



وشوار سائنس (Hausa)



ALWALA DA KIMIYYA



Shehin Darika, Ameer-e-Ahl-e-Sunnah, Shugaban
Dawat-e-Islami, Sheikh Maulana

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دلت برکاتہو العالمیہ

وضو اور سائنس

Wuzu aur Science

ALWALA DA KIMIYYA

Wannan jawabine wanda Shehun Darika Amira-e- Ahl-e-sunnat, wanda ya kafa Dawat-e-islami ‘Allamah Maulana Abu Bilal Muhammad Ilyas Attar Qadiri Razavi داعوت برکاتہم العالیہ ya gabatar a harshen Urdu. **Translation Department** (Dawat-e-Islami) (shashin fassara) ya fassara izuwa harshen Hausa. Idan har kaga wani kuskure a cikin fassarar ko rubutun, muna rokonka daka sanarda shashin fassara a wannan adireshin ko ta sakon e-mail tare da niyyar samun ladan Allah [Sawab].

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Alwala da kimiyya
Lu'ul'ai Masu Daraja fassarar 'Wuzu aur Science'



DA HARSHEN HAUSA
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Ba'a yarda a sake fitar da wannan littafinba, ko watsashi ta ko wace irin hanya ta na'ura, ko sake gurzashi, ko juyashi ba tareda izinin.

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Kanada damar tintibarmu in kanason buga littafin addini babba ko karami domin kai ladan izuwa marigaya a cikin iyalanka.

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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Adduar karanta littafi

Ku karanta wannan Adduar mai zuwa kafin karanta litattafan Addini ko darusan musulunci, zaka tina duk abinda kuka koya
إِنْ شَاءَ اللَّهُ

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَأَنْشُرْ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Fassara

Ya Allah عَزَّوَجَلَّ Ya Allah ka bude kofofin hikimarka agare mu, ka
kuma yi mana rahama ya mafi daukaka da karamci.

(Al-Mustatraf, vol. 1, p. 40)

Abin lura: Akaranta salati ga Annabi sau daya kafin da kuma bayan an karanta adduar.

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ALWALA DA KIMIYYA

Akaranta wannan littafin bakidaya. Zaku sami tarin ilimi mai ban mamaki akan alwala, **إِنْ شَاءَ اللَّهُ**.

Falalar salati ga Annabi

Annabin mu, farinciki zuciyar mu da ruhin mu, mafi kirki da kyauta yace: yayin da wa'yanda suke son junansu sabida Allah suka hadu da juna suka hada hunnayan su, kuma suka yiwa Annabi salati, zaa yafe musu zunubansu da suka gabata da kuma wanda zasuyi kafin su rabu da junansu. (*Musnad Abi Ya'la, vol. 3, p 95, Hadees 2951; Dar-ul-Kutub-ul-'Ilmiyyah, Beirut*)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Rungumar musulunci sabida falalar Alwala

Wani mutumi ya bayyana cewa ya gayyaci wani dalibin makaranta wanda yake ba musulmi bane a belgium da ya karbi musulunci. Dalibin ya tambaye shi dangane da amfanin Alwala a kimiyyance amma wannan mutumin ya kasa bashi amsa. Sai

Alwala da kimiyya

ya kai wannan dalibin gurin malamin Addini, amma shima bai da masaniya akan hakan. Wani masanin kimiyya sai ya gaya masa amfanonin alwala da dama, amma shima bai sanar dashi game da amfanin shafar wuya ba. Sai wanan dalibin ya sanar musu cewa profesan su ya sanar da su a yayin karatu, 'idan koda yausha a kowace rana mutum zai shafa ruwa kadan a keyar sa, mutum zai sami kariya daga cututtukan kashin baya da jin haka, sai ya gane hikimar shafar keya yayin alwala. Dalibin ya kuma cewa yanzu ina son ya karbi musulinci, sai ya zama musulmi.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Taron karawa juna sani a yammacin germani

Matsalolin damuwa suna girmama a kasashen yamma, anata kawo rahotonnin masu tabin kwakwalwa da kara gina wajen ajiye mahaukata. Zakuga dogon layin masu tabin hankali a asibitin mahaukata. Wani likitan gyaran jiki daga pakistan Wanda yayi diploma a yammacin germany yayi bayani a taron karawa juna sani akan abubuwan da suke warkar da damuwa bayan magunguna da akayi a germany.wannan likita abayanisa yayi wani bincike mai ban mamaki, yake cewa, nabawa masu cutar damuwa shawara da su ringa wanke fuskarsu sau biyar a rana. Sunyi amfani da shawarata kuma sun sami sauki da waraka a fili akan cutar tasu. Kuma nabawa wasu marasa lafiyar masu irin wannan cutar shawara da su ringa wanke

fuskarsu, hannayensu da kafar su sau biyar a rana. Suma sun sami sauki sosai. A karshen bayani sa wannan likitan ya yadda cewa mawuyacin abune ka sami damuwa a tsakanin musulmai sabida suna wanke fuskarsu, hannun su da kafarsu yayin alwala da dama a kowace rana.

Alwala da hawan jini

Wani kwararren likitan zuciya yayi bayani tare da tabbatar da cewa Idan mai fama da hawan jini yayi Alwala sai aka auna jinin sa, hakika ana samun jininsa yayi kasa.

Likitocin mahaukata musulamai sun kawo cewa, alwala tafi kowane magani saurin warkar da masu cutar tabin hankali. Kwararrun yan boko sun bayawa likitocin masu tabin hankali shawara da su ringa sasu sana wanke jikinsu kamar yadda ake alwala da dama a rana.

Alwala da shanyewar barin jiki

Hatta jerantawa wajen wanke jiki yayin alawala yana da alfanu. Wanke hannuwa a farko yana aika sako zuwa sassan jiki, yana sa jijiyoyin fuska da kwakwalwa suyi danshi ahankali, farawa da wanke hannaye, sannan kuskure Baku, sannan shaka ruwa a hanci, da kuma wanke fuska da sauran gabobin jiki yana rage yiwuwar kamuwa da cutar shanyewar barin jiki. Idan mutum ya wanke fuskarsa sannan ya shafi kansa a farko, zai iya kamuwa da cututtuka daban daban.

Alwala da kimiyya

Wanda yabawa asuwaki muhimmanci

Ya yan uwa musulmai, da akwai sunnoni da dama a cikin alwala kuma hanyace ta samun albarka. Bari mu dauki misalin asuwaki. Hatta kananan yara sun San cewa asuwaki sunnane. Taya kalmomi zasu yi cikakken bayani akan wannan sunnar!

Wani Dan kasuwa yake cewa, 'na hadu da sabon shiga musulunci a switzerland har nai masa kyautar asuwaki. Yai farin ciki, ya sunbaci asuwakin kuma ya shafashi a idonsa. Hawaye suna zubowa a idanun sa, sai ya dauko hankici daga aljihunsa ya warware shi, a cikin sa akwai wani Dan guntun asuwaki Wanda bai wuce kamar inci biyu ba a tsayi. Yace lokacin da yakarbi musulunci, aka bashi wannan a matsayin kyauta.yana amfani da shi kuma yana kula da shi sosai amma yanzu ya kusa ya kare, shiyasa ya damu. Cikin ikon Allah ya kara samun kyautar wani asiwakin daga wajenshi, ma'ana wannan Dan kasuwan.

Sai ya kara da cewa yana da cutar da ke damunsa kullum a hakorinshi da dadashin shi. Kuma Likitoci basuda maganin cutar sa. Sai ya fara amfani da asikwaki, bayan kwanaki kadan sai yaji sauki. Sai Yatafi yaga likita Wanda yai matukar mamaki da yaga ya sami waraka. Sai likitan yace masa bazai yiwu ka warke cikin kankanin lokaci kamar haka ba da taimakon maganin da na rubuta ma. Sai kawai ya tuna abinda yai amfani da shi. Ya tuna cewa ya karbi musulci sannan kwanannan ya

fara amfani da asikwaki. sabida yin asiwak Ya sami albarka ya warke. Likitan yayi mamaki yayin da ya nuna masa.

Domin kara kaifin kwakwalwa

Yan uwa musulmai! Asiwaki yana da alfanu da dama a duniya dama lahira. Asiwaki yana kunshe da sinadarai da dama da suke bada kariya ga hakori daga kamuwa da cututtuka da dama. Yazo a cikin littafin Hashiyah tahtaawi, 'yin amfani da asiwaki yana kara kaifin kwakwalwa da karfin idanuwa, yana warkar da ciyon kai kuma yana sassauta jijiyoyin kai su nutsu, yana cire majina, yana inganta narkewar abinci, yana kara kaifin kwakwalwa, yana kara yawan 'ya'yan halitta, yana jinkirta tsufa da kuma kara kwarin baya. (*Haashiya_tat_tahtaawi 'ala maraqil falah, pp.69*)

Hadisai biyu dangane da Asiwaki

1. Duk yayin da masoyinmu Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ya shiga gidansa mai albarka, Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ yana fara yin asiwaki. (*Sahih Muslim, pp.152, Hadees 253*)
2. Duk yayin da Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ya farka daga baccin sa, Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ yana yin amfani da asiwaki.

(*Sunan Abu Dawood, vol.1, pp. 54, Hadees 57*)

Maganin kumburin baki

Likitoci sun bayyana cewa wash lokutan ciwo yana yaduwa acikin baki sabida acid din cikin ciki kokuma zafin ciki sai ya haifar da yada wasu irin cututtuka acikin Baku. Domin warkewa data wannan cutar, Ku tauna sabon Asiwaki sannan Ku motsa yawun bakin Ku a cikin bakinku na Dan karamin lokaci. Ta wannan hanyar mutane da dama sun sami waraka.'

Cutarwar brushin hakori

Dangane da bincike, kaso tamanin 80% na cututtuka suna afkuwa ne sakamakon kazantar hakori ko kuma bacin ciki. Wasu lokutan hakora basa fita yadda ya kamata sabida haka cututtuka da dama suna girmama acikin dadashi. Sai cututtukan su ringa yaduwa zuwa cikin ciki sai su haifar da cututtuka da dama. Atuna! Ba hadi tsakanin brush din hakori da asiwaki. Kwararru sun kammala cewa:

1. Bayan anyi amfani da brushin hakori sau daya, cututtuka suna zama akan brush kuma basa fita koda an wanke brush din. Kuma suna kara ninkuwa akan brush din.
2. Brushi hakori yana dasashe hasken hakori na ainihin halitta.
3. Amfani da brush yana illatar da dadashi ahankali yana haifar da tazara a tsakanin hakori da dadashi. Sai kaga abun abinci yana makalewa a tsakanin hakori da dadashi.

Kwallin abincin yana rubewa sannan cuta ta fito awajen. Sakamakon haka, saika ga idanu da sauran jiki sun kamu da cuta. Ganin idanu suna raguwa kuma wasu lokutan ma idan ba'ai sa'a ba sai mutum ya makance.

kunsan yanda ake amfani da Asiwaki?

Zaka iya tinanin cewa ina Amfani da Asiwaki na shekaru da dama Amma hakorana da ciki na har yanzu arikice suke. 'Yan uwana! Wannan laifin kune, ba na asiwaki ba. Na riga na san cewa zata iya yiwuwa mutum daya ne acikin miliyan kawai suke yin asiwaki dai dai.mafiya yanwancin mu muna goga asiwaki ne cikin sauri a hakoran mu yayin yin Alwala. Za'a iya cewa ana aikata 'al'adar Asiwaki' amma ba ta bin hanyar da ta dace.

Kawatarwar madani guda 20 akan asiwaki

Fadin masoyin mu Mustapha صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ.

1. Idan dayan Ku ya aikata Sallah raka'a biyu da asiwaki, tafi ta wanda ya aikata raka'a saba'in ba tare da asiwakiba. *(Attargheeb wattarheeb, vol.1, pp.102, Hadees 18)*
2. Ku fardantawa kanku yin amfani da asiwaki domin yana tsafatace baki sannan yana janyo yardar Allah عَزَّوَجَلَّ. *(Musnad Imam Ahmad Bin Hambal, vol. 2, pp. 428, Hadees 5869)*

3. Sayyiduna Ibn 'Abbas رَضِيَ اللهُ عَنْهُمَا ya rawaito; Asiwaki yana da falala guda goma. Yana tsafatace baki, yana sa karfin dadashi da karfin ganin ido, yana cire majina da saka kamshin baki, yana farantawa mala'iku, yana kara ayyukan alkhairi da kuma saita ciki. Mafi muhimmanci kuma, yana farantawa Allah عَزَّوَجَلَّ kuma sunnar Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ne. (*Jam'-ul-Jawami' lis-Suyuti, vol. 5, pp. 249, Hadees 14867*)
4. Sayyiduna Imam shafi'i yace, da akwai abubuwa guda hudu da suke bude wa mutum basira: kauracewa maganganu marasa amfani, yin amfani da Asiwaki, zama acikin waliyyan Allah da kuma yin aiki da ilimin Addini. (*Hayatul haiwan lid dameeri, vol.2, pp.166*)
5. kissa: Sayyiduna Abdul wahhab Sha'arani رَحِمَهُ اللهُ عَلَيْهِ, ya rawaito Sayyiduna Abu Bakr Shibli Baghdadi رَحِمَهُ اللهُ عَلَيْهِ wata rana yana bukatar asiwaki domin yin Alwala. Sai shi رَحِمَهُ اللهُ عَلَيْهِمَا yaje neman asiwaki amma bai iya samun shi ba. A karshe sai shi رَحِمَهُ اللهُ عَلَيْهِ sai ya sayi asiwaki daya akan dinare daya, ma'ana gold daya yai amfani da shi. Sai wasu mutane suke sharhi akai suna cewa ka kashe makudan kudi, Da tsada da sosai.' Sai ya amsa musu cewa; duniya da abinda ke cikin ta basuda muhimmanci daidai da fuffuken sauro awajen Allah. Idan ranar lahira Allah عَزَّوَجَلَّ ya tambaye ni meyasa na bari sunnar masoyina Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ta kubuce mini? Baya ga cewa dukiyar da na Baka batada muhimmanci koda daidai da fiffiken sauro

awajena. meyasa baka kashe wanna yar kankanuwar dukiyar ba akan samun sunna mai girma (asiwaki) to wace amsa zan bada?' (*atakaice daga: Lawaqah-ul-Anwaar, p.38*)

6. A shafi na 288 na farkon babin littafin 'Bahar-e-Shari'at' wanda maktabatul madina ta wallafa, bangaren wallafa litattafai na Dawat-e-Islamic, sanannen kuma jagoran malaman shari'a da tareeqa, 'Allama Maulana Mufti Muhammad Amjad 'Ali A'zam رَحْمَةُ اللهِ عَلَيْهِ ya kawo cewa waliyyai sun fada cewa mutumin da ya dabi'antu da yin Asiwaki za'ai masa baiwa da karanta kalmar shahada a lokacin mutuwarsa, kuma duk wanda yake amfani da kayan maye bazai sami damar karanta kalmar shahada ba a lokacin mutuwarsa.
7. Anaso Asiwaki ya zama daga kowane irin itace mai daci kamar peelu oilive ko neem.
8. Anason kaurin Asiwaki ya zama daidai da karamin yatsa.
9. Ba'a so tsayin Asiwaki ya wuce takun hannu daya, idan bahaka ba shaidan zai zauna Akansa.
10. Anaso kan Asiwakin ya zama mai taushi. Kai mai tauri yana haddasa tazara tsakanin hakori da dadashi.
11. Yana da kyau idan aka sami sabon Asiwaki; idan ba sabo bane sai Ku jika karshen sa a cikin kofin ruwa har zuwa lokacin da zai yi taushi.

Alwala da kimiyya

12. Ku yanke kansa kowace rana. Sabida yana amfani ne yayin da yake dauke da daci ajikinsa.
13. Ku goga asiwakin a hakoranku a kwance.
14. Duk sanda kai niyyar amfani da asiwaki, kai amfani da shi akalla sau uku.
15. Ku wanke shi a kowane lokaci.
16. Ku rike asiwakin da hannun dama, ta hanyar barin karamin yatsa daga kasa, sannan yatsun Ku guda uku na tsakiya su zamto a kanshi inda zaku bar babban yatsanku a saman asiwakin.
17. Da farko Ku fara goge hakoran sama na bangaren dama, sannan hakoran sama na bangaren hagu, sannan Ku wanke hakoran kasa na bangaren dama, sanna na bangaren hagu.
18. Yin Asiwaki ta hanyar dunkule hannu wajen rikeshi yana jawo tari.
19. Asiwaki sunnane kafin Alwala. Dadin dadawa, ya zama sunna mu'akkadah yayin da kamshi Mara dadi yake fitowa daga baki. (*Daga fatawa razawiyah, vol. 1, p. 623*)
20. Idan Asiwaki ya gama amfani, kada Ku watsar da shi sabida shi hanyar aikata sunnane. Maimakon haka, Ku boye shi a wani waje sabida girmamawa ko Ku binne shi,

kokuma Ku daure shi jikin wani abu mai nauyi kamar dutse da sauransu, sannan Ku sakashi cikin kogi.

(Domin samun wasu bayanai atakaice, Ku karanta littafin Bahar-e-Shari'at, volume 1, pages 294-295, Wanda maktabatul madina ta wallafa)

Amfanin wanke hannaye

Acikin Alwala, ana fara wanke hannaye. Bari muga alfanun sa. Mutum yana amfani da hannayen sa wajen taba abubuwa da dama. Sakamakon haka, hannayen mu suna taba sinadarai iri_iri da koyoyin cuta. Idan ba'a wanke hannaye a rana baki daya ba, zasu iya kamuwa da cututtukan fata misalin kurajen hannu, dafewar fata, konewar fata dakuma cutar fungus da makamantan su. Yayin da muka wanke hannayen mu, suna aika wani haske daga saman yatsun mu, ya kunna ~ee electromagnetic system din ~e, bangaren da yake jawo hannayen mu yasa suyi kyau.

Amfanin kuskure baki

Da farko, ana wanke hannaye a alwala. Sabida haka hannaye zasu kubuta daga koyoyin cuta; idan ba haka ba wannan kayoyin cutar zasu shiga bakin mu lokacin kuskure baki kuma su tafi izuwa ciki wanda ananne zasu haifar da mabambantan cututtuka. Iskar da Muke shaka tana kunshe da mugayen koyoyin cuta da dama. Sauran abinci yana zama a bakin mu

Alwala da kimiyya

ajikin hakoran mu da kuma yawu. Sabida haka kuskure baki da yin Asiwaki yayin Alwala yana tsaftace baki gaba daya. Idan baki baida tsafta, yana iya kamuwa da cututtuka masu zuwa:

1. Acquired immune deficiency syndrome (AIDS) yana kama garkuwar jiki _ daya daga cikin alamominta ya hada zafi ko dadewar baki. Har yau likitoci sun kasa gano maganin AIDS. Garkuwar jikin mai cutar bata iya yaki da cututtuka, wanda yake hawo mutuwar sa.
2. Tsatsagewar baki.
3. Cutar moniliasis din baki da lebe
4. Rubewa da kumburin Baku

Idan mutum baya cikin yanayin azumi, yana daga cikin sunnah da ya ringa wanke makogoran shi (ta hanyar wasa da ruwa a makogoron shi). Wanda yake yawan wanke makogoran shi ba zai kamu da zafin makogoro ba sannan zai sami kariya daga cututtukan makogoro iri iri wanda ya hada da cansar makogoro.

Alfanun shaka ruwa a hanci

Huhu yana bukatar iska, wadda ba cuta acikinta, ba hayaki da kura, mai danshin kaso 80%. Domin samar da irin wannan iskar, Allah ﷻ yai mana baiwa da hanci agare mu. Domin sa iska tayi danshi, hanci yana Samar da kimanin daya bisa hudun

gallon na danshi. Akwai 'yan kananun gasusshika da ba'a iya ganin su a cikin hanci. Wadannan gasusshika suna kashe koyoyin cutar da suke biyo iskar da muke shaka. Buga da kari, wadannan gasusshikan suna kuma bada kariya kuma ana kiran su da lysozymes. Da wannan ne hanci yake kare idanu daga kamuwa da cuta.

اللَّحْفُ لِلَّهِ! Wanda yake yin alwala yana wanke hancin sa da ruwa sakamakon haka wannan gaba (hanci) mai muhimmanci tana tsaftatuwa. Sinadaren dake cikin ruwa suna kara aikin kananun gasusshikan hanci, sabida haka musulmai suna kubuta daga matsanantan cututtukan hanci sabida albarkacin Alwala. Saka ruwa a hanci (kamar yadda ake yi a alawala) yana da matuƙar amfani ga masu fama da cutar numfashi (toshewar hanci) da kuma ciwo a cikin hanci.

Alfanun wanke fuska

Akwanaƙinnan, gurbacewar iska da hayaki yake jawowa da sauran abubuwa, yana karuwa a cikin iska. Mabambamtan sinadarai, kamar lead da sauran su, ayanayin datti da kura suna mamayewa akan fuska da idanuwa. Idan ba'a wanke fuska ba, fuskar zata iya kamuwa da cututtuka da dama. Wani likita a turai ya yi rubutu akan idanu, da ruwa da lafiya. Acikin rubutun ya yi bayani cewa, ' Ku ringa wanke idanunku lokuta da dama a kowace rana. Idan ba haka ba zaku kamu da cututtuka masu hadari'.

Alwala da kimiyya

Wanke fuska yana bada kariya ko kuma rage daamar kamuwa da kurajin pimple a fuska. Kwararru akan gyaran fata sun yarda cewa dukkanin mayukan gyara fuska kamar cream da lotion suna barin tabo akan fuska. Domin maida fuskarka tai kyau, ya zama wajibi ka ringa wanke ta lokuta da dama. Beychar, wani babba akunkiyar dake kula da gayran fata ta america, ya bayyana cewa musulmai basa bukatar sinadarin man lotion sabida fuskokinsu suna samun kariya daga cututtuka sakamakon wanke fuskar su yayin alwala'.

Kwararru abangaren kare muhalli sun nuns cewa, 'domin kiyaye fuska daga daga cututtuka, ya zama dole mutum ya wake ta akoda yaushe.'

اَلْحَمْدُ لِلّٰه! Wannan yana yiwuwane yayin Alwala kawai. اَلْحَمْدُ لِلّٰه ta hanyar wanke fuska lokacin Alwala, fuka tana yin taushi, zurga zurgar jini yana karuwa akan fuskar, datti ya na fita sannan kyawun ta yana karuwa har zuwa linki biyu.

Kariya daga makanta

Ya 'yan uwa musulmai! Bari na jawo hankalin Ku zuwa ga cutar da take rage kokuma kawo karshen tsotsewar ruwan ido gaba daya kuma ahankali mara lafiya ya makance.

Dangane da rahotonnin likitoci, idan ana wanke girar ido akai_akai, za'a iya samun kariya daga wannan cutar.

اَلْحَمْدُ لِلّٰهِ! wanda yake yin Alwala yana wanke fuskarsa, da girar sa. Ya kamata Wadannan musulmain da suka kawata fuskar su da gemu su saurari abinda Dr. Professor George Ail ya fada dakyau, ' yayin da mutum ya wanke fuska, kwayoyin cutar da suke zaune akan gemu suna fita. Kofofin gashin suna yin kwari idan ruwa ya jika su. Tsefe gemu yana rage jawo kwarkwata. Bugu da kari, idan gemu ya kasance a jike yana bada kariya daga irin cutar jijiyoyin wuya, makwallato da makogoro.

Alfanun wanke gwiwar hannu

Akwai jijiyoyi a gwiwar hannu da suka hade da zuciya, da hanta da kwakwalwa. Yawanci wannan bangaren jikin a rufe suke. Idan da ba'a jika gwiwar hannu da ruwa kuma ba'a rufe suke ba sabida iska. Lallai cututtukan sassan jiki da dama zasu yawaita. A alwala, ana wanke gaba dayan hannu dama gwiwar hannu, kuma yin haka yana kara karfin zuciya, hanta da kwakwalwa. Kuma wadannan sassan jikin suna samun kariya daga cututtuka **اِنْ شَاءَ اللّٰهُ**. Dadin dadawa, wankewar nan yana kara kawarin jijiyoyin hannu.

Alfanun shafar kai

(Carotid artery) jijiyoyin wuya da suke tsakanin wuya da kai wanda suka hadu da vertebral column, spinal cord da mahadar jiki gaba daya. Yayin da mutum ya shafi wuyansa yayin Alwala, hasken da yake fita daga hannu yana shiga wadannan jijiyoyin

Alwala da kimiyya

ya aika zuwa bangarorin sassan jiki gaba daya ta hanyar vertebral column, ya kuma kara karfafa sassan jiki.

Likitan mahaukata

Wani mutum yana cewa, 'wani mutum yana ta kallo na ina cikin yin alwala a wani waje a faransa, yana tsaye cikin mamaki. Bayan na kammala Alwalar, sai ya tambayi waye ni kuma daga ina nake? Na amsa masa da cewa ni musulmi ne daga pakistan. Sai kuma ya tabayin wajen killace mahaukata nawa ne a Pakistan? Nayi mamaki da jin wannan bakuwar tambayar; duk da haka, sai na amsa masa da cewa za'a iya samun wajen killace mahaukata biyu zuwa hudu. Ya tambaye ni me nake yi anan lokutan da suka wuce. Na amsa da cewa ina yin Alwala ne. Ya tambayi kullum nake yi haka. Na amsa cewa ina yin haka kullum sau biyar. Abun mamaki, yai mini bayani cewa shi likitane a asibitin mahaukata kuma yana bincike akan abubuwan da suke jawo ciwon hauka. Dangane da bincikensa, kwakwalwa tana aika wasu abubuwa zuwa jiki gaba daya domin sasaan jiki suyi aiki yanda ya kamata. Kwakwalwa tana yin iyo a cikin ruwa koda yausha. Shi yasa bata jijjiga ida mutum yana gudu. Idan da ace a tsaye take chak, zata iya yin dameji. Wasu siraran abubuwan da suke aike sakon kwakwalwa suna aiki a matsayin karba da yada sako zuwa cikin jiki ta hanyar jijiyoyin wuya.

Idan gashi yayi tsiyi sosai kuma baya bari ruwa ya jike keya, to wannan masu aika sakonnin zasu iya bushewa kuma su jawo

rashin hankali da hauka. A karshe y kammala da cewa jika keya sau 2-4 a rana zai iya zama maganin wannan. Yanzu kawai yaga ina wanke keya ta ya nuna cewa lallai wadannan mutanen bazaku kamu da tabin hankali ba.' Bugu da kari, danshin yana bada kariya daga yamutsewar rana da kum meningitis (kumburin abunda ya rufe kwakwalwa).

Alfanun wanke kafa

Kafa tafi komai yin datti. Tazazar dake tskanin yatsa su suke fara kamuwa. Wanke kafa tayin alwala yana cire datti da kwayoyin cuta. Sauran koyoyin cuta suna fita lokacin da aka tsefe danyatsun. Dangane da sunnah Wanke kafa lokacin alwala yana cire cututtuka kamar rashin bacci, dankarewar kwakwalwa, damuwa da bakin ciki.

Ragowar ruwan Alwala

A'la Hadrat رَحْمَةُ اللهِ عَلَيْهِ ya kawo cewa: Abun kaunar mu mai albarka Rasool صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ yayi Alwala kuma ya shanye ragowar ruwan ta a tsaye. Kuma yazo cikin hadisi cewa wannan ruwan yana warkar da cuta 70. (*Fatawa razawiyah, vol. 4, p. 575*)

Malaman shariar musulunci Allah ya musu rahma sun ce: 'Idan wani yayi alwala ta hanyar yin amfani da tukunya sai ya rage ruwa, shan wannan ruwan a tsaye ana kallon Alqiblah mustahabbine'. (*Tabyeen_ul_haqaiq, vol. 1, p. 44*)

Alwala da kimiyya

Dangane da shanye ragowar ruwan alwala likitocin musulunci sun kawo cewa:

1. Yana kara aikin mara, ya cire wahala yayin yin fitsari.
2. Mutum zai kubuta daga sha'awar matar da ba tashi ba.
3. Yana wanke hanta, da ciki da mara.

Mutum acikin wata.

Ya yan uwa musulamai! Anatayin bayani akan Alwala da kimiyya. A wannan lokacin ilimin kimiyya ya burge mutane.

Da'akwai mutane da dama acikin al'umarmu da binciken 'yan boko da masana kimiyya ya basu sha'awa. Yazama dole wadannan mutane su sani cewa masana kimiyya sun kasa warware abubuwa da dama Amma Annabin mu mai daraja صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ tuni ya warware wadannan abubuwan. Masana kimiyya sun yi ikirarin sauka a cikin duniyar wata Amma Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ yayi tafiyar da ta wuce duniyar wata a lokacin mi'iraj kimanin shekaru 1459 da suka wuce. Watarana na sami damar halattar gasar wakewaken addini abinki 'urs Ala hadrat a Dar-ul-Uloom Amjadiyyah, 'Aalamgeer road, Babul_madinah (Karachi) wanda akayiwa gasar take da hadaiq bakhshish.

Ser wohi ser Jo tayray qandmaun pay qurban gaya

Kai shine hakaika wanda aka sallama a kafarka; ma'ana kan d aka sadaukar sabida kauna agareka yana da muhimmaci.

Shahararren kuma jagoran malaman shari'a da tareeqah, marubucin littafin Bahar-e-Shari'at, khalifan A'la Hadrat, dan Maulana Mufti Muhammad Amjad 'Ali A'zam رَحْمَةُ اللهِ عَلَيْهِ marubcin bayanin Alqur'an mai girma, 'Allamah 'Abdul mustafa Azhari ya kawo wakar sa. Ga Haiti biyu na cikin wakar masu zuwa:

*Kehtay hayn satah pay chand ki insan gaya
'Arshe_e_A'zam say wara taybah ka sultan gaya*

*Ance mutum ya sauka a duniyar wata
Masoyin my Annabi ya je har Arsh_e_A'azam.*

Ma'ana ana ikirarin cewa mutum ya je duniyar wata ne kawa yanzu. Idan aka kwatanta, wata yana kusa ne; Annabin mu, farin cikin mu da kwanciyar hankalin mu, mafi karamci da kyauta صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ya je gaba da Arsh-e-A'zam a daren mi'iraj, ya yiwa wata nisa ya bar shi a baya sosai.

Abun wasan haske

Ya 'yan uwa musulmai! Watan da masana kimiyya suke ikirarin sun je shikasan ya karkashin sarrafawar Masoyin mu mai Albarka annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. Anrawaito acikin littafin 'Dalaa'il-un-Nubuwwah' cewa Baffan Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ,

Alwala da kimiyya

sayyiduna 'Abbas Bin 'Abdul muttalib ya rawato: na tambayi Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ, ya rasullulllah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ sanda kana karami, naga wani abu da ya tabbatar cewa kai Annabi ne kuma wannan yana saga dalilin da yasa na karbi musulunci. Nagan ka kana magana da wata a cikin zanin jariranka, kuma naga watan yana motsawa inda ka nuna da yatsan ka mai Albark.' Sai Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ya amsa, 'na kasance ina magana d wata shima yana magana da ni. Watan yana farana min sabida kar nai kuka, kuma ina sauraron sautin faduwar sa duk sanda ya fadi kasa domin yiwa sujada ga Al'arshin Allah.

(Dalaail-in-Nubuwwah lil-bayhaqi, vol. 2, pp. 41)

A'la hadrat ya ce:

*Chand jhuk jata jidher ungli uthatay mahad mayn
kya hi chalta tha isharaun per khilona noor ka*

WaniMasoyin Manzon Allah yace:

*Khayltay thay chand say bachpan mayn Aaqa
is liye yeh sarapa noor thay woh tha khilona noor ka*

Mu'ujizar tsaga wata

Yazo acikin littafin sahih bukhari: yayin da kafiran makkah suka bukaci Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ya Nuna kowace irin mu'ujiza, Manson Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ sai y tsaga wata gida biyu. *(Sahih bukhari, vol. 2 p. 579, hadees 3868)*

Allah عَزَّوَجَلَّ yana fada acikin aya t 1 da ta 2 abangare na 27, na Surah All_Qamar:

Da suana Allah mai rahma mai jin kai.

اِقْتَرَبَتِ السَّاعَةُ وَالنَّشَقُ الْقَمَرُ ﴿١﴾ وَإِنْ يَرَوْا آيَةً يُعْرَضُوا وَيَقُولُوا سِحْرٌ مُّسْتَسِرٌّ ﴿٢﴾

Alqiyama ta matso, kum wata ya tsage, kuma idan suka ga mu'ujiza, sai su kauda fuskokin su sannan suce, wannan sihirine mara karewa. [Kanz-ul-Iman (fassarar Qur'an)] (part 27, Al-Qamar, Ayah 1-2)

Sharhi akan bangaren وَالنَّشَقُ الْقَمَرُ (kuma wata ya tsage), sanannen mai sharhi, mai zurfin tunanin Al'ummah, Mufti Ahmad Yar Khan رَحِمَهُ اللهُ عَلَيْهِ ya kawo: wannan ayar tana bayani akan girman mu'ujizar Abin kauna Rasool صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ma'ana tsagewar wata. (*Noor-ul-'Irfan*, pp. 843)

Sabida Allah عَزَّوَجَلَّ kadai

Ya 'yan uwa musulmai! Bayan saurar amfanin Alwala a likitance, zaku ji dadi amma dole nagaya muku cewa fasahar likitoci ya tagayyara ne akan tsammani. Binciken kimiyya bazai taba karewa ba da chanje chanjen da ake ganowa da lokacin da ya wuce. Saidai, hukunce-hukunce Allah عَزَّوَجَلَّ da da masoyinsa

Alwala da kimiyya

Rasool ﷺ sun riga sun cimma matsaya kuma bazasu chanza ba.

Yakamata muyi aiki ga sunnah domin neman yardar Allah ﷺ kadai ba don samun amfanin lafiya ba. Sabida haka, idan kowaye zai yi Alwala don sauke hawan jini ko samun nutsuwa, ko yin azumi don kara lafiya ko kyau jiki, ko tafiya madina don chanji yanayi da fita daga damuwar kasuwanci, ko karanta Ittattaafan addini don rage lokacin sa, to b zai sami lada ba. Sabida haka ida mukai aiki Dan neman yardar Allah ﷺ, to zamu sami lada dama alfanun duniya. Sabida haka, yakamata muyi Alwala domin neman yardar Allah ﷺ tahanyar fahimtar ta da kuma ladubbab cikin ta.

Babbar hujjar madani dangane da tasawwuf (sufanci)

Hujjat-ul-Islam, Sayyiduna Imam Muhammad Bin Muhammad Bin Muhammad Ghazali رَحْمَةُ اللهِ عَلَيْهِ ya ce, 'yayin da zaka fara sallah bayan kayi Alwala, sannan kuyi tinanin cewa kun tsarkake bangaren jikinku na fili da mutane suke gani, amma bai dace ba agareku da kuyi sallah a Awajen Allah ﷺ batara da kun tsarkake zukatanku ba, sabida Allah ﷺ yana duba izuwa zuciyoyinku suma'.

Sai رَحْمَةُ اللهِ عَلَيْهِ ya kara da cewa, 'bayan mutum yayi Alwala ya kamata ya tuna cewa yana dogara ne da tuba, da barin zunubi da rungumar kyawawan dabi'u. Mutumin da bai tsarkake zuciyar shi daga kazantar zunubi ba kuma ya maida

hankalinshi ga tsarkake abunda yake na fili kawai, tamkar Wanda ya gayyaci sarki ne zuwa gidansa. Ya tsaftace gidansa ya masa fenti daga waje domin ya farantawa sarkin amma sam bai kula cikin gidan ba. Shin sarkin zaiyi farin ciki kokuma bazaiyi farin ciki ba yayin da yashiga gidan ya ganshi gaba daya a bace? Duk wani mai tunani zai fahimci yadda sarkin zaiji.

(Ihya_ul_uloom, vol. 1, pp. 185; summerized)

Sunnah bata bukatar taimakon kimiyya

Ya yan uwa musulmai! A tuna! Sunnar masoyin mu mai Albarka Rasool صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ bat bukatar sahiancewar kimiyya. Burin mu shine bin Sunnah ba kimiyya ba. Lokacin da korarrun turawa suka kammala bayan dogon cikakken bincike, sun gano dukkan 'murmushi da walwali' na sunnar Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ. Duk yanda kakai ga jin dadin wajen tafiyar d rayuwar ka, bazaka sami kwanciyar hankali ba. Ta hanyar tunawa da Allah ne kadai ake samun jwanciya hankali. Haka kuma, kwanciyar hankali an samin shine t hanyar zurfi a soyayyar Annabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ.

Mutum zai iya samun jin dadin rayuwar duniya da lahira ta hanyar yin aiki da sunnah, ba ta hanyar kallon TV, CVR ko kuma yanar gizo ba. Idan da gaske kana son morewa a nan da lahira, ka ringa yin sallah ko da yaushe ka kuma zama mai tsantsini wajen bin sunnah. Domin koyon Sunnah, kuyi tafiya tare da madanj Qafilahs na Dawat-e-Islami a koyaushe.

Alwala da kimiyya

Kuwane Dan uwa musulmi ya kamata ya kudure niyya tare da madani Qafila na tsayin watanni shabiyu akallah sau daya arayuwar sa, na kwana talatin akowane wata shabiyu da kuma na kwana uku a kowane wata.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Muhammad ilyas attar Qadiri
21 ga Muharram-ul-Haraam,
1434 AH (December 6, 2012)

المعنى: يا أيها الذين آمنوا صلوا بعدد ما كنتم تقولون بالله من الصلوات. ﴿١٠٧﴾

FOR BECOMING A PIOUS AND SALAH-OFFERING MUSLIM

Spend the whole night in the weekly Sunnah-Inspiring Ijtima' of Dawat-e-Islami held every Thursday after Salat-ul-Maghrib in your city, for the pleasure of Allah ﷻ with good intentions. In order to learn Sunnahs, make it your routine to travel with a 3-day Madani Qafilah every month with the devotees of Rasool, to fill out the Madani In'amat booklet every day practising Fikr-e-Madinah and to submit it to the relevant responsible Islamic brother of your locality on the first date of every Madani month.

My Madani Aim: 'I must strive to reform myself and people of the entire world, **إِن شَاءَ اللَّهُ عَزَّوَجَلَّ**.' In order to reform ourselves, we must act upon Madani In'amat and to strive to reform people of the entire world, we must travel with Madani Qafilahs, **إِن شَاءَ اللَّهُ عَزَّوَجَلَّ**



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