



SEEKING FORGIVENESS FROM ALLAH



Translated into English by
Translation Department (Dawat-e-Islami)

Shaykh-e-Tareeqat, Ameer-e-Ahl-e-Sunnat
Founder of Dawat-e-Islami, Allamah Maulana Abu Bilal

MUHAMMAD ILYAS
Attar Qadiri Razavi

فضائل استغفار

Fazail-i-Istighfar

Seeking Forgiveness from Allah

THIS booklet was written by Shaykh-e-Tareeqat, Ameer-e-Ahl-e-Sunnat, the founder of Dawat-e-Islami 'Allamah Maulana Abu Bilal Muhammad Ilyas Attar Qadiri Razavi دامت برکاتہم العالیہ in Urdu. **Translation Department (Dawat-e-Islami)** has translated it into English. If you find any mistake in the translation or composing, please inform the Translation Department on the following postal or email address with the intention of earning reward.

Translation Department (Dawat-e-Islami)

Aalami Madani Markaz, Faizan-e-Madinah, Mahallah Saudagran,
Purani Sabzi Mandi, Bab-ul-Madinah, Karachi, Pakistan

UAN: ☎ +92-21-111-25-26-92 – Ext. 7213

Email: ✉ translation@dawateislami.net

Seeking Forgiveness from Allah
An English translation of Fazail-i-Istighfar



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Aalami Madani Markaz, Faizan-e-Madinah Mahallah Saudagran,
Purani Sabzi Mandi, Bab-ul-Madinah, Karachi, Pakistan

✉ **Email:** global@maktabatulmadinah.com | feedback@maktabatulmadinah.com

☎ **Phone:** +92-21-34921389-93

🌐 **Web:** www.dawateislami.net | www.maktabatulmadinah.com

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Du'a for Reading the Book

Read the following *du'a* (supplication) before you study a religious book or an Islamic lesson, you will remember whatever you study, **إِنْ شَاءَ اللَّهُ**:

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَانْشُرْ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Translation

O Allah **عَزَّوَجَلَّ**! Open the doors of knowledge and wisdom for us and have mercy on us! O the One Who is the Most Glorious and Honourable! (*Al-Mustatraf*, vol. 1, p. 40)

Note:

Recite *salat* upon the Prophet ﷺ once before and after the *du'a*.

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أَلْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
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Seeking Forgiveness from Allah

Du'a of Attar:

O Lord of Mustafa! Whosoever reads or listens to the 28-page booklet ‘*Seeking Forgiveness from Allah*’, allow them to always remember You, purely seeking Your pleasure, and forgive them without accountability.

أَمِينُ بِجَاهِ خَاتَمِ النَّبِيِّينَ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

The excellence of *salat* upon the Prophet

The final Prophet of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, “Do not make me like the pot of a rider. He fills his pot with water, then places it, and then carries his belongings. Whenever he needs water, he drinks from the pot or performs wudu; otherwise, he throws it

away. Contrary to this, remember me in the beginning, middle, and end of your supplications.¹

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Five excellences of seeking forgiveness (*istighfār*)

1. Cleansing the rust of the heart

As narrated by *Sayyidunā* Anas رَضِيَ اللَّهُ عَنْهُ, the final Prophet of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, “Without doubt, the heart can also gather rust, just as iron does. Seeking forgiveness (from Allah) is what cleanses it.”²

2. Salvation from worries

As narrated by *Sayyidunā* ‘Abdullāh ibn ‘Abbās رَضِيَ اللَّهُ عَنْهُمَا, the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has stated, “Whoever makes seeking forgiveness mandatory upon himself, Allah عَزَّوَجَلَّ will distance every worry from him, bless him with relief from every shortage, and grant him sustenance from a place he would never have imagined.”³

¹ *Majma’ al-Zawaid*, vol. 10, p. 239, Hadith 17256

² *Majma’ al-Zawaid*, vol. 10, p. 346, Hadith 17575

³ *Ibn Maja*, vol. 4, p. 257, Hadith 3819

3. A pleasing book of deeds

Sayyidunā Zubayr ibn ‘Awwām رَضِيَ اللَّهُ عَنْهُ relays that the Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ once said, “Whoever would like for his book of deeds to please him, he should increase the amount of *istighfar* (seeking forgiveness from Allah) within it.”⁴

4. Glad tidings

Sayyidunā ‘Abdullāh ibn Busr رَضِيَ اللَّهُ عَنْهُ heard the final Prophet of Allah صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ saying, “Glad tidings are for he who finds an abundance of *istighfār* in his book of deeds.”⁵

5. Tidings of Paradise for those who recite Sayyid al-Istighfār

Relayed on the authority of Sayyidunā Shaddād ibn Aws رَضِيَ اللَّهُ عَنْهُ, the Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ has stated, “This is Sayyid al-Istighfār:

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ أَعُوذُ بِكَ
مِنْ شَرِّ مَا صَنَعْتُ أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

Translation: O Allah عَزَّوَجَلَّ! You are my Lord. There is none worthy of worship except You. You created me. I am Your bondsman. I adhere to Your covenant and promise to the best of my ability. I seek Your refuge from the evil that I have committed. I acknowledge Your

⁴ Majma’ al-Zawaid, vol. 10, p. 347, Hadith 17579

⁵ Ibn Maja, vol. 4, p. 257, Hadith 3818

bounty bestowed upon me, and I confess my sins; forgive me, for there is no one except You who can forgive sins.

Whoever recites this with faith and conviction during the day, and then passes away that same day before the onset of evening, will enter Paradise. Whoever recites this with faith and conviction during the night, and then passes away that same night before the onset of morning, will enter Paradise.”⁶

Four excellences of Kalimah Ṭayyibah

1. Who is truly fortunate?

Sayyidunā Abū Hurayrah رضى الله عنه once asked, “O Messenger of Allah صلى الله عليه وآله وسلم! Who will be the fortunate people blessed with your intercession on the Day of Judgement?” He صلى الله عليه وآله وسلم replied, “Abū Hurayrah! I had thought that nobody would ask this question of me before you, as I know your enthusiasm for listening to Hadith. On the Day of Judgement, the fortunate person who will be blessed with my intercession will be the one who recited لَا إِلَهَ إِلَّا اللَّهُ with the conviction of his heart.”⁷

2. The greatest of all dhikr (remembrance of Allah) and du’a (supplication)

Sayyidunā Jābir رضى الله عنه says, “I heard the final Prophet

⁶ Bukhari, vol. 4, p. 190, Hadith 6306

⁷ Bukhari, vol. 1, p. 53, Hadith 99

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ﷺ explaining, ‘The greatest dhikr is لَا إِلَهَ إِلَّا اللَّهُ, and the greatest *du’a* is اَلْحَمْدُ لِلّٰهِ.’”⁸

3. Opening of the doors of the sky

As narrated by Sayyidunā Abū Hurayrah رَضِيَ اللّٰهُ عَنْهُ, the final Prophet ﷺ has stated, “Whoever says لَا إِلَهَ إِلَّا اللَّهُ with sincerity, the doors of the skies are opened to the extent that he (the reciter) reaches the ‘*Arsh*, provided he refrains from major sins.”⁹

4. Renewing faith (*tajdīd al-īmān*)

It is narrated by Sayyidunā Abū Hurayrah رَضِيَ اللّٰهُ عَنْهُ that the Messenger of Allah ﷺ said, “Renew your faith.” It was asked, “O Messenger of Allah ﷺ! How can we renew our faith?” He replied, “Recite لَا إِلَهَ إِلَّا اللَّهُ in abundance.”¹⁰

Three excellences of reciting ‘سُبْحَنَ اللّٰهِ وَبِحَمْدِهِ’

1. Sins are erased

As conveyed by Sayyidunā Abū Hurayrah رَضِيَ اللّٰهُ عَنْهُ, the final Prophet ﷺ has said, “Whoever recites ‘سُبْحَنَ اللّٰهِ وَبِحَمْدِهِ’

⁸ Ibn Maja, vol. 4, p. 248, Hadith 3800

⁹ Tirmizi, vol. 5, p. 340, Hadith 3601

¹⁰ Musnad Iman Ahmad, vol. 3, p. 281, Hadith 8718

100 times, his sins are erased even if they are equivalent to the foam of the ocean.”¹¹

2. The reward of donating a mountain of gold

Sayyidunā Abū Umāmah رَضِيَ اللَّهُ عَنْهُ narrates that the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, “Whoever finds it difficult to perform worship at night, is miserly in spending his wealth, or is afraid of performing *jihad* against the enemy, should recite ‘سُبْحَانَ اللَّهِ وَبِحَمْدِهِ’ in abundance. This is more liked by Allah عَزَّ وَجَلَّ than donating a mountain of gold in His path.”¹²

3. Date tree in Paradise

Sayyidunā ‘Abdullāh ibn ‘Amr رَضِيَ اللَّهُ عَنْهُ explains that the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ once said, “Whoever recites ‘سُبْحَانَ اللَّهِ وَبِحَمْدِهِ’, a date tree is planted for him in Paradise.”¹³

صَلُّوا عَلَى الْحَبِيبِ صَلَّيَ اللَّهُ عَلَى مُحَمَّدٍ

Three Excellences of reciting ‘لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ’

1. A door of Paradise

Sayyidunā Mu’ādh ibn Jabal رَضِيَ اللَّهُ عَنْهُ narrates that the Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, “Shall I not inform

¹¹ Tirmizi, vol. 5, p. 287, Hadith 3477

¹² Majma’ al-Zawaid, vol. 10, p. 112, Hadith 16876

¹³ Majma’ al-Zawaid, vol. 10, p. 111, Hadith 16875

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you of a door from the doors of Paradise?” When asked what this door was, he replied, "لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ"¹⁴

2. Cure for 99 ailments

On the authority of Sayyidunā Abū Hurayrah رَضِيَ اللَّهُ عَنْهُ, the Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ was reported to have said, “For the person who recited ‘لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ’, it is a cure for 99 ailments, the least of which is sadness and grief.”¹⁵

3. How to protect your bounties

Sayyidunā ‘Uqbah ibn ‘Āmir رَضِيَ اللَّهُ عَنْهُ narrates that the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, “Whoever has been granted a bounty by Allah عَزَّ وَجَلَّ and wishes to preserve it should recite ‘لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ’ in abundance.”¹⁶

Three invocations to be recited when waking up

As narrated by Sayyidunā ‘Ubādah ibn Ṣāmit رَضِيَ اللَّهُ عَنْهُ, the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, “Upon awakening, whoever recites:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ أَلْهَمَكَ اللَّهُ الْإِسْلَامَ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ
أَلْحَمْدُ لِلَّهِ وَسُبْحَانَ اللَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللهُ أَكْبَرُ لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

¹⁴ Majma’ al-Zawaid, vol. 10, p. 118, Hadith 16897

¹⁵ Attargheeb Wattarheeb, vol. 2, p. 285, Hadith 2448

¹⁶ Mu’jam Kabeer, vol. 17, p. 311, Hadith 859

Translation: *There is none worthy of worship except Allah عَزَّوَجَلَّ. He is Alone. He has no associate. Sovereignty is for Him, and all praise is for Him. He has power over everything. Allah عَزَّوَجَلَّ is Pure (from all shortcomings), and all praise is for Allah عَزَّوَجَلَّ. There is none worthy of worship except Allah عَزَّوَجَلَّ and Allah عَزَّوَجَلَّ is the Greatest, and the capability to refrain from sins and the ability to do good comes only from Allah عَزَّوَجَلَّ.*

and then recites 'اللَّهُمَّ اغْفِرْ لِي', or makes any *du'a*, it will be accepted. If he performs wudu and offers salah thereafter, his salah will be accepted."¹⁷

As narrated by Sayyidunā ‘Abdullāh ibn ‘Amr رَضِيَ اللَّهُ عَنْهُ, the Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, “When waking up, whoever recites

بِسْمِ اللَّهِ، سُبْحَانَ اللَّهِ، آمَنْتُ بِاللَّهِ وَكَفَرْتُ بِالْجِبْتِ وَالطَّاغُوتِ

Translation: *Allah's name I begin with. Allah عَزَّوَجَلَّ is Pure (from all shortcomings). I believe in Allah عَزَّوَجَلَّ, and I disbelieve in idols and Shayṭān.*

¹⁷ Bukhari, vol. 1, p. 391, Hadith 1154

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ten times, he will be saved from every sin that he is afraid of, and no sin will be able to approach him.”¹⁸

3. اَلْحَمْدُ لِلّٰهِ الَّذِيْ اَحْيَاَنَا بَعْدَ مَا اَمَاتَنَا وَاِلَيْهِ النُّشُوْرُ

*Translation: All praise is for Allah ﷺ who has bestowed us life (wakefulness) after death (sleep), and we are to return to Him.*¹⁹

Five invocations for morning and evening

1. Sayyidunā Abū Hurayrah رَضِيَ اللّٰهُ عَنْهُ explains that a person once presented himself in the court of the final Prophet صَلَّى اللّٰهُ عَلَيْهِ وَاٰلِهٖ وَسَلَّم and said, “O Messenger of Allah صَلَّى اللّٰهُ عَلَيْهِ وَاٰلِهٖ وَسَلَّم! I have never seen a scorpion like the one that stung me last night.” In reply, the illustrious Messenger صَلَّى اللّٰهُ عَلَيْهِ وَاٰلِهٖ وَسَلَّم said, “Why did you not recite

اَعُوْذُ بِكَلِمَاتِ اللّٰهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

Translation: I seek refuge with the absolute and perfect words of Allah ﷺ from the harm of the creatures [here creatures refers to those which are capable of harming].

¹⁸ Majma' al-Zawaid, vol. 10, p. 174, Hadith 17060

¹⁹ Bukhari, vol. 1, p. 192, Hadith 6312

in the evening? (After reciting this) The scorpion would not have caused you any harm.”²⁰

2. Sayyidunā Abān ibn ‘Uthmān رَضِيَ اللهُ عَنْهُ reports that the final Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has stated, “Whoever recites this three times in the morning and evening, nothing will be able to harm him:

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ يُرَوِّدُ

Translation: Allah’s عَزَّوَجَلَّ name I begin with, by virtue of Whose Name nothing in the earth or sky can cause harm, and He عَزَّوَجَلَّ is the All-Hearing and All-Knowing.²¹

3. As narrated by Sayyidunā Abū Hurayrah رَضِيَ اللهُ عَنْهُ, the final Prophet of Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ explained, “Whoever recites ‘سُبْحَانَ اللَّهِ وَبِحَمْدِهِ’ 100 times in the morning and evening, there will be no one bearing a better deed than him on the Day of Judgement except the one who has recited the equivalent of this or more.”²²

²⁰ Ibn Hibaan, vol. 2, p. 180, Hadith 1016

²¹ Tirmizi, vol. 5, p. 251, Hadith 3399

²² Muslim, p. 1445, Hadith 2692

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4. Sayyidunā Abū Dardā رَضِيَ اللهُ عَنْهُ has said, “Whoever recites:

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ

Translation: Allah عَزَّوَجَلَّ is sufficient for me. There is none worthy of worship except Him. I have put my trust in Him. He is the Lord of the Great Throne.

Allah عَزَّوَجَلَّ will suffice for him in all of his worries.”²³

5. Sayyidunā Munaydhir رَضِيَ اللهُ عَنْهُ narrates, "I heard the Messenger of Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ saying, ‘Whoever recites:

رَضِيتُ بِاللَّهِ رَبًّا وَبِالْإِسْلَامِ دِينًا وَبِمُحَمَّدٍ نَبِيًّا

Translation: I am pleased with Allah عَزَّوَجَلَّ as the Creator, with Islam as the religion, and with Sayyidunā Muhammad صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ as the Prophet.

in the morning, I assure him that I will take him by the hand and make him enter Paradise.”²⁴

²³ Abu Dawud, vol. 4, p. 416, Hadith 5081

²⁴ Majma' al-Zawaid, vol. 10, p. 157, Hadith 17005

Three excellences of declaring the Oneness of Allah (*Kalimah Tawhid*)

1. As narrated by Sayyidunā Abū Umāmah رَضِيَ اللَّهُ عَنْهُ, the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, “Whoever recites:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَبْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Translation: There is none worthy of worship but Allah عَزَّوَجَلَّ. He is Alone. He has no associate. Sovereignty is for Him, and all praise is for Him. He has power over everything.

no deed can surpass this statement, and no sin will remain with him (the reciter).”²⁵

2. Sayyidunā ‘Amr ibn Shu’ayb رَضِيَ اللَّهُ عَنْهُ has reported from his grandfather, through his father, that the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ explained, “The most superior *du’a* is the *du’a* of ‘Arafah, and the most superior declaration which I and the prophets عَلَيْهِمُ السَّلَام preceding me have said is:²⁶

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَبْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ سُورَةُ

3. Sayyidunā Barā ibn ‘Āzib رَضِيَ اللَّهُ عَنْهُ narrates that the Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has stated, “Whoever gave

²⁵ Majma’ al-Zawaid, vol. 10, p. 94, Hadith 16824

²⁶ Tirmizi, vol. 5, p. 339, Hadith 3596

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silver or milk as charity or informed a blind person of the path will be given reward similar to freeing one slave. Also, whoever recites:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَبْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

will also earn reward similar to freeing one slave.”²⁷

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Four invocations to ensure death with faith intact

A person came into the court of Imam Ahmad Raza Khan رَحْمَةُ اللَّهِ عَلَيْهِ seeking *du'a* to pass away with his faith intact. The great Imam رَحْمَةُ اللَّهِ عَلَيْهِ made *du'a* for him and advised him:

1. Recite يَا حَيُّ يَا قَيُّوْمُ لَا إِلَهَ إِلَّا أَنْتَ (O the Ever-Living! O the Ever-Lasting! There is none worthy of worship except You) 41 times in the morning (every day) with *salat* upon the Prophet before and after.
2. Having recited all of your invocations, recite Sūrah Kāfirūn before going to sleep every day. Do not converse with others thereafter. If a need arises that impels you to speak, recite

²⁷ Musnad Imam Ahmad, vol. 6, p. 408, Hadith 18541

Sūrah Kāfirūn again in the end. **إِنْ شَاءَ اللَّهُ** You will pass away with your faith intact.

3. Consistently recite this *du'a* three times in the morning and evening:

اللَّهُمَّ إِنَّا نَعُوذُ بِكَ مِنْ أَنْ نُشْرِكَ بِكَ شَيْئًا نَعْلَمُهُ وَنَسْتَغْفِرُكَ لِمَا لَا نَعْلَمُهُ

Translation: O Allah **عَزَّوَجَلَّ** We seek Your refuge from associating anything with You knowingly, and we do istighfār for that which we are unaware.²⁸

4.

بِسْمِ اللَّهِ عَلَى دِينِي بِسْمِ اللَّهِ عَلَى نَفْسِي وَوَلَدِي وَأَهْلِي وَمَالِي

Translation: By virtue of the name of Allah **عَزَّوَجَلَّ**, may my faith, life, children, dependents and wealth all be protected!

Recite this three times in the morning and evening. Your faith, life, wealth and children will all remain secured.²⁹

(The time from sunset to true dawn is classified as night by shariah. In the same way, the time spanning from midnight to the glimmering of the first ray of the sun is classified as morning).

²⁸ Musnad Imam Ahmad, vol. 7, p. 146, Hadith 19625, Malfuzaat e Ala Hazrat, p. 311

²⁹ Shajarah Qadiriyyah Razawiyyah, p. 12

Forgiveness of sins

لَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ الْحَمْدُ لِلَّهِ وَسُبْحَانَ اللَّهِ وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

The sins of whoever recites this invocation are forgiven, even if they are equivalent to the foam of the ocean.³⁰

Earn 40 million virtues

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ إِلَهًا وَاحِدًا أَحَدًا صَدًا لَمْ يَتَّخِذْ صَاحِبَةً وَلَا وَلَدًا وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

Sayyidunā Tamīm al-Dārī رَضِيَ اللَّهُ عَنْهُ narrates that the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has stated, “Whoever says these words 10 times, 40 million virtues are recorded for him.”³¹

An invocation that protects one from Satan

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

As reported by Sayyidunā Abū Hurayrah رَضِيَ اللَّهُ عَنْهُ, the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, “Whoever says these words 100 times in the day, this act of his is equivalent to freeing 10 slaves.

³⁰ Musnad Ima Ahmad, vol. 2, p. 662, Hadith 6977

³¹ Tirmizi, vol. 5, p. 289, Hadith 3484

One hundred virtues will be written in his book of deeds, 100 of his sins will be forgiven, and these words will protect him from Satan for that day until the evening. No one will come forth with a better action than his, except the one who has performed this action more than him.”³²

An effective way to prevent backbiting

In a statement attributed to ‘Allāmah Majd al-Dīn Fīrauzābādī رَحِمَهُ اللهُ عَلَيْهِ, “Whenever you sit in any gathering (i.e. amongst people), recite:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ وَصَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Allah عَزَّوَجَلَّ will then appoint an angel to prevent you from backbiting. And whenever you get up to leave the gathering, recite بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ وَصَلَّى اللَّهُ عَلَى مُحَمَّدٍ again; the angel will then prevent other people from backbiting you.”³³

Five Madanī pearls

Sayyidunā ‘Abdullāh ibn ‘Amr ibn al-‘Āṣ رَضِيَ اللهُ عَنْهُ elucidates, “There are five certain habits, that if adopted, will cause a person to become virtuous in this worldly life and in the Hereafter.

³² Bukhari, vol. 2, p. 402, Hadith 3293

³³ Al-Qaul-ul-Badī’, p. 278

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1. لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَّسُولُ اللَّهِ; Reciting this from time to time.
2. Whenever becoming involved in any calamity (illness, suffering a loss, or upon hearing worrying news), reciting لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ and إِنَّا لِلَّهِ وَأِنَّا إِلَيْهِ رَاجِعُونَ.
3. Whenever receiving a bounty, reciting الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ in order to pay gratitude.
4. Commencing any permissible action by reciting بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ.
5. Whenever a sin is committed, to recite أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ وَأَتُوبُ إِلَيْهِ (I seek forgiveness from Allah, the Esteemed, and I repent to Him).³⁴

Six ways to safeguard yourself from magic and calamities

The following six invocations are referred to as the ‘six guards.’ One who regularly recites these every night, or keeps them in written form with him, will remain secured from every fear, danger, magic, and every type of affliction إِنَّ شَاءَ اللَّهُ.³⁵

³⁴ *al-Munabbihat*, p. 57

³⁵ *Jannati Zaiwar*, p. 582

First Guard

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ اللَّهُ السَّيِّعُ الْبَصِيرُ الَّذِي لَيْسَ كِبْشُهُ شَيْءٌ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Second Guard

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ اللَّهُ الْخَلَّاقِ الْعَلِيمِ الَّذِي لَيْسَ كِبْشُهُ شَيْءٌ وَهُوَ الْفَتَّاحُ الْعَلِيمُ

Third Guard

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ اللَّهُ السَّيِّعُ الْبَصِيرُ الَّذِي لَيْسَ كِبْشُهُ شَيْءٌ وَهُوَ الْعَلِيمُ الْبَصِيرُ

Fourth Guard

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ اللَّهُ السَّيِّعُ الْبَصِيرُ الَّذِي لَيْسَ كِبْشُهُ شَيْءٌ وَهُوَ الْغَنِيُّ الْقَدِيرُ

Fifth Guard

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ اللَّهُ السَّيِّعُ الْبَصِيرُ الَّذِي لَيْسَ كِبْشُهُ شَيْءٌ وَهُوَ الْعَزِيزُ الْغَفُورُ

Sixth Guard

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ اللَّهُ السَّيِّعُ الْبَصِيرُ الَّذِي لَيْسَ كِبْشُهُ شَيْءٌ وَهُوَ الْعَزِيزُ الْغَفُورُ

الْحَكِيمُ فَاللَّهُ خَيْرٌ حَافِظًا وَهُوَ أَرْحَمُ الرَّاحِمِينَ

Invocations to be recited after salah

The lengthy invocations that have been narrated in Hadith for reciting after salah should be recited after the Sunnah prayers of Zuhr, Maghrib and 'Ishā. Before the Sunnah, offer a short *du'ā*, otherwise the reward of the Sunnah prayers will be reduced (due to delaying them).³⁶

³⁶ *Rad-dul-Muhtar*, vol. 2, p. 300, *Bahar-e-Shari'at*, vol. 1, p. 539, part 3

Do not increase or decrease the number of any *du'a* or invocation if its respective amount has been prescribed and mentioned in Hadith. This is because the mentioned virtues of these invocations are related to the number specified. The effect of increasing or decreasing the number can be understood by the example of a lock which is opened by a key which has a specific number of teeth. If the teeth of the key are increased or decreased, it will not function and open the lock. Despite this, if any doubt occurs about the number that has been recited, one can recite more; this will be regarded as an attempt for completion and not as an increase.³⁷

After completing the Sunnah and voluntary (*nafl*) prayers of the five daily salah, recite the invocations given below. These have been numbered for convenience, but it is not a condition to recite them in this particular order. Reciting *salat* upon the Prophet before and after every invocation brings additional blessings.

1. Whoever recites Āyat al-Kursī once [after every salah] will enter Paradise as soon as he dies.³⁸

³⁷ *Rad-dul-Muhtar*, vol. 2, p. 302, *Bahar-e-Shari'at*, vol. 1, p. 539, part 3

³⁸ *Mishkat-ul-Masabih*, vol. 1, p. 197, *Hadith* 974

2. اَللّٰهُمَّ اَعِنِّيْ عَلٰى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ³⁹

Translation: O Allah عَزَّوَجَلَّ help me to invoke Your dhikr (remembrance), pay gratitude and perform Your worship virtuously.

3. اَسْتَغْفِرُ اللهَ الَّذِى لَا اِلَهَ اِلَّا هُوَ الْحَيُّ الْقَيُّوْمُ وَاَتُوبُ اِلَيْهِ

Translation: I seek forgiveness from Allah عَزَّوَجَلَّ, except Whom no one is worthy of worship. He is Ever-Alive. He is the Sustainer. I repent in His court.

Whoever recites this three times (after every salah), his sins will be forgiven even if he has fled from the battlefield of jihad.⁴⁰

4. Tasbīh Fāṭimah: سُبْحَانَ اللهِ 33 times, اَلْحَمْدُ لِلّٰهِ 33 times, and اَللّٰهُ اَكْبَرُ 33 times —this amounts to 99—and finally, recite

³⁹ Abu Dawood, vol. 2, p. 123, Hadith 1522

⁴⁰ Tirmizi, vol. 5, p. 336, Hadith 3588

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لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ۚ لَهُ الْمُلْكُ وَلَهُ الْحُكْمُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Translation: *There is none worthy of worship but Allah عَزَّوَجَلَّ. He is Alone. He has no associate. Sovereignty is for Him, and all praise is for Him. He has power over everything.*

once to complete 100. The sins of the reciter of this will be forgiven, even if they are equal to the foam of the ocean.

5. After every salah, place the hand above the forehead and recite:

بِسْمِ اللَّهِ الَّذِي لَا إِلَهَ إِلَّا هُوَ الرَّحْمَنُ الرَّحِيمُ ط اللَّهُمَّ أَذْهِبْ عَنِّي الْهَمَّ وَالْحُزْنَ

Translation: *In the name of Allah عَزَّوَجَلَّ, except Whom none is worthy of worship. He عَزَّوَجَلَّ is the most Affectionate, the Merciful. O Allah عَزَّوَجَلَّ, distance grief and sorrow from me.*

(After reciting this, move the hand down onto the forehead.)
Protection from every type of grief and worry will be obtained.

The Imam of the Ahl al-Sunnah, Imām Aḥmad Razā Khān عَلَيْهِ رَحْمَةُ الرَّحْمَن has added ‘وَعَنْ أَهْلِ السُّنَّةِ’ (‘and from the Ahl al-Sunnah’) in the above supplication.

6. After Fajr and ‘Aṣr salah, recite the following 10 times without moving the feet, changing posture or speaking to anyone:

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْخَزَائِيُّخِي وَيُسَبِّتُ وَهُوَ عَلٰى

كُلِّ شَيْءٍ قَدِيرٌ⁴¹

Translation: There is none worthy of worship except Allah عَزَّوَجَلَّ. He is Alone. He has no associates. All Kingdom is for Him, and all praise is for Him. In His Power is [all] goodness. He gives life, and He gives death. He has power over everything.

7. Sayyidunā Anas رَضِيَ اللَّهُ عَنْهُ reports that the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ has stated, “Whoever recites ‘سُبْحَنَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ’⁴² after salah will be resurrected forgiven.”⁴³
8. Sayyidunā ibn ‘Abbās رَضِيَ اللَّهُ عَنْهُمَا narrates that the Messenger of Allah صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, “Whoever recites قُلْ هُوَ اللَّهُ أَحَدٌ (the entire Sūrah) 10 times after every obligatory salah will have Allah عَزَّوَجَلَّ make His divine pleasure and forgiveness necessary for him.”⁴⁴

⁴¹ Bahar-e-Shari’at, vol. 1, p. 539, part 3

⁴² **Translation:** Pure is He عَزَّوَجَلَّ the Magnificent Rabb and Praise is for Him. The capability to refrain from sins and the ability to do good comes from Allah عَزَّوَجَلَّ.

⁴³ Majma’ al-Zawaid, vol. 10, p. 129, Hadith 16928

⁴⁴ Tafseer Dar Mansur, para 30, Surah Al-Ikhlās, Ayat 1, vol. 8, p. 678

Seeking Forgiveness from Allah

9. Sayyidunā Zayd ibn Arqam رَضِيَ اللَّهُ عَنْهُ narrates that the final Prophet صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ once said, “Whoever recites:

سُبْحَنَ رَبِّكَ رَبَّ الْعِزَّةِ عَمَّا يَصِفُونَ ﴿١٨٢﴾ وَسَلَامٌ عَلَى الْمُرْسَلِينَ ﴿١٨٣﴾ وَالْحَمْدُ لِلَّهِ

رَبِّ الْعَالَمِينَ ﴿١٨٤﴾

*Purity is to your Lord, the Lord of Honour, from all what they falsely attribute (unto Him). And peace be upon the messengers. And all praise is due to Allah, Who is the Lord of all the worlds.*⁴⁵

three times after every salah, it is as if he has filled a huge vessel with reward.”⁴⁶

Reward of reciting Quran four times within minutes

As narrated by Sayyidunā Abū Hurayrah رَضِيَ اللَّهُ عَنْهُ, the final Prophet of Allah صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ said, “Whoever recites قُلْ هُوَ اللَّهُ أَحَدٌ (the entire Sūrah) 12 times after Fajr salah, it is as if he has recited the entire Quran four times. On that day, this act of his is better than the people of the earth, provided he adopts piety (*taqwa*).”⁴⁷

⁴⁵ [Kanz-ul-Iman (Translation of Quran)] (Part 23, Al-Saaffaat, verses 180-182)

⁴⁶ Tafseer Dar Mansur, para 23, Surah Al-Saaffaat, Ayat 180, vol. 7, p. 141

⁴⁷ Shu'ab al-Iman, vol. 2, p. 501. Hadith 2528

Invocation for remaining secured from Satan

The Messenger of Allah ﷺ has stated, “Whoever offers Fajr salah, and then before speaking, recites قُلْ هُوَ اللَّهُ أَحَدٌ (the entire Sūrah) 10 times, no sin will reach him on that day, and he will be secured from Satan.”⁴⁸

(To read about more invocations for recitation after salah, refer to ‘*Bahār-e-Sharī’at*’, part 3, pp. 107-110, published by Maktabatul-Madina, as well as ‘*Al-Wazīfat al-Karīmah*’, and ‘*Shajarah Qādiriyyah*’).

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

⁴⁸ *Tafseer Dur Mansur*, para 30, Surah Al-Ikhlās, Ayat 1, vol. 8, p. 678

Hadith of the final Prophet ﷺ

If you were to commit sins to the extent they reach the sky and then repent, Allah shall certainly accept your repentance.

(Ibn Maja, vol. 4, p. 490, Hadith 4248)



Aalami Madani Markaz, Faizan-e-Madinah, Mahallah Saudagaran
Purani Sabzi Mandi, Bab-ul-Madinah, Karachi, Pakistan

UAN: +92 21 111 25 26 92 | Ext: 7213

Web: www.maktabatulmadinah.com | E-mail: feedback@maktabatulmadinah.com