of Dawat-e-Islami, Allamah Maulana Abu Bilal

**Muhammad Ilyas Attar**

Qadiri Razavi دَامَتْ بَرَكَاتُهُمُ الْعَالِيَهُ



*Translated into English by*

**Majlis-e-Tarajim (Dawat-e-Islami)**

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ  
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

## Madanī Clarifications

Four rulings have been established to answer the questions that arise out of details and relaxations regarding the Madanī In'āmāt<sup>1</sup>.

Rule-1: Some Madanī In'āmāt are comprised of a few segments. For example, the Madanī In'ām about Taĥajjud, Ishrāq, Chāsht and Awwābīn include four segments. Therefore, such Madanī In'āmāt whose most segments are practised, will be officially considered as fulfilled. ('Most' means more than half, e.g., 51 out of 100 will be considered 'Most').<sup>2</sup>

Rule-2: Some Madanī In'āmāt are such that if they are missed one day, it is officially persuaded to act upon them on the next day.

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<sup>1</sup> 'In'āmāt' literally means 'gifts'. 'In'ām' is the singular of In'āmāt. Every question has been called a 'Gift' – a gift for the Hereafter, *إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ*.

<sup>2</sup> This rule does not apply to Madanī In'ām no. 24. Likewise, it does not apply to the first and fourth of four parts of Madanī In'ām no. 2: (1) Five times Ṣalāh (2) Wearing 'Imāmah (3) with the first Rak'at (4) Ṣalāh with Jamā'at.

For example, one remained deprived of reading 4 [consecutive] pages of *Faizān-e-Sunnat*, or reciting Ṣalāt-‘Alan-Nabī 313 times or reciting at least 3 verses of the Holy Quran (with translation and commentary from *Kanz-ul-Īmān*). In this case, the number of missing days will be calculated and the missing In’āmāt of each day will be practised during the following days, upon such practice, they will be officially considered as fulfilled.

Rule-3: Some Madanī In’āmāt are such that they require some time to get accustomed to. For example, abstaining from laughing loudly, avoiding bad language and keeping the eyes lowered whilst walking, such Madanī In’ām will be considered as fulfilled till one continues to make efforts to practise upon them (an effort will be considered valid if practiced thrice a day at least).

Rule-4: Some Madanī In’āmāt are such that they cannot be acted upon due to a valid excuse or because of being engaged in some other Madanī activity. For example, an Islamic brother could not practise some Madanī In’ām e.g. one could not attend *Madrasa-tul-Madīnah* for adults because he was involved in other Madanī activities; or could not kiss the hands of his parents because they have passed away or are living in some other city; or if he is illiterate and cannot communicate in writing. In such cases, the Madanī In’ām would be officially considered as fulfilled.

## Daily: 29 Madanī In'āmāt

### First Level: 15 Madanī In'āmāt

1. Today, did you observe virtuous intentions before performing any permissible acts? Moreover, did you persuade at least two others to do the same?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

2. Do you offer your 5 times Ṣalāh with an 'Imāmah at the Masjid with the first Takbīr?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

3. Have you made the habit of reciting Āyat-ul-Kursī and Tasbiḥ-e-Fātimah رَضِيَ اللهُ تَعَالَى عَنْهَا at least once after each Ṣalāh and before sleeping?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

4. Do you recite Ṣalāt-'Alan-Nabī at least 313 times every day? And do you learn your lesson (for about one hour daily at home?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

5.	Do you give or listen to two Dars daily (Masjid, home or wherever convenient)? (One of the two must be at home.)															<b>Total</b>
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
6.	Name-calling is against the teachings of the Holy Quran. Do you call anyone lanky, short, fat, etc. (without any Shar'i reason)?															<b>Total</b>
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
7.	You may have more knowledge than others in some topics and start thinking of others as inferior to you. Do you scare yourself that Allah عَزَّوَجَلَّ is Carefree, when such evil thoughts come into your mind?															<b>Total</b>
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
8.	Allah عَزَّوَجَلَّ forbid, do you have the habit of talking rudely to others? [Always be respectful and use the most polite words when addressing anybody, whether present or absent, even a newborn baby]. In Urdu, use 'Āp' when speaking to him. Use the plural pronoun even when talking about an absent person. For example [in Urdu] 'Zayd āye'. 'Zayd kehtay thāy', etc. instead of 'Zayd āyā' and 'Zayd kehtā thā'.															<b>Total</b>
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

9.	Did you try your best to avoid laughing loudly today? (Smiling (if needed) is Sunnah.)															Total
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
10.	When you get angry with someone, do you treat your anger and remain silent or speak out? (One could recite 'أَعُوذُ بِاللَّهِ', etc.). Moreover, do you forgive him or find an opportunity to take revenge?															Total
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
11.	If someone complains (to your teacher or parents) about you, do you wait for an opportunity to take revenge or do you appreciate him if the complaint is valid and forgive him to earn huge reward if the complaint is invalid?															Total
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
12.	Do you have the bad habit of borrowing things from other Islamic brothers? (Whatever you need, make your mark on it and keep it safe, and remove the bad habit of borrowing.)															Total
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

13.	When talking to someone, do you mostly keep your gaze lowered or stare at his face? (Staring at your listener's face while talking to him is not a Sunnah). Did you also avoid looking outside (unnecessarily) from your balconies or inside other people's homes through their doors?															<b>Total</b>
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
14.	Do you dress according to the Sunnah by wearing a white Kurtā (top) till half-way down your shins with a Miswāk visible in the front pocket, and wearing the Shalwār (pants) above the ankles, having Zulfayn (Sunnah hairstyle) and a green turban (at home and outside), for the entire day, as your routine?															<b>Total</b>
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
15.	When a person talks to you, do you listen to him calmly or just interrupt him with your talk? Many people have this problem, despite the fact that they have understood the point, they spontaneously say, 'What?' and make the other person unnecessarily repeat what he has just said. Do you have such a habit?															<b>Total</b>
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	



## Second Level: 14 Madani In'amat

16. At your home or in your Madrasah, do you eat food with patience and gratitude, or Allah عَزَّوَجَلَّ forbid, do you express your dislike for the food? To speak bad about food is not a Sunnah, and do not pull a long face.

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

17. Have you made the habit of greeting other Muslims with Salām, at home, in a bus or train etc., in the Madrasah or while walking, to those sitting or standing alongside the street? (Even at home continue to act upon the Sunan taught in the Madrasah.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

18. Have you made the habit of placing a 'veil within veil' (at home and outside) according to the method written on page 221 of *Faizān-e-Sunnat* volume 1? (Whilst sleeping you should wrap a shawl around your pyjamas (pants) like a Tahband and then have another shawl on top of you. إِنَّ شَأْنَهُ اللَّهُ عَزَّوَجَلَّ this will be a 'veil within veil'.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

<p>19. After 'Ishā (having completed homework, etc.) get into the habit of sleeping early. When you are awakened for Ṣalāh or otherwise, in the morning do you quickly wake up or do you go to sleep again or sit and doze off? Whenever you wake up, do you fold your bedding (whenever you get out of bed)? When you have slept, do you fold and put your bedding away or leave it there?</p>																
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>	
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
<p>20. Do you abide by the rules of the Madanī Markaz, Nigrān, teachers and parents? (When they have not told you to do anything against Shari'ah.) Further, did you do Fikr-e-Madīnah attentively today and fill in the boxes, whether you had practiced or not?</p>																
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>	
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		

21.	Every day at least after one Ṣalāh, do you make good Du'ās for your parents and teachers? Further, did you try your best to practice the Madanī pearls for creating a Madanī environment in your home? (You can find these Madanī pearls at the end of this booklet.) (When you see your parents or teachers, stand up with respect and always keep your voice low in front of them. Do not look into their eyes and do not make fun of your teachers or anyone in their absence.)															<b>Total</b>
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
22.	If you do not like anything that your teachers or the Madrasah administration have said, do you have patience, or Allah عَزَّوَجَلَّ forbid, do you make the mistake of telling it to others? It is very bad to discuss the weaknesses of the Madrasah Administration with others apart from the concerned person. Also, if you do not like anything about any Islamic brother or he makes a mistake, then instead of telling others, rectify him personally in a good manner.															<b>Total</b>
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

23.	Do you follow the timetable of your Madrasah? Do you get to your Madrasah on time to study and memorize your lessons until the last lesson or do you waste your time talking to others? In addition, do you avoid sneaking out without telling your teachers? (For the students, who stay in the Madrasah, they are required to take permission before they go outside during the day or night.)														
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
24.	<p>Do you know the definitions of backbiting, tale-telling and jealousy? Do you keep away from these evils, as well as stubbornness, sarcasm and making jokes? (Listen or read from <i>Bahār-e-Shari'at</i> chapter 16 about backbiting, tale telling and jealousy.)</p> <p>If there is a fault in anyone and you tell others about this in his absence, this is called backbiting which is a major sin. Telling somebody about another person behind his back, that his clothes are not good or they are dirty or his voice is not good etc., all come under the definition of backbiting. If the fault exists in that person, it is backbiting, and if the fault does not exist then it is pure</p>														

slandering, which is a bigger sin than backbiting. If someone has a good memory or can read Na'at with a melodious voice, wishing him harm that his memory weakens or his voice gets bad are examples of jealousy and becoming jealous is a sin. It is stated in a blessed Ḥadiš, 'Jealousy eats away good deeds like fire eats away wood.' (*Sunan Abī Dāwūd, vol. 4, pp. 360, Ḥadiš 4903*)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

25. Do you always speak the truth and avoid "Tawriyah" without a Shar'i requirement? Tawriyah means 'to say a sentence that has two possible meanings and to intend the unclear meaning instead of the obvious one'. It is impermissible to do so without any valid reason, but with a valid reason it is permissible. For example, you invite someone over and he says, 'I have had my dinner'. Apparently it means that he has taken his current dinner but in reality he meant to say that he ate his dinner the day before; this is also regarded as a lie. (*'Ālamgīrī, vol. 5, pp. 352*)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

26. If an Islamic brother is reading his lesson and makes a mistake, do you laugh at him and hurt his feelings? If you have ever done so then ask forgiveness from that Islamic brother. The Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ said, 'Whoever hurts any Muslim (without a Shar'ī reason) has hurt me and whoever hurt me has hurt (displeased) Allah عَزَّوَجَلَّ.' (Al-Mu'jam-ul-Awsaṭ, vol. 2, pp. 386, Ḥadīṣ 3607)															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
27. Do you watch movies or dramas on the TV or DVD etc. at home or restaurants? (Do not watch films and dramas. Whoever fills his eyes with Ḥarām, on the Day of Judgement his eyes will be filled with fire. Watching films or dramas on the TV or DVD, etc. can also cause the weakness of memory. Those children who are blind could easily memorise the Quran because they do not use their eyes for the wrong things, therefore their memory is stronger. You should also refrain from the misuse of your eyes and observe Qufl-e-Madīnah of the eyes.)															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	<b>Total</b>
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

28. By observing Qufl-e-Madīnāh of the tongue, are you trying to control your tongue from useless talks and to get into the habit of remaining silent? Also, instead of talking, do you use gestures and write down whatever you want to say at least 4 times daily? If you have said something useless, have you developed the habit of reciting Ṣalāt-‘Alan-Nabī as compensation? (Usually, speech-impaired people are clever because they are unable to indulge in wrongful talks. Observe Qufl-e-Madīnāh of your tongue to avoid useless talks.)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

29. Do you try your best to eat your food according to the Sunnah? (It implies that you pick up and eat fallen pieces of food from the dining-mat, clean the bones properly, lick your fingers and drink water from the plate after eating your meal in it to make sure it's clean (it will only be classed as clean when there are no traces of food left). After eating your meal, do you argue with others over cleaning the dining-mat, picking up the dishes and cleaning them? Do you obey the Nāẓim Sahib of the Madrasah when instructions are given regarding cleanliness in the Madrasah?

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Total
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	

<b>Record of Observing Qufi-e-Madinah</b> (Madani month _____ year ____)				
<b>Date</b>	<b>Communicating by writing</b>	<b>Communicating via signs &amp; gestures</b>	<b>Talking without staring at the person's face</b>	<b>Using Qufi-e-Madinah glasses</b>
	at least 12 times	at least 12 times	at least 12 times	more or less 12 minutes
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				
26				
27				
28				
29				
30				
<b>Total</b>				



### Weekly: 2 Madani In'āmāt

30. You are attached to the environment of Dawat-e-Islami to become a practising Ḥāfiẓ of the Holy Quran or a practising scholar. Do you therefore attend the weekly Ijtimā' with your father, etc., (adult Madani children may go on their own or as part of a Qāfilah) from the start (recitation of the Holy Quran and Na'at) to the end (Ẓikr, Du'ā and Ḥalqaḥ) and listen carefully whilst keeping your gaze lowered throughout as much as possible, don't you

31. Did you listen to or watch at least one Bayān or Madani Muzākaraḥ with full attention, either alone or in a Cassette Ijtimā', or did you watch Madani Channel for at least 1 hour 12 minutes today?

### Monthly: 3 Madani In'āmāt

32. Were you absent from your Madrasah without any reason or compulsion (besides the holidays allowed) this month?

33.	Have you memorized along with the translation: Īmān-e-Mujmal, Īmān-e-Mufaṣṣal, 6 Kalimaḥs and the last 10 Sūraḥs of the Holy Quran? Do you recite them on the first Monday of every month?	
34.	Did you celebrate 'Yaum-e-Qul-e-Madīnah' by reading the book ' <i>Silent Prince</i> ' on the first Monday (or any other Monday in case you miss the first) of this month in order to make a habit of avoiding useless speech? Moreover, did you fill in the last month's Madanī In'āmāt booklet and hand it to your Žimmaḥdār (Responsible brother) before the 10 <sup>th</sup> ?	
<b>Yearly: 7 Madanī In'āmāt</b>		
35.	Who have you made as your role model? (A'lā Ḥaḍrat, Imām-e-Aḥl-e-Sunnat, Maulānā Shāḥ Imām Aḥmad Razā Khān عَلَيْهِ رَحْمَةُ الرَّحْمٰنِ is a role model for Amīr-e-Aḥl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ.)	
36.	Do you have friendship with only one or a few Madanī children or are you on equal terms with everyone? (Breaking friendship again and again, to keep friendship	

	and giving gifts to only one particular friend, to cry when he breaks his friendship with you, only writing him letters, wearing the same clothes as he does, attending the Ijtimā' when he comes and missing the Ijtimā' when he does so, etc., are all inappropriate actions.)	
37.	Allah عَزَّوَجَلَّ forbid! Do you have any pictures of living things or stickers of animals on your Madrasaḥ bag or clothes? (Sometimes you get stickers in packs of biscuits or sweets, do you have a habit of sticking them on the walls or doors, etc.?)	
38.	Do you have a habit of hitting cats or dogs or killing ants etc.? (Do not hit or tease cats and dogs, etc., as it is a bigger sin than hitting a Muslim.  It is mentioned in a Ḥadiṣ that a woman was thrown into the Hellfire because she kept her cat locked up and did not feed it or set it free so that it could find its own food, and sadly it died because of hunger.)  <i>(Ṣaḥīḥ Bukhārī, vol. 2, pp. 408, Ḥadiṣ 3318)</i>	

	<p>39. Do you have a habit of throwing fruit skins, etc., in the streets carelessly? (Do not throw a banana peel or a papaya skin or shards in the way where they could cause harm to people. Moving such harmful things from the footpaths or streets is a good deed.</p> <p>It is narrated in a blessed Ḥadīṣ that a man removed a thorny branch from the way so that other Muslims do not get injured, this action was so liked by Allah <small>عَزَّوَجَلَّ</small> that He <small>عَزَّوَجَلَّ</small> forgave his sins.)</p> <p style="text-align: right;"><i>(Ṣaḥīḥ Muslim, pp.1410, Ḥadīṣ 1914)</i></p>	
	<p>40. Allah <small>عَزَّوَجَلَّ</small> forbid! Do you ask your teacher questions, just to test him? Allah <small>عَزَّوَجَلَّ</small> forbid! Do you have a habit of criticising Sunnī scholars? (Amīr-e-Aḥl-e-Sunnat <small>دَامَتْ بَرَكَاتُهُمُ الْعَالِيَهُ</small> says, ‘Anyone who mocks or finds faults in any Sunnī scholar, I am displeased with that person, whether he is a teacher or a student’.)</p>	

## Deeds for Gaining the Pleasure of Allah ﷺ

**Friend of ‘Attar:** Amīr-e-Aḥl-e-Sunnat دامت بر كائنه العالیه says, ‘Whoever performs the following 6 Madanī In’āmāt (good deeds), regularly, he is my friend.’

1. Offers the five times daily Ṣalāḥ, wearing an ‘Imāmah, in the first row of the Masjid with the Jamā’at.
2. Delivers or listens to two Dars (in the Masjid, home, shop, market area; wherever convenient) from the book *Faizān-e-Sunnat*. (One of these two, is necessary to be delivered at home.)
3. Spends the whole day (at work, home, etc.) wearing an ‘Imāmah, maintaining Zulfayn (hair style according to Sunnah), wearing (white) kurta up to halfway down the shin according to the Sunnah, keeping a Miswāk, noticeable, in the front pocket, and keeping the pants (pyjama) above the ankles.
4. Greets other Muslims with Salām who come across the way sitting or standing, alongside the street, whilst at home, going to Madrasah or returning home in a bus/train etc.

5. Attends the weekly Ijtimā' from beginning to end along with his father, brother, etc., (adult Madanī children may go alone or with a Qāfilāḥ).
6. Watches or listens to at-least one Bayān (audio/video cassette) or Madanī Mużākaraḥ individually or in a Cassette Ijtimā' once a week.

## Dear to 'Attar

Amīr-e-Aḥl-e-Sunnat **دَامَتْ بَرَكَاتُهُمُ الْعَالِيَهُ** states, 'Whoever, in addition to the 6 Madanī In'āmāt (good deeds) given above, fulfils the requirements of at least 30 out of the 40 Madanī In'āmāt, is dear to me.'

## Attar's Favourite

Amīr-e-Aḥl-e-Sunnat **دَامَتْ بَرَكَاتُهُمُ الْعَالِيَهُ** has stated, 'Whoever performs the following six good deeds in addition to becoming my friend and dear to me by practising the above mentioned Madanī In'āmāt (good deeds), is my favourite.'

1. Communicates by means of writing at least 12 times daily.
2. Communicates with gestures at least 12 times daily.

3. Uses the Qufl-e-Madīnah glasses for at least 12 minutes daily.
4. Keeps his eyes lowered while talking to others for at least 12 times daily (when talking is unavoidable).
5. Reads at least one booklet every week (Amīr-e-Ahl-e-Sunnat **دَاعَتْ بَرَكَاتُهُ الْعَالِيَهُ** is extremely pleased with the one who reads at least one booklet daily.)
6. Observes Yaum-e-Qufl-e-Madīnah every month.

### Attar's Beloved

Amīr-e-Ahl-e-Sunnat **دَاعَتْ بَرَكَاتُهُ الْعَالِيَهُ** has stated, 'Whoever practises all the 40 Madanī In'āmāt in addition to all the observances mentioned above, is my beloved.'

### Sentiments of 'Attar

Ah! Ah! Ah! My heart is in a constant state of fearfulness, as I do not know what the hidden plan of Allah **عَزَّوَجَلَّ** is for me! However, the feelings of my heart are such that if Allah **عَزَّوَجَلَّ** bestows me with His special favours for the sake of His Beloved

and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ, I will take every friend, dear one, favourite, and beloved of mine along with me to Jannat-ul-Firdaus, إِنَّ شَاءَ اللهُ عَزَّوَجَلَّ.

### Who is 'Attar annoyed with!

Any Islamic brother who publicly opposes Dawat-e-Islami's Markazī Majlis-e-Shūrā, Intizāmī Kābīnāt or any other Majlis, without any Shar'ī requirement is neither my friend, nor dear, nor favourite and nor beloved. Instead, the heart of 'Aṭṭār is annoyed with him.

### Du'ā from 'Attar

O Allah عَزَّوَجَلَّ! Grant me, and my friends, my dears, my favourite Islamic brothers and my beloveds who daily practise these good deeds as mentioned, an abode in Paradise in the neighbourhood of the Noble Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ.

أَمِيْنٌ بِجَاهِ النَّبِيِّ الْأَمِيْنِ صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ

### Markazī Majlis-e-Shūrā

Dawat-e-Islami



أَلْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ  
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

## Madanī Pearls for Madanī Children

*(Extracted from 19 Madanī Pearls)*

1. When entering or leaving the home, make Salām loudly.
2. Stand out of respect when you see your parents approaching.
3. At least once a day, kiss the hands of your father and the feet of your mother.
4. Keep the tone of your voice low in front of your parents, never stare at them and keep your eyes lowered when talking to them.
5. Immediately complete any task which they assign to you, if it is not against the Sharī'ah.
6. Adopt a dignified conduct. Refrain from using slang words, mocking and cracking jokes, getting angry over minor issues, finding faults in food, scolding or beating

your younger brothers and sisters, or quarrelling with the elders of the family. If you have such habits, change your attitude thoroughly and seek forgiveness from everyone.

7. If you will adopt a dignified conduct in the home and outside, **إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ** the blessings of this will definitely prevail in your home.
8. Speak to your mother and the children, even the infants of your home (or outside) in a courteous manner with the most polite words. [While conversing in Urdu, address others by using 'Āp' instead of 'Tū'.]
9. Go to bed within 2 hours of the time of 'Ishā Jamā'at in the Masjid of your area. If only you wake up for Tahajjud, or at the very least, wake up easily for Fajr, and offer congregational Ṣalāt-ul-Fajr in the first row of the Masjid. In this way, laziness will not be felt at work either.
10. If any members of the family are lazy in offering their Ṣalāh, or if they commit the sins of unveiling, watching films and dramas, or listening to songs, then instead of constantly rebuking them, encourage them to listen to/

watch the Bayānāt released by Maktaba-tul-Madīnah, and convince them to watch Madanī Channel. **إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ**, you will notice a pleasant Madanī change.

11. No matter how much you are scolded at home, or even if you are beaten, be patient, be patient, and just be patient. If you start to pay back in the same manner, there will be no hope of developing a Madanī environment in your home, and in fact this could further worsen the situation. If unwarranted strictness is observed, satan sometimes succeeds in making the people stubborn.
12. An excellent method of creating a Madanī environment at home is to ensure that you deliver or listen to a Dars from the book *Faizān-e-Sunnat* at your home every day.
13. Make heartfelt Du'ās continuously for everyone in your family, as the Beloved Prophet **صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ** has said, **‘الدُّعَاءُ سِلَاحُ الْمُؤْمِنِ** meaning, *‘Du'ā is the weapon of a true believer.’*

*(Al-Mustadrak lil-Hākim, vol. 2, pp. 162, Ḥadīṣ 1800)*

14. Recite the following Du'ā after every Ṣalāh with Ṣalāt-‘Alan-Nabī once before and after it. **إِنَّ هَآءِ اللّٰهُ عَزَّوَجَلَّ** Your family members will become adherent to the blessed Sunnah and a Madanī environment will be established in your home:

اَللّٰهُمَّ رَبَّنَا هَبْ لَنَا مِنْ اَزْوَاجِنَا وَذُرِّيَّتِنَا قُرَّةَ اَعْيُنٍ

وَّاجْعَلْنَا لِمَنْتَقِيْنَ اِمَامًا<sup>1</sup>

**Note:** (اَللّٰهُمَّ) is not part of the Quranic verse. (*Derived from: Masāil-ul-Quran, pp. 290*)

15. Make a habit of following the Madanī In'āmāt and implement them in your home politely and tactfully. By the grace of Almighty Allah **عَزَّوَجَلَّ**, a Madanī change will prevail in the home.

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<sup>1</sup> O our Lord, grant us from our wives and children the coolness of eyes, and make us leader of the pious ones.

[Kanz-ul-Īmān (Translation of Quran)] (Part 19, Surah Al-Furqān, verse 74)

## يَا خَيْرُ

To become pious and to abide by the Sunnah,  
continuously read this.

*(Masā'il-ul-Quran, pp. 290)*

## يَا عَلِيمُ

Read this 21 times (recite Ṣalāt-‘Alan-Nabī once  
before and after the invocation), blow on water and  
drink it or make others drink before breakfast for  
40 days, the memory (of the one who drinks this  
water) will be strengthened, *إِنْ شَاءَ اللَّهُ عَزَّ وَجَلَّ*.

*(Shajarah ‘Aṭṭāriyyah, pp. 46)*

## Record - Observances for Earning the Pleasure of Allah ﷺ

1.	Was effort made to practise the prescribed Madanī In'āmāt during most of the days of this month?		
2.	Did you communicate by writing at least 12 times a day during most of the days of this month?		
3.	Did you communicate by gestures at least 12 times a day during most of the days of this month?		
4.	Did you try to refrain from staring directly at others during conversations, at least 12 times a day, during most of the days of this month?		
5.	Did you use the Qufl-e-Madīnāh glasses for at least 12 minutes a day during most of the days of this month?		
6.	Did you observe Yaum-e-Qufl-e-Madīnāh this month?		
7.	How many booklets of Amīr-e-Ahl-e-Sunnat <span style="color: green;">دَاعِيَتَرِ كَاتِبُهُ الْعَالِيَةِ</span> did you read during this month?	1 <sup>st</sup> Week	
		2 <sup>nd</sup> Week	
		3 <sup>rd</sup> Week	
		4 <sup>th</sup> Week	
		<b>Total</b>	
8.	Upon how many Madanī In'āmāt out of 40 have you tried to act upon this month?		
9.	For how many days, did you perform Fikr-e-Madīnāh this month?		
	<span style="color: green;">اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ</span> This month, I succeeded in becoming:	Friend of 'Attar	
		Dear to 'Attar	
		'Attar's Favourite	
		Beloved of 'Attar	
	<span style="color: green;">اِنَّ هَآءِ الّٰهَ عَزَّوَجَلَّ</span> , I will strive to act upon ____ Madanī In'āmāt next month.		

## Easy Method of Fikr-e-Madinah

In this booklet, check boxes have been given for each Madani In'am corresponding to thirty days of the month. Fill this questionnaire every day at a fixed time whilst practising Fikr-e-Madinah (Ritual Contemplation). Use an "Inverted Tick Mark"  to check off the box if the righteous deed mentioned in the Madani In'amat has been fulfilled. Otherwise, mark the box with a circle . **بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ** You will progress in righteous deeds, feeling resentment towards sins.

It is mentioned in a Hadis, "Contemplating for a moment (in matters of afterlife) is better than Nafl worship of sixty years." (*Al-Jami' us-Saghir*, pp. 363, Hadis: 5897)

**Du'a from 'Attar:** O Allah **سُبْحٰنَكَ**! Whoever acts upon the Madani In'amat to win Your Pleasure filling out the booklet daily and submits it to his Zaili Nigran every month, bestow him with steadfastness in righteous deeds and make him Your chosen servant.

Madani Month \_\_\_\_\_ Madani Year \_\_\_\_\_

Name with Father's Name: \_\_\_\_\_ Age (approx.): \_\_\_\_\_

Complete Address: \_\_\_\_\_

Zaili Halqa: \_\_\_\_\_ Halqa: \_\_\_\_\_ Region/City: \_\_\_\_\_

What time have you fixed for Fikr-e-Madinah (i.e. for filling the check boxes during contemplation)? \_\_\_\_\_

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