

وُضُو کا ثواب

Wuzu ka Sawab

The Reward of Wudu (Ablution)

THIS booklet was presented by Al-Madinah-tul-‘Ilmiyyah in Urdu. **Translation Department** (Dawat-e-Islami) has translated it into English. If you find any mistake in the translation or composing, please inform the Translation Department on the following postal or email address with the intention of earning reward [Sawab].

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The Rewards of Wudu (Ablution)

The English translation of 'Wuzu ka Sawab'



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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَتَابَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Du'a for Reading the Book

Read the following Du'a (supplication) before you study a religious book or an Islamic lesson, you will remember whatever you study, **إِنْ شَاءَ اللَّهُ**:

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَانْشُرْ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Translation

O Allah **عَزَّوَجَلَّ**! Open the door of knowledge and wisdom for us, and have mercy on us! O the One Who is the Most Honourable and Glorious! (*Al-Mustatraf, vol. 1, pp. 40*)

Note:

Recite Salat upon the Holy Prophet ﷺ once before and after the Du'a.

Table of Contents

Du'a for Reading the Book	iii
The Reward of Wudu (Ablution)	1
Du'a of Attar	1
Virtue of Salat upon the Prophet	1
The Fountain of Kawsar	1
The Blessings of Remaining in the State of Wudu	4
Always remaining in a state of Wudu is a way to attain the rank of martyrdom:	4
Cleanliness of the heart	5
A cure for inferiority complex	6
Six merits of Wudu	7
1. Wudu wipes away sins	7
2. The foreheads of those who performed Wudu will be shining on the Day of Judgement	7
3. Making proper Wudu in times of hardship is a cause for increase in rank	8
4. Ten virtuous deeds for performing Wudu when already in a state of Wudu	8

5. Praying two Rak'at [Units of Prayer] after Wudu is an act that necessitates [entry to] Paradise.....	8
6. The one who sleeps with Wudu has good news that his desire will be fulfilled	9
The worldly benefits and wisdoms of Wudu.....	9
The wisdom in washing the hands.....	10
12 Blessings of Miswak	10
Medical benefits of Miswak according to science	11
Medical benefits of rinsing the mouth and gargling.....	12
Medical benefits of rinsing the nose.....	13
Medical benefits of washing the face.....	14
Wudu and high blood pressure	14
Wudu and paralysis.....	14
Make an area for Wudu in the house.....	15
Construction plan for building a Wudu area.....	15

أَلْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
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The Reward of Wudu (Ablution)

Du'a of Attar

‘O Allah, whoever reads or listens to the 16 pages of the booklet, ‘*The reward of Wudu*’, purge his book of deeds from sins.’

اٰمِيْنُ بِجَاہِ النَّبِيِّ الْاَوْيْنِ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

Virtue of Salat upon the Prophet ﷺ

It is the saying of the holy Prophet ﷺ: ‘On the Day of Judgement, the nearest to me will be the one who sent the most Salat upon me.’ (Tirmizi, vol. 2, p. 27, Hadees 484)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

The Fountain of Kawsar

[Once] The Final Messenger of Allah ﷺ visited a graveyard and said: ‘Peace be upon you! O the household of the believing people! If Allah عَزَّوَجَلَّ wills, we will meet you soon. I wish that we had seen our brothers.’ The noble companions

The Reward of Wudu (Ablution)

رضي الله عنهم said: ‘O Messenger of Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ! Are we not your brothers?’ He صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: ‘You are my companions, and our brothers are those people who have not been born yet.’ The noble companions رضي الله عنهم said: ‘How will you recognise those who have not been born yet?’ The Messenger of Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ replied: ‘What do you think, if someone has his white legged horses with white foreheads amid black horses, would he not recognise his horses?’ They said: ‘Certainly, O Messenger of Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ!’ He said: ‘When they will come to my pond, the limbs of those people will be shining due to Wudu, and I will be there at the pond of Kawsar to welcome them.’ (Muslim, p. 123, Hadees 584)

Dear Islamic brothers, every sane person knows very well that cleanliness increases one’s dignity, while uncleanness diminishes one’s respect and dignity. Just as Islam has bestowed honour and exaltation by purifying humans from the impurities of disbelief and polytheism, similarly, it also teaches us of outward cleanliness and purity. Whether it be the purity of the body or the cleanliness of clothes, Islam teaches and encourages us to keep everything pure and clean. Allah Almighty says in the second Juzz [part of the Quran], Surah Al-Baqarah, verse 222:

إِنَّ اللَّهَ يُحِبُّ التَّوَّابِينَ وَيُحِبُّ الْمُتَطَهِّرِينَ

Indeed, Allah loves those who repent abundantly and loves those

who purify themselves.

[Kanz-ul-Iman (translation of Quran)] (Part 2, Surah Al-Baqarah, Verse 222)

Similar prophetic traditions also shed light on the importance of cleanliness and purity. Let us read three of the sayings of the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ:

1. الطُّهُورُ نِصْفُ الْإِيمَانِ Translation: 'Cleanliness is half of faith. (Tirmizi, vol. 5, p. 308, Hadees 3530)
2. Indeed, Islam is a clean and pure religion. Therefore, you should acquire cleanliness, because only the one who stays clean will enter Paradise. (Kanz-ul-Ummal, juzz 9, vol. 5, p. 123, Hadees 25996)
3. Whatever you obtain, obtain cleanliness from it. Allah Almighty has based the foundation of Islam on cleanliness, and only those who stay clean will enter Paradise. (Jam'a-ul-Jawam'ih, vol. 4, p. 115, Hadees 10624)

Dear Islamic brothers, we should try to keep ourselves clean of any filth and dirt. We can avoid a lot of bodily diseases by observing cleanliness and save numerous trips to the doctors. To remain in a state of Wudu is undoubtedly an excellent way to keep clean and maintain good health.

In the noble Quran, Allah Almighty has specifically mentioned some of the parts that are washed during Wudu: It is mentioned in part 6, Surah Al-Ma'idah, verse 6:

The Reward of Wudu (Ablution)

يَا أَيُّهَا الَّذِينَ آمَنُوا إِذَا قُمْتُمْ إِلَى الصَّلَاةِ فَاغْسِلُوا وُجُوهَكُمْ وَأَيْدِيَكُمْ
إِلَى الْمَرَافِقِ وَامْسَحُوا بِرُءُوسِكُمْ وَأَرْجُلَكُمْ إِلَى الْكَعْبَيْنِ وَإِنْ
كُنْتُمْ جُنُبًا فَاطَّهَّرُوا^ط

O believers! When you intend to stand up for prayer; so, wash your faces, and your hands up to (i.e. including) the elbows, and pass wet hands (i.e. perform Massah - wipe) over your heads and wash your feet up to (i.e. including) the ankles. And if you need to have an obligatory bath; so, clean yourselves thoroughly,

[Kanz-ul-Iman (translation of Quran)] (Part 6, Surah Al-Ma'idah, Verse 6)

The Blessings of Remaining in the State of Wudu

Always remaining in a state of Wudu is a way to attain the rank of martyrdom:

The Beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said to Sayyiduna Anas رَضِيَ اللهُ عَنْهُ: ‘Son, if you are able to remain in the state of Wudu all the time, then do so, because the person whose soul is taken away in a state of Wudu by the angel of death has martyrdom written for him.’ (Kanz-ul-Ummal, juzz 9, vol. 5, p. 130, Hadees 26061)

My master, the Imam of Ahl-us-Sunnah, Maulana Shah Imam Ahmad Raza Khan رَحِمَهُ اللهُ عَلَيْهِ writes: ‘Always remaining in the

state of Wudu is Mustahab (desirable).’ (*Fatawa Razawiyyah, vol. 1, p. 702*)

He says at another occasion: ‘Always remaining in the state of Wudu is a Sunnah of Islam. (*Fatawa Razawiyyah, vol. 1, p. 702*)

Some saints have said: ‘Anyone who remains in a state of Wudu all the time, Allah Almighty grants him seven blessings:

1. The angels desire his company;
2. The pen continuously writes his good deeds;
3. His body parts praise Allah;
4. He will not miss the first Takbeer [of Salah];
5. When he sleeps, Allah عَزَّوَجَلَّ sends angels to protect him from the evil of humans and jinns;
6. The pangs of death (difficulties while dying) are made easy for him;
7. For as long as he is in a state of Wudu, he is under the protection of Allah Almighty. (*Fatawa Razawiyyah, vol. 1, p. 702*)

Cleanliness of the heart

Mufti Ahmad Yar Khan Na’eemi رَحْمَةُ اللَّهِ عَلَيْهِ said: ‘Some saints say that to be in clean clothes, to sleep on a clean bed and to

always remain in a state of Wudu is a way to acquire the cleanliness of the heart. (*Mirat Al-Manajih, vol. 1, p. 468*)

A cure for inferiority complex

Dear Islamic brothers, acquire the habit of always remaining in a state of Wudu, because just as this brings a lot of blessings and benefits, at the same time, it also relieves a person from inferiority complex. (*Haafizah kaysay mazboot ho?, pp. 95-96*)

Shaykh-e-Tareeqat, Ameer-e-Ahl-e-Sunnat, the Founder of Dawat-e-Islami, ‘Allamah Maulana Muhammad Ilyas Attar Qadiri Razavi دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةَ has bestowed all the Muslims with the gift of ‘72 Pious Actions’; anyone who acts on them sincerely for the sake of Allah Almighty can surely become a pious Muslim. Encouraging the reader to remain in a state of Wudu for most part of the day, he دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةَ says under the pious action no. 39: ‘Did you remain in a state of Wudu for most part of the day?’

Make it a habit to daily conduct self-accountability of yourself by filling in the *Pious Actions*’ booklet. On the first day of every Islamic month, submit it to the representative [of Dawat-e-Islami] in charge. Moreover, to learn the Sunnahs of the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ, you should travel in the Sunnah-enriched Qafilahs with the devotees of the Prophet for at least three days every month; along with your body and clothes, this will purify and clean your conduct and character too, إِنْ شَاءَ اللهُ.

*Ker lo niyyat khoob Koshish ker kay ham apna 'amal
Madani in'amaat per her dam berhatay jayen gay*

*Ker lo niyyat sunnaton ki tarbiyyat kay wasitay
Qafiloon mayn ham safar kertay karatay jayen gay*

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Six merits of Wudu

1. Wudu wipes away sins

The Final Prophet of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: ‘When someone performs Wudu and rinses his mouth, sins leave from his mouth. When he inserts water into his nose, sins leave from his nose. When he washes his face, sins leave from his face—even from beneath his eyelashes. When he washes his hands, sins leave from his hands—even from beneath his fingernails. When he wipes his head, sins leave from his head—even from his ears. When he washes his feet, sins leave from his feet—even from beneath his toenails. Then his walking to the Masjid and his Salah is extra merit for him.’ (Nisai, p. 25, Hadees 103)

2. The foreheads of those who performed Wudu will be shining on the Day of Judgement

The Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: ‘My Ummah will be called out

The Reward of Wudu (Ablution)

on the Day of Judgement, and their foreheads and feet will be shining from the traces of Wudu. So, whoever amongst you is able to increase his brightness, let him do so.’ (*Bukhari, vol. 1, p. 71, Hadees 136*)

3. Making proper Wudu in times of hardship is a cause for increase in rank

The Prophet ﷺ said: ‘Should I not suggest to you that by which Allah عزوجل removes sins and elevates ranks?’ The companions رضى الله عنهم said: ‘Yes, O Messenger of Allah ﷺ.’ He ﷺ said: ‘Performing Wudu well in difficulty, an increase of more paces towards the Masjid and waiting for the next prayer after observing a prayer; that is the fort for protection from sins.’ (*Muslim, p.123, Hadees 587*)

4. Ten virtuous deeds for performing Wudu when already in a state of Wudu

The intercessor of us sinners, the Beloved Prophet ﷺ said: ‘Ten virtuous deeds will be written for whoever performs *wudu* when already in a state of Wudu.’ (*Abu Dawood, vol. 1, p. 56, Hadees 62*)

5. Praying two Rak’at [Units of Prayer] after Wudu is an act that necessitates [entry to] Paradise

The Prophet ﷺ said: ‘Whoever performs Wudu

well and prays two Rak'ahs [units of prayer] whilst engaged in them with his heart and face, [entry to] Paradise is necessitated for him.' *(Muslim, p. 118, Hadees 553)*

6. The one who sleeps with Wudu has good news that his desire will be fulfilled

The truthful Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: 'Whoever has Wudu while going to bed remembering Allah Almighty until he is overcome by drowsiness, Allah Almighty will bless him with whatever good of the world and Hereafter he asks for from Allah at any moment of the night.' *(Tirmizi, vol. 5, p. 311, Hadees 3537)*

The worldly benefits and wisdoms of Wudu

Dear Islamic brothers, fortunate and blessed Muslims are punctual in their prayers. The Wudu before the prayer is a way to earn a lot of worldly benefits along with its rewards in the afterlife.

Have you ever pondered over why Wudu begins with the washing of hands? Allow me to tell you. We do all kinds of work with our hands throughout the day, due to which our hands contract a lot of germs, and if we do not keep our hands clean, these germs may reach our stomach. During the Wudu, after making the intention and reciting بِسْمِ اللَّهِ, both hands are washed thrice till the wrists. When we do this with the

The Reward of Wudu (Ablution)

intention of acting upon the Sunnah, we get the reward for acting upon a Sunnah and also gain protection against germs and numerous diseases as well.

The wisdom in washing the hands

(According to doctors,) when different things come into contact with our hands, they leave chemical particles and germs on our hands, and if we do not wash our hands the whole day, our hands can soon contract skin problems, such as heat rashes, swollen skin, eczema, fungi diseases, change in skin colour, etc. When we wash our hands, the pores in our fingers emit rays and create a circle that activates our internal electrical system and beautifies our hands. Moreover, our hands are protected from skin infections. (*Wudu aur science, p. 10, summarised*)

12 Blessings of Miswak

Using the *Miswak* is a great Sunnah of Wudu, which has great wisdom behind it and entails a lot of benefits in this world and the Hereafter. ‘Allamah Sayyid Ahmad Tahtaawi Hanafi رحمته اللہ علیہ transmits:

- ❖ ‘Make using the Miswak necessary and do not become negligent in this regard. Always use it, because it pleases Allah Almighty.

- ❖ Always using the Miswak makes subsistence easier and brings blessings to it.
- ❖ It prevents headaches.
- ❖ It prevents [excessive build-up of] phlegm.
- ❖ It enhances eyesight.
- ❖ It keeps the stomach healthy.
- ❖ It strengthens memory and enhances intellect.
- ❖ It augments one's good deeds.
- ❖ It pleases the angels.
- ❖ It delays old age.
- ❖ It strengthens the back.
- ❖ It eases the difficulties of death and reminds one of the Kalimah at the time of death. (*Haashiya Tahtaawi, p. 69, summarised; Miswak Shareef kay Fazaail, p. 19*)

Scholars have written a lot of benefits of Miswak in their books, but modern science has researched on Miswak and discovered astonishing facts about it.

Medical benefits of Miswak according to science

- ❖ According to a famous American company, Miswak has

20% more capability in removing bacteria compared to any other way.

- ❖ According to a research of scientists in Sweden, the bristles of Miswak directly eradicate the bacteria without coming into contact, and they protect the teeth from numerous diseases.
- ❖ According to the research published by the US Library of Medicine, if Miswak is used properly, it is a great way of cleaning the mouth and teeth. Hence, it is an excellent way of keeping the gums healthy.
- ❖ According to one research, people who habitually use the Miswak are less prone to experience bleeding gums.

Dear Islamic brothers, the mouth is an important part of our body. We use it to eat food and drink water. Using the same mouth, we gain the honour of reciting the Quran, Na't [praise of the Prophet ﷺ] and eulogies of saints and scholars. **اَلْحَمْدُ لِلّٰهِ**, through the blessing of rinsing and gargling the mouth during Wudu, it remains clean and pure, and it protects us from a lot of diseases.

Medical benefits of rinsing the mouth and gargling

Countless dangerous germs and food particles get into our mouth through the air and stick to our teeth with saliva. If proper cleansing by using a Miswak and rinsing the mouth are

not performed during the Wudu, dangerous diseases can be contracted. If we are not fasting, then along with rinsing the mouth, it is Sunnah to gargle. Anyone who gargles regularly remains safe from tonsillitis, tonsillar diseases and many other diseases of the throat, including pharyngeal [throat] cancer.

Medical benefits of rinsing the nose

Medically, it is very beneficial to rinse your nose during Wudu, and this offers protection from a lot of diseases. Nasal rinsing is very beneficial for people who have constant flu and nasal sores. Moreover, experts of hydrotherapy—people who treat illnesses using water—believe that nasal rinsing improves eyesight.

Dear Islamic brothers, some people use expensive creams and different remedies in order to treat blackheads, pimples, make their face appear fresh and give it an artificial refulgence. Remember, using such remedies and applying expensive creams only brighten your face temporarily. After some time, they cause wrinkles, pimples, blackheads and strange moles to appear on your face, which can cause a lot of pain. Instead of beautifying the face, they mar the face to a great degree. Wudu is a great way to make the face look beautiful and fresh; moreover, not only does it make the face glow, but its blessings entail numerous medical benefits.

Medical benefits of washing the face

Washing the face three times not only relaxes the mind, but it also brightens the face and softens the facial skin. It cleans the dirt, freshens the face and makes it more attractive. Furthermore, the eye tissues are strengthened, and the eyes appear more beautiful. A European doctor wrote an article named 'Eye Water Health'. In this article, he emphasises that the eyes should be washed repetitively throughout the day, otherwise one may have to confront dangerous diseases.

Day shoq-e-tilawat day zauq-e-'ibadat

Rahun ba-wuzu mayn sada ya Ilahi

(Wasail-e-Bakhshish, amended, p. 102)

Wudu and high blood pressure

A heart specialist authoritatively said: 'A patient suffering from high blood pressure should perform Wudu. Then, check the blood pressure; it will definitely be lower.' A Muslim psychologist said: 'The best cure for mental illnesses is Wudu (ablution).' Western psychologists make their patients wash their body, as done in Wudu, numerous times on a daily basis.

(Wudu aur science, p. 3)

Wudu and paralysis

During Wudu, to wash the body parts that are washed and to do so in the prescribed order is not void of wisdom. Washing

hands in the beginning activates the nervous system and its effects slowly permeate to the nerves of the face and brain. The sequence of washing the hands first, then rinsing the mouth, then rinsing the nose, then washing the face and then washing other parts is helpful in preventing paralysis. If one starts with washing the face and wiping the head, it may lead to some bodily diseases. (*Wudu aur science, p. 3*)

Make an area for Wudu in the house

Nowadays, people make Wudu in their basin while standing, which is against the preferred way. Unfortunately, people build luxurious houses full of every comfort, but they do not build an area for Wudu. It is a Madani request to my Islamic brothers who are enthusiastic about observing Sunnahs that they should make at least a single-tap Wudu area. Note that the tap water should flow onto a slope [and into the strainer] rather than falling directly on the floor. This is because if, for example, the gums bleed, there is the issue of sprinkles falling onto the body. If you want to build a Wudu area complying with all the precautions, you can consult the blueprint given at the end of this booklet. In a pit latrine, when water is used to wash the private parts, sprinkles of water usually splash onto the ankles; therefore, it is better to wash the feet after using a pit latrine.

Construction plan for building a Wudu area

The length for a one-tap Wudu area should be 42.5 inches. Its

The Reward of Wudu (Ablution)

width should be 49.75 inches, and its height from the ground should be 14.75 inches. On top of it should be an elevated seat with a height of 7.5 inches and a width of 32.5 inches that stretches from one end to the other, just like the steps. The distance of this seat should be 25 inches from the wall in front. There should be a slope in front of the platform with a drain no wider than 7.5 inches. The place for resting the feet should be a little more than the length of feet: approximately 11.25 inches. The area in front of this should be 4.5 inches and rough-edged so that the feet can be rubbed against it to get the dirt out (especially in the winter). There should be an 'L' or 'U' shaped mixer tap fitted 32 inches above the drain. The tap should be fitted in a way so that the water falls onto the slope and makes it easy for you to prevent from any impurities, like blood from the gums falling back onto you. The Masajid should also construct Wudu areas in the same way in accordance with their need.

Note: If tiles are fitted, then at least the ones fitted on the slope should be white. This way, if the teeth bleed after using Miswak, the blood will be easily visible.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Note: For more information, read the booklet, 'The Method of Wudu', by Ameer Ahl-e-Sunnat داعية بركاتهم في العالم.