

بخار کے بارے میں معلومات

Bukhar kay baray mayn Ma'loomat

The Virtues of Fever

THIS booklet was presented in Urdu by Majlis Al-Madina-tul-'Ilmiyyah. **Translation Department (Dawat-e-Islami)** has translated it into English. If you find any mistake in the translation or composing, please inform the Translation Department on the following postal or email address with the intention of earning reward [Sawab].

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The Virtues of Fever
An English translation of 'Bukhar kay baray mayn Ma'loomat'



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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَتَابَعْتُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Du'a for Reading the Book

Read the following Du'a (supplication) before you study a religious book or an Islamic lesson, you will remember whatever you study, **إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ**,

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَأَنْشُرْ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Translation

O Allah **عَزَّوَجَلَّ**! Open the doors of knowledge and wisdom for us, and have mercy on us! O the One Who is the Most Glorious and Honourable! (*Al-Mustatraf, vol. 1, p. 40*)

Note:

Recite Salat upon the prophet ﷺ once before and after the Du'a.

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The Virtues of Fever

Supplication of Ameer of Ahl-Al-Sunnah

O Lord of Mustafa! Whosoever reads or listens to the 27 pages of the booklet, ‘**The Virtues of Fever**’, protect them from complaining whilst ill, give them the ability to be content with Your will and forgive them without accountability.

أَمِينَ بِجَاهِ النَّبِيِّ الْأَمِينِ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

Virtue of Reciting Salat Upon the Prophet ﷺ

The son of A’la Hadrat, Hujjat-ul-Islam, Maulana Haamid Raza Khan رَحْمَةُ اللَّهِ عَلَيْهِ was a great scholar, devotee of the Prophet, devotee of the noble companions, lover of the friends of Allah and a lover of sending Salat upon the Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. Whenever he would find free time from learning and teaching, he would busy himself in sending Salat upon the Beloved Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. A tumour grew on his blessed body for which he had to have an operation. The doctor wanted to administer a sedative but he refused. Instead, he busied himself in sending Salat upon the Prophet and stayed awake during the three-hour operation. By the blessings of sending Salat upon

The Virtues of Fever

the Prophet, he did not show any signs of pain or discomfort.
(*Tazkirah-e-Mashaikh Qadiriyyah Razawiyyah*, p. 485, summarised)

The son of A'la Hadrat, Maulana Haamid Raza Khan رَحْمَةُ اللهِ عَلَيْهِ
writes in his book of poetry “Bayaz-e-Pak”:

*Shakeb-e-Dil Qarar-e-Jaa Muhammad Mustafa Tum Ho
Tabeeb-e-Dard-e-Dil Tum Ho Mere Dil Ki Dawa Tum Ho
Ghareebo Dard Mando Ki Dawaa Tum Ho Du'a Tum Ho
Faqeerohn Be Nawa`o Ki Sada Tum Ho Nida Tum Ho
Anaa Min Haamid-Wa-Haamid Raza Minni Ke Jalwa`on Se
بِحَدِيثِهِ Raza Haamid Hayn Aur Haamid Raza Tum Ho*

(*Bayaz-e-Pak*, pp. 13-15)

صَلُّوا عَلَيَّ الْحَبِيبِ صَلَّى اللهُ عَلَيَّ مُحَمَّدٍ

What is a Fever?

Dear Islamic brothers! On page 20 of the Jumad-ul-Ukhra, 1438 AH edition of the monthly magazine Faizan-e-Madina, it is stated: A fever occurs because of a bodily infection. Due to this, the immune system reacts and the white cells begin to fight against it, causing the body temperature to rise. This is known as a fever. If the temperature rises above 102°F (38.9°C), then it is a severe fever. (*Mahnamah Faizan-e-Madinah Jumad-ul-Ukhra 1438 Hijri*)

Who was the first to have a fever?

The Beloved and final Messenger of Allah Almighty, Sayyiduna Muhammad صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has stated: When Sayyiduna Nuh عَلَيْهِ السَّلَام boarded a pair of everything onto the boat, his companions said to him, ‘How can we be at ease when there is a lion travelling with us?’ Therefore, Allah Almighty imposed a fever upon the lion; it was the first thing on earth to be affected by a fever. The people then said that the mouse was ruining their food and belongings. So, Allah Almighty placed a thought in the lion’s heart, thus, it sneezed and a cat appeared which caused the mouse to sit in one place out of fear. (*Tafseer Durr-e-Mansoor, vol. 4, p. 428*)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Dear Islamic brothers! When we are tested by Allah Almighty, we must remain patient for His sake, because regularly being affected by physical illnesses is a means of the Mercy of Allah Almighty descending, and sometimes, by means of this, the sins of the sinful are removed. Allamah Jalal-ul-Din Suyuti Shafi’i رَحِمَهُ اللهُ عَلَيْهِ writes: In the 16th part of the Quran, Surah Maryam, verse 71, it is mentioned:

وَإِنْ مِنْكُمْ إِلَّا وَارِدُهَا كَانَ عَلَى رَبِّكَ حَتْمًا مَقْضِيًّا ﴿٧١﴾

The Virtues of Fever

And there is no one amongst you who shall not cross over Hell; this is inevitably a decided matter upon the responsibility (of the Generosity) of your Lord.

[Kanz-ul-Iman (translation of Quran)] (Part 16, Surah Maryam, verse 71)

In the commentary of this verse, an esteemed personality from the Taabi'in, the Quranic commentator, Sayyiduna Imam Mujahid رَحْمَةُ اللهِ عَلَيْهِ states: The meaning of a believer entering the Hellfire is that he will suffer from a fever. (*Kashf-ul-Ghummah fi Faal-il-Humma, p. 8*)

One Cause of Fever

The companion of the Beloved Prophet, Sayyiduna Abu Hurayrah رَضِيَ اللهُ عَنْهُ narrates: I was with the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ and we visited an individual who was suffering from a fever. He صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said to the sick person: Congratulations to you, for Allah Almighty says, 'Fever is My fire, I inflict My believing slave with it in this world, so that it is a substitute for the fire of Hell in the Hereafter.' (*Ibn-e-Majah, vol. 4, p. 105, Hadith 3470*)

The illness of sins

After seeing the companion of the Prophet, Sayyiduna Abu Darda رَضِيَ اللهُ عَنْهُ suffering from an illness, someone asked, 'What illness are you afflicted with?' To which, he (out of humility) replied, 'The illness of sins.' It was said, 'What do you desire?' He replied, 'For my sins to be forgiven.' The people said,

‘Should we call a doctor for you?’ He رضي الله عنه said, ‘The Tabib (i.e. Allah Almighty) is the one who caused me to fall ill.’

(Qoot-ul-Quloob, vol. 2, p. 36)

What is more severe than the illness of sins?

What can be said of the humility of the companion of the Prophet, Sayyiduna Abu Darda رضي الله عنه? There is an important lesson for us in this narration, because in reality, the illness that can truly destroy and ruin us is ‘the illness of sins’.

A pious person رحمته الله عليه once asked someone, ‘How were you without me?’ He replied, ‘I lived peacefully.’ The pious man رحمته الله عليه said, ‘If you did not disobey Allah Almighty then you lived in safety but if you disobeyed Allah, then what greater illness is there than sins, for there is no safety for the one who disobeys Allah.’ *(Ihya-ul-‘Uloom, vol. 4, p. 358)*

Ye tera jism jo bimaar hay tashweesh na kar

Ye marz teray gunahoon ko mitaa jata hai

Asal barbaad kun amraaz, gunahoon kay hayn

Bhai kyoun is ko faramoosh kiya jata hay

(Wasail-e-Bakhshish, p. 432)

The one who dies from a fever is a martyr

Dear Islamic brothers! Bodily diseases are a cause of the forgiveness of sins and elevation of ranks. Alas! We make

many plans to protect ourselves from physical diseases, but only if we attempted to protect ourselves from the illness of sins too. We are fearful of the corona virus, dengue virus, malaria, TB, cancer, strokes and other deadly illnesses, whereas the disease of sins is much more lethal.

Let alone committing a sin, we should be fearful of even thinking about sins, because physical illnesses will, at most, take your life, whereas the illness of sins can ruin your faith. To gain the pleasure of Allah Almighty, we must remain patient when facing physical diseases so that we may acquire reward and even the rank of a martyr. It is mentioned in a Hadith regarding this that the one who dies during a fever is a martyr.

(Kanz-ul-'Ummal, vol. 2, p. 178)

Dear Islamic brothers! A fever is a common illness, and it is likely that everyone has experienced a fever. Read some narrations of the Prophet ﷺ ahead regarding fever and instead of complaining when struck with such an illness, remain content with the will of Allah Almighty, be patient and become deserving of great reward.

Eight narrations of the final Messenger of Allah ﷺ

1. If someone has a persistent fever and headache, and possesses sins the size of Mount Uhud, when he is cured of that illness, even a sin the size of a mustard seed no longer remains. *(Attargheeb Wattarheeb, vol. 4, p. 151, Raqm 67)*

2. Whosoever suffers from a fever for one night and he remains patient and content with the will of Allah, he leaves his sins like the day his mother gave birth to him. *(Shu'ab-ul-Iman, vol. 7, p. 167, Hadith 9868)*
3. Fever is from the raging of the Hellfire, and it is a portion of the Hellfire for a believer. *(Attargheeb Wattarheeb, vol. 4, p. 153, Hadith 83)*
4. Fever is the furnace of the Hellfire; therefore, whatever amount reaches him, it is his portion from the Hellfire. *(Musnad Imam Ahmad, vol. 8, p. 275, Hadith 22227)*
5. Allah Almighty forgives all the previous sins of the believer who spends one night suffering from a fever. *(Attargheeb Wattarheeb, vol. 4, p. 153, Hadith 78)*
6. For as long as the one suffering from a fever has pain in his feet and his veins keep on throbbing, he will continue to gain reward in return for it. *(Jannat mayn lay jaanay walay A'maal, p. 616)*
7. When a believer is affected by a fever or heatstroke, he is like iron that has been put into a fire; it removes its rust, and leaves it in a good state. *(Mustadrak, vol. 4, p. 536, Hadith 5880)*
8. Do not curse fever, for it erases sins just as fire removes impurity from iron. *(Ibn-e-Majah, vol. 4, p. 104, Hadith 3469)*

Teaching Hadith is a means of being cured

Muhaddis A'zam Pakistan, Maulana Sardar Ahmad رَحْمَةُ اللهِ عَلَيْهِ once stated, 'When people fall ill, have a fever or headache, they consume medicine, but when I feel pain, I teach the Hadith of Mustafa صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ, which gives me relief.' (*Hayat Muhaddis A'zam, p. 153*)

Jis ko marz-e-ishq nahin hay woi hay beemar

Acha to wahi hay jo hay beemar tumhara

Har waqt taraqi pe rahain dard-e-mahabbat

Changa na ho mawla kabhi beemar tumhara

(Qabalah Bakhshish, p. 47)

صَلُّوا عَلَيَّ الْحَبِيبِ صَلَّى اللهُ عَلَيَّ مُحَمَّدٍ

Is it good to never fall ill?

Some people had gathered near the companion of the Prophet, Sayyiduna Abu al-Yaqzaan Ammar Bin Yaasir رَضِيَ اللهُ عَنْهُمَا, and sat around him in a circle whilst discussing an illness. A villager then said proudly, 'I have never been ill.' As soon as he رَضِيَ اللهُ عَنْهُ heard this, he said, 'Then you are not from amongst us, because the one who has complete faith is tested with difficulties, and his sins are removed in the way a tree sheds its leaves.' (*Shu'ab-ul-Iman, vol. 7, p. 178, Hadith 9913*)

Blessed Ailments

My Master, A'la Hadrat, Imam-e-Ahl-e-Sunnat, Maulana Shah Imam Ahmad Raza Khan رَحْمَةُ اللهِ عَلَيْهِ has stated: Headaches and fevers are those blessed illnesses that affected the noble Prophets عَلَيْهِمُ الصَّلَاةُ وَالسَّلَامُ. (*Malfuzaat-e-A'la Hadrat, p. 118*)

If you do not fall ill within a period of 40 days...?

O devotees of the Prophet! A'la Hadrat, Imam Ahmad Raza Khan رَحْمَةُ اللهِ عَلَيْهِ states: Sometimes, the body is affected by a light fever, headache, flu and other illnesses. Remember, these are not afflictions, rather, they are a blessing, and not being affected by these ailments is an affliction. If no illness or difficulty afflicted the pious men of Allah for 40 days, they would repent and seek forgiveness, lest they have been given respite (meaning, just as sinners are given respite due to sins, may it not be the case that we are also treated in this way).

(*Fazaail-e-Du'a, p. 173*)

No goodness or virtue

O devotees of the Awliya! If the pious predecessors رَحْمَةُ اللهِ عَلَيْهِمُ were not affected by a difficulty in their life or wealth in a certain year, they would become worried and say, 'A believer is certainly faced with an distressing situation or trial every 40 days.' Sayyiduna Dahhaak رَحْمَةُ اللهِ عَلَيْهِ said, 'The person who is not afflicted with grief or pain in one night from forty nights, in

the sight of Allah Almighty, there is no goodness or virtue for him.’ (*Mukashafa-tul-Quloob*, p. 15)

Wo keh aafaat mayn muftala hayn

Jo giraftar-e-ranj-o-bala hayn

Fazl se un ko sabr-o-riza ki

Mere mawla to khairaat day de

(*Wasail-e-Bakhshish*, p. 125)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Sins of every limb

A’la Hadrat رَحْمَةُ اللهِ عَلَيْهِ states: The illness or difficulty that affects a part of the body is expiation for the sins committed by that limb. However, a fever is that ailment which affects the entire body, and, by the command of Allah Almighty, removes all sins. (*Malfuzaat-e-A’la Hadrat*, p. 119)

Rank of the people of Allah

Imam Abu Taalib Makki رَحْمَةُ اللهِ عَلَيْهِ states: An Aarif (i.e. a pious person who has gnosis of Allah Almighty) stated, ‘My heart is at its purest when I have a fever.’ (*Qoot-ul-Quloob*, vol. 2, p. 37)

Likewise, here is a statement of the people of Allah:

نَحْنُ نَفْرَحُ بِالْبَلَاءِ كَمَا يَفْرَحُ أَهْلُ الدُّنْيَا بِالنِّعَمِ

Meaning, ‘We are pleased when faced with difficulties and illnesses, just as the people of the world are pleased when they acquire worldly blessings.’ Remember! A calamity is sometimes a mercy for the believer, and by being patient, one has an opportunity to gain great reward and enter Paradise without accountability.

Chup kar si taan mauti milsan, sabr kare taan heeray

Paagala vaango rola paavi naa mauti naa heeray

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Glad Tidings!

Sayyidatuna Umm-e-Maalik رَضِيَ اللَّهُ عَنْهَا states: I was trembling because of a severe fever when the Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ came to me and said, ‘O Umm-e-Maalik! What is the matter with you?’ I said, ‘Umm-e-Mildam (this is an appellation for fever). Whatever Allah has willed, has happened.’ The Beloved Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, ‘O Umm-e-Maalik! Do not curse fever, because Allah Almighty removes sins by means of it, in the same the way that leaves fall from a tree.’ (*Kashf-ul-Ghummah Fi Fadl-ul-Humma*, p. 8)

Fever afflicting the Beloved Prophet ﷺ

The second Caliph of the Muslims, Sayyiduna Umar Farooq-e-A'zam رَضِيَ اللهُ عَنْهُ once went to the court of the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ whilst he صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ was afflicted by a fever. Sayyiduna Umar رَضِيَ اللهُ عَنْهُ placed his hand upon the blessed head of the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ and immediately pulled his hand away because of the extreme heat.

He said, 'O Messenger of Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ, you have a very severe fever.' The Beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, 'Today or last night, I recited 70 chapters (Surahs) in which there was ¹سَبْعَ طَوَال'.

He رَضِيَ اللهُ عَنْهُ said, 'O Messenger of Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ! Indeed, Allah Almighty has forgiven the sins of those before you and after you for your sake, therefore, be gentle upon yourself.' The noble Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, 'Should I not be a thankful bondsman?' (*Kashf-ul-Ghummah Fi Fadl-il-Humma Lil-Suyuti, p. 8*)

It is mentioned in one narration: Sayyiduna Abdullah Bin Mas'ood رَضِيَ اللهُ عَنْهُ stated: I went to the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ and he had a fever. So, I placed my hand on his blessed body and said, 'O Messenger of Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ, you have a severe fever.' The Noble Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ replied, 'Yes! I

¹ Surah Baqarah, Aal-e-Imran, Al-Nisa, Al-Ma'idah, Al-An'aam, Al-A'raf, Al-Anfaal and Al-Taubah are the eight Surahs that are called 'سَبْعَ طَوَال'. Al-Anfaal and Al-Taubah do not have 'بِسْمِ اللهِ' between them, so they are considered as one.

have a fever equal to that of two men.’ I said, ‘Is this because you will receive double the reward?’ He صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, ‘Yes. No Muslim is afflicted with harm due to sickness or any other inconvenience, save that Allah Almighty will remove his sins for him, just as a tree sheds its leaves.’ (*Bukhari, vol. 4, p. 9, Hadith 5660*)

Mufti Ahmad Yar Khan رَحِمَهُ اللهُ عَلَيْهِ writes in the commentary of this narration: It is known that a slave should ask about his master’s well-being and place a hand on his body. Under this section of the Hadith, ‘Is this because you will receive double the reward?’, he writes: This is the respect and etiquette of the noble companions رَضِيَ اللهُ عَنْهُمْ. Meaning, O Messenger of Allah! We can never imagine that your illness is for the forgiveness of your mistakes; there is no link between you and sins. Your illness is only to elevate your rank and status. From this, we learn that the things that are a means of forgiveness for us, are a means of elevation for the pious people of Allah. What is meant by Muslims (in the Hadith) is sinful Muslims. (*Mirat-ul-Manajih, vol. 2, pp. 410-411*)

Afflicted by fever before his passing

Dear Islamic brothers! The Beloved and final Messenger of Allah Almighty صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ was ill (before he departed from this world) for 12 days because of a fever, which was the cause of his headache. The companion of the Prophet, Sayyiduna Abdullah

Bin Abbas رضي الله عنه states: When Surah Nasr ‘إِذَا جَاءَ نَصْرُ اللَّهِ وَالْفَتْحُ ﴿١﴾’ was revealed to the Prophet صلى الله عليه وآله وسلم, he said, ‘I have been given news about my passing.’ (*Sunan-ul-Darimi, vol. 1, p. 51, Hadith 79*)

The Beloved Prophet صلى الله عليه وآله وسلم then went to Sayyidatuna ‘Aisha رضي الله عنها whilst he had a fever. (During the days of illness) When the devoted, noble companions رضي الله عنهم would pray in the absence of the peace of their hearts, the mercy to the universe صلى الله عليه وآله وسلم, they would cry profusely in the remembrance of the Beloved صلى الله عليه وآله وسلم.

The Beloved Prophet صلى الله عليه وآله وسلم would hear this and supplicate, ‘O Allah! Command the Angels appointed over me with this fever to reduce it, so I may go out to lead the people in prayer and bid farewell to my companions.’ (The supplication was accepted immediately) The Noble Prophet صلى الله عليه وآله وسلم felt a reduction in the severity of the fever and performed Wudu. Then with the support of Sayyiduna Fazl Bin Abbas, Sayyiduna Usamah Bin Zayd and Sayyiduna Ali al-Murtada رضي الله عنهم, he left his house. (*Al-Raud-ul-Faa'iq, p. 261*)

The condition of the Illness

Dear Islamic brothers! When the Beloved and final Prophet, صلى الله عليه وآله وسلم was affected with this illness at the end of his blessed life, the pain began in his blessed head and it was evident that the pain in the head was accompanied by fever

because the fever became severe during the illness. The Prophet ﷺ would enter a large basin and the water of seven water skins were poured over him. The Beloved ﷺ would feel coolness from the water. He ﷺ would cover himself with a blanket, and whosoever placed their hand upon the Prophet ﷺ would feel the heat caused by the fever. He ﷺ was asked regarding this and said, ‘We (Prophets) are like that. The trial is multiplied for us and so is the reward.’ He ﷺ also said, ‘I am afflicted with a fever equal to that of two men from amongst you.’ (Derived From, *Ibn-e-Majah*, vol. 4, p. 370, Hadith 4024 | *Bukhari*, vol. 3, p. 155, Hadith 4442 | *Bukhari*, vol. 4, p. 5, Hadith 5648)

The beloved mother of the Muslims, Sayyidatuna ‘Aisha رضى الله عنها states, ‘I have never seen anyone with a more severe illness than the Prophet ﷺ.’ (i.e. every illness, pain, fever, etc., of the Beloved Prophet ﷺ was more severe in comparison to others) (*Mirat*, vol. 2, p. 411)

The wisdom of 7 waterskins

The commentator of Bukhari, Allamah Ghulam Rasool Razavi رحمه الله عليه writes in the commentary of this part of the Hadith (The Prophet ﷺ would enter a large basin and the water of seven water skins were poured over him): The vessel the Prophet ﷺ sat inside was most likely made out of wood, and he asked for the water because when cold water is poured upon a sick person, it can restore the strength in some

illnesses. The Prophet ﷺ made a condition that these waterskins must not be open, because not touching the water allows the water to remain clean and pure. He ﷺ asked for seven waterskins because there are blessings in this number. (*Tafheem Al-Bukhari, vol. 1, p. 461, amended*)

The number seven

A'la Hadrat رَحْمَةُ اللهِ عَلَيْهِ states: The number seven is from the most superior of numbers. (*Fatawa Razawiyyah, vol. 6, p. 232*) The number seven has a particular effect in removing harms and calamities. (*Fatawa Razawiyyah, vol. 24, p. 183*)

He also states: There is wisdom in this number because one of its secrets is that it removes the harmful effects of poison and magic. It is proven from the Hadith that the one who eats seven Ajwah dates in the morning, will not be affected by poison or magic. (*Bukhari, vol. 3, p. 540, Hadith 5445, Fatawa Razawiyyah, vol. 24, p. 183, selected*)

Saat pardun mayn nazr aur nazr mayn 'alam

Kuch samaj mayn nahi aata ye mu'amma tera

(Zauq-e-Na'at, p. 20)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Similarity in the illness of the greatest lover رضي الله عنه of the Prophet

The first Caliph of the Muslims, the great devotee of the Prophet صلى الله عليه وآله وسلم, Sayyiduna Abu Bakr Siddeeq رضي الله عنه passed away because of the passing of the Prophet صلى الله عليه وآله وسلم; the pain of losing the Prophet رضي الله عنه did not lessen in his heart even until his final moments.

After the passing of the Beloved Prophet صلى الله عليه وآله وسلم, the health of Sayyiduna Abu Bakr Siddiq رضي الله عنه began to deteriorate. On Monday the 7th of Jumad-al-Ukhra 13 AH, he performed Ghusl on a cold day and developed a fever. The companions came to visit him and said, 'O Caliph of the Prophet رضي الله عنه! و-صلى الله عليه وآله وسلم With your permission, may we call a doctor to check on you?' He replied, 'The doctor (Tabeeb) has already seen me.' They then asked, 'What did the doctor say?' He رضي الله عنه replied, 'إِنِّي فَعَالٌ لِّمَا أُرِيدُ.' Meaning, 'I do whatever I will.'

The purport was that Allah Almighty is Al-Hakeem (the perfectly wise), and nobody can counter His will; whatever He decides will most certainly happen. After 15 days of illness, on the night of Tuesday the 22nd of Jumad-al-Ukhra 13 AH, he رضي الله عنه passed away at the age of 63. '*Sawanih-e-Karbala*, p. 49)

May Allah Almighty have mercy upon him and forgive us without accountability for his sake.

اٰمِيْنَ بِجَاةِ النَّبِيِّ الْاَوْمِيْنَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

Bhatak saktay nahin hum apni manzil tuhkoro mayn hay

Nabi ka hay karam aur rehnuma Siddeeq-e-Akbar hay

(Wasail-e-Bakhshish, p. 567)

The blessings of Ta'weez (Amulet)

It has been narrated: A man caught a fever and his respected teacher, Sayyiduna Shaykh Umar Bin Sa'eed رَحْمَةُ اللهِ عَلَيْهِ went to visit him. Before leaving, the teacher gave him a Ta'weez and said, 'Do not open it and look inside.' After he left, he wore the Ta'weez and the fever went away. But he could no longer resist himself and opened it to see 'بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ' written inside. A satanic whisper entered his heart that anyone can write this! As soon as there was a weakness in his belief, the fever returned.

He became frightened and went to his teacher to ask for forgiveness. The teacher tied the Ta'weez with his blessed hands and the fever immediately vanished. This time he did not prohibit him from opening it but the student did not do so out of fear. After a year, he opened the Ta'weez and again saw 'بِسْمِ اللهِ الرَّحْمٰنِ الرَّحِيْمِ' written inside.

May Allah Almighty have mercy upon him and forgive us without accountability for his sake.

أَمِيرِينَ بِجَاهِ النَّبِيِّ الْأَمِيرِينَ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

Dear Islamic brothers! Undoubtedly, there are many blessings of 'يَسْمِيهِ اللَّهُ الرَّحْمَنَ الرَّحِيمَ' and it contains cure for illnesses. We learn from this incident that when the pious predecessors رَحْمَةُ اللَّهِ prohibit us from a permissible action, even if it does not make sense to us, we should still refrain from it. We also learn that we should not open a Ta'weez and look inside it because there is a risk that it can cause our belief to waver. Also, whilst folding it in a specific way, at times, something is recited too. Therefore, opening and looking inside it can result in reducing its benefits.

صَلَّى اللَّهُ عَلَى مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

Blessings of concealing your fever for a day

The Beloved Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, 'Whosoever has a fever and hides it for a day, Allah Almighty will rid him of his sins, as he was on the day he left his mother's womb, and He will grant him salvation from the fire of Hell. Allah Almighty will hide his sins just as he concealed the hardship (i.e. illness)

he received in the world from Allah Almighty.’ (*Mawsu’at Ibn-e-Abi Al-Dunya*, vol. 4, p. 293)

Wo keh aafaat mayn muftala hayn

Jo giraftaar-e-ranj-o-bala hayn

Fazl se un ko sabr au riza ki

Mere Maula to khayraat day de

(*Wasail-e-Bakhshish*, p. 125)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

The three messengers of death

The beloved Prophet of Allah, Sayyiduna Ya’qoob عَلَيْهِ السَّلَام, and Sayyiduna Izra’eel, the Angel of death, had a bond of friendship. On one occasion, when Sayyiduna Izra’eel عَلَيْهِ السَّلَام arrived, Sayyiduna Ya’qoob عَلَيْهِ السَّلَام asked, ‘Have you come to meet me or have you come to take my soul?’ He replied, ‘To meet you.’ He عَلَيْهِ السَّلَام said, ‘Before giving me death, send me your messengers.’ The Angel of death عَلَيْهِ السَّلَام said, ‘I will send two or three messengers to you.’

Thus, when the Angel of death came to take his soul, he عَلَيْهِ السَّلَام said, ‘You were supposed to send messengers to me before my death, what happened to them?’ Sayyiduna Izra’eel عَلَيْهِ السَّلَام said, ‘White hair after black hair, weakness after strength and a crooked back after a straight back. O Ya’qoob

عَلَيْهِ السَّلَام! Before death, these are my messengers to people.’
(*Mukashafa-tul-Quloob*, p. 21)

Dear Islamic brothers! We learn from this that before death, the Angel of death sends his messengers. Along with the aforementioned three messengers, more messengers have been mentioned in the Ahadith. Thus, illness, change in one’s ears and eyes (meaning, one’s eyesight and hearing was previously good but later deteriorated) are messengers of death. The noble Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, ‘Fever is the messenger of death and this is the jail of Allah Almighty on the earth, in which he imprisons His slave for as long He wishes, and then frees him. (*Mawsu’at Ibn-e-Abi Al-Dunya*, vol. 4, p. 244, selected)

There are many people among us who have visited by the messengers of the Angel of death عَلَيْهِ السَّلَام. However, what can we say of this heedlessness! If white hair appears after black hair, this is a sign of death, but an individual, to comfort himself, says that the white hairs are a result of the flu.

Likewise, illness is a prominent messenger of death but we are still heedless despite many people passing away because of various illnesses, daily! Sick people should remember death the most because who knows whether the illness which appears to be minor takes a more fatal form. Then our friends and family will cry, our enemies will celebrate and the sick person, heedless of his death, is buried in his dark grave! Then it will

only be the deceased person and his good and evil deeds. Allah Almighty states in verse 126 of Surah al-Taubah:

أَوَلَا يَرَوْنَ أَنَّهُمْ يُفْتَنُونَ فِي كُلِّ عَامٍ مَرَّةً أَوْ مَرَّتَيْنِ ثُمَّ لَا يَتُوبُونَ وَلَا هُمْ

يَذَكَّرُونَ ﴿١٢٦﴾

Do they not observe that they are tested once or twice every year? Then they (still) do not repent, nor do they accept advice.

[Kanz-ul-Iman (translation of Quran)] (Part 11, Surah Al-Taubah, verse 126)

Hujjat-ul-Islam, Imam Muhammad bin Muhammad bin Muhammad Ghazali رَحِمَهُ اللهُ عَلَيْهِ states: It has been mentioned in the commentary of this verse that ‘tested’ means to be afflicted by illnesses. (He mentions on another occasion:) Fever reminds us of death and removes laziness in performing good deeds. (*‘Thya-ul-‘Uloom, vol. 4, p. 358*)

It is very unfortunate to see that in some hospital wards, with the excuse of giving comfort to the patients, sinful channels and scenes full of music are displayed, so that the mind of the patient remains distracted. Likewise, it is the slogan of some people that music is the food of the soul. No! No! This can be the food of a non-Muslim and an evil soul, but it can never be the food of a true believer who believes in Allah Almighty and His Beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. If you require food for the soul, then I will tell you what it is and how to acquire it.

Allah Almighty states in part 13, Surah Ra'd, verse 28:

أَلَا بَدِّكَرِ اللَّهُ تَطْمِئِنُّ الْقُلُوبُ ۗ

Pay heed! Only in the remembrance of Allah is the satisfaction of hearts.'

[Kanz-ul-Iman (translation of Quran)] (Part 13, Surah Al-Ra'd, verse 28)

A Muslim no longer needs to think after this, because every Muslim believes in every single letter of the Quran, and whatever the Quran states, it is the truth and nothing but the truth. Listening to music is a satanic act; fortunate Muslims do not even go near these things.

11 spiritual remedies for fever

1. A'la Hadrat رَحْمَةُ اللهِ عَلَيْهِ states: Recite Surah Mujadalah, which is the first surah of the 28th Surah, three times after Asr and blow over water, and then give it to the one suffering from the fever to drink. *(Malfuzaat-e-A'la Hadrat, p. 325)*
2. The one suffering from a fever should recite 'بِسْمِ اللَّهِ الْكَبِيرِ' in abundance. *(Beemar 'Abid, p. 25)*
3. If you are suffering from a heat fever, then write 'يَا حَيُّ يَا قَيُّوْمُ' 47 times and wrap it in a plastic coating. Then sew it into leather or a cloth and wear it around your neck. *إِنْ شَاءَ اللَّهُ* the fever will disappear. *(Beemar 'Abid, p. 25)*

4. Write 'يَاغْفِرُ' on paper 3 times and wrap it in a plastic coating. Then sew it into leather or a cloth and wear it around your neck or tie it around your arm. إِنَّ شَاءَ اللَّهُ, you will be cured of every fever. (Beemar 'Abid, p. 25)
5. Write 'لَا إِلَهَ إِلَّا اللَّهُ' 30 times on a piece of paper, put it in a bottle of water and give it to the patient to drink three times a day. إِنَّ شَاءَ اللَّهُ, he will be cured of his fever. If needed, refill with more water. (Beemar 'Abid, p. 25)
- 6.

لَا يَرَوْنَ فِيهَا شَمْسًا وَلَا زَمْهَرِيرًا

Translation from Kanz-ul-Iman: They will not see therein any sun or cold. Recite this verse 7 times (Recite Salat upon the Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ once before and after) and blow. إِنَّ شَاءَ اللَّهُ, the sick person will feel a reduction in the symptoms and feel peace.

7. Imam Ja'far Sadiq رَحِمَهُ اللَّهُ عَلَيْهِ states: Recite Surah al-Fatihah 40 times (recite Salat upon the Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ once before and after) and blow over water. Then sprinkle some water over the sick person's face. إِنَّ شَاءَ اللَّهُ, the fever will go.
8. The Beloved and final Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ had a fever so Sayyiduna Jibra'eel عَلَيْهِ السَّلَام read a Du'a and

blew: *بِسْمِ اللَّهِ أَذِقْتِكَ مِنْ كُلِّ شَيْءٍ يُؤْذِيكَ مِنْ شَرِّ كُلِّ نَفْسٍ أَوْعَيْنَ حَاسِدًا اللَّهُ يَشْفِيكَ بِسْمِ اللَّهِ أَزِقْتِكَ*

(Translation: With the name of Allah, I recite over you (to cleanse you) from all that troubles you, and from every harmful mischief and from the evil of the eyes of the envier. May Allah cure you; and with the name of Allah, I recite over you.) (*Muslim, p. 1202, Hadith 2186*) Recite the Du'a in Arabic (recite Salat once before and after) over the patient.

9. The one afflicted with a fever should recite:

بِسْمِ اللَّهِ الْكَبِيرِ أَعُوذُ بِاللَّهِ الْعَظِيمِ مِنْ شَرِّ كُلِّ عِرْقٍ نَعَّارٍ وَمِنْ شَرِّ حَرِّ النَّارِ

Translation: In the name of Allah, the High, I seek refuge in Allah, the Supreme, from the evil of every pulsating vein and from the evil of the hot fire. (*Tirmizi, vol. 4, p. 20, Hadith 2082*)

10. It is mentioned in a Hadith: Whenever someone from amongst you has a fever, then for three days, sprinkle cold water on his face in the morning (*Mustadrak Lil-Hakim, vol. 9, p. 259, Hadith 7626*)
11. It is mentioned in a blessed Hadith: Fever is from the heat of the Hellfire, so cool it with water. (*Bukhari, vol. 2, p. 396, Hadith 3263*)

Mufti Ahmad Yar Khan رَحْمَةُ اللهِ عَلَيْهِ has said: The people of Arabia would generally be affected by a ‘Safrawi Fever’ for which a Ghusl was very beneficial. We, who are Ajami i.e. non-Arabs, should not bathe to cure a fever without consulting a doctor first, because the majority of the time, we have a fever that worsens if we bathe. Also, there is a danger of developing pneumonia.

Allamah Ali Qaari رَحْمَةُ اللهِ عَلَيْهِ states: A person read the translation of a Hadith and had a bath to cure his fever, but instead, caught pneumonia, and his life was saved with great difficulty. He then rejected Hadith, though it was a result of his own ignorance. (*Mirat-ul-Manajih, vol. 2, pp. 429, 430*)

Dear Islamic brothers! We learn that, along with reading translations, we should read the Tafseer of the Quran and commentaries of Hadith. (After reading Ahadith, do not carry out any treatment without consulting a Sunni scholar or Mufti.)

Madani Pearls on gaining cure from Bones

Dear Islamic brothers! Bones are a great blessing of Allah Almighty and nutrition has been placed in them also. Those who only purchase boneless meat to cook at home are depriving themselves and their family members from a bounty of Allah Almighty.

No doubt, Allah Almighty has not made anything without purpose. Not only are bones nutritious but they also act like medicine. Doctors advise some patients to drink broth that has been prepared from bones. In fact, you have probably drunk bone broth many times yourself. But you have probably never drunk broth made only from chicken.

Bones are very important; injections are even medically prepared from the marrow of bones for patients. Grinding up cow horn, adding it to food and feeding it to the one who suffers from frequent fevers will grant him relief, with the permission of Allah Almighty. (*Haya-tul-Haywan Al-Kubra*, vol. 1, p. 219)

Na hu Aaraam jis beemar ko saaray zamaanay say

Utha lay jaye thori khak un ke aastaane say

Na pohnche un ke qadmo tak na kuch husn-e-'amal hi hai

Hasan kya poochtay ho hum gaye guzr-e-zamaane say

(Zauq-e-Na'at, pp. 214, 215)

صَلُّوا عَلَيَّ الْحَبِيبِ صَلَّى اللهُ عَلَيَّ مُحَمَّدٍ