

Weekly Booklet



A Speech Delivered by Ameer Ahl al-Sunnah
Approximately Twenty Years Ago

The Method of Attaining a Long Life



Shaykh al-Tareeqah Ameer Ahl al-Sunnah,
Founder of Dawat-e-Islami, Hazrat Allamah Mawlana
Muhammad Ilyas Attar Qadiri Razavi



الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى خَاتِمِ النَّبِيِّينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

The Method of Attaining a Long Life¹

Attar's Dua

O Allah! Whoever reads or listens to the booklet *The Method of Attaining a Long Life*, grant them a life of faith, well-being, and pious deeds, and forgive them, their parents, and their entire family without accountability.

اٰمِيْنُ بِجَاهِ خَاتِمِ النَّبِيِّينَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

The Excellence of Reciting *Ṣalāt*

The beloved and final Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: "Send abundant *Ṣalāt* upon me, for indeed sending *Ṣalāt* upon me is a means of forgiveness for your sins." (*Jami' Saghir*, p. 87, Hadith: 1406)

صَلَّى اللهُ عَلَى مُحَمَّدٍ

صَلُّوا عَلَى الْحَبِيبِ

The Method of Attaining a Long Life

A handsome groom once visited Sayyidunā Dāwūd عَلَيْهِ السَّلَام. The Angel of Death عَلَيْهِ السَّلَام was present and asked, "Who is this young man?" Sayyidunā Dāwūd عَلَيْهِ السَّلَام replied, "He was married today, and because of his immense love for me, he did not want to go to his bride without meeting me first." The Angel of Death عَلَيْهِ السَّلَام

¹ Amir Ahl al-Sunnah دامعفةبركانهوه العالمة delivered this speech in the Global Madani Markaz Faizan-e-Madinah Karachi on 19th Rabīʿ al-Awwal 1426 AH/ 28th April 2005.

السَّلَام said, "O Dāwūd! This groom will only live for six more days." Upon hearing this, Sayyidunā Dāwūd عَلَيْهِ السَّلَام became sad.

Seven months passed after this incident, but the young man did not die. During this time, the Angel of Death عَلَيْهِ السَّلَام visited again, and Sayyidunā Dāwūd عَلَيْهِ السَّلَام said, "O Malak al-Mawt! That young man is still alive!" The Angel of Death عَلَيْهِ السَّلَام replied, "When I intended to take his soul after six days, Allah Almighty said: 'O Malak al-Mawt! Leave My servant, for when he left Dāwūd عَلَيْهِ السَّلَام, he encountered a helpless beggar and gave him Zakat. That needy person became happy and prayed for him to be granted a long life filled with goodness, and to be made a neighbour of Dāwūd عَلَيْهِ السَّلَام in Paradise. I accepted that supplication and changed those six days into 60 years for the young man, then increased it by a further ten years, and also decreed for him to be a neighbour of Dāwūd عَلَيْهِ السَّلَام in Paradise. Therefore, do not take his soul before this (70-year) period is completed.'" (*Qurra-tul-Uyun ma' Ar-Rawd-ul-Faiq, p. 398*)

May Allah Almighty have mercy upon them and forgive us without accountability for their sake.

اٰمِيْنَ بِجَاهِ خَاتِمِ النَّبِيِّينَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

O lovers of the Prophet! We learn many Madani pearls from this beautiful parable:

- Visiting the pious predecessors is a great blessing.
- People of the past visited the righteous, just as the groom visited Sayyidunā Dāwūd عَلَيْهِ السَّلَام.
- Giving charity increases one's lifespan.
- If the person receiving charity makes a heartfelt supplication, it is accepted.
- A supplication made by another person in one's favour is accepted. In this regard, it is mentioned in the book *Aḥsān al-Wi'ā' li Ādāb al-Du'ā'* by the

father of Imam Aḥmad Razā Khān رَحْمَةُ اللَّهِ عَلَيْهِ: "Supplicate with the tongue with which you have not sinned; meaning, ask others to supplicate for you, for such supplications are accepted." (*Fadaail-e-Du'a*, p. 111 summarized)

- We also learn that a supplication made in the absence of the person is accepted. As mentioned in *Aḥsān al-Wi'ā' li Ādāb al-Du'ā'*: "If someone prays for another secretly (in his absence), it is accepted." (*Fadaail-e-Du'a*, p. 220 selected)

In our society, the manner of asking others to supplicate is such that unless one's name is mentioned publicly, they do not feel satisfied. Sometimes, they even get upset. On one occasion, an Islamic brother became so upset with me (Amir Ahl al-Sunnah) for not mentioning his name publicly in *du'ā'* that he left the Sunnah-inspired religious environment of Dawat-e-Islami.

What happened was that he gave me a note requesting *du'ā'* for his sick daughter. However, I did not supplicate for her publicly in front of everyone. When I went to his house to reconcile with him, he said, "My daughter was very ill and I gave you a note requesting *du'ā'*, but you did not pray, so my heart was broken." I asked him, "Is it necessary to mention the name publicly over the speaker? Is it not possible that I read the note and prayed for your daughter quietly? It is my habit that whenever someone gives me a note or asks me verbally, I pray for them quietly because a prayer made for a Muslim in their absence is accepted quickly. Therefore, if you ever give someone a note or ask them verbally for prayers and they do not pray in front of you, do not assume they did not pray at all."

Remember, if you give someone a note requesting *du'ā'* and they do not pray, they are not sinful; giving someone a note does not make it compulsory upon them to pray. However, if they do pray for you, it is a favour from them. Understand it this way: if someone asks me to pray for them and I do not pray, deliberately or forgetfully, I will not be sinful according to Shariah. However, if I do pray, it will benefit me in the Hereafter because *du'ā'* is an act of worship. In fact, it is the

essence of worship, as the Hadith states: “الدُّعَاءُ مُمْتَحِنُ الْعِبَادَةِ” *Du‘ā* ' is the essence of worship. (*Tirmidhi, 5/243, Hadith: 3382*)

O lovers of the Prophet! If someone asks you to pray for them, then make *du‘ā* '. When some Islamic brothers are asked for prayers, they respond, "We are not worthy of making *du‘ā* ' because we are sinners." However, one narration states: "Pray with the tongue with which you have not sinned." (i.e. ask someone else to pray for you). (*Masnavi Ma'nawi, Daftar Som, 3/35; Fadaail-e-Du'a, p. 111*)

A person may commit many sins with his own tongue, such as backbiting, tale-bearing, lying, using bad language, and hurting others. However, another person's tongue is pure with respect to him because he has not committed sins with that person's tongue. Therefore, when a prayer is made for him with that pure tongue, it will be accepted quickly.

For those who say they are not worthy of praying for others because they are sinners, know that when we greet each other with "*Salām*", this is a supplication. Similarly, at the end of *Ṣalāh*, we say: "السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ" i.e. peace and the mercy of Allah Almighty be upon you. This is also a prayer. It is *Mustahab* (recommended) that when a person turns his head to the right and left at the end of congregational prayer, he intends to greet the worshippers and angels on both sides. If we can make the intention of greeting the angels during *Ṣalāh* and pray for them, even though angels are infallible, why can we not pray for ordinary Muslims?

Giving Wealth in the Path of Allah Almighty Prolongs One's Life

Dear Islamic brothers! You heard at the beginning of the speech that the groom who visited Sayyidunā Dāwūd عَلَيْهِ السَّلَام gave his Zakat to a poor man on his way back and made him happy. The poor man then supplicated for him to be granted a long life with goodness and to become a neighbour of Sayyidunā Dāwūd عَلَيْهِ السَّلَام in Paradise. Allah Almighty accepted the poor man's prayer. Thereafter, the groom whose life was about to end, who only had six days of happiness remaining, was

granted an additional 70 years of life. He was also granted the neighbourhood of Sayyidunā Dāwūd عَلَيْهِ السَّلَام in the Hereafter.

This shows that giving in the way of Allah Almighty increases one's lifespan. Furthermore, if a poor person is made happy and they pray, their prayer is accepted. We also learn that when someone visits a pious elder with proper etiquette, it pleases him, just as Sayyidunā Dāwūd عَلَيْهِ السَّلَام was pleased with the groom. This is why he became sad when he heard the groom only had six days of life left.

We further learn that loving the righteous, maintaining a connection with them, and staying in their company certainly brings blessings and benefits in this world and the Hereafter. This is exactly how the groom who loved Sayyidunā Dāwūd عَلَيْهِ السَّلَام received his blessings. The holy Quran also commands us to remain in the company of the righteous. Verse 119 of Surah al-Tawbah (Part 11) states:

يَا أَيُّهَا الَّذِينَ آمَنُوا اتَّقُوا اللَّهَ وَكُونُوا مَعَ الصَّادِقِينَ ﴿١١٩﴾

Translation from Kanz-ul-Iman: O believers! Fear Allah and stay with the truthful.

Clearly, "the truthful" here refers to the people of Allah, the righteous who are accepted in His court. Furthermore, a Hadith states: "الْمَرْءُ مَعَ مَنْ أَحَبَّ" A person will be with the one whom he loves (on the Day of Judgement). (*Bukhari, 4/147, Hadith: 6169*)

A Good Movement of the Righteous

O lovers of the Prophet! Dawat-e-Islami is a good organisation of righteous people. Whoever joins this organisation, اَلْحَدُّ بِلَهٗ, becomes righteous and helps others become pious too. Sadly, when someone leaves this religious organisation, they sometimes lose their good qualities. For example, they may become lazy in offering prayers and negligent in acting upon the Sunnah. The *Imāmah Sharīf* (turban) may be removed from their head and, Allah forbid, the beard may be removed too.

لَا تُخَدُّ إِلَيْهِ! Dawat-e-Islami teaches love for the beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ and attaches us to his covering of mercy. Remember! Even if you become upset with any responsible member of Dawat-e-Islami at any level, do not leave this movement under any circumstances. Have the mindset that: “Dawat-e-Islami is my organisation and no power in the world can separate me from this beloved organisation.”

لَا تُخَدُّ إِلَيْهِ! Dawat-e-Islami is the largest organisation of the people of truth in the entire world. Remain truly affiliated with Dawat-e-Islami and continue serving the religion according to its method. If you do not hold any responsibility in its religious activities, or you do not know how to deliver a speech, or you cannot wear the *Imāmah Sharīf*, or keep long hair according to the Sunnah—it does not matter. Simply begin by delivering a *Dars* from the book *Faizan-e-Sunnat* in your home. إِنَّ شَاءَ اللهُ, you will witness its blessings yourself. As encouragement in this regard, here is a spiritually uplifting parable.

The Blessing of Home Dars

The family of an Islamic brother from Akola (Maharashtra, India) had fallen into sinful actions and corrupt beliefs due to their association with deviant sects. One day, all the family members were busy watching TV together. Their 17-year-old younger brother, who had started attending the Sunnah-inspired gatherings of Dawat-e-Islami, entered the room walking backwards with his back towards the TV. He took something from the cupboard and left in the same way. Seeing this strange behaviour, the elder brother shouted angrily, "Have you lost your mind? Why are you behaving childishly today?" Without replying, the younger brother went to another room. Their mother explained, "He told me that he made a promise that he will never look at the TV from now on." Due to anger, the elder brother stopped speaking to him.

The younger brother then gathered the household and delivered a *Dars* from the book *Faizan-e-Sunnat*. The elder brother did not sit with the family at first. One day, however, he sat nearby to listen to what was being said. He liked it very much and joined the home *Dars* every day. Gradually, the darkness of his heart began to fade, and he started attending the weekly Sunnah-inspired gatherings of Dawat-e-

Islami. **أَلْحَدْتُ لِلَّهِ**. He came to his senses, freed himself from the company of people with corrupt beliefs, adorned his face with a beard, and instead of listening to the tapes of misguided speakers which he used to enjoy, he began listening to the Sunnah-inspired speeches released by Maktabat-ul-Madinah.

O lovers of the Prophet! If you cannot perform other religious activities of Dawate-Islami, then at least deliver a daily Dars in your home from the chapters of *Faizan-e-Sunnat*, such as *The Excellence of Hunger*, *Blessings of بِسْمِ اللّٰهِ*, *Blessings of Ramadan*, *Backbiting*, and *Call to Righteousness*. If you do not know how to read, it is fine; ask your siblings, parents, or any other family member to deliver the Dars. Keep in mind that it is not necessary for the Dars to be lengthy; in relation to the seven letters of "بِسْمِ اللّٰهِ", seven minutes are enough. If all family members can gather after the Fajr prayer, deliver it at this time; otherwise, deliver it after lunch or tea when everyone is together. If everyone does not sit to listen, it is not a problem; deliver it to even one person.

If you are sincere, someone in the family will surely feel compassion and sit to listen. However, if you laugh loudly or scold those who do not listen, then hardly anyone will be willing to sit. In fact, you may even become sinful in such a case.

Remember! It is not *Fard* (Obligatory) or *Wājib* (Compulsory) upon family members to listen to your Dars. Therefore, deliver it with seriousness and without hurting anyone's feelings. **إِنْ شَاءَ اللّٰهُ**. The hearts of your family members will soften through its blessings, especially the mother, who is the head of the household. She will not only listen herself but also gather other family members too. In this way, your home Dars will continue successfully.

Encouragement for home Dars is given in the *Pious Deeds* booklet, but despite this, Islamic brothers become lazy in this matter. Those who show laziness in conducting home Dars are often not granted permission by their families to travel in Qafilahs. If you start home Dars, **إِنْ شَاءَ اللّٰهُ**, your family will be satisfied with you, and the paths for travelling in Qafilahs will open.

Attar's Dua

O Allah Almighty! Grant the Islamic brothers and sisters, and myself, who deliver home Dars, proximity to Your beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ in Jannat al-Firdous. Also, accept this prayer for everyone who remains connected to the religious environment of Dawat-e-Islami and gives home Dars for as long as they live.

اٰمِيْنَ بِجَاهِ خَاتِمِ النَّبِيِّينَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

O lovers of the Prophet! Starting home Dars does not mean you should abandon other religious activities of Dawat-e-Islami. Rather, continue them as well, for every religious activity has its own importance. If you travel in Qafilahs, it will increase your passion for home Dars. If you fill in the *Pious Deeds* booklet, piety will develop within you. If you participate in the call to righteousness, or give Masjid Dars or street Dars, then through their blessings, the call to righteousness will spread in your area. Therefore, continue and increase other religious activities of Dawat-e-Islami along with the home Dars.

Respect your Parents

Along with performing home Dars and other religious activities, respect your parents wholeheartedly. Kiss their hands and feet, especially your mother's feet, as it is narrated: "Whoever kisses his mother's feet, it is as though he has kissed the threshold of Paradise." (*Durr-e-Mukhtar, 9/606*)

By doing this, اِنْ شَاءَ اللهُ, your parents' love for you will increase. They will feel reassured and realize that their son is in a good place in the religious environment of Dawat-e-Islami. He may have spoken rudely in the past, but now, مَا شَاءَ اللهُ, he enters the home with a lowered gaze, greets with Salām, and kisses our hands and feet. When parents are satisfied with you, they will say: "Son, travel in the Qafilahs, deliver a Dars at home and let us hear the beautiful words of Allah Almighty and His Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ every day without fail."

The Desire for a Long Life

Dear Islamic brothers! At the start of the speech, you heard the event of the groom who visited Sayyidunā Dāwūd عَلَيْهِ السَّلَام. Through the blessing of giving Zakat, his life was increased from six days to sixty years, and then an additional ten years were added. Today, many people desire a long life and take many precautions to preserve it. It seems as though no one is ready to die; even a 100-year-old person wishes to live longer.

Instead of asking for prayers for forgiveness, many elderly people request prayers for the removal of poverty and for blessings in their livelihood. Similarly, wealthy people ask for prayers for blessings in their income, even though Allah Almighty has blessed them with abundant wealth. They request prayers such as: “May our project be completed.” “May the building we are constructing be finished.” “May the work on our house be completed.” Such people should reflect on how houses will continue to be built and demolished, but the owner of the house will go into the grave. Therefore, one should seek the palaces of Paradise.

One eventually finds a place to live in this world. However, if we rent a house, we desire and pray to own it. If we have a small house, we wish for a larger one. Thus, we run after worldly plots and houses and constantly ask for prayers. If only our focus would turn toward the grand palaces of Paradise! If only we were granted a portion of Paradise for the sake of the beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ.

The Blessing of Kindness Toward Close Relatives

O lovers of the Prophet! There is no harm in wishing for a long life with the intention of performing more good deeds. One method of attaining a long life is to treat close relatives well. A Hadith states: "Treating close relatives well increases wealth, fosters mutual love, and extends one's lifespan." (*Mu'jam-ul-Awsat, 6/11, Hadith: 7810*)

From this Hadith, we learn that treating relatives well brings blessings in livelihood, strengthens bonds of love, and increases life. Therefore, if a relationship with someone has broken, restore it.

Unfortunately, nowadays, close relationships break instantly. If there is an argument between your mother and your aunt, it does not mean you should fight with your aunt, backbite her, or speak ill of her. Instead, maintain the relationship with your aunt. If you fear the home environment will be disrupted if your mother finds out, then keep the relationship discreetly. Your mother and aunt are sisters; if Allah Almighty wills, they will reconcile. However, you do not have the right to speak ill of your aunt. Remember, your aunt is a blood relative and among your *Mahārim*. Similarly, if your mother and grandmother have a disagreement, do not sever ties with your grandmother.

Likewise, if parents divorce and the mother tells the children to not meet their father, the children must still meet him. Although a woman leaves the marital bond after divorce, the children's relationship with their father remains. This is why if the father passes away after the divorce, the children are entitled to their share from his inheritance.

From this, we learn that even after divorce, the father's rights over his children remain. In such a case, if the mother repeatedly tells her children to break ties with their father, the children must treat their father with kindness. If the children stop meeting their father because of their mother, thereby causing him distress, it is an act of cruelty towards the poor father, and the children are sinful. If the mother becomes upset because the children are maintaining ties with their father, this is not the children causing harm; rather, the mother is hurting herself. Keep in mind that children should obey their parents in matters that are within the limits of Shariah. If they command something against Shariah, children should not obey it.

Take the Initiative to Restore Ties

Dear Islamic brothers! If, Allah forbid, you have severed ties with your parents, children, siblings, aunts, uncles, grandparents, or other relatives without a valid Islamic reason, take the initiative and mend ties with them. If you have broken ties for a religious reason, such as the father being a non-Muslim, consult the scholars. Even a non-Muslim father must be treated with kindness within the limits of Shariah, and his permissible commands must be followed. However, commands prohibited by Shariah should not be obeyed. For example, if a non-Muslim father

is blind and tells the child to take him to a church, the child should not comply, but if he instructs the child to take him from the church to his home, the child must obey him. *(Tafsir Rooh-ul-Bayan, P. 20, Al-Ankabut, under Verse: 8, 6/450 summarized)*

Those whose parents are non-Muslims, Allah forbid, should consult the scholars regarding how to treat them. Along with this, they should continue travelling in the Qafilahs because this nurtures a passion for gaining religious knowledge, studying religious books, and having a connection with scholars. You will not learn the entirety of Islam in a three-day Qafilah, but you will definitely gain some knowledge of Islam and your interest in reading religious books will grow.

The Blessing of Maintaining Family Ties

O lovers of the Prophet! How great is the act of treating relatives well! A Hadith states: "Indeed, among all good deeds, the reward that comes most swiftly is that of maintaining ties of kinship, to the extent that even if the family members are sinners, maintaining ties among themselves brings increase in their wealth and numbers." *(Mu'jam-ul-Awsat, 1/306, Hadith: 1092)*

Suppose, Allah forbid, that parents, siblings, or children do not pray, watch films and dramas, do not observe veiling, listen to music, or shave their beards—meaning they are sinful—even then, they must be treated with kindness.

Dear Islamic brothers! Just as maintaining ties brings beautiful results in this world, such as a longer life and blessings in wealth, in the Hereafter too, **إِنْ شَاءَ اللَّهُ**, it will bring immense reward.

Maintaining Ties Removes Poverty

Among the blessings of maintaining family ties is that it removes poverty. As the Hadith states: "There are no family members who maintain ties with each other and then become destitute." *(Ibn Hibban, 1/333, Hadith: 441)*

As long as an atmosphere of love exists among family members, poverty will not come near them. Today, many people complain about unemployment and poverty,

but fail to see the lack of love in their homes. When there are constant disputes between parents and quarrels between siblings, how will poverty be removed?

The tragedy is that if a business fails, people usually assume someone has done magic against them. Then they visit practitioners who immediately say there are “effects” or “blockages”. Similarly, if there is conflict at home or a child becomes ill, some think a close relative has done magic. Some foolish people even say, “My father has done magic on me,” or a father claims the son has done magic on him. Remember! Not everyone is a magician. **اَلْحَمْدُ لِلّٰهِ**! There are also people in society who fear Allah Almighty.

Satan will not enter the home

Look! Magic is not the only cause of worries. Worries and difficulties also come because of our own shortcomings. For example, a Hadith states: “When you enter your home, say Salam to the family members. Indeed, when one of you says Salam while entering the house, Satan does not enter that house.” (*Mustadrak, 3/166, Hadith:*

3567 concept) Therefore, enter the house by reciting **بِسْمِ اللّٰهِ** and saying Salam to the family members so that Satan cannot enter. Similarly, evil jinn live in dirty places and washrooms. To protect ourselves from them, we have been taught this supplication:

بِسْمِ اللّٰهِ اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ i.e., In the name of Allah. O Allah! I seek refuge in You from impurity and the devils.’ (*Musannaf Ibn Abi Shaybah, 7/148, Hadith: 5*)

Therefore, recite this supplication before entering the washroom. **اِنْ شَاءَ اللّٰهُ**, you will be protected from the evil jinn.

Nowadays, people have memorised many types of poems and long essays. Some have done an MBA, while others have done an MBBS. Some are lawyers while others have different professions. But alas! Many do not remember the supplication for entering the washroom. Even if someone does know it, they do not know it correctly, and they do not find the time to recite it to a scholar or a Qari to get it corrected.

If you do not recite this supplication when going to the washroom, the jinn inside can cause you trouble. Then, you will keep visiting ‘*āmilīn*’ (practitioners of this field) for treatment. Sometimes, even they will not know where this jinn came from. If you recite the supplication and enter the washroom, you will be protected from jinn. In fact, the jinn will not even be able to see your private parts, because the supplication starts with the words “بِسْمِ اللَّهِ”. Such subject is found in Hadith traditions which state: “If you open your private parts after reciting “بِسْمِ اللَّهِ,” the rebellious jinn will not be able to see them.” (*Tirmidhi, 2/113, Hadith: 606 summarized*)

There is no cure for self-inflicted trouble

Dear Islamic brothers! If someone enters the washroom without reciting the supplication and still wants to be safe from the mischief of evil jinn, there is a proverb: “*Khud kardah rā ‘ilājay nīst,*” which means there is no cure for those who bring trouble upon themselves. Understand it like this: if someone keeps banging their head against a wall and also want it to remain harmless, this cannot happen. Instead, by doing so, there will be physical damage and stitches will also be needed. If one hits the head very hard against the wall, the brain can also come out, resulting in the loss of life.

No disease is incurable

Dear Islamic brothers! Indeed, only if Allah Almighty wills, amulets and spiritual treatments work; otherwise, they do not. Similarly, medicine itself has no power. Only if Allah Almighty wills, there is a cure; otherwise, there is not. Nowadays, doctors treat a patient until they are exhausted and then say there is no cure for this disease. However, such subject is found in hadith traditions: “Allah has not sent down any disease for which He has not sent down a cure.” (*Bukhari, 4/16, Hadith: 5678*)

Just as some doctors are heard saying that a certain disease has no cure, similarly, when some people are told a religious matter, they say: “This is not in any hadith.” For such people, the question is: Have they gone through every single hadith? Surely not. Therefore, they should say: “We have not come across such a hadith.”

Similarly, doctors should also say: “We do not have a treatment for this disease,” or “Doctors have not yet found a cure for this disease.” They should never say that there is no cure at all for a certain disease.

O devotees of the Prophet! We should treat our relatives with kindness and maintain ties with them. By its blessing, **إِنْ شَاءَ اللَّهُ**, we will gain many benefits. For encouragement, a few hadith are presented:

Maintaining Ties of Kinship

The Merciful Prophet **صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ** stated: “Maintaining ties of kinship, good character, and treating neighbours well makes cities populated and increases lifespans.” (*Musnad Imam Ahmad, 9/504, Hadith: 25314*)

Protection from a Bad Death and Calamities

The Greatest Prophet **صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ** stated: “Actions of kind treatment saves one from bad deaths, calamities, and destruction. Those who do good in the world, only they will be bestowed with favour in the Hereafter too.” (*Jami'-ul-Ahadith, 6/86, Hadith: 13564*)

The First to Enter Paradise

The Holy Prophet **صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ** stated: “Good deeds save one from bad deaths. Giving charity secretly cools the wrath of the Lord Almighty. Treating relatives with kindness is (a means) of blessing in life. Every kind act is a charity. Those who do good in the world, only they will be bestowed with favour in the Hereafter too. Only those who do evil in the world will see evil in the Hereafter too. And the first to enter Paradise will be those who treat others well.” (*Mu'jam-ul-Awsat, 4/311, Hadith: 6086*)

Dear Islamic brothers! Connect yourselves with the religious environment of Dawat-e-Islami, the organisation of the Devotees of the Prophet. **إِنْ شَاءَ اللَّهُ**, you will

develop a mindset of maintaining ties of kinship, having good character, and treating neighbours kindly.

3 Spiritual Cures

1. Whosoever recites 'مَا تَارَتْ' his life will be long
بِسْمِ اللّٰهِ

(Madani Panj Surah, p. 297)

2. Whosoever keeps reciting 'مَا تَدُوْسُ' during a journey, بِسْمِ اللّٰهِ he will stay safe from tiredness.

(40 Rohani Ilaj ma' Tibbi Ilaj, p. 3)

3. Whosoever is sad and recites 'مَا شَعْبِيْنَ' 29 times every day, بِسْمِ اللّٰهِ his sadness will go away. Also, he will stay safe from calamities and misfortunes بِسْمِ اللّٰهِ.

(40 Rohani Ilaj ma' Tibbi Ilaj, p. 3)



Faizan-e-Madinah, Muhallah Sodagaran, purani sabzi mandi, Karachi.

UAN +92 21 111 25 26 92 WhatsApp 0313-1139278

www.maktabatulmadinah.com / www.dawateislami.net

feedback@maktabatulmadinah.com / ilmia@dawateislami.net