

روزوں کے ضروری مسائل



NECESSARY ISLAMIC RULINGS ON FAST

(Extracts from the book of Ameer-e-Ahl-e-Sunnat رحمہ اللہ "Blessings of Ramadan" - Episode No.2)



Translated into English by
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روزے کے ضروری مسائل

Rozay kay Zarori Masa`il

NECESSARY ISLAMIC RULINGS ON FAST (HANAFI)

THIS booklet was written by Shaykh-e-Tareeqat Ameer-e-Ahl-e-Sunnat, the founder of Dawat-e-Islami 'Allamah Maulana Abu Bilal Muhammad Ilyas Attar Qadiri Razavi دامت برکاتہم العالیہ in Urdu. **Majlis-e-Tarajim** (the translation department) has translated it into English. If you find any mistake in the translation or composing, please inform the translation department on the following postal or email address with the intention of earning reward [Sawab].

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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Du'a for Reading the Book

Read the following Du'a (supplication) before you study a religious book or an Islamic lesson, you will remember whatever you study, **إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ**:

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَانْشُرْ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Translation

O Allah **عَزَّوَجَلَّ**! Open the door of knowledge and wisdom for us, and have mercy on us! O the One Who is the Most Honourable and Glorious!

(Al-Mustatraf, vol. 1, pp. 40)

Note: Recite Salat upon the Beloved Nabi ﷺ once before and after the Du'a.

Table of Contents

Du'a for Reading the Book	i
---------------------------------	---

Necessary Islamic Rulings on Fast (Hanafi) ... 1

Excellence of Salat upon the Holy Nabi ﷺ	1
For whom fast is Fard?	3
Reason of fasts becoming Fard	3
Fasts of the Prophets عَلَيْهِمُ السَّلَام	4
Fasting person possesses strong faith.....	5
Does man fall ill due to fast?.....	6
Fast improves health.....	6
Swollen stomach	7
Astonishing discoveries	7
Team of researchers.....	8
Excessive eating causes illnesses	8
Delivery without operation	9
Compensation for previous sins	11
Reward for fast	12
Special reward for fasting.....	12
Reward for virtuous deeds is Paradise	13
Saying 'رَضِيََ اللهُ تَعَالَى عَنْهُ' with name of non-Sahabi	14
I want owner of pearls.....	15
We belong to Rasulullah, Heaven belongs to Rasulullah ﷺ	15

Ask for anything you want!	17
Heavenly portal	18
Excellence of one day's fast.....	19
Age of crow	19
Red rubies palace	19
Zakah of body	20
Even sleeping is worship	20
Tasbih of body parts	21
Heavenly fruits	22
Dining mat of gold.....	22
Seven types of deeds	22
Immeasurable reward.....	24
Recovery from jaundice	24
Far from Hell.....	26
Loss of missing one fast.....	26
People hanging upside down	27
Three unfortunate people	28
Disgrace.....	28
Three levels of fasting.....	29
1. Fast of common people.....	29
2. Fast of the pious	29
3. Fast of the ascetic	29

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
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NECESSARY ISLAMIC RULINGS ON FAST (Hanafi)*

Excellence of Salat upon the Holy Nabi ﷺ

After the demise of Sayyiduna Shaykh Ahmad Bin Mansur رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ, someone from Shiraz had a dream in which he saw Sayyiduna Shaykh Ahmad Bin Mansur رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ, dressed in a heavenly garment with a crown of pearls on his head, standing in the Mihrab (arch) of the main Masjid of Shiraz. The dreaming person asked as to how Allah عَزَّوَجَلَّ treated him, he رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ replied, ‘Allah عَزَّوَجَلَّ not only forgave me and bestowed upon me (this) crown but also made me enter the Heaven.’ When the dreaming person asked the reason of this great privilege, Sayyiduna Shaykh Ahmad Bin Mansur

* The rulings mentioned in this chapter are all according to the Hanafi school of thought. Therefore, Hanbali, Shafi'i and Maliki Islamic brothers and sisters should refer to the scholars of their respective schools of thought.

رَحْمَةُ اللَّهِ تَعَالَى عَلَيْهِ replied, 'I used to recite Salat upon the Prophet of mankind, the Peace of our heart and mind, the most Generous and Kind صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ abundantly and this act of mine brought about my success.' الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ

(Al-Qaul-ul-Badi', pp. 254)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Dear Islamic brothers! Allah عَزَّوَجَلَّ has bestowed upon us His great favour in the form of the fasts of Ramadan so that we could attain piety and divine pleasure, as Allah عَزَّوَجَلَّ says in Surah Baqarah (part 2 verses 183-184):

يَا أَيُّهَا الَّذِينَ آمَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ
مِنْ قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ ﴿١٨٣﴾ أَيَّامًا مَعْدُودَاتٍ ۖ فَمَنْ كَانَ مِنْكُمْ
مَرِيضًا أَوْ عَلَى سَفَرٍ فَعِدَّةٌ مِنْ أَيَّامٍ أُخَرَ ۗ وَعَلَى الَّذِينَ يُطِيقُونَهُ فِدْيَةٌ
طَعَامُ مَسْكِينٍ ۖ فَمَنْ تَطَوَّعَ خَيْرًا فَهُوَ خَيْرٌ لَهُ ۗ وَأَنْ تَصُومُوا خَيْرٌ
لَكُمْ إِنْ كُنْتُمْ تَعْلَمُونَ ﴿١٨٤﴾

O those who believe! Fasting has been made obligatory upon you as were made obligatory upon those before you, so that you may

become pious. The days are counted. Then whosoever among you is ill or on a journey then same number of fasting in other days, and those who have no strength, should give in fine meal to a needy: then whosoever does more good, then that is better for him, and fasting is better for you if you know.

[Kanz-ul-Iman (Translation of Quran)] (Part 2, Surah Baqarah, Ayah 183-184)

For whom fast is Fard?

Like Salah, the fasts of Ramadan are also Fard for every such (male and female) Muslim who is sane and has reached puberty. It is stated in *Durr-e-Mukhtar* that fasts were declared Fard on 10th Sha'ban two years after Hijrah.

(Durr-e-Mukhtar ma' Rad-dul-Muhtar, pp. 330, vol. 3)

Reason of fasts becoming Fard

Most of the acts in Islam remind us of faith-refreshing Islamic and historical events. Running between Safa and Marwah reminds us of Sayyidatuna Hajirah's رَضِيَ اللَّهُ تَعَالَى عَنْهَا walking and running between these two mountains seven times in search of water for her son Sayyiduna Isma'il عَلَيْهِ السَّلَام. Allah عَزَّوَجَلَّ liked this act and declared it Wajib for all those who perform Hajj and 'Umrah to imitate her in order to keep this act alive.

Likewise, the Holy Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ spent some days of Ramadan in seclusion in the cave of Hira where he صَلَّى اللَّهُ تَعَالَى عَلَيْهِ

ﷺ used to refrain from eating during the day and worship Allah ﷻ at night. In order to keep the memory of this blessed act of His Beloved and Blessed Rasool ﷺ alive Allah ﷻ made it Fard for us to fast in Ramadan.

Fasts of the Prophets ﷺ

The people of the previous Ummahs also fasted but their manner of fasting was different from ours.

According to narrations, Sayyiduna Adam ﷺ would fast on the 13th, 14th and 15th dates.

(Kanz-ul-‘Ummal, pp. 257, vol. 8, Hadees 24188)

Sayyiduna Nuh ﷺ used to fast every day.

(Sunan Ibn Majah, pp. 333, vol. 2, Hadees 1714)

Sayyiduna ‘Isa ﷺ would fast every day and would never miss even a single fast.

(Kanz-ul-‘Ummal, pp. 304, vol. 8, Hadees 24624)

Sayyiduna Dawud ﷺ used to fast on alternate days. *(Sahih Muslim, pp. 584, Hadees 1189)*

Sayyiduna Sulayman ﷺ used to fast on the first three, the middle three and the last three days of every month. *(Kanz-ul-‘Ummal, pp. 304, vol. 8, Hadees 24624)*

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Fasting person possesses strong faith

Dear Islamic brothers! (Imagine) It is extremely hot, the throat and lips of the fasting Muslim have been dry due to thirst, he has water and food as well, but he does not even look at them despite extreme thirst and hunger due to his steadfast belief in Allah ﷺ. He knows that although no one watches him apparently, in fact, none of his actions is concealed from Allah ﷺ. This firm faith of the fasting Muslim is the practical outcome of fast. Other forms of worship involve physical movements and are visible to others but fast is such a form of worship which no one can come to know, only Allah ﷺ knows. Even if a person eats secretly, people will still regard him a fasting person, but he refrains from eating for the pleasure of Allah ﷺ only.

Dear Islamic brothers! If possible, make your children fast from their early age so that they won't face any difficulty in fasting after they reach the age of puberty. The respected scholars رَحْمَةُ اللَّهِ تَعَالَى have said, 'When children reach the age of ten and are healthy enough to fast they should be made to fast in Ramadan. If they do not fast despite being healthy enough to do so, they should be strictly made to fast even by beating. If they break it, they will not be ordered to make up for it (do

Qada), but if they break their Salah, they will be ordered to offer it again.’ (*Rad-dul-Muhtar*, pp. 385, vol. 3)

Does man fall ill due to fast?

There is a general misconception that a person falls ill as a result of fasting but this has nothing to do with reality. A’la Hadrat رحمۃ اللہ تعالیٰ علیہ has stated in *Al-Malfuz* (part 2, page 143), ‘Once I saw my respected father Sayyiduna Maulana Naqi ‘Ali Khan رحمۃ اللہ تعالیٰ علیہ in my dream a few weeks before Ramadan; he said, ‘Son, you will fall severely ill in the following Ramadan, but be careful, you should not miss even a single fast.’ As my father predicted, I did fall severely ill in Ramadan but I did not miss even a single fast. اَللّٰھُمَّ لَیْلَہٗ عَزَّوَجَلَّ, Allah عَزَّوَجَلَّ granted me good health by the blessing of fasts. The Noble Prophet صَلَّى اللّٰہُ تَعَالٰی عَلَیْہِ وَاٰلِہٖ وَسَلَّم has said, ‘صُومُوا تَصِحُّوْا’ (*Fast; you will get healthy*).’ (*Ad-Dur-rul-Mansur*, pp. 440, vol. 1)

Fast improves health

Sayyiduna ‘Ali کَرَّمَ اللّٰہُ تَعَالٰی وَجْہَہُ الْکَرِیْم has narrated that the Prophet of Rahmah, the Intercessor of Ummah صَلَّى اللّٰہُ تَعَالٰی عَلَیْہِ وَاٰلِہٖ وَسَلَّم has said, ‘Allah عَزَّوَجَلَّ sent a revelation to one of the Prophets of Bani Israil commanding him to inform his Ummah that if anyone fasts a day for My pleasure, I will grant him good health and reward him greatly.’

(*Shu’ab-ul-Iman*, pp. 412, vol. 3, *Hadees* 3923)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Swollen stomach

Dear Islamic brothers! اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ, the foregoing Hadees makes it clear that fast not only improves our health but also provides us with an opportunity to get great reward. The scientists of the present age have also accepted this fact.

Therefore, professor Moore Palid of Oxford University has stated, 'While studying Islamic books, I was astonished to know that Islam has given a great gift to its followers in the form of fasts! I also felt like fasting, so I began to fast in conformity with Islamic method. My stomach was swollen for quite a while; surprisingly, I felt an obvious reduction in pain as a result of fasting for just a few days. Therefore, I kept on fasting and recovered from my illness within a month.'

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Astonishing discoveries

A priest from Holland, Alf Gaal, has stated, 'I made several patients suffering from diabetics, heart and stomach diseases fast continuously for thirty days. Resultantly, the diabetes of the diabetics came under control, the heart patients felt a

decrease in their fear and breathing problems, and the condition of the stomach patients improved the most.' Sigmund Freud, a psychologist, has also accepted the fact that fast is an excellent cure for physical stress, depression and mental disorders.

Team of researchers

According to a newspaper report, a team of researchers and doctors from Germany, England and America came to Pakistan in Ramadan. They chose Bab-ul-Madinah Karachi, Markaz-ul-Awliya Lahore, and the city of Muhaddis-e-A'zam رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ Sardarabad (Faisalabad) for their research. The report issued by the researchers after the surveys concluded that the Muslims suffer relatively less ear, nose and throat (E.N.T.) illnesses as a result of ablution (Wudu) they make prior to their daily Salah they offer in abundance in the month of Ramadan. The Muslims also get less stomach, liver, heart and nerve problems as they eat less due to fast.

Excessive eating causes illnesses

Dear Islamic brothers! Fast does not cause any illness at all, in fact, people fall ill in Ramadan in consequence of eating oily and fried things at the time of Sahari and Iftar. Further, many people eat and drink different things every now and then at night. Therefore, one should avoid excessive eating in Ramadan. At

Sahari, one should not eat so much food that he ends up burping all day and does not feel any hunger and thirst at all.

In fact, the enjoyment of fast lies in bearing thirst and hunger. Extremely hot weather, dry lips and extreme hunger! If only this condition would remind us of the sweet heat and cool sunshine of Madina-tul-Munawwarah! And, if only it would remind us of the extremely heart-rending incident of Karbala where the flowers of Prophet's garden were brutally trampled under feet on the scorching desert. Imam Hussain رَضِيَ اللهُ تَعَالَى عَنْهُ and his companions sacrificed their lives for Islam in the state of extreme thirst, hunger and helplessness. When we feel even more hunger, if only the thought of the blessed stone our Beloved Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ tied to his blessed stomach would remind us of his hunger.

Dear Islamic brothers! We should fast in such a way that evokes the memories of our Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ, his companions رَضِيَ اللهُ تَعَالَى عَنْهُمْ and other saints رَحِمَهُمُ اللهُ تَعَالَى.

Delivery without operation

Dear Islamic brothers! Join Dawat-e-Islami, a Madani movement of the devotees of Rasool, in order to get the spiritual benefits of fast and develop the Madani mindset. Travel with its Madani Qafilahs in the company of Rasool's

devotees to learn the Sunnahs of the Holy Prophet ﷺ.

سُبْحَانَ اللَّهِ عَزَّوَجَلَّ! There are great blessings of the Sunnah-Inspiring Ijtimaa'at and Madani Qafilahs of this Madani movement. Here is a summary of the account given by an Islamic brother of Hyderabad (Bab-ul-Islam, Sindh) in his own words: In 1998, my wife was expectant; I was in a difficult situation as the doctor had declared that she may have to undergo a caesarean (operation). Meanwhile, the 3-day Sunnah-Inspiring global Ijtimaa' of Dawat-e-Islami had also approached. I intended to travel for thirty days with a Madani Qafilah in the company of Rasool's devotees after the Ijtimaa'. Prior to leaving for Multan to attend the Ijtimaa', I took my bag with me to the hospital where my family members and other relatives assured their co-operation. My wife said her farewell with tears in her eyes.

I pinned all my hopes on the Ijtimaa' and Madani Qafilah for the solution to the problem as I was too poor to afford the expenses of the operation. I prayed a lot during the Ijtimaa'. Having attended the concluding heart-rending supplication of the Ijtimaa', when I phoned home, my mother informed me happily: 'Congratulations! Allah عَزَّوَجَلَّ has blessed you with a baby girl last night without an operation.' Delighted and excited by the good news, I asked my mother whether to come home or travel for thirty days. She ordered me to travel with the

Madani Qafilah saying, 'Son, don't worry, travel for thirty days without any tension.'

Despite having a strong desire to see my new born baby girl, I travelled with the Madani Qafilah for thirty days. **اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ**! My problem was solved due to the blessing of Ijtimā' and Madani Qafilah. My family also got very impressed by the blessing of Madani Qafilah. Even my wife remarked, 'I feel safe, when you are with a Madani Qafilah.'

Operation na ho, koi uljhan na ho

Gham kay sa-ay dhalayn, Qafilay mayn chalo

Biwi bachchay sabhi, khub pa-ayn khushi

Khayriyat say rahayn, Qafilay mayn chalo

*To avoid operation and to remove tension, travel with Madani Qafilah
If you desire protection for your wife and children, travel with Madani Qafilah*

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Compensation for previous sins

Sayyiduna Abu Sa'id Khudri رَضِيَ اللَّهُ تَعَالَى عَنْهُ has narrated that the Beloved and Blessed Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: 'If anyone fasts in Ramadan realising its limits and avoiding what should be avoided, this will compensate for all his previous sins.' (Al-Ihsan bittartib Sahih Ibn Hibban, pp. 183, vol. 5, Hadees 3424)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Reward for fast

Sayyiduna Abu Hurairah رَضِيَ اللَّهُ تَعَالَى عَنْهُ has narrated that the Beloved and Blessed Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘For every act of piety, man is rewarded ten to seven hundred times more. Allah عَزَّوَجَلَّ said إِلَّا الصَّوْمَ فَإِنَّهُ لِي وَأَنَا أَجْزِي بِهِ (except fasting, because fasting is for Me and I will give its reward Myself).

Allah عَزَّوَجَلَّ also says, ‘Man refrains from satisfying his desires and eating food for My pleasure. There are two glad tidings for the man who fasts; one at the time of sunset and the other when he meets his Rab عَزَّوَجَلَّ. Allah عَزَّوَجَلَّ likes the smell emanating from a fasting person’s mouth more than the fragrance of musk.’ (Sahih Muslim, pp. 580, Hadees 1151)

There is another saying, ‘Fasting is a shield; when any of you fast, he should neither utter words of indecency nor shout. If any one else abuses him or wants to fight him, he should say ‘I am fasting.’ (Sahih Bukhari, pp. 624, vol. 1, Hadees 1894)

Special reward for fasting

Dear Islamic brothers! The foregoing blessed Ahadees mention several virtues of fasting. There is a great reward for the one who fasts abiding by Shari’ah and Sunnah, which involves

avoidance not only from eating, drinking and intercourse but also from all the sins. By the grace of Allah ﷺ such a fast will compensate for all the previous sins. Especially the Hadees which mentions the words *فَإِنَّهُ لِي وَأَنَا أَجْزِي بِهِ* (the fast is for Me and I will give its reward Myself) is very noteworthy.

According to *Tafseer-e-Na'eemi*, 'Some Muhaddisin¹ have read this Hadees in the following manner *أَنَا أَجْزِي بِهِ* which will then mean 'I am its reward.' *سُبْحَنَ اللَّهُ عَزَّوَجَلَّ* So, the fasting person finds even Allah ﷻ by fasting.

Reward for virtuous deeds is Paradise

Dear Islamic brothers! Several verses of the glorious Quran mention that the reward for virtuous deeds is Heaven. Allah ﷻ says in Surah Bayyinah (part 30, verses 7 & 8):

إِنَّ الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ ۖ أُولَٰئِكَ هُمْ خَيْرُ الْبَرِيَّةِ ﴿٧﴾ جَزَاءُ
هُم عِنْدَ رَبِّهِمْ جَنَّاتُ عَدْنٍ تَجْرِي مِنْ تَحْتِهَا الْأَنْهَارُ خَالِدِينَ فِيهَا أَبَدًا ۖ
رَضِيَ اللَّهُ عَنْهُمْ وَرَضُوا عَنْهُ ۚ ذَٰلِكَ لِمَنْ خَشِيَ رَبَّهُ ۚ ﴿٨﴾

¹ Highly knowledgeable scholars of Ahadees.

Undoubtedly, those who believed and did good deeds, are the best of creatures. Their recompense is with their Rab عَزَّوَجَلَّ, gardens of habitation, beneath which flow streams. (They would) abide therein forever, Allah عَزَّوَجَلَّ is well pleased with them and they are pleased with Allah عَزَّوَجَلَّ, this is for him who fears his Rab.

[Kanz-ul-Iman (Translation of Quran)] (Part 30, Surah Bayyinah, Ayah 7, 8)

Saying 'رَضِيَ اللَّهُ تَعَالَى عَنْهُ' with name of non-Sahabi

Dear Islamic brothers! Some people have the misconception that the phrase 'رَضِيَ اللَّهُ تَعَالَى عَنْهُ' can only be used with the name of a Sahabi (companion of the Holy Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ). The last part of the verse, 'رَضِيَ اللَّهُ عَنْهُمْ وَرَضُوا عَنْهُ' ذَلِكِ يَمُنْ خَشِيَ رَبَّهُ', has refuted this misconception, making it as clear as day that رَضِيَ اللَّهُ تَعَالَى عَنْهُ can be written with the name of any such Muslim who fears Allah عَزَّوَجَلَّ. There is no specification of companions or non-companions in this regard. It should remain clear that writing and saying رَضِيَ اللَّهُ تَعَالَى عَنْهُ for every Sahabi and Wali is quite permissible.

A Sahabi is the one who was blessed either with the company of the Beloved and Blessed Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ or who saw him in his visible life even for a moment in the state of faith, and who passed away in the state of faith either. A Wali, no matter how great he may be, cannot reach the rank of a

Sahabi. Every Sahabi is just ('Adil) and is destined to enter Heaven.

Anyhow, returning to the topic of fasting, virtues such as Salah, Hajj, Zakah, helping the poor, visiting the sick, caring for beggars etc., all lead to Heaven but fasting leads to the Creator of Heaven عَزَّوَجَلَّ.

I want owner of pearls

One day, throwing some precious pearls in front of his officers, Mahmud Ghaznawi رَحِمَهُ اللهُ تَعَالَى عَلَيْهِ said, 'Take them.' He then left them behind. A few moments later, as he turned back he saw Ayaz follow him on his horse. He asked, 'Ayaz, don't you want any pearls?' He replied, 'Your honour, those who wanted pearls are busy collecting them, it is not the pearls but the owner of the pearls that I seek.'

We belong to Rasulullah,

Heaven belongs to Rasulullah ﷺ

There is a Hadees in this regard. Sayyiduna Rabi'ah Bin Ka'b Aslami رَضِيَ اللهُ تَعَالَى عَنْهُ said, 'One day I helped the Holy Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ make Wudu. Pleased, Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ said to me, 'سَلْ رَبِّيعَةَ! [Rabi'ah ask

(you will be given what you ask for)]. I replied, ‘*أَسْأَلُكَ مُرَافَقَتَكَ فِي الْجَنَّةِ*’ (I ask you to keep me in your company in Heaven).

*Tujh say tujhi ko mang lun to sab kuch mil jaye
Saw suwalawn say yehi aik suwal achcha hay*

*To ask you for your closeness is to get everything
This plea is better than hundreds of other pleadings*

Rasoolullah *صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ* further asked, ‘*أَوْ غَيْرَ ذَلِكَ؟*’ (Anything else?), I replied, ‘Just this.’ (In other words, Ya Rasoolallah *صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ*! After seeking your closeness in Jannat-ul-Firdaus, what is left in the world and the Hereafter for me to ask for!)

*Tujh say tujhi ko mang kar mang li sari kainat
Mujh sa koi gada nahin, tujh sa koi sakhi nahin*

*By asking you for your closeness I have asked for whole universe
Like me no one is destitute, and like you no one is generous*

After Sayyiduna Rabi’ah *رَضِيَ اللهُ تَعَالَى عَنْهُ* asked for the closeness of the Beloved and Blessed Prophet *صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ* in Jannat-ul-Firdaus and declined to ask for anything else, the Prophet of Rahmah, the Intercessor of Ummah, the Owner of Jannah

صَلَّى اللّٰهُ تَعَالٰى عَلَيْهِ وَاٰلِهٖ وَسَلَّم said: 'فَاعِنِّيْ عَلَى نَفْسِكَ بِكَثْرَةِ السُّجُوْدِ' [Then help me by prostrating abundantly]. (*Sahih Muslim, pp. 253, Hadees 489*) (In other words, we have granted you Heaven, now keep offering Nafil Salah abundantly as gratitude).

Ask for anything you want!

سُبْحٰنَ اللّٰهِ عَزَّوَجَلَّ! This blessed Hadees has refreshed our faith. Sayyiduna Shaykh ‘Abdul Haq Muhaddis Dihlvi رَحْمَةُ اللّٰهِ تَعَالٰى عَلَيْهِ has said, ‘The word ‘ask’ uttered by the blessed tongue of the Holy Prophet صَلَّى اللّٰهُ تَعَالٰى عَلَيْهِ وَاٰلِهٖ وَسَلَّم without any restriction and limitation shows that he صَلَّى اللّٰهُ تَعَالٰى عَلَيْهِ وَاٰلِهٖ وَسَلَّم has complete authority given to him by Allah عَزَّوَجَلَّ. He صَلَّى اللّٰهُ تَعَالٰى عَلَيْهِ وَاٰلِهٖ وَسَلَّم can give whatever and to whomever he صَلَّى اللّٰهُ تَعَالٰى عَلَيْهِ وَاٰلِهٖ وَسَلَّم wants.’ ‘Allamah Busiri رَحْمَةُ اللّٰهِ تَعَالٰى عَلَيْهِ has written the following couplet in his famous Qasidah Burdah Shareef:

فَإِنَّ مِنْ جُودِكَ الدُّنْيَا وَضَرَّتْهَا وَمِنْ غُلُومِكَ عِلْمَ اللَّوْجِ وَالْقَلَمِ

Ya Rasoolallah صَلَّى اللّٰهُ تَعَالٰى عَلَيْهِ وَاٰلِهٖ وَسَلَّم! Both the world as well as the Hereafter are (only) a portion of your generosity. The knowledge of the Lauh-e-Mahfuz and the Pen is simply a part of your knowledge.

Agar khayriyat dunya-o-‘uqba arzu dari
Badargahash bayad-e-harcheh man khawahi tamanna kun

Necessary Islamic Rulings on Fast (Hanafi)

*If you want the goodness of the world and the Hereafter
then come to this court and ask for whatever you want*

(Ashi'at-ul-Lam'at, pp. 424-425, vol. 1)

*Khaliq-e-Kul nay ap ko Malik-e-Kul bana diya
Dawno jahan day diye qabza-o-ikhtiyar mayn*

*The Creator has made you the owner
And has given both worlds in your power*

Heavenly portal

Sayyiduna Sahl Bin ‘Abdullah رَضِيَ اللهُ تَعَالَى عَنْهُ has narrated that the Beloved and Blessed Rasool صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: “There is a portal in Heaven called Rayyan. On the Day of Judgement, this portal will be opened for those who fast (in the world); no one else will be allowed to enter through this portal. It will be announced, ‘Where are the people who used to fast?’ They will stand up and no one else will be allowed to enter through this portal. It will be closed after they enter the Heaven.’

(Sahih Bukhari, pp. 625, vol. 1, Hadees 1896)

Dear Islamic brothers! شَيْخِنَ اللَّهُ عَزَّوَجَلَّ! How fortunate the fasting Muslims are! They will be given great honour on the Day of

Judgement. There will also be other fortunate Muslims walking into Heaven, but these Muslims will be given the privilege of entering through the portal called ‘Rayyan.’

Excellence of one day’s fast

Sayyiduna Salamah Bin Qaisar رَضِيَ اللهُ تَعَالَى عَنْهُ has narrated that the Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘Anyone who fasts a day for Allah’s pleasure, Allah عَزَّوَجَلَّ will move him as far away from Hell as is the distance a baby-crow covers flying continuously until it grows old and dies.’ (*Musnad Abi Ya’la*, pp. 383, vol. 1, *Hadees* 917)

Age of crow

Dear Islamic brothers! Crows remain alive for a long time. *Ghunya-tut-Talibeen* states: ‘A crow can live up to five hundred years.’

Red rubies palace

Ameer-ul-Mu`mineen Sayyiduna ‘Umar Faruq A’zam رَضِيَ اللهُ تَعَالَى عَنْهُ has narrated that the Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘If anyone keeps even a single fast with silence and peace in Ramadan, Allah عَزَّوَجَلَّ will make for him a

palace of red rubies or green emeralds.’ (*Majma'-uz-Zawaid*, pp. 346, vol. 3, *Hadees* 4792)

Zakah of body

Sayyiduna Abu Hurayrah رَضِيَ اللهُ تَعَالَى عَنْهُ has narrated that the Holy Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘There is Zakah (charity) for everything, and the Zakah of your body is fasting, and fasting is half of patience.’ (*Sunan Ibn Majah*, pp. 347, vol. 2, *Hadees* 1745)

Even sleeping is worship

Sayyiduna ‘Abdullah Bin Abi Aufa رَضِيَ اللهُ تَعَالَى عَنْهُ has narrated that the Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘The sleeping of a fasting person is worship, his silence is Tasbih, his prayers are answered and his deeds are accepted.’

(*Shu'ab-ul-Iman*, pp. 415, vol. 3, *Hadees* 3938)

سُبْحَنَ اللّٰهُ عَزَّوَجَلَّ Did you see how fortunate a fasting person is? His sleeping is worship, his silence is Tasbih and his supplications and deeds are accepted by Allah عَزَّوَجَلَّ.

Tayray karam say ay Kareem!

Kaun si shay mili nahin

Jhawli hamari tang hay,

Tayray yahan kami nahin

*By Your grace, O Gracious, what haven't we got!
Our begging bowl is small; nothing is short in Your court*

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Tasbih of body parts

Mother of believers Sayyidatuna ‘Ayesha Siddiqah رَضِيَ اللَّهُ تَعَالَى عَنْهَا has narrated that the Prophet of Rahmah, the Intercessor of Ummah صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘If anyone is in the state of fast on the morning, the gates of the sky are opened for him, his body parts make Tasbih and the angels in the first sky pray for his forgiveness until sunset. If he offers one or two Rak’at Salah they become Noor for him in the skies. The Heavenly maidens who will be his wives say, ‘Ya Allah عَزَّوَجَلَّ send him to us, we are anxious to see him.’ If he recites لَا إِلَهَ إِلَّا اللَّهُ or سُبْحَانَ اللَّهِ لَا إِلَهَ إِلَّا اللَّهُ أَكْبَرُ, seventy thousand angels will write reward for him until sunset.’ (*Shu’ab-ul-Iman*, pp. 299, vol. 3, *Hadees 3591*)

سُبْحَانَ اللَّهِ عَزَّوَجَلَّ! Look! How fortunate a fasting person is! The gates of the sky are opened for him and the angels of the first sky pray for his forgiveness until sunset. If he offers Salah it will be light for him in the sky and the maidens of Heaven will be waiting for him anxiously. Further, if he says لَا إِلَهَ إِلَّا اللَّهُ or

اللَّهُ سُبْحَانَ اللَّهِ or أَكْبَرُ, seventy thousand angels will write reward for him until sunset.

Heavenly fruits

Sayyiduna ‘Ali كَرَّمَ اللَّهُ تَعَالَى وَجْهَهُ الْكَرِيم has narrated that the Noble Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘The one whom his fast prevents from eating or drinking what he desires, Allah عَزَّوَجَلَّ will make him eat heavenly fruits and have heavenly drinks.’

(Shu’ab-ul-Iman, pp. 410, vol. 3, Hadees 3917)

Dining mat of gold

Sayyiduna ‘Abdullah Ibn ‘Abbas رَضِيَ اللَّهُ تَعَالَى عَنْهُمَا has narrated that the Beloved and Blessed Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘On the Day of Judgement, a dining-mat made of gold will be laid for fasting people whilst other people will be waiting for their accountability.’ *(Kanz-ul-‘Ummal, pp. 214, vol. 8, Hadees 23640)*

Seven types of deeds

Sayyiduna ‘Abdullah Ibn ‘Umar رَضِيَ اللَّهُ تَعَالَى عَنْهُمَا has narrated that Rasoolullah صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: There are seven types of deeds in the court of Allah عَزَّوَجَلَّ. Two are those that necessitate (two other things) while two are such that their reward is the same; one is such that its reward is ten times; one is such that its reward is seven hundred times and the last is such that no

one except Allah عَزَّوَجَلَّ knows its exact reward. The two that necessitate two other things include:

1. If anyone meets Allah عَزَّوَجَلَّ having worshipped Him sincerely without associating a partner with Him, Heaven will become Wajib for him.
2. If anyone meets Allah عَزَّوَجَلَّ having associated a partner with Him Hell will become Wajib for him. If anyone commits a sin he will suffer the consequences of only one sin. If anyone intends to perform a good deed he will be given the reward of one deed. If anyone carries out a good deed, he will be rewarded ten times. If anyone spends (money) in the path of Allah عَزَّوَجَلَّ every dirham he spends will be equivalent to seven hundred dirhams and every dinar will be equivalent to seven hundred dinars; and fasting is for Allah عَزَّوَجَلَّ, no one except Him knows its reward. (*Kanz-ul-'Ummal*, pp. 211, vol. 8, *Hadees 23616*)

Dear Islamic brothers! Anyone who dies with faith will enter Heaven by the grace of Allah عَزَّوَجَلَّ either without being held accountable or (Allah عَزَّوَجَلَّ forbid) after suffering the punishment for his sins. Anyone who dies in the state of unbelief will remain in Hell for eternity. If anyone commits a sin he will be punished for only one sin.

Just look at the mercy of Allah ﷻ! One will be given the reward for doing a good deed for simply making the intention, and if he carries it out he will be rewarded ten times. Spending in the path of Allah ﷻ will earn him seven hundred times more reward. As for the fasting person, words cannot express his reward as only Allah ﷻ knows his reward.

Immeasurable reward

Sayyiduna Ka'b-ul-Ahbar رضى الله تعالى عنه has said: 'On the Day of Judgement an announcement will be made, 'Every man will reap what he sowed (he will be rewarded equal to his deeds) except the people of the Quran (scholars of the Quran) and those who fasted; they will be given immeasurable reward.' (*Shu'ab-ul-Iman*, pp. 413, vol. 3, *Hadees* 3928)

Dear Islamic brothers! In the Hereafter, we will reap whatever we are sowing in the world. Scholars and fasting people are very fortunate as they will be granted immeasurable reward on the Day of Judgement.

Recovery from jaundice

In order to obtain the blessings of fasting and acquire knowledge of Shari'ah, please join the Madani environment of Dawat-e-Islami, a Madani movement of devotees of Rasool.

So as to improve your character, please buy a Madani In'amaat booklet from Maktaba-tul-Madinah, fill it in daily and hand it in to the relevant responsible Islamic brother of Dawat-e-Islami in your area. Travel with Madani Qafilahs as well in the company of devotees of Rasool to learn Sunnah of the Holy Prophet ﷺ.

There are great blessings of travelling with Madani Qafilahs. An Islamic brother of Hyderabad (Bab-ul-Islam, Sindh) gave the following statement: (Probably) In 1994, my wife suffered from jaundice. She was in serious condition and was under medical treatment in her parental house in Bab-ul-Madinah, Karachi.

As I was already aware of the blessings of Madani Qafilahs, I travelled with a Madani Qafilah for sixty three days. During the Madani Qafilah, I visited Bab-ul-Madinah, Karachi. Upon phoning, I was informed that she was still in serious condition and her bilirubin had increased to an alarming level. There was no improvement in her condition in spite of 25 glucose drips being administered to her. I tried to comfort her saying that she would recover due to the blessings of the Madani Qafilah, إِنَّ شَاءَ اللَّهُ عَزَّوَجَلَّ. I remained in contact with her (during the Madani Qafilah).

الْحَمْدُ لِلَّهِ عَزَّوَجَلَّ! Her condition began to improve day by day. I was to travel out of Bab-ul-Madinah after five days. When I

phoned to ask about her health I was given the good news that the bilirubin report had been normal and the doctor also expressed satisfaction, **الْحَمْدُ لِلَّهِ عَزَّوَجَلَّ**. I glorified Allah **عَزَّوَجَلَّ** and happily travelled further with the Madani Qafilah in the company of devotees of Rasool.

Far from Hell

Sayyiduna Abu Sa'id Khudri **رَضِيَ اللَّهُ تَعَالَى عَنْهُ** has narrated that the Noble Rasool **صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ** has said: 'If any one fasts for a day in Allah's way, Allah **عَزَّوَجَلَّ** will move his face as far away from Hell as is the distance of seventy years.' (*Sahih Bukhari, pp. 265, vol. 2, Hadees 2840*)

Dear Islamic brothers! As there are countless blessings and benefits of fasting, there are also severe warnings for missing a single fast of Ramadan without a valid exemption of Shari'ah. If anyone misses a single fast in Ramadan deliberately without a valid exemption he will not be able to make up for it even if he fasts for the rest of his life.

Loss of missing one fast

Sayyiduna Abu Hurayrah **رَضِيَ اللَّهُ تَعَالَى عَنْهُ** has narrated that the Holy Prophet **صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ** has said: 'Anyone who misses one fast in Ramadan without a valid reason or without illness cannot make up for it even if he fasts for the rest of his life.' (*Sahih Bukhari, pp. 638, vol. 1, Hadees 1934*)

This means that he can never earn the blessings that lie in the fasts of Ramadan. So therefore we must not deprive ourselves of this huge blessing due to heedlessness. People who fast and then break it without a valid exemption must fear the wrath of Allah عَزَّوَجَلَّ.

People hanging upside down

Sayyiduna Abu Umamah Bahili رَضِيَ اللهُ تَعَالَى عَنْهُ has narrated that he heard the Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ say: ‘Whilst I was asleep two persons came to me and took me to a mountain. When I got to the middle of the mountain, I heard terrifying sounds. Upon asking about the sounds, I was told, ‘These are the voices of the people in Hell.’ I proceeded further and saw people who were tied upside down with the veins of their own ankles; their jaws had been torn apart and were bleeding. I asked as to who they were and I was told, ‘They used to break their fast before its due time.’ *(Al-Ihsan bittartib Sahih Ibn Hibban, pp. 286, vol. 9, Hadees 7448)*

Dear Islamic brothers! Breaking a fast in Ramadan without a valid exemption is a major sin. This Hadees refers to the punishment of the people who fast but then break their fast deliberately before sunset without a valid exemption. Likewise, there is severe punishment of Hell for those who do not fast at all in Ramadan without valid exemption.

May Allah ﷺ protect us from His wrath for the sake of His Beloved Rasool ﷺ!

آمِينَ بِجَاهِ النَّبِيِّ الْأَمِينِ صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Three unfortunate people

Sayyiduna Jabir Bin ‘Abdullah رَضِيَ اللَّهُ تَعَالَى عَنْهُمَا has narrated that the Prophet of mankind, the Peace of our heart and mind, the most Generous and Kind صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘The one who finds Ramadan but does not fast is unfortunate; the one who has both of his parents or any one of them but does not treat them well is unfortunate; the one who hears me being mentioned but does not recite Salat is unfortunate.’ (*Majma’-uz-Zawaid*, pp. 340, vol. 3, Hadees 4773)

Disgrace

Sayyiduna Abu Hurayrah رَضِيَ اللَّهُ تَعَالَى عَنْهُ has narrated that Rasoolullah صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said: ‘May the person who hears me being mentioned but does not recite Salat upon me be disgraced! May the person who finds Ramadan but is not forgiven before it departs be disgraced! May the person who has old parents but does not enter Heaven by (respecting and

serving) them be disgraced!’ (*Musnad Imam Ahmad, pp. 61, vol. 3, Hadees 7455*)

Three levels of fasting

Dear Islamic brothers! Though the apparent precondition of fast is to abstain from deliberately eating, drinking and intercourse, there are also some manners of fasting which we must get to know so that we can succeed in acquiring all the blessings of fasting. There are three degrees of fasting:

1. The fast of common people.
2. The fast of the pious.
3. The fast of the ascetic.

1. Fast of common people

The literal meaning of fast is ‘to abstain’ while by Shari’ah, it implies to abstain from deliberately eating, drinking and intercourse from dawn (Subh-e-Sadiq) to sunset. This is called the fast of the common people.

2. Fast of the pious

In addition to abstaining from eating, drinking and intercourse avoiding all types of evils is the fast of the pious people.

3. Fast of the ascetic

To refrain from all the worldly activities and devote oneself completely to the worship of Allah ﷻ is the fast of the ascetic.

Dear Islamic brothers! In addition to abstaining from eating and drinking, we must also prevent all of our body parts from sins.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ