



# VISITING THE UNWELL



Presented by  
Majlis Al-Madina-tul-'Ilmiyyah  
Translated into English by  
Translation Department (Dawat-e-Islami)

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ  
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

## Du'a for Reading the Book

**R**ead the following Du'a (supplication) before you study a religious book or an Islamic lesson, you will remember whatever you study, **إِنْ شَاءَ اللَّهُ**:

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَانْشُرْ  
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

### Translation

O Allah **عَزَّوَجَلَّ**! Open the doors of knowledge and wisdom for us, and have mercy on us! O the One Who is the Most Glorious and Honourable! (*Al-Mustatraf*, vol. 1, p. 40)

### Note:

Recite Salat upon the Prophet ﷺ once before and after the Du'a.

عیادت کے واقعات

Iyadat kay Waqi'aat

## Visiting the unwell

THIS booklet was presented in Urdu by Majlis Al-Madina-tul-'Ilmiyyah. **Translation Department (Dawat-e-Islami)** has translated it into English. If you find any mistake in the translation or composing, please inform the Translation Department on the following postal or email address with the intention of earning reward [Sawab].

### **Translation Department (Dawat-e-Islami)**

Aalami Madani Markaz, Faizan-e-Madinah, Mahallah Saudagran,  
Purani Sabzi Mandi, Bab-ul-Madinah, Karachi, Pakistan

UAN: ☎ +92-21-111-25-26-92 – Ext. 7213

Email: ✉ translation@dawateislami.net

**Visiting the unwell**  
An English translation of 'Iyadat kay Waqi'aat'



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### **Maktaba-tul-Madinah**

Aalami Madani Markaz, Faizan-e-Madinah Mahallah Saudagran,  
Purani Sabzi Mandi, Bab-ul-Madinah, Karachi, Pakistan

✉ **Email:** [global@maktabatulmadinah.com](mailto:global@maktabatulmadinah.com) | [feedback@maktabatulmadinah.com](mailto:feedback@maktabatulmadinah.com)

☎ **Phone:** +92-21-34921389-93

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## Visiting the unwell

### Du'a of Attar

O Lord of Mustafa! Whoever reads or listens to the 21 pages booklet *Visiting the unwell*, make them a well-wisher for other Muslims. Protect them from all problems and forgive them without accountability.

أَمِينَ بِجَاهِ خَاتِمِ النَّبِيِّينَ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

### Excellences of Salat upon the Prophet ﷺ

The beloved Prophet ﷺ said: “On the Day of Judgement, there will be no shade except that of the 'Arsh of Allah. There are three who will be shaded by it.” It was asked: “O Messenger of Allah ﷺ, who are those people?” He replied: “He who:

1. removes a difficulty from a member of my nation,
2. revives my Sunnah, and

3. sends Salat upon me in abundance.”<sup>1</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

### My Son, Do Not Cry!

The beloved mother of the believers, Sayyidatuna A'isha رَضِيَ اللَّهُ عَنْهَا states:

The Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ did not see a certain youth at his gathering and asked the honourable Companions عَلَيْهِمُ الرِّضْوَانُ about him. It was said: ‘He has a severe fever.’ For this reason, the Companions عَلَيْهِمُ الرِّضْوَانُ thought he would pass away at a young age. The final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said to his companions: ‘Come! We will go and visit him.’ When he arrived at his house, the youth began to cry. The Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: ‘O my son! Do not cry! Jibraeel عَلَيْهِ السَّلَام has informed me that, fever is a share of Hellfire for my nation.’<sup>2</sup> Allah Almighty have mercy upon him and forgive us without accountability for his sake!

أَمِينٌ بِجَاهِ النَّبِيِّ الْأَمِينِ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

سُبْحَنَ اللَّهُ May the health of the world be sacrificed for the unwell but fortunate Companion who was visited by the Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ.

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<sup>1</sup> Al Budoor al-Saafirah, p. 131, Hadith 366

<sup>2</sup> Kashf al-Ghumma Fi Fadl al-Humma lil-Suyuti, p. 13

Visiting the unwell

O devotees of the Companions and family of the Prophet! The Prophet ﷺ inquired about the absence of his Companion and visited him when he was ill. We too should ask about the health and condition of our Muslim brothers. Not only will you receive immense reward for visiting the sick, love between you will also increase. The Prophet ﷺ said: “Whoever visits a patient, a caller announces from the sky, ‘May you be happy, as your walking (to visit the unwell) is blessed, and you have earned your place in Paradise.’”<sup>3</sup>

It is mentioned in another Hadith:

Whoever visits a sick person, Allah Almighty shades him with 75,000 angels. Every time he lifts his foot to take a step, a good deed is written for him. When he completes a step, one of his sins are removed and he is elevated by one rank, until he takes his seat. Whilst he is sitting, he is enveloped in mercy and remains as such until he returns home.<sup>4</sup>

Dear Islamic brothers! Visit your Muslim brothers with the intention of acting upon the Sunnah and earn countless rewards. Remember! It is not a Sunnah to only visit those who you know. Rather, Imam Abu Zakariyya bin Sharaf Nawawi رحمه الله عليه states: “Visiting the sick is a Sunnah, irrespective of whether you are acquainted with him or not, or whether he is of kin or unrelated.”<sup>5</sup>

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<sup>3</sup> Ibn Majah, vol. 2, p. 192, Hadith 1443

<sup>4</sup> Mu'jam Awsat, vol. 3, p. 222, Hadith 4396

<sup>5</sup> Sharh Muslim lil-Nawawi, vol. 13, p. 31

If you visit the ill with the intention that they will visit and care for you when you become ill, you will not receive reward.

## Find Brothers for Salah

The second Caliph of the Muslims, the leader of the believers, Sayyiduna Umar رضي الله عنه states:

If you do not see your brothers in [the congregational] Salah, find them. If they are ill, visit them. If they are well, tell them off. [i.e. caution them to not miss Salah, i.e. do not be lazy in offering it]<sup>6</sup>

## Advice for Imams

The Ameer of Ahl al-Sunnah, Allamah Maulana Muhammad Ilyas Attar Qadiri Razavi دامت برکاتُهُمُ الْعَالِيَةِ writes in his book *Blessings of Salah*:

It is a suggestion for respected Imams of the *masajid*, to pay attention to who prays with the congregation and who does not. If someone who regularly prays is not present, inquire about him, go to his shop, his house, or phone him. If he is ill, visit him and if he is absent because of laziness, encourage him and invite him towards goodness. Every Islamic brother should adopt this way of acting. Islamic sisters should encourage their husbands and other close relatives to pray with the

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<sup>6</sup> *Ihya ul Uloom*, vol. 1, p. 258

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congregation. It is my wish that everyone not only offers the prayers regularly, but performs the Tahajjud prayer with consistency too.<sup>7</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

## Be Practising Yourself to Persuade Others

Dear Islamic brothers! It is not necessary to only visit people when they are extremely ill. Rather, visiting and showing sympathy to someone who is suffering from a seemingly minor ailment, wound or difficulty can be a cause of pleasing someone's heart. **إِنْ شَاءَ اللَّهُ**, this will be a cause of increasing the love between you. It is the custom of the Ameer of Ahl al-Sunnah **دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةُ** to show sympathy and affection to Islamic brothers who are ill, or even have a simple bandage wrapped around their hand. He also prays for their well-being and recovery. After being visited by the Ameer of Ahl al-Sunnah **دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةُ** and receiving his supplications, the Islamic brothers are visibly overjoyed. The Prophet **صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ** once visited a Companion who had pain and difficulty in his eyes. It is mentioned in a Hadith: Sayyiduna Zayd bin Arqam **رَضِيَ اللَّهُ عَنْهُ** said: "The Messenger of Allah **صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ** visited me whilst I was suffering from pain in my eyes."<sup>8</sup>

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<sup>7</sup> Faizan e Namaz, p. 223

<sup>8</sup> Abu Dawood, vol. 3, p. 250, Hadith 3102

Mufti Ahmad Yar Khan رَحْمَةُ اللهِ عَلَيْهِ states in relation to this Hadith: “We learn that it is a Sunnah to visit someone even if they are suffering from a minor illness, such as earache or pain in the eyes. Even though these illnesses are not dangerous, they are still considered ailments.”<sup>9</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

### The Message of Ameer Ahl al-Sunnah

During Rabi al-Aakhir 1438/ January 2017, the Ameer of Ahl al-Sunnah دَاعَتْ بَرَكَاتُهُمُ الْعَالِيَّةُ conducted a Madani meeting (*mashwarah*) and gave the following advice to the responsible Islamic brothers of Dawat e Islami:

Be a part of the happiness and sadness of Islamic brothers, regardless of whether they are affiliated with Dawat-e-Islami or not. Be there for them especially in their sorrow; do not be lazy in this regard. Being absent during their happiness is not something they will be overly offended by, but being absent during their sorrow will seem very inappropriate.<sup>10</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

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<sup>9</sup> Mirat ul Manajeeh, vol. 2, p. 415

<sup>10</sup> Markazi Majlis Shura Ke Madani Phool

Visiting the unwell

## Immensely Kind towards Muslims

O devotees of the Messenger! Visiting and offering condolences is a Sunnah of the Prophet ﷺ. He ﷺ would travel to visit the Companions الرِّضْوَانُ عَلَيْهِمُ الرِّضْوَانُ who lived on the outskirts of Madinah. This is the display of his remarkable level of humility, humbleness and compassion. ‘Allamah ‘Ali Qari رحمه الله عليه states:

The Prophet ﷺ would enquire about the Companions الرِّضْوَانُ عَلَيْهِمُ الرِّضْوَانُ who were not present. If they were ill, he would visit them. If they were travelling, he would pray for them, and if they had passed away, he would pray for their forgiveness. He would also inquire regarding people’s circumstances and issue advice accordingly.<sup>11</sup>

Dear Islamic brothers! There are many Madani lessons for us in these narrations. We too should visit the sick as this is from amongst the rights of Muslims. If the final Prophet ﷺ, whilst being the king of both worlds, visited his Companions, we must also adopt this blessed practise. Here are some more occasions in which the final Prophet ﷺ visited his Companions الرِّضْوَانُ عَلَيْهِمُ الرِّضْوَانُ, they will be a source of motivation for us to act upon this Sunnah when we come to know of someone falling ill or passing away.

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<sup>11</sup> Jam’ al-Wasail, vol. 2, p. 177

## 11 Occasions in which the Prophet ﷺ visited his ill

### Companions عَلَيْهِمُ الرِّضْوَانُ

#### 1. Fever for 7 Days

The Prophet ﷺ went to visit Sayyiduna Zu al-Nukhama رَضِيَ اللَّهُ عَنْهُ because he had a fever. The Prophet ﷺ asked: “How long have you had this fever?” He replied: “For seven days.” The Prophet ﷺ stated: “You have a choice. If you wish, I will pray to Allah for your wellbeing and recovery or you can be patient.” He repeated this three times, then said: “You will leave this fever (become well) the way you left the womb of your mother (i.e. without sin).” The Companion said: “O Messenger of Allah ﷺ! I will be patient.”<sup>12</sup>

*Har Waqt Taraqqi Pay Rahe Dard e Mahabbat  
Changha Na Ho Maula Kabhi Beemar Tumhara<sup>13</sup>.*

**Meaning:** O Messenger of Allah ﷺ! May my love for you forever increase in my heart. May I become a patient of your love and never recover.

صَلُّوْا عَلَيَّ الْحَبِيبِ صَلَّى اللهُ عَلَيَّ مُحَمَّدٍ

<sup>12</sup> Mawsu'ah li Ibn Abi al-Dunya, vol. 4, p. 294, Hadith 245

<sup>13</sup> Qabala e Bakhshish, p. 47

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## Removes all Sins

Dear Islamic brothers! It is mentioned in a Hadith regarding the blessings of contracting a fever: “Without doubt, Allah Almighty removes every sin of a believer due to a single nights fever.”<sup>14</sup> The renowned Tabi’i elder, Sayyiduna Hasan Basri رحمته الله عليه states: “The honourable Companions عليهم الرضوان were hopeful that one night of fever would be expiation for all their previous sins.”<sup>15</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

## The Virtues of One Night of Fever

Sayyiduna Abu Darda رضي الله عنه mentions in this regard: “One night of fever removes the sins of one year.”<sup>16</sup>

Imam Muhammad bin Muhammad bin Muhammad Ghazali رحمته الله عليه states: “This is because a fever saps the energy of a year. It has also been said, ‘Humans have 360 joints.’”<sup>17</sup> And a fever effects every joint.<sup>18</sup> Hence, every joint is subject to pain and difficulty, which is why each joint becomes an expiation for one day.<sup>19</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

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<sup>14</sup> *Shu’ab al-Iman*, vol. 7, p. 167, Hadith 9866

<sup>15</sup> *Shu’ab al-Iman*, vol. 7, p. 167, Hadith 9867

<sup>16</sup> *Mawsu’ah li Ibn Abi al-Dunya*, vol. 2, p. 239, Hadith 50

<sup>17</sup> *Abu Dawood*, vol. 4, p. 461, Hadith 5242

<sup>18</sup> *Musannaf Ibn Abi Shaiba*, vol. 7, p. 99, Hadith 10922

<sup>19</sup> *Ihya ul Uloom*, vol. 4, p. 356

## 2. The Heat of Hell

The great Tabi'i, Sayyiduna Urwah bin Zubayr رَحْمَةُ اللهِ عَلَيْهِ reports from Sayyidatuna 'Aaisha رَضِيَ اللهُ عَنْهَا [who is his maternal aunt], that the final Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ once visited a person from the tribe of Banu Ghifar. He صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, "Fever is from the heat of Hellfire and it is the share of Hell for a believer." The Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ then prayed for him, "O Allah Almighty! Fulfil his wish." The man let out his final breath and passed away. He صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, "There are some from my nation who, when they swear an oath by Allah, He ensures their oaths are fulfilled."<sup>20</sup>

Allah Almighty have mercy upon him, and forgive us without accountability for his sake.

اٰمِيْنَ بِجَاهِ خَاتَمِ النَّبِيِّينَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

O devotees of the Messenger! If only, at the time of death, the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ arrives, and makes us recite the *kalimah*. Then may our soul leave our body, whilst beholding the beautiful and luminescent face of the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. Imam Ahmad Raza Khan رَحْمَةُ اللهِ عَلَيْهِ supplicates like so:

*Ya Ilahi Bhool Jaoon Naz'a Ki Takleef Ko  
Shadi e Deedar e Husn e Mustafa Ka Sath Ho<sup>21</sup>*

<sup>20</sup> Hilya tul Awliya, vol. 2, p. 208, Hadith 1960, Raqm 171

<sup>21</sup> Hadaiq e Bakhshish, p. 132

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**Meaning:** O Allah Almighty! I will forget the pains at the time of death if I am to behold the beautiful face of the Prophet ﷺ. - If only we could experience this!

صَلُّوْا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

### 3. Visiting Sayyiduna Usman رَضِيَ اللهُ عَنْهُ

The third Caliph of Islam, Sayyiduna Usman رَضِيَ اللهُ عَنْهُ states:

When I fell ill, the Prophet ﷺ visited me and continuously recited these words:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ، اَعِيْذُكَ بِاللّٰهِ الْاَحَدِ الصَّدِيقِ الَّذِي لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ  
لَهُ كُفُوًا اَحَدٌ مِّنْ شَيْءٍ مَا تَجِدُ

**Translation:** Commencing with the name of Allah, the Most Gracious, the Most Merciful. I admit you into the refuge of Allah from the evil of the difficulty you have. He has no offspring, nor is He born from anyone, and there is no one equal to Him.<sup>22</sup>

Allah Almighty have mercy upon him, and forgive us without accountability for his sake!

اٰمِيْنَ بِجَاهِ خَاتَمِ النَّبِيِّيْنَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

صَلُّوْا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

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<sup>22</sup> Ihya ul Uloom, vol. 2, p. 262

#### 4. The Fever of Sayyiduna Ali رَضِيَ اللَّهُ عَنْهُ

The fourth Caliph of the Muslims, the leader of the believers, Sayyiduna Ali رَضِيَ اللَّهُ عَنْهُ once fell ill, and the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ went to visit him.

When he arrived, he asked him to say the following words:

اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ تَعَجِیْلَ عَافِیَّتِكَ اَوْ صَبْرًا عَلٰی بَدَیِّتِكَ اَوْ خُرُوْجًا مِّنَ الدُّنْیَا اِلٰی رَحْمَتِكَ

**Translation:** “O Allah, I ask you for a quick recovery, or patience upon a tribulation from You, or for me to leave this world and be admitted into Your Mercy.

When you recite this, you will be granted one of the three mentioned things [i.e. speedy recovery, patience upon an affliction or being admitted into the Mercy of Allah]”.<sup>23</sup>

May Allah Almighty have mercy upon him, and forgive us without accountability for his sake.

اٰمِیْن بِجَاهِ خَاتَمِ النَّبِیِّیْنَ صَلَّى اللهُ عَلَیْهِ وَآلِهِ وَسَلَّمَ

صَلُّوْا عَلَی الْحَبِیْب صَلَّى اللهُ عَلَیْ مُحَمَّدٍ

#### 5. A Powerful Supplication

It is narrated that the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ went to visit

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<sup>23</sup> Musnad al-Shihab, vol. 2, p. 333 Hadith 1470. Ihya ul Uloom, vol. 2, p. 262

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Sayyiduna Ali رَضِيَ اللَّهُ عَنْهُ. Due to the severe fever the latter was experiencing, he was not finding peace even while resting upon his bed. The final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said:

“O Ali! Verily, the people who faced the greatest tribulations were the Prophets عَلَيْهِمُ السَّلَام. After them, it was the people who accompanied them. Rejoice, as there is reward for you in this [fever]. Do you wish to be relieved of this [fever]?”

“Yes!” Sayyiduna Ali رَضِيَ اللَّهُ عَنْهُ replied. The final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: Then recite this:

اللَّهُمَّ ارْحَمْ عَظْمِي الدَّقِيقَ وَجِدِّي الرَّقِيقَ وَأَعُوذُ بِكَ مِنْ فَوْرَةِ الْحَرِيقِ يَا أَمْرَ مِلْدَمٍ!  
إِنْ كُنْتُ أَمَنْتُ بِاللَّهِ وَالْيَوْمِ الْآخِرِ فَلَا تَأْكُلْ لَحْمِي وَلَا تَشْرِبْ دَمِي وَلَا تَقُورْ عَنِّي عَلَى الْفِعْمِ  
وَأَتَقَبَّلْ إِلَى مَنْ يَزْعُمُ أَنَّ مَعَ اللَّهِ إِلَهًا آخَرَ فَإِنِّي أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ  
وَأَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

**Translation:** O my Generous Lord! Be Merciful to my soft bones and delicate skin. O Allah! I seek refuge in You from severe heat. O Umm Mildam! [This is the appellation of fever] If you believe in Allah and the Hereafter, do not consume my flesh and do not drink my blood. Do not come near my mouth nor pass to me your harmful effects. Go towards those who believe in deities other than Allah. I testify there is none worthy of worship other than Allah, and Muhammad is His distinguished servant and Messenger.

Sayyiduna Ali رَضِيَ اللَّهُ عَنْهُ goes on to say: “As soon as I recited this supplication, I was cured from fever immediately.”

Imam Ja’far Sadiq رَحِمَهُ اللَّهُ عَلَيْهِ states: “We, the Ahl ul-Bayt [family of the Prophet رَضِيَ اللَّهُ عَنْهُ] teach each other this Du’a, even our women and children. Whoever recites this will be cured, unless the time of death has arrived”.<sup>24</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

## Cured from the Illness

Imam ‘Ajlooni Shaafi’i رَحِمَهُ اللَّهُ عَلَيْهِ reports that Sayyiduna Ali رَضِيَ اللَّهُ عَنْهُ said:

The Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ visited me and said: If the time of death has not arrived for the ill, he will be relieved of ailment if you seek refuge in Allah for him with these words seven times:

أَسْأَلُ اللَّهَ الْعَظِيمَ رَبَّ الْعَرْشِ الْعَظِيمِ أَنْ يَشْفِيكَ

**Translation:** I seek recovery for you from the All Powerful, The Owner of the Magnificent Throne.<sup>25</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

<sup>24</sup> Kitab al-Du’a lil Tabarani, p. 342 Hadith 1123

<sup>25</sup> Kashf al-Khafa, vol. 1, p. 110, Under Hadith 348. Kitab al-Du’a lil Tabarani, p. 339 Hadith 1113

Visiting the unwell

## 6. Do not Curse Fever

O devotees of the Companions and Ahl al-Bayt! Along with visiting his honourable Companions, عَلَيْهِمُ الرِّضْوَانُ, the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ would visit members of his family who were ill. We too should look after the people of our household as well as others. It should not be the case that we are looking out for people outside the house, whilst our ill mother and weak father, as well as our unwell spouse, languish in despair because we do not have time to support them.

The beloved mother of the Muslims, Sayyidatuna A'aisha رَضِيَ اللَّهُ عَنْهَا caught a fever and the Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ went to visit her. She رَضِيَ اللَّهُ عَنْهَا states: "I expressed my disliking for this fever to the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ, and he said, 'Indeed, fever is bound by orders, do not curse it. However, if you wish, I can teach you words by which Allah Almighty will relieve you of fever.'" (The Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ then taught her the same Du'a he taught Sayyiduna Ali رَضِيَ اللَّهُ عَنْهُ). Sayyidatuna A'aisha رَضِيَ اللَّهُ عَنْهَا states: "As soon as I recited those words, my fever disappeared."<sup>26</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

## 7. Visiting Sayyidatuna Fatimah رَضِيَ اللَّهُ عَنْهَا

Dear Islamic brothers! Children are the apple of the eye. It

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<sup>26</sup> Kanz al-'Ummal, Juzz 10, vol. 5, p. 41, Hadith 28508

hurts parents to see their children go through any kind of difficulty. Daughters are a mercy from Allah and they are loving by nature. Whoever is fortunate to have a daughter should rejoice as he has received such a bounty that was also granted to the final Prophet ﷺ. The Prophet ﷺ said: “Do not speak ill of daughters, as I have daughters too. They are indeed exceedingly loving, sympathetic and extremely kind.”<sup>27</sup>

A pious man stated: “Sons are a bounty and daughters are good deeds. Allah Almighty holds one accountable for bounties, whereas He gives reward for good deeds.”<sup>28</sup>

O devotees of the Companions and Ahl al-Bayt! The Prophet ﷺ loved his daughter, the leader of the women of Paradise, Sayyidatuna Fatimah رضى الله عنها dearly. The servant of the Prophet, Sayyiduna Anas رضى الله عنه states:

We were with the Prophet ﷺ in the Masjid until sunrise. The Prophet ﷺ left the Masjid and I followed behind. He said, ‘Come with me.’, and the final Prophet ﷺ took me with him to visit his beloved daughter, Sayyidatuna Fatimah رضى الله عنها, who was sleeping. The Prophet ﷺ said: ‘O Fatimah! What has forced you to sleep up until now?’ She رضى الله عنها replied: ‘I have had a fever since last night.’ He asked, ‘What happened to the Du’a I

<sup>27</sup> Musnad al-Firdaws, vol. 2, p. 415, Hadith 7556

<sup>28</sup> Bahjat al-Majalis, vol. 3, p. 763

Visiting the unwell

taught you?’ She رَضِيَ اللهُ عَنْهَا replied: ‘I have forgotten it.’ Upon this, the final Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, ‘Say this:’ (Arabic)

**Translation:** O the Ever-Living, O the Sustainer! I seek relief in Your Mercy to rectify all my affairs. Do not entrust me to another or to myself for so much as the blink of an eye.<sup>29</sup>

Allah Almighty have mercy upon her and forgive us without accountability for her sake!

اٰمِيْنَ بِجَاةِ خَاتِمِ النَّبِيِّيْنَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

صَلُّوْا عَلَيَّ الْحَبِيْب صَلَّى اللهُ عَلَيَّ مُحَمَّدٍ

## 8. Visiting Sayyiduna Abu Hurairah رَضِيَ اللهُ عَنْهُ

The servant of the Prophet, Sayyiduna Anas رَضِيَ اللهُ عَنْهُ states: “Sayyiduna Jibraeel عَلَيْهِ السَّلَام conveyed news of a particular Du’a to the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. When Sayyiduna Abu Hurairah رَضِيَ اللهُ عَنْهُ fell ill, the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ told him this Du’a”:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْخَبْدُ يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ شَهِيدٌ  
رَبِّ الْعِبَادِ وَالْبِلَادِ وَالْخَبْدِ اللَّهُ حَسْبُكَ أَكْثَرُ طَيِّبًا مُبَارَكًا فِيهِ عَلَى كُلِّ حَالٍ اللَّهُ أَكْبَرُ كَبِيرًا إِنَّ كِبَرِيَاءَ  
رَبِّنَا وَجَلَالَهُ وَقُدْرَتَهُ بِكُلِّ مَكَانٍ اللَّهُمَّ إِنَّكَ أَمْرُصَتَنِي لِتَقْبُضَ رُوحِي فِي مَرَضِي هَذَا فَاجْعَلْ

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<sup>29</sup> Mu’jam Awsat, vol. 2, p. 368, Hadith 3565

رُوحِي فِي أَرْوَاحِ مَنْ سَبَقَتْ لَهُمْ مِّنكَ الْحُسْنَىٰ وَبَاعِدْنِي مِنَ النَّارِ كَمَا بَاعَدْتَ أَوْلِيكَ الَّذِينَ  
سَبَقَتْ لَهُمْ مِّنكَ الْحُسْنَىٰ

**Translation:** There is none worthy of worship except Allah. He is One and has no partner. Sovereignty belongs to Him and all praise is due to Him. He gives life and He gives death; He is Alive and never dies. He is the Lord of people and cities. All praise is due only to Allah in every state, praise which is excellent, abundant and blessed. Allah is the Greatest. Indeed, His Greatness, Majesty and Power is everywhere. O Allah! If you have made me ill so that You can take my soul, place me with those souls for whom You have promised Paradise. Keep me distant from the Hellfire, just as You have distanced your friends from the Hellfire who have been promised Paradise.<sup>30</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

## 9. Visiting Sayyiduna Salman Farsi رَضِيَ اللَّهُ عَنْهُ

The Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ did not see Sayyiduna Salman Farsi in his sacred gathering, so he asked about him. Our beloved master, the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ was told that he رَضِيَ اللَّهُ عَنْهُ was ill. The Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ went to visit him and said:

May Allah increase your reward and grant you well-being in

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<sup>30</sup> Mawsu'ah li Ibn Abi al-Dunya, vol. 4, p. 370, Hadith 159

Visiting the unwell

both your body and religion until death. There are three things to note with regards to the pain you are feeling: Firstly, this illness will remind you of Allah profoundly. Secondly, your previous sins will be forgiven. Lastly, supplicate for anything you wish, as the supplication of the one afflicted with an illness is accepted.<sup>31</sup>

It is mentioned in another narration: Sayyiduna Salman Farsi رَضِيَ اللهُ عَنْهُ states, that when he fell ill, the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ visited him and said: “May Allah cure you from your illness, forgive your sins, and grant you wellbeing in both your body and religion until your last breath.”<sup>32</sup>

Allah Almighty have mercy upon him and forgive us without accountability for his sake!

اٰمِيْنَ بِجَاهِ خَاتَمِ النَّبِيِّيْنَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

*Wu Du'a Jis Ka Joban Bahar e Qabool*

*Us Naseem e Ijabat Pa Lakhaun Salaam*<sup>33</sup>

**Commentary of the poetry:** Imam Ahmad Raza Khan رَضِيَ اللهُ عَنْهُ submits his praise in the court of the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ by saying, “The sacred Du’a of the Beloved صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ carries such splendour, that its effects become apparent instantly. May thousands of Salam be upon the cool, fragrant

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<sup>31</sup> Mawsu'ah li Ibn Abi al-Dunya, vol. 4, p. 249, Hadith 91

<sup>32</sup> Mu'jam Kabeer, vol. 6, p. 240, Hadith 6106

<sup>33</sup> Hadaiq e Bakhshish, p. 302

breeze of his blessed supplications.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

## 10. Illness Removes the Dirt of Sins

Sayyidatuna Umm 'Ala رَضِيَ اللَّهُ عَنْهَا was the paternal aunt of Sayyiduna Hakim bin Hizam رَضِيَ اللَّهُ عَنْهُ and a pious female Companion who gave her allegiance to the Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. She states:

The Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ visited me while I was sick. He said: 'Good news, O Umm 'Ala! Know that a Muslim's illness removes their sins, the way fire removes the dross of iron and silver.'<sup>34</sup>

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

## 11. This Fever has Exhausted me

The final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ visited a female Companion who was ill, and asked her how she was feeling. She replied: 'Better! But this fever has tired me.' Upon hearing this, the Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: Be patient, as fever removes sins the way a furnace removes rust from iron.'<sup>35</sup>

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<sup>34</sup> Abu Dawood, vol. 3, p. 246, Hadith 3092

<sup>35</sup> Mu'jam Kabir, vol. 24, p. 405, Hadith 984

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Allah Almighty have mercy upon her and forgive us without accountability for her sake.

اٰمِيْن بِجَاہِ خَاتِمِ النَّبِيِّيْنَ صَلَّى اللّٰهُ عَلَيْهِ وَاٰلِهٖ وَسَلَّم

صَلُّوْا عَلَی الْحَبِيْب صَلَّی اللّٰهُ عَلٰی مُحَمَّدٍ

الْعَلَمَةُ لِلَّهِ رَبِّهِ الْعَالَمِينَ وَالْمَلَكُوتُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالْمَلَكُوتُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالْمَلَكُوتُ لِلَّهِ رَبِّ الْعَالَمِينَ

A Muslim's illness removes  
their sins, the way fire  
removes the dross of iron  
and silver.

*(Abu Dawood, vol. 3, p. 246, Hadith 3092)*



Aalami Madani Markaz, Faizan-e-Madinah, Mahallah Saudagaran  
Purani Sabzi Mandi, Bab-ul-Madinah, Karachi, Pakistan

UAN: +92 21 111 25 26 92 | Ext: 7213

Web: [www.maktabatulmadinah.com](http://www.maktabatulmadinah.com) | E-mail: [feedback@maktabatulmadinah.com](mailto:feedback@maktabatulmadinah.com)