

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Kitab Perhnay ki Du'a

Deeni kitab ya Islami sabaq perhnay say pehlay zayl mein di huyi
Du'a perh li-jiye **إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ** jo kuch perhain gay yaad rahay ga.
Du'a yeh hay:

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَأَنْشُرْ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Terjama:

Ay Allah (**عَزَّوَجَلَّ**)! Hum per 'ilm-o-hikmat kay darwazay khol day aur
hum per Apni rahmat naazil ferma! Ay 'azamat aur buzurgi walay!

(Al-Mustatraf, vol. 1, pp. 40)



Note:

Awwal aakhir aik bar Durood Shareef perh lain.

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WUZU AUR SCIENCE¹

Durood shareef ki fazeelat

Shaytan laakh susti dilaaye yeh Risalah mukammal parh lijiye ان شاء الله عَزَّوَجَلَّ aap Wuzu kay baray may hayrat angayz ma'lomat say mala maal hon gay

Huzoor صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ ka farman hay: 'Allah عَزَّوَجَلَّ ki khaatir aapas may mahabbat rakhnay walay jab baham (ya'ni aapas may) milayn aur musafahah karayn (ya'ni haath milaeayn) aur Nabi صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ par Durood-e-Pak parrhayn to un kay juda honay say pahlay pahlay donon kay aglay pichhlay gunah bakhsh diye jatay hayn'

(Musnad-e-Abi Ya'la. Vol. 3, pp. 95, Hadees. 2951).

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Wuzu ki hikmatayn sunnay kay sabab Qabool-e-Islam

Aik sahib ka bayan hay: Mayn nay Belgium may University kay aik ghayr Muslim student ko islam ki da'wat di. Us nay suwal kiya, Wuzu may kiya kiya scientific hikmatayn hayn? Mayn la-jawab ho gaya. Us ko aik 'Aalim kay paas lay gaya laykin un ko bhi is ki ma'lomaat na thi. Yahan tak kay Sceince ki ma'lomat rakhnay walay aik shakhs nay us ko wuzu ki kaafi khoobiyay bataeyn magar

¹ Yeh Bayan Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ nay Tableegh-e-Quran-o-Sunnat ki 'aalamgeer Madani Tahreek Dawat-e-Islami kay talabah kay do rozah ijtimaa' (Muharram-ul-Haraam 1421 Hijri \ 06-04-2000) Nawabshah Pakistan may farmaya. Zaroori tarmeem kay sath hazir-e-Khidmat hay (Majlis-e-Maktaba-tul-Madinah)

gardan kay mash ki hikmat batanay say woh bhi qasir raha. Woh ghayr Muslim naw jawan chala gaya. Kuch 'arsay kay ba'd aaya aur kahnay laga: Hamaray professor nay dawran lecture bataya: 'Agar gardan ki pusht aur atraf par rozanah paani kay chand qatray laga diye jaeyn to rerrh ki haddi aur haraam maghz ki kharabi say payda honay walay amraaz say Tahaffuz haasil ho jata hay' yeh sun kar wuzu may gardan kay mash ki hikmat mayri samajh may aa gaey lihaza Mayn Musalman hona chahta hon aur woh Musalman ho gaya.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Maghribi Germany ka seminar

Maghribi Mumalik may mayoosi ya'ni (Depression) ka maraz taraqqi par hay, Dimagh fail ho rahay hayn, pagal khanon ki ta'dad may izafah hota ja raha hay. Nafsiyati amraaz kay mahireen kay yahan mareezon ka tanta bandha rahta hay. Magrhibi Germany kay Diploma holder aik Pakistan physiotherapist ka kahna hay: Maghribi Germany may aik seminar huwa jis ka mauzu' tha 'Mayosi (Depression) la 'ilaj adwiyat kay 'ilawah aur kin kin tareeqon say mumkin hay' Aik doctor nay apnay maqalay may yeh hayrat angayz inkishaf kiya kay Mayn nay Depression kay chand mareezon kay rozanah 5 baar munh dhulaey kuch 'arsay ba'd un ki beemari kam ho gaey. Phir aysay hi mareezon kay dusray group kay rozanah 5 baar haath, munh aur paaon dhulwaey to maraz may bahut ifaqah ho gaya (ya'ni kami aa gaey). Yehi doctor apnay maqalay kay aakhir may I'tiraf karta hay: Musalmanon may mayosi ka maraz kam paya jata hay kyun kay woh din may kaey martabah haath, munh aur paaon dhotay (ya'ni wuzu kartay) hayn.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Wuzu aur high blood pressure

Aik heart specialist ka barray wusooq (ya'ni l'timad) kay sath kahna hay: High blood pressure kay mareez ko wuzu karwao phir us ka blood pressure check karo laziman kam ho ga. Aik Musalman maahir-e-nafsiyat ka qawl hay: 'Nafsiyati amraaz ka bahtareen 'ilaj wuzu hay' maghribi mahireen nafsiyati mareezon ko wuzu ki tarah rozanah kaey baar badan par paani lagwatay hayn.

Wuzu Aur Falij

Wuzu may jo tarteeb war a'aza dhoey jatay hayn yeh bhi hikmat say khali nahin. Pahlay haath paani may daalnay say jism ka a'asabi nizam muttala' ho jata hay aur phir aahistah aahistah chehray aur Dimagh ki ragon ki taraf us kay asrat pohanchtay hayn. Wuzu may pahlay haath dhonay phir kulli karnay phir naak may paani daalnay phir chehrah aur deegar a'aza dhonay ki tarteeb falij ki rok thaam kay liye mufeed hay. Agar chehrah dhonay aur mash karnay say aaghaz kiya jaey to badan kaey beemariyon may mubtla ho sakta hay!

Miswak ka qadr daan

Meethay meethay Islami bhaiyo! Wuzu may muta'addad Sunnatayn hayn aur har sunnat makhzan-e-hikmat hay. Miswak hi ko lay lijiye! Bacha bacha janta hay kay wuzu may Miswak karna sunnat hay aur is sunnat ki barakaton ka kiya kahna! Aik biyopari ka kahna hay: Switzerland may aik naw muslim say mayri mulaqat huyi, us ko Mayn nay tohfatan Miswak paysh ki, us nay khush ho kar usay liya aur choom kar aankhon say lagaya aur aik dam us ki aankhon say aansu chhalak parray, us nay jaib say aik romal nikala us ki tah kholi to us may taqreeban 2 Inch ka chhota sa Miswak ka tukra bar aamad huwa. Kahnay laga mayri Islam aawari kay waqt Musalmano nay mujhay yeh tohfah diya tha. Mayn bahut sanbhal sanbhal kar is

ko isti'mal kar raha tha yeh khatm honay ko tha lihaza mujhay tashweesh thi kay Allah ﷺ nay karam farmaya aur aap nay mujhay Miswak 'inayat farma di. Phir us nay bataya kay aik 'arsay say Mayn daanton aur masoorrhon ki takleef say dochar tha. Hamaray yaha kay dentist say in ka 'ilaj ban nahin parr raha tha. Mayn nay is Miswak ka isti'mal shuru' kiya thorray hi dinon may mujhay ifaqah (fa'idah) ho gaya. Mayn Doctor kay paas gaya to woh hayraan rah gaya aur poochnay laga, mayri dawa say itni jaldi tumhara maraz door nahin ho sakta, socho koi aur wajah ho gi. Mayn nay jab zehan par zor diya to khayal aaya kay Mayn Musalman ho chuka hoon aur yeh saari barakat Miswak hi ki hay. Jab Mayn nay Doctor ko Miswak dikhaey to woh hayrat say daykhta hi rah gaya.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Quwwat-e-Hafizah kay liye

Meethay meethay Islami bhaiyo! Miswak may bay shumar deeni-o-duniyawi fawa'id hayn. Is may muta'addid keemyawi ajza hayn jo danton ko har tarah ki beemari say bachatayn hayn. Hashiyah Tahtavi may hay: 'Miswak say quwwat-e-hafizah barrhti, dard-e-sar door hota aur sar ki ragon ko sukoon milta hay, is say balgham door, nazar tayz, ma'dah durust aur khana hazm hota hay, 'aql barrhti, bachon ki payda'ish may izafah hota, burrhapa dayr may aata aur peeth mazboot hoti hay. (*Hashiya-tut-Tahtavi*, pp. 69)

Miswak kay baray may 2 Ahadees-e-Mubarakah

1. Jab Sarkar صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ apnay mubarak ghar may dakhil hotay to sab say pahlay Miswak kartay. (*Muslim*, pp. 152, *Hadees*. 253)

2. Jab Huzoor صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ neend say baydaar hotay to Miswak kartay (*Abu Dawood, vol. 1, pp. 54, Hadees. 57*)

Munh kay chhalay ka ‘ilaj

Doctors ka kahna hay: ‘Ba’z awqat garmi aur mai’dhay ki tayzabiyat say munh may chhalay parr jatay hayn aur is maraz say khas qism kay jaraseem munh may phayl jatay hayn, is kay ‘ilaj kay liye munh may tazah Miswak malayn aur us ka lua’ab kuch dayr tak munh kay andar phiratay rahay. Is tarah kaey mareez theek ho chukay hayn’

Tooth brush kay nuqsanaat

Mahireen ki tahqeeq kay mutabiq ‘80% amraaz mai’dhay (payt) aur danton ki kharabi say payda hotay hayn’. ‘Umuman daanton ki safaey ka khayal na rakhnay ki wajah say masorrhon may tarah tarah kay jaraseem parwarish paatay phir ma’dhay may jatay aur tarah tarah kay amraaz ka sabab bantay hayn. Yaad rahay! ‘Tooth brush’ Miswak ka na’m-ul-badal nahi. Balkay mahireen nay ai’tiraf kiya hay:

1. Jab brush aik baar isti’mal kar liya jata hay to us may jaraseem ki tah jam jaati hay paani say dhulnay par bhi woh jaraseem nahin jatay balkay wahi nasho nama paatay rahtay hayn.
2. Burush kay ba’is daanton ki oupari qudrati chamkeeli tah utar jaati hay.
3. Brush kay isti’mal say masorrhay aahistah aahistah apni jagah chhorrtay jatay hayn jis say daanton aur masorrhon kay darmiyan khala (Gap) payda ho jata hay aur is may ghiza kay zarrat phanstay, sarrtay aur jaraseem apna ghar banatay hay is say deegar beemariyon kay ‘ilawah aankhon kay tarah tarah kay

amraaz bhi janam laytay hayn, is say nazar kamzoor ho jati hay balkay ba'z awqat aadami andha ho jata hay.

Kiya Aap ko Miswak karna aata hay?

Ho sakta hay aap kay dil may yeh khayal aaey kay Mayn to barson say Miswak isti'mal karta hoon magar mayray to daant aur payt donon hi kharab hayn! Mayray bhoolay bhaalay Islami bhai! Is may Miswak ka nahin aap ka apna qasoor hay. Mayn (Sag-e-Madinah غفوق عنة) is nateejay par pohancha hoon kay aaj shayad lakhon may say koi aik aadh hi aysa ho jo saheeh usoolon kay mutabiq Miswak isti'mal karta ho, hum log aksar jaldi jaldi daanton par Miswak mal kar wuzu kar kay chal parrtay hayn ya'ni yun kahiye kay hum Miswak nahin balkay 'Rasm-e-Miswak' ada kartay hayn!

Miswak kay 20 Madani Phool

Do Farameen-e-Mustafa صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ

1. Do raka't Miswak kar kay parrhna bighayr Miswak ki 70 raka'ton say Afzal hay. (*At-Targheeb wat Tarheeb, vol. 1, pp. 102, Hadees. 18*)
2. Miswak ka isti'mal apnay liye laazim kar lo kyun kay yeh munh ki safaey aur Rab عَزَّوَجَلَّ ki riza ka sabab hay. (*Musnad Imam Ahmad, vol. 2, pp. 438, Hadees. 5879*)
3. Hazrat Sayyiduna Ibn-e-'Abbas رَضِيَ اللهُ تَعَالَى عَنْهُمَا say riwayat hay kay Miswak may 10 khoobiyen hayn: Munh saaf karti, masorrhay ko mazboot banati hay, beenaey barrhati, balgham door karti hay, munh ki badbu khatm karti, sunnat kay muwafiq hay, firishtay khush hotay hayn, Rab raazi hota hay, nayki barrhati aur ma'dah durust karti hay. (*Jam'-ul-Jawami', vol. 5, pp. 249, Hadees. 14867*)

4. Sayyiduna Imam Shafi'e رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ farmatay hayn: 4 cheezayn 'aql barrhati hayn: Fuzool baaton say parhayz, Miswak ka isti'mal, Sulaha ya'ni nayk logon ki suhbat aur apnay 'ilm par 'amal karna. (*Hayat-ul-Haywan, vol. 2, pp. 166*)
5. Hikayat: Hazrat Sayyiduna Abdul Wahhab Sha'rani رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ naql kartay hayn: Aik baar Hazrat Sayyiduna Abu Bakr Shibli Baghdadi رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ ko wuzu kay waqt Miswak ki zaroorat huyi, talash ki magar na mili, lihaza aik deenar (ya'ni aik sonay ki ashrafi) may Miswak khareed kar isti'mal farmaey. Ba'z logon nay kaha: Yeh to aap nay bahut ziyadah Kharch kar daala! Kahi itni mahangi bhi Miswak li jaati hay? Farmaya: bayshak yeh dunya aur us ki tamam cheezayn Allah عَزَّوَجَلَّ kay nazdeek machhar kay par barabar bhi haysiyyat nahin rakhti, agar baroz-e-qiyamat Allah عَزَّوَجَلَّ nay mujh say yeh pooch liya to kiya jawab doon ga kay: Tu nay mayray Piyaray habeeb ki sunnat (Miswak) kyun tark ki? Mayn nay tujhay jo maal-o-dawlat diya tha us ki haqeeqat to (mayray nazdeek) machhar kay par barabar bhi nahin thi, to aakhir aysi haqeer dawlat itni 'azeem sunnat (Miswak) haasil karnay par kyun Kharch nahin ki?
(*Mulakkhas az Lawaqih-ul-Anwaar, pp. 38*)
6. Dawat-e-Islami kay isha'ati idaray Maktaba-tul-Madinah ki matbu'ah Bahar-e-Shari'at jild 1 safhah 288 par Sadr-us-Shari'ah Mufti Muhammad Amjad Ali A'zami رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ likhtay hayn, Masha'ikh-e-Kiraam farmatay hayn: Jo shakhs Miswak ka 'aadi ho martay waqt usay kalimah parrhna naseeb ho ga aur jo ayyoon khata ho martay waqt usay kalimah naseeb na ho ga.
7. Miswak peelo ya zaytoon ya neem waghayrah karrwi lakrri ki ho.

8. Miswak ki motaey chhungliya ya'ni chhoti ungli kay barabar ho.
9. Miswak aik balisht say ziyadah lambi na ho warnah us par shaytan baythta hay.
10. Is kay rayshay narm ho kay sakht rayshay daanton aur masoorrhon kay darmiyan khala (Gap) ka ba'is bantay hayn.
11. Miswak tazah ho to khoob (ya'ni behtar) warnah is ka aik sira kuch dayr paani kay glass may bhigo kar narm kar lijiye.
12. Munasib hay kay is kay rayshay rozanah kaat-tay rahiye kay rayshay us waqt tak kaar aamad rahtay hayn jab tak un may talkhi baaqi rahay.
13. Daanton ki chorraey may Miswak kijiye.
14. Jab bhi Miswak karni ho kam az kam 3 baar kijiye.
15. Har baar dho lijiye.
16. Miswak seedhay haath may is tarah lijiye kay chhungliya ya'ni chhoti ungli us kay neechay aur beech ki 3 ungliyan ouper aur ungutha siray par ho.
17. Pahlay seedhi taraf kay ouper kay daanton par phir ulti taraf kay ouper kay daanto par phir seedhi taraf neechay phir ulti taraf neechay Miswak kijiye.
18. Mutthi baandh kar Miswak karnay say bawaseer ho janay ka andayshah hay.
19. Miswak wuzu ki sunnat-e-qabaliyah hay al-battah sunnat-e-mua`kkadah usi waqt hay jab kay munh may badbu ho

(Makhoos az Fatawa Razawiyyah, vol. 1, pp. 623)

20. Miswak jab na-qabil-e-isti'mal ho jaey to Phaynk mat dijiye kay yeh aalah-e-ada-e-sunnat hay, kisi jagah ihtiyat say rakh dijiye ya patthar waghayrah wazn baandh kar samundar may dabo dijiye.

(Tafseeli ma'loomaat kay liye Maktaba-tul-Madinah ki matbu'ah Bahar-e-Shari'at jild Awwal safhah 294 ta 295 ka mutala'ah farma lijiye)

Haath dhonay ki hikmatayn

Wuzu may sab say pahlay haath dhoey jatay hayn is ki hikmatayn mulahazah hon: Mukhtalif cheezon may haath daaltay rahnay say haathon may Mukhtalif keemyawi ajza aur jaraseem lag jatay hay agar sara din na dhoey jaey to jald hi haath in jildi amraaz may mubtala ho saktay hayn:

1. Haathon kay garmi daanay
2. Jildi sozish ya'ni khaal ki soojan
3. Eczema
4. Phaphondi¹ ki beemariyan
5. Jild ki rangat tabdeel ho jana waghayrah.

Jab hum haath dhotay hayn to ungliyon kay poron say shua'aeyn (Rays) nikal kar aik aysa Halqah banati hayn jis say hamara androni barqi nizam mutaharrik ho jata hay aur aik had tak barqi ro hamaray haathon may simat aati hay jis say hamaray haathon may husn payda ho jata hay.

Kulli karnay ki hikmatayn

Pahlay haath dho liye jatay hayn jis say woh jaraseem say pak ho jatay hayn warnah yeh kulli kay zaree'ay munh may aur phir payt

¹ Woh jaraseem jo kisi cheez par kaaey ki tarah jam jatay hayn

may ja kar muta'addad amraaz ka bai's ban saktay hayn. Hawa kay zaree'ay la-ta'dad muhlik jaraseem neez ghiza kay ajza hamaray munh aur daanto may lu'ab kay sath chipak jatay hayn. Chunan-chay wuzu may Miswak aur kulliyon kay zaree'ay munh ki bahtareen safaey ho jati hay. Agar munh ko saaf na kiya jaey to in amraaz ka khatrah payda ho jata hay:

1. Aids kay is ki ibtidaey 'alamaat may munh ka pakna bhi shamil hayn. Aids ka ta haal Doctor 'ilaj daryaft nahin kar paey is maraz may badan ka mudafa'ati nizam nakarah ho jata hay, is may amraaz ka muqabalah karnay ki quwwat nahin rahti aur mareez ghul ghul kar mar jata hay
2. Munh kay kanaron ka phatna.
3. Munh aur honton ki daad qooba (Moniliasis)
4. Munh may phaphondi ki beemariyan aur chhalay waghayrah. Neez rozah na ho to kulli kay sath ghargharah karna bhi sunnat hay. Aur pabandi kay sath ghar gharay karnay wala kawway (Tonsil) barrhnay aur galay kay bahut saray amraz hatta kay galay kay cancer say mahfooz rahta hay.

Naak may paani daalnay ki hikmatayn

Phayprron ko aysi hawa darkar hoti hay jo jaraseem, dhuwayn aur gard-o-ghubar say pak ho aur us may 80% rutubat (ya'ni tari) ho aysi hawa faraham karnay kay liye Allah ﷻ nay hamayn naak ki na'mat say nawaza hay. Hawa ko martoob ya'ni nam bananay kay liye naak rozanah taqreeban chothaey gaylan nami payda karti hay. Safaey aur deegar sakht kaam nathno kay baal sar anjam daytay hayn. Naak kay andar aik khurdbeeni (Microscopic) jharru hay. Is

jharru may ghayr mara`i ya`ni nazar na aanay walay roeyn hotay hayn jo hawa kay zaree`ay dakhil honay walay jaraseem ko halak kar daytay hayn. Neez in ghayr mara`i rowun kay zimmay aik aur difa`i nizam bhi hay jisay angrayzi may lysozyme kahtay hayn, naak is kay zaree`ay say aankhon ko infection say mahfooz rakhti hay. **الْحَمْدُ لِلَّهِ عَزَّوَجَلَّ** wuzu karnay wala naak may paani charrhata hay jis say jism kay is aham tareen aalay naak ki safaey ho jati hay aur paani kay andar kaam karnay wali barqi ro say naak kay andar roni ghayr mara`i rowon ki karkardagi ko taqwiyyat milti hay aur Musalman wuzu ki barakat say naak kay bay shumar paycheedah amraaz say mahfooz ho jata hay. Daa`imi nazlah aur naak kay zakhm kay mareezon kay liye naak ka Ghusl (ya`ni wuzu ki tarah naak may paani charrhana) bay had mufeed hay.

Chehrah dhonay ki hikmatayn

Aaj kal fazaon may dhuwayn waghayrah ki aalodagiyan barrhti ja rahi hayn, Mukhtalif keemyawi maadday seesah waghayrah mail kuchayl ki shakl may aankhon aur chehray waghayrah par jamta rahta hay, Agar chehrah na dhoya jaey to chehray aur aankhayn kaey amraaz say do char ho jaey. Aik European Doctor nay aik maqalah likha jis ka naam tha: Aankh, Paani, sihhat is may us nay is baat par zor diya kay `apni aankhon ko din may kaey baar dhotay raho warnah tumhayn khatarnak beemariyon say dochar hona parray ga` chehrah dhonay say munh par keel nahin nikaltay hayn. Mahireen-e-Husn-o-Sihhat is baat par muttafiq hay kay har tarah kay cream aur lotion waghayrah chehray par daagh chhorrtay hayn, chehray ko khubsurat bananay kay liye chehray ko kaey baar dhona laazimi hay. `American Council for beauty` ki sar kardah member `Bechor` nay kiya khoob inkishaf kiya hay kahti hayn: Musalmanon

ko kisi qism kay keemyawi lotion ki haajat nahin wuzu say in ka chehrah dhul kar kaey beemariyon say mahfooz ho jata hay. Mahkamah-e-Mahooliyaat kay mahireen ka kahna hay: ‘Chehray ki allergy say bachnay kay liye is ko baar baar dhona chahiye’

اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ aysa sirf wuzu kay zaree’ay hi mumkin hay. اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ
Wuzu may chehrah dhonay say allergy say chehray ki hifazat hoti, is ka massage ho jata, khoon ka dawran chehray ki taraf rawan ho jata, mail kuchayl bhi utar jata aur chehray ka husn do bala ho jata hay,

صَلُّوْا عَلٰى الْحَبِيْبِ صَلَّى اللهُ تَعَالٰى عَلٰى مُحَمَّدٍ

Andha pan say Tahaffuz

Meethay meethay Islami bhaiyo! Aankhon ki aik beemari hay jis may is ki rutubat-e-asaliyyah ya’ni asli tari kam ya khatm ho jati aur mareez aahistah aahistah andha ho jata hay. Tibbi usol kay mutabiq agar bhanwon ko waqtan fa waqtan tar kiya jata rahay to is khaufnak maraz say Tahaffuz haasil ho sakta hay. اَلْحَمْدُ لِلّٰهِ عَزَّوَجَلَّ!
Wuzu karnay wala munh dhota hay aur is tarah us ki bhanwayn tar hoti rahti hayn. ‘Aashiqn-e-Rasool ki darrhi bhi wuzu may dhulti hay aur is may bhi khoob hikmatayn hayn , Doctor Professor George Ail kahta hayn: ‘Munh dhonay say darrhi may uljhay huway jaraseem bah jatay hayn, jar tak paani pohanchnay say baalon ki jarrayn mazboot hoti hayn, Darrhi kay khilal say juwon ka khatrah door hota hay, darrhi may paani ki tari kay tahraon say gardan kay patthon, thyroid gland aur galay kay amraaz say hifazat hoti hay.’

صَلُّوْا عَلٰى الْحَبِيْبِ صَلَّى اللهُ تَعَالٰى عَلٰى مُحَمَّدٍ

Kuhniyan dhonay ki hikmatayn

Kuhni par 3 barri ragayn hayn jin ka ta'alluq dil, jigar aur Dimagh say hay aur jism ka yeh hissah 'umuman dhaka rahta hay agar is ko paani aur hawa na lagay to muta'addad dimaghi aur a'asabi amraaz payda ho saktay hayn. Wuzu may kuhniyon samayt haath dhonay say dil, jigar aur duimagh ko taqwiyyat pohanchti hay aur is tarah **اِنَّ شَاءَ اللّٰهُ عَزَّوَجَلَّ** woh in kay amraaz say mahfooz rahayn gay. Mazeed yeh kay kuhniyon samayt haath dhonay say seenay kay andar zakheerah shudah roshniyon say barah-e-raast insan ka ta'alluq qaa'im ho jata hay aur roshniyon ka hujoom aik bahaon ki shakal ikhtiyar kar layta hay, is 'amal say haathon kay 'azalaat ya'ni kal purzay mazeed taqatwar ho jatay hayn.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Mash ki hikmatayn

Sar aur gardan kay darmiyan 'Habl-ul-Wareed' ya'ni shah rag waqi' hay is ka ta'alluq reerrh ki haddi aur haraam maghz aur jism kay tamam tar jorron say hay. Jab wuzu karnay wala gardan ka mash karta hay to haathon kay zaree'ay barqi row nikal kar shah rag may zakheerah ho jati hay aur reerrh ki haddi say hoti huyi jism kay tamam a'asabi nizam may phayl jaati hay aur is say a'asabi nizam ko tuwanaey haasil hoti hay.

Pagalon ka doctor

Aik sahib ka bayan hay: Mayn France may aik jagah wuzu kar raha tha, aik shakhs kharra barray ghaur say mujhay daykhta raha! Jab Mayn farigh huwa to us nay mujh say poocha: Aap kaun aur kahan kay watani hayn? Mayn nay jawab diya: Mayn Pakistani Musalman

hoon. Poocha: Pakistan may kitnay pagal khanay hayn? Is ‘ajeeb-o-ghareeb suwal par Mayn chonka magar Mayn nay kah diya: 2, 4 hon gay. Poocha Abhi tum nay kiya kiya? Mayn nay kaha: Wuzu. Kahnay laga: Kiya rozanah kartay ho? Mayn nay kaha: Haan, balkay 5 waqt. Woh barra hayraan huwa aur bola: Mayn Mental Hospital may surgeon hoon aur pagal pan kay asbab ki tahqeeq mayra mashghalah hay, mayri tahqeeq yeh hay kay Dimagh say saray badan may signal jatay hayn aur a’aza kaam kartay hayn, hamara Dimagh har waqt fluid (Maai’) kay andar float¹ kar raha hay. Is liye hum bhag dorr kartay hayn aur Dimagh ko kuch nahin hota agar woh koi Rigid (sakht) shay hoti to ab tak toot chuki hoti. Dimagh say chand bareek ragayn (Conductor) (Mosil ya’ni pohanchanay wali) ban kar hamari gardan ki pusht say saray jism ko jati hayn. Agar Baal bahut barrha diye jaeyn aur gardan ki pusht ko khushk rakha jaey to in ragon ya’ni conductor may khushki payda ho janay ka khatrah kharra ho jata hay aur baarha aysa bhi hota hay kay insan ka Dimagh kaam karna chhorr dayta hay aur woh pagal ho jata hay lihaza Mayn nay socha kay gardan ki pusht ko din may 2, 4 baar zaroor tar kiya jaey. Abhi Mayn nay daykha kay haath munh dhonay kay sath sath gardan kay peechnay bhi aap nay kuch kiya hay, waqi’ee aap log pagal nahin ho saktay. Mazeed yeh kay mash karnay say lu lagnay aur gardan torr Bukhar say bhi bachat hoti hay.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Paoon dhonay ki hikmatayn

Paoon sab say ziyadah dhool aalud hotay hayn. Pahlay pahal infection (ya’ni jaraseem) paoon ki ungliyon kay darmiyani hissay

¹ Tayrna

say shuru' hota hay. Wuzu may paoon dhonay say gard-o-ghubar aur jaraseem bah jatay hay aur bachay khuchay jaraseem paoon ki ungliyo kay khilal say nikal jatay hayn. Lihaza wuzu may sunnat kay mutabiq paoon dhonay say neend ki kami, Dimagh ki khushki, ghabrahat aur mayosi (Depression) jaysay parayshan kun amraaz door hhotay hayn.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Wuzu ka bacha huwa paani

A'la Hazrat صَلَّى اللهُ تَعَالَى عَلَيْهِ وَسَلَّمَ farmatay hayn: Huzoor صَلَّى اللهُ تَعَالَى عَلَيْهِ وَسَلَّمَ nay wuzu farma kar bacha huwa paani kharay ho kar nosh farmaya aur aik Hadees may riwayat kiya gaya kay is ka paani 70 maraz say shifa hay (*Fatawa Razawiyyah, vol. 4, pp. 575*)

Fuqaha-e-Kiraam رَحْمَةُ اللهِ تَعَالَى farmatay hayn: 'Kisi bartan ya lotay say wuzu kiya ho to us ka bacha huwa paani Qiblah ru kharay ho kar peena Mustahab hay.' (*Tabyeen-ul-Haqa`iq, vol. 1, pp. 44*) Wuzu ka bacha huwa paani peenay kay baray may aik Musalman doctor ka kahna hay:

1. Is ka pahla asar masanay par parrrta, payshab ki rukawat door hoti aur khoob khul kar payshab aata hay.
2. Is say na-jaeyz shahwat say khalasi haasil hoti hay.
3. Jigar, mai'dah aur masanay ki garmi door hoti hay.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Insan chand par

Meethay meethay Islami bhaiyo! Wuzu aur Science ka mauzu' chal raha tha, aaj kal Sceince kay tahqeeqat ki taraf ba'z logon ka ziyadah

rujhan hota hay balkay kaey aysay bhi afraad is mua'asharay may paey jatay hayn jo angrayz muhaqqiqeen aur sainsdano say kaafi mar'oob hotay hayn, ayson ki khidmat may 'arz hay kay bahut saray haqa'iq aysay hayn jin ki talash may sainsdan aaj sar takra rahay hay aur Mayray meethay meethay Aaqa Makki Madani Mustafa صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ in ko pahlay hi bayan farma chukay hayn. Daykhiye! Apnay da'way kay mutabiq sainsdan ab chand par pohanchay hayn magar mayray piyaray Aaqa صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ yeh alfaaz likhtay waqt (ya'ni Muharram-ul-Haraam 1434 hijri) taqreeban 1434 saal pahlay safar-e-ma'raj may chand say bhi door say door tashreef lay ja chukay hayn. Mayray Aaqa A'la Hazrat رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ kay 'urs Shareef kay mauqa' par Dar-ul-Uloom Amjadiyah A'alamgeer Road Baab-ul-Madinah Karachi may mun'aqid honay walay aik musha'iray may shirkat ka mauqa' mila jis may Hada'iq-e-Bakhshih Shareef say yeh 'Misra'-e-Tarah' rakha gaya tha:

Sar wohi sar jo tayray qadamon pay qurban gaya

Sahib-e-Bahar-e-Shari'at Mufti Muhammad Amjad Ali A'zami رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ kay shahzaday Mufasssir-e-Quran Hazrat Allamah Abdul Mustafa Azhari رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ nay is musha'arah may apna jo kalam paysh kiya tha us ka aik sha'r mulahazah ho:

*Kahtay hay sath pay chand ki insan gaya
'Arsh-e-A'zam say wara Taybah ka sultan gaya*

Ya'ni kaha ja raha hay kay ab insan chand par pohanch gaya hay! Sach poocho to chand bahut hi qareeb hay, Mayray meethay Madinay kay 'azamat walay Sultan, Huzoor صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ ma'raj ki raat ko chand ko peechay chhorrtay huway 'arsh-e-a'zam say bhii bahut ouper tashreef lay gaey.

'Arsh ki 'aql dang hay charkh may aasman hay

Jaana-e-Murad ab kidhar haey tayra makan hay

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Noor ka khilona

Meethay meethay Islami bhaiyo! Raha chand jis par sainsdan ab pohanchnay ka da'wa kar raha hay woh chand to mayray piyaray Aaqa صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ kay tabi'-e-farman hay: Chunan-chay Dala`il-un-Nubuwwah may hay: Huzoor صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ kay chacha jaan Hazrat Sayyiduna Abbas bin Abdul Muttalib رَضِيَ اللهُ تَعَالَى عَنْهُمَا farmatay hayn, Mayn nay Bargah-e-Risalat may 'arz ki: Ya Rasoolallah صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ! Mayn nay Aap (kay bachpan Shareef may aap) may aysi baat daykhi jo aap ki nubuwat par dalalat karti thi aur mayray Iman laanay kay asbaab may say yeh bhi aik sabab tha. Chunan-chay Mayn nay daykha kay Aap صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ gahwaray (ya'ni panghorray) may laytay huway chand say Baatayn kar rahay thay aur jis taraf Aap صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ ungli say isharah farmatay chand usi taraf ho jata tha. Huzoor صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ nay farmaya: Mayn us say Baatayn karta tha aur woh mujh say Baatayn karta tha aur mujhay ronay say bahlata tha aur Mayn us kay girnay ki aawaz sunta tha jab kay woh 'Arsh-e-Ilahi عَزَّوَجَلَّ kay neechay sajday may girta tha. (*Dalail-un-Nubuwwah, vol. 2, pp. 41*)

A'la Hazrat رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ farmatay hayn:

Chand jhuk jata jidhar ungli uthatay mahd may

Kiya hi chalta tha isharon par khilona noor ka

Aik mahabbat walay nay kaha hay:

Khayltay thay chand say bachpan may Aaqa isliye

Yeh sarapa noor thay woh tha khilona noor ka

Mu'jizah Shaqq-ul-Qamar

'Bukhari Shareef' may hay: Kuffar-e-Makkah nay Sarkar-e-Madinah صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ ki khidmat ba-barakat may mu'jizah dikhanay kamutalabah kiya to Aap صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ nay unhayn chand kay do tukrray kar kay dikha diye. (*Bukhari, vol. 2, pp. 579, Hadees. 3868*)

Allah عَزَّوَجَلَّ parah 27 surah Qamar ki pahli aur dusri aayat may Irshad fermata hay:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
 اِقْتَرَبَتِ السَّاعَةُ وَالنَّشَقُ الْقَمَرُ ① وَإِنْ يَرَوْا آيَةً يُعْرَضُوا وَيَقُولُوا سِحْرٌ مُّسْتَمِرٌّ ②

Tarjamah-e-Kanz-ul-Iman: Allah kay naam say shuru' jo bahut Maharban rahmat wala. Paas aay qiyamat aur shaq ho gaya chand aur agar daykhayn koi nishanah to munh phayrtay aur kahtay hayn yeh to jadu hay chala aata.

Mufasssir-e-Shaheer Hakeem-ul-Ummat Hazrat Mufti Ahmad Yar Khan رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ is Hissah Aayat وَالنَّشَقُ الْقَمَرُ (Tarjamah-e-Kanz-ul-Iman: aur shaq ho gaya chand) kay taht farmatay hayn: Is aayat may Huzoor صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ kay aik barray Mu'jizah-e-Shaqq-ul-Qamar (ya'ni chand kay do tukrray ho janay) ka zikr hay. (*Noor-ul-'Irfan, pp. 843*)

Isharay say chand cheer diya
 Chhupay huway khor ko phayr liya
 Gaey huway din ko 'asr kiya
 Yeh taab-o-tawan tumharay liye

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Sirf Allah عَزَّوَجَلَّ kay liye

Meethay meethay islami bhayyo! Wuzu kay tibbi fawa'id sun kar aap khush to ho gaey hon gay magar 'arz karta chaloon kay saray ka

sara fun-e-tibb zanniyat par mabni hay. Science ki Tahqeeqat bhi final nahin hoti, Badalti rahti hayn. Haan Allah ﷺ aur Rasool ﷺ kay ahkamaat atal hayn woh nahin badlayn gay. Hamayn sunnaton par ‘amal tibbi fawa`id paanay kay liye nahin sirf aur sirf Riza-e-Ilahi ﷺ ki khaatir karna chahiye, lihaza is liye wuzu karna kay mayra blood pressure normall ho jaey ya Mayn tazah dam ho jaon ga ya dieting kay liye rozah rakhna ta kay bhook kay fawa`id haasil ho. Safar-e-Madinah is liye karna kay aab-o-hawa bhi tabdeel ho jaey gi aur ghar aur karobari jhanjhat say bhi kuch din sukoon milay ga. Ye deeni mutala`ah is liye karna kay Mayra time pass ho jaey ga. Is tarah ki niyyaton say a`amaal baja laanay walon ko sawab nahin milay ga. Agar Hum Allah ﷺ ko khush karnay kay liye karayn gay to sawab bhi milay ga aur zimnan is kay fawa`id bhi haasil ho jaey gay. Lihaza zaahiri aur batini aadab ko malhooz rakhtay huway wuzu bhi hamayn Allah ﷺ ki riza hi kay liye karna chahiye.

Tasawwuf ka ‘azeem Madani Nuskhah

Hujja-tul-Islam Imam Muhammad bin Muhammad bin Muhammad Ghazali رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ farmatay hayn: Wuzu say faraghat kay ba`d jab aap namaz ki taraf mutawajjah hon us waqt yeh Tasawwur kijiye kay jin zaahiri a`aza par logon ki nazar parrti hay woh to ba-zahir Taahir (ya`ni pak) ho chukay magar dil ko pak kiye bighayer Bargah-e-Ilahi ﷺ may munajaat karna haya kay khilaf hay kyun kay Allah ﷺ dilon ko bhi daykhnay wala hay. Mazed farmatay hayn: Zaahiri wuzu kar laynay walay ko yeh baat yaad rakhni chahiye kay dil ki taharat ya`ni safaey taubah karnay aur gunah ko chhorrnay aur ‘umdah akhlaq apnanay say hoti hay. Jo

shakhs dil ko gunahon ki aalodagiyan say pak nahin karta faqat zaahiri Taharat (ya'ni sahaey) aur zayb-o-zeenat par iktifa karta hay us ki misaal us shkahs ki si hay jo badshah ko madu' karta hay aur apnay ghar ko baahar say khoob chamkata hay aur rang-o-roghan karta hay magar makan kay androni hissay ki safaey par koi tawajjoh nahin dayta, ab aysi soorat may jab badshah us kay makan kay andar gandagiyan daykhay ga to woh naraz ho ga ya raazi yeh har zi sha'ur khud samajh sakta hay. *(Ihya-ul-'Uloom, vol. 1, pp. 185)*

Sunnat science kay tahqeeq ki muhtaj nahin

Meethay meethay Islami bhayion! Yaad Rakhiye! Mayray Aaqa ﷺ ki sunnat kisi science kay tahqeeq ki muhtaj nahin aur hamara maqsood ittiba'-e-science nahin ittiba'-e-sunnat hayn, mujhay kahnay dijiye kay jab European mahireen barsaha baras ki 'araq rayzi kay ba'd nateejay ka dareechah kholtay hayn to unhayn saminay muskarati noor barsati Sunnat-e-Mustafavi ﷺ hi nazar aati hay! Dunya may lakh sayr-o-siyahat kijiye, jitna chaahay 'aish-o-'ishrat kijiye, magar aap kay dil ko haqeeqi rahat muyassar nahin aaey gi, sukoon-e-qalb sirf aur sirf Yaad-e-Khuda ﷺ may milay ga. Dil ka chain 'Ishq-e-Sarwar-e-Kaunayn ﷺ hi may haasil ho ga. Dunya-o-Aakhirat ki rahatayn Science kay alat , T.V, V.C.R, aur internet kay ru ba ru nahin ittiba'-e-sunnat may hi naseeb ho gi. Agar aap waqi'e donon jahan ki bhalaiyan chahatay hayn to namazon aur sunnaton ko mazbooti say tham lijiye aur inhayn seekhnay kay liye Dawat-e-Islami kay Madani qafilon may safar apna ma'mool bana lijiye. Har Islami bhai niyyat karay kay zindagi may kam az kam aik baar yak musht 12 maah,

har 12 maah may 30 din aur har maah 3 din sunnaton ki tarbiyyat
kay Madani Qafilay may safar kiya karoon ga. *إِنْ شَاءَ اللَّهُ عَزَّ وَجَلَّ*

*Tayri sunnaton pay chal kar
Mayri rooh jab nikal kar
Chalay tum galay lagana
Madani Madinay walay*

صَلِّ اللّٰهُ تَعَالٰى عَلٰى مُحَمَّدٍ صَلُّوْا عَلٰى الْحَبِيْبِ

Aik Chup 100 Sukh

*Allah Karam Aysa karay tujh pay jahan may
Aye Dawat-e-Islami tayri Dhoom machi ho*