



*Gardi kay baray may  
dilchasp ma'loomat*

Roman

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**SARDI KAY BARAY MAY  
DILCHASPB MA'LOOMAT**

*Roman-Urdu*

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# *Fahrist*

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الْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلٰى سَيِّدِ النَّبِيِّنَ  
أَمَّا بَعْدُ فَاعُوذُ بِاللّٰهِ مِنَ الشَّيْطَنِ الرَّجِيمِ ۝  
بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيمِ ۝

## *Kitab perhnay ki Du'a*

deeni kitab ya Islami sabaq perhnay say pehlay zayl mayn di  
huiyDu'a perh li-jiye ان شاء الله jo kuch perhayngey yaad rahay  
ga. Du'a yeh hay:

اللّٰهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَانْشِرْ  
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

### Tarjama:

Ay Allah (عز وجل)! Ham per 'ilm-o-hikmat kay derwaazay  
khol day aur ham per Apni rahmat naazil ferma! Ay  
'azamat aur buzurgi waalay!

(Al-Mustatraf, vol. 1, pp. 40)



**Note:** Awwal aakhir aik baar Durood Shareef perh layn.

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الْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِينَ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى سَيِّدِ الْمُرْسَلِينَ  
أَمَّا بَعْدُ فَاعُوذُ بِاللّٰهِ مِنَ الشَّيْطٰنِ الرَّجِيمِ

## SARDI KAY BARAY MAY DILCHASP MA'LOOMAT

### Dua-e-'Attar

Ya Allah Pak! Jo koi rislaah ‘Sardi kay baray may dilchasp ma'loomat’ parh ya sun lay us ko jahannam kay har ‘azab khusoosan thandak kay sakht ‘azab say bacha kar Jannat-ul-Firdaus may bay hisab dakhilay say Nawaz day.

أَمَّا بَعْدُ فَاعُوذُ بِاللّٰهِ مِنَ الشَّيْطٰنِ الرَّجِيمِ

### Durood Shareef ki Fazilat

Hazrat Sayyiduna 'Allamah Muhammad Bin 'Abdul Rahman Sakhawi رحمه اللہ علیہ apni kitab 'Al-Qawl-ul-Badi' jo Durood pak kay baray may likhi gae hay us may farnatay hayn: Aik nayk shaks Misr may raha karta thajisay Abu Sa'eed Al-Khayyat kay naam say pukara jata tha woh logon say door aur akelay raha karta aur logon say milta nahin tha. Phir achanak us nay Hazrat Sayyiduna Ibn-e-Rasheeq رحمه اللہ علیہ ki mahfil may pabandi say shirkat karna shuro' kar di, log baray hayran (Astonished) huway aur us say is ki wajah pochi to us nay bataya: Allah pak kay Aakhri Nabi, Makki Madani,

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Muhammad 'Arabi ﷺ meray khuwab may tashreef layey aur mujhay farmaya: In ki mahfil may shamil huwa karo kiyun kay yeh apni mahfil may mujh par kasrat say durood parhta hay. (*Al-Qawl-ul-Badi'*, safhah 60)

Phir jab Hazrat Ibn-e-Rasheed ﷺ ka intiqal huwa to unhayn khuwab may acchi halat may dekh kar 'arz kiya gaya: yeh in'amat milnay ka sabab kiya bana? Irshad farmaya: Nabi Pak ﷺ par kasrat say durood parhna.

(*Al-Salat wal-Bashar*, safhah 108)

*Zaat-e-Wala pay bar bar durood  
Bar bar aur bay shumar durood  
Bethay uthtay jagtay sotay  
Ho Ilahi mayra shi'ar durood*

**Du'a-e-Mustafa ﷺ say sardi door ho gae**

Jannati Sahabi, Hazrat Sayyiduna Bilal ﷺ farmatay hain: Mayn nay aik sakht sard raat may fajr ki azaan kahi laykin Masjid koi na aya kuch der ba'd phir Mayn nay aazan di magar ab ki baar bhi koi na aya. Jab Rasoolullah ﷺ nay yeh mua'malah dekha to irshad farmaya: 'Logon ko kiya huwa'? Mayn nay 'arz ki: 'sakht sardi nay logon ko Masjid may aanay say rok rakha hay.' Aap ﷺ nay du'a farmai: 'Aey Allah Pak! Logon say sardi dor farma.' Hazrat Sayyiduna Bilal ﷺ farmatay hayn: (Sardi aesi dor huiy kay) Mayn nay logon ko subh kay waqt garmi ki wajah say pankha jhaltay huway dekha. (*Kitab-ul-Du'afa*, jild. 1, safhah 129)

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*Ijabat ka sehra 'inayat ka jora*

*Dulhan ban kar nikli Du'a-e-Muhamamad*

*Ijabat nayjhuk kar galay say lagaya*

*Barhi naz say Jab du'a-e-Muhammad*

Alfaz-o-ma'aani: Ijabat: qabooliyat. Jora: libas. Naaz: fakhar.

صَلُّوا عَلَى مُحَمَّدٍ

صلو على الحبيب

#### 4 Mausamon ki na'mat

**Piyaray piyaray Islami bhaiyo!** Allah pak nay 4 mausam (Weather) payda farmaye hayn, sardi, garmi, khizan, bahaar. Har mausam ki apni apni khusoosiyat hay aur har aik ka apna maza aur khas phal aur sabziyan hayn. Garmi kay mausam may ba'z faslay (Crop) pakti hayn, jo insan ki aham tareen zarooriyat may say hayn aur paseenay kay zari'ay kai beemariyan kharij hoti hayn Jab kay sardiyon may kai tarah kay khushk maywa jaat (Dry Fruits) ki payda war hoti hay jo kay jism-e-insani kay liye mufeed hayn. Mausam-e-Bahaar may na sirf har taraf haryali hi haryali hoti hay balkay aankhon ko taazgi bakhshnay walay rang barangay phool khil uthtay hayn, dunya may aesay mumalik jahan aik saal may yeh charon mausam aatay hon kam hay, kahin sara saal ya saal kay aksar dinon may sardi rehti hay to kahi garmi, **Allah pak ki rahmat pay qurban!** Kay hamayn Watan-e-'Aziz may yeh Charon mausam saal may aatay hayn.

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Allah pak ki payda ki hui har chez, har mausam acha hai aur mausam ki tabdeeli may Allah Pak kay bay shumar hikmateyn hayn. Hum kamzoor-o-na-tawa logo bahut jald hi ghabra jatay hayn, garmi ki shiddat ho to hum kehtay hai sardi bahut achi hay kash! Sardi jald aa jae Jab sardi ziyadah ho jaye to kehtay hai garmi aa jae to acha hay. Garmi ki shiddat barh jaye ya sardi ziyadah ho jae hamayn har haal may sabr say kam lena chahiye, sardi aur garmi ko bura kehna **bahut buri baat** hay, kisi mausam ka gila shikwa (Complaint) karnay wala aik tarah say mausam payda karnay walay Khuda-e-Pak ki shikayat kar raha hay goya keh raha hay key dekho! Allah pak nay kitni garmi ya sardi barha di hay!

### Zamanay ko bura kehna kaysa hay?

Bukhari shareef Hadees no. 1681, Allah Pak irshad fermata hay: Aadami zamanay ko galiyan (Swearing) deta hay halankay (zamanah bananay wala) to Mayn hon aur is kay din raat meray hi qabza-e-qudrat may hayn.

(*Bukhari, jild. 4, safhah. 150, Hadees 6181*)

Sahih Muslim Hadees no. 2246, Farman-e-Mustafa ﷺ:  
Zamanay ko bura na kaho kiyun kay Allah Pak nay hi zamanay ko payda farmaya hay. (*Muslim, Safah 951, Hadees 5862*)

Shariih Muslim, Hazrat Sayyiduna Imam Sharfuddin Nawawi رحمۃ اللہ علیہ likhtay hayn: ‘Ulama-e-Kiraam farmatay hayn kay Allah pak ka zamanay par itlaq majazi taur par kiya gaya hay is

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ka sabab yeh hay kay ‘Arbon ki ‘aadat thi kay maut, burhapay ya maal kay zaya’ ho janay jaysay hadisaat aur masaaib par zamanay ko bura mantay huway kehtay thay ‘**haye zamanay ki barbadi**’ to Allah pak kay aakhiri Nabi, Makki Madani, Muhammad-e-Arabi ﷺ nay irshad farmaya: Zamany ko bura na kaha karo kiyun kay zamanah Allah Pak khud hay ya’ni in hawadisaat aur masaaib ko payda karnay wala Allah pak hi hay aur Wohi in ko utarnay wala hay tum Jab masaaib ko bura kaho gay to dar haqeeqat yeh Allah Pak ko bura kehna hoga kiyun kay in ko payda karnay wala aur in ka fa’il (ya’ni halat badalnay wala) Allah Pak hi hay.

(*Sharh Sahih Muslim* *jild. 3 Safhah. 15*)

*Sub ko payda karnay wala, mera Maula mera Maula*

*Sub say Afzal sub say a’la, mera Maula mera Maula*

*Jag ka Khaliq sub ka Malik, Woh hi baqi, Baqi Halik*

*Sacha Malik sacha Aqqa, mera Maula mera Maula*

Alfaz-o-ma’aani: jag: dunya. Halik: khatm karnay wala.

صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

صَلُّوْ اعَلَى الْحَبِيبِ

### Sardi aur garmi kaysay hoti hay?

**Piyaray piyaray Islami bhaiyo!** Kiya aap jantay hay kay sardi aur garmi ka asal sabab kiya hay? Chunan-chay Bukhari Shareef Hadees no. 537 aur 538 may hay: Dozakh nay apnay Rab kay paas shikayat ki kay meray ba’z ajza (parts) nay ba’z ko

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kha liya to isay 2 martabah sans ki ijazat di gai, aik sardi may aur aik garmi may. yeh wohi tayz garmi aur thandak hai jisay tum mahsoos kartay ho aur Bukhari Shareef ki aik riwayat may yun hay kay '**Jo tayz garmi tum patay ho yeh dozakh ki garam saans hay aur jo tayz thandak tum patay ho yeh us ki thandi saans hay.**' (*Bukhari, Jild. 1, Safhah 199, Hadees: 537-538*)

**Hazrat** Mufti Ahmed Yar Khan رحمۃ اللہ علیہ fformatay hayn: Dozakh Jab oper ko sans layta hay to dunya may 'umooman sardi ka zor hota hay aur Jab neechay ko sans chorta hay to 'umooman garmi ki shiddat, yeh Hadees bilkul zahiri m'ana par hay kisi taweeل ya tojeeh ki zaroorat nahin, har cheez may qudrat nay zindagi aur sha'or bakhshay hayn.

(*Mirat-ul-Manajeeh, vol. I p. 380*)

### Qudrat Khudawandi kay karishmay

**Hazart** Sayyiduna Imam Abu Hamid Muhammad Bin Muhammad Bin Muhammad Ghazali رحمۃ اللہ علیہ fformatay hayn: Beech aasman say sooraj kay idhar udhar mail honay ko dekho hatta kay is kay sabab sardi, garmi, khizan aur bahaar kay mausam tabdeel hotay hayn. Jab sooraj wast-e-aasman (ya'ni aasman kay darmiyan) say neechay ko jhukta hay to hawa thandi aur mausam thand ho jata hay aur Jab aasaman kay darmiyan may theherta hay to sakht garmi ho jati hay aur Jab in donon kay darmiyan hota hay to mausam mo'tadil (ya'ni darmiyana) ho jata hay. (*Ihya-ul-'Uloom, jild. 5, Safhah. 466*)  
! Allah Pak ki shan-o-qudrat kay kesay hayrat angez rang hayn.

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‘سُبْحَانَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ’ ya'ni Allah Pak 'Azamat wala hai aur Usi  
kay liye tamam ta'reefeyn hayn.

Meray Aaqa A'lā Hazrat Imam Ahl-e-Sunnat, Maulana Shah  
Imam Ahmad Raza Khan رحمۃ اللہ علیہ kay bhai jan Shahanshah-e-  
Sukhan, Ustaz-e-Zaman Hazrat Maulana Hasan Raza Khan  
رحمۃ اللہ علیہ nay kitna piyara sh'er kaha hay:

*Har shay say 'ayan meray Sani' ki san'atay  
'Aalam sub aainon may hay Aaina saz ka  
Aflaak-o-arz sub teray farman pazeer hayn  
Hakim hay Tu jahan ka nasheeb-o-faraz ka*

Alfaz-o-ma'aani: 'Ayan: zahir. Sani': bananay wala. San'at:  
cheezayn. Aainah saz: bananay wala. Aflaak: Aasman. Arz: zameen.  
Farman pazeer: farmanbardar. Nasheeb-o-Faraz: Utaar charhao.

صلی اللہ علی مُحَمَّد

صلوٰ اعلیٰ الحَبِيب

## Nadan insan

Aey 'Ashiqan-e-Rasool zara sochiye to sahi! Yeh insan bhi kesa  
nadan hay jo gari tak pahonchnay say pehlay hi remote say gari  
khola leta hay, sardi aanay say qabal garam kapray ka intizam  
kar layta hay, raat ghar aanay say pehlay nashtay ka saman lay  
aata hay, bachay ki paydaish say pehlay kapray tayyar kar leta  
hay, Ramadan-u-Mubarak may 'Asr say qabal iftari ki tayyari  
shuru' kar dayta hay, baarish may nikalnay say pehlay chhatri  
ley leta hay, lambay safar par rawanah hotay waqt gari, hawa,

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pani or petrol check kar leta hay, andheray may nikalnay say pehlay torch tham leta hay, laykin maut jo kay yaqeeni taur par aanay wali hay is kay liye bilkul bhi tayyari nahin karta. Sardi, garmi ka mausam to apnay waqt par aata jata hay magar hum apni qabar aur aakhirat ki tayyari kiyun nahin kartay!!! 'Azeem Tabi'ee buzurg Hazrat 'Abdullah Sunabibi ﷺ farmaya kartay thay. 'Hum garmi sardi ka mausam dekhtay dekhtay chaly jatay hay (ya'ni aakhirat kay liye kuch 'amal nahin kartay}'. (*Allah walon ki baatayn, jild. 4, Safhah. 166*)

*Kisi bala may say hayn sarshar hum*

*Din dhala hotay nahin hoshiyar hum*

Alfaz Ma'ani: Bala: Museebat. May: nashah,masti. Sarshar: Hosh. Hoshiyar: Baydar.

**Sharh-e-Kalam-e-Raza:** Ya Allah Pak! shaytan nay hamayn (Gunahon aur fazooliyat) kay nashay may kis qadar bad mast kar diya hay kay zindagi guzri ja rahi hay aur hum hosh may anay ka naam nahin ley rahay.

*Kuch naykiyan kama lay jald aakhirat bana lay*

*Bhai nahin hay bharosa hai koi zindagi ka*

صلَّى اللَّهُ عَلَى مُحَمَّدٍ

صَلَوَاتُ اللَّهِ عَلَى الْحَبِيبِ

## Har mushkil asan

Hazrat Sulayman Daraani ﷺ farmatay hain: nafs ki mukhalifat Afzal tareen 'amal hay. (*Tafseer-e-Kabeer, jild. 1, Safhah*

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431) Hazrat Mufti Ahmed Yar Khan Na'eemi ﷺ ka farman ka khulasah hay: Jo Iman ki halawat (ya'ni mithaas) pa layta hay woh bari bari mashaqqatayn (ya'ni mushkil kam) khushi say bardasht kar layta hay jaysay sardiyon ki namaz, karbala ka maidan is ki hamesha rehnay wali misal hay.

(*Mirat-ul-Manajih, jild. 30 Safhah. 1*)

### **Mu'minon ka mausam-e-bahaar**

Aey Asiqan-e-Rasool! Sardi banda-e-Mu'min kay liye bihaar ka mausam hay kiyun kay Jab sardi ka mausam aata hay to banda-e-Mu'min bhook aur piyas ki mashaqqat uthaye begair hi din may roza rakh sakta hay kay din chhota aur sard hota hay lihaza rozay ki taklif itni mahsoos nahin hoti . Chunanchay Sarkar do jahan ﷺ ka farman hay: Sardi kay rozay thandi ganimat hayn. (*Tirmizi, Jild. 2 Safhah. 210, Hadees 797*) aik maqam par Rasool Pak ﷺ nay irshad farmaya: Sardi ka mausam Mu'min ka 'mausam-e-bahaar' hay kay is may din chhotay hotay hay to Mu'min in may roza rakhtay hayn aur is ki raatay lambi hoti hay to woh in may qiyaam kartay (ya'ni nawafil waghayrah parhtay) hayn.

(*Shu'ab-ul-Iman, Jild. 3 Safhah. 416, Hadees 3940*)

### **Sardi ko khush aamdeed**

Jannati Sahabi Hazrat 'Abdullah bin Mas'ood رضي الله عنه mausam-e-sarma ki aamad par farmatay: Sardi ko khsuh aamdeed, is may Allah pak ki rahmatayn hoti hayn key shab

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baydari karnay walay kay liye is ki raatayn lambi aur rozahdar  
kay liye din chota hota hay.

(*Firdaus-ul-Akhbar, Jild. 2 Safhah. 349, Hadees 6808*)

### Har qadam par naykiyan

'Bano Salimah' Ansar ka aik Qabilah tha un kay ghar Masjid-e-Nabawi shareef say dor thay yeh raat kay andheray may, baarish kay waqt aur sakht sardi may bhi ba-jama'at namaz ki koshish farmatay thay. Apni ummat say piyar karnay walay piyaray piyaray Aaqa صلَّى اللهُ عَلَيْهِ وَسَلَّمَ nay in ko khushkhabri irshad farmai kay 'Tumharay har qadam par naykiyan likhi jati hayn' (*Mirqat-ul-Mafatih, Jild. 2 Safhah. 404 Taht-al-Hadees 770*)

### Aglay pichlay gunah mua'aaf

Jannati Sahabi, Musalmanon kay teesray khalifah Hazrat Sayyiduna 'Usman-e-Ghani رضي الله عنه nay aik sard raat may namaz kay liye janay ka iradah farmaya to wuzu kay liye pani mangwaya phir aap رضي الله عنه nay apna chehra aur donon hath dhoye. Ghulam nay 'arz kiya: Allah Pak aap ko kifayat karay raat to bahut thandi hay. Aap رضي الله عنه nay farmaya: Mayn nay Nabi karaeem صلَّى اللهُ عَلَيْهِ وَسَلَّمَ ko farmatay huway suna kay 'Jo banda kamil (ya'ni pora) wuzu karay ga us kay aglay pichlay gunah mu'aaf kar diyey jayen gay.'

(*Attargheeb Wattarheeb, jild. 1, safhah 93, Hadees 11*)

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### Do farameen-e-Mustafa ﷺ

1. Jis nay sakht sardi may kamil wuzu kiya us kay liye sawab kay do hissay hayn. (*Majma'-uz-Zawaaid, Jild. 1 Safhah. 542*)
2. Mashaqqat (Struggle) kay waqt wuzu karnay walay ko qiyamat kay din 'arsh ka saya naseeb hogा.

(*Ithaf, Jild. 10 Safhah. 385, Hadees:1217*)

*Dey shoq-e-tilawat dey zoq-e-'ibadat*

*Rahon may ba-wuzu sada Ya Ilahi*

*May panchon namazayn parhon ba jama'at*

*Ho taufeeq aesi 'ata Ya Ilahi*

*May parhta rahon sunnatayn, waqt hi par*

*Ho saray nawafil ada Ya Ilahi*

صلی اللہ علی مُحَمَّد

صلوٰ اعلیٰ الحَبِيب

### Naykiyon bhari soch

Hazrat Sayyiduna Hasan Basri رحمۃ اللہ علیہ farmatay hayn: Sardi banda-e-Mu' min ka kitna accha zamanah hay! Raat lambi hoti hay, banda raat may namaz kay liye qiyam karta hay aur din chhota hota hay to banda rozah rakh layta hay. (*Lataif-ul-Ma'rif Safhah. 372,373*)

Hazrat Sayyiduna 'Ubaid bin 'Umair رحمۃ اللہ علیہ farmatay hayn: Jab sardi aati hay to Ahl-e-Qur'aan say kaha jata hay tumhari namaz kay liye raat taweel (ya'ni lambi) ho gai aur rozon kay liye din chhota ho gaya. (*Ahadees-us-Shata Lil-Suyuti, safhah 97*)

Sardi kay baray may dilchasp ma'loomat

Piyaray piyaray Islami bhaiyo! Zindagi bahut mukhtasar hay hum aahistah aahistah maut kay qareeb hotay ja rahay hayn, zindagi ki jo chand saansayn baaqi hay in ko ganimat jantay huway Allah pak aur Us kay Rasool ﷺ ki yaad may guzariye, sardi ki mashaqqat par sabr kar kay sawab kamaye kay (ya'ni Afzal tareen 'amal woh hay jis may mashaqqat ziyyadah ho.) Khoob 'ibadat kijye, sunnaton par 'amal kijye, naiki ki da'wat ki dhoomay machaiye, Madani qafilon may safar kijye aur nayk 'amal ka risalah pur kar kay aahistah aahistah in par 'amal barhatay jaiye, thand lag rahi ho aur jism sardi say kap kapa raha ho, wuzu kijye aur namaz ba-jama'at ka khas ihtimam farmaiye kay Hazrat Sayyiduna Ibrahim bin Adham رحمۃ اللہ علیہ farmatay hayn: Jo 'amal dunya may jitna dushwar guzar (ya'ni mushkil) hogा meezan-e-'amal par woh utna hi ziyyadah wazan dar hogा. (*Tazkira-tul-Awliya, safhah 95*)

### Rozah nahin chhora

Ramadan-ul-Mubarak may aik baar Sadr-us-Shari'ah Maulana Mufti Muhammad Amjad 'Ali A'zami رحمۃ اللہ علیہ ko sakht sardi ka bukhar charh gaya is may khoob thand lagti aur shaded bukhar charhta neez piyas ki shiddat bhi na qabil-e-bardasht hoti, zuhr kay ba'd khoob sardi charhti phir bukhar aa jata magar qurban jaiye! Is hal may bhi koi rozah nahin chhora.

(*Tazkira Sadr-us-Shari'ah, safhah 23*)

Aey 'Ashiqan-e-Rasool! Hadees pak hay: Jis nay shuru' din may Quran khatm kiya, sham tak us kay liye firishtay Istighfar

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kartay hayn aur jis nay ibtidai shab (ya'ni raat kay shuru') may khatm kiya, subh tak Istighfar kartay hayn.

(*Ghunyat-ul-Muta'alli, safhah 496*)

Bahr-e-Shari'at jild 1 safhah 551 par hay: Garmi may chunkay din bara hota hay to subh kay khatm karnay may Istighfar-e-Malaikah (ya'ni firishton ki du'a-e-maghfirat) ziyadah hogi aur jaron (ya'ni sardiyon) ki raatayn bari hoti hay to shuru' raat may khatam karnay say Istighfar ziyadah hogi.

### **Agar Allah pak chahey**

Hazrat Sayyiduna Sulayman رَحْمَةُ اللَّهِ عَلَيْهِ nay safar-e-hajj may aik buzurg وَحَمْمَةُ اللَّهِ عَلَيْهِ ko dekha kay sakht sardi may puranay kapray pehnay paseenay may sharabor (Drenched with sweat) hain. Aap nay un say haal pucha, to unhon nay farmaya: garmi aur sardi Allah ki 2 makhloqat (Creatures) hain, Allah pak hukm farmaye kay sardi garmi mujh par chha jayen to mujhay sardi aur garmi lag kar rahayn aur woh Rab hukm farmaye to sardi aur garmi meray qareeb bhi na aayen. Un buzurg وَحَمْمَةُ اللَّهِ عَلَيْهِ nay mazeed farmaya: Mayn 30 saal say is jungle may hon, Allah pak mujhay sardi may apni mahabbat ki garmaish 'ata farmata hay aur garmi may apni mahabbat ki thandak bakhshta hay.

(*Lataif-ul-Ma'arif, safhah 376 - Islami maheenon kay fazail safhah 110*)

*Mahabbat ghayr ki dil say nikalo Ya Rasoolallah*

*Mujhay apna hi deewanah bana do Ya Rasoolallah*

Sardi kay baray may dilchasp ma'loomat

## Afzal 'amal

**Aey Ashiqan-e-Rasool!** Manqool hay: Sardi kay mausam may garibon par sardi dor karnay wali cheezeyn eisar karna bahut fazeelat wala 'amal hay. (*Lataif-ul-ma'arif, safhah 378*) Allah Pak Quran kareem may parah 6 Surah Al-Maidah, Aayat number 32 may irshad farmata hay:

وَمَنْ أَحْيَاهَا فَكَانَتْ أَحْيَا النَّاسَ جَمِيعًا

*Tarjamah-e-Kanz-ul-Iman:* Aur jis nay aik jan ko jila liya (ya'ni qatal say bacha kar zindah rakha) us nay goya sub logon ko jila liya.

Imam Fakhrudin Razi رحمۃ اللہ علیہ farmatay hayn: 'وَمَنْ أَحْيَاهَا' say murad yeh hay kay jis nay kisi insan ko halak kar denay wali ashiya jesay jalnay, dobnay, bahut ziyadah bhook aur intihai garmi ya sardi waghayrah say najat dila kar zindah kiya.

(*Tafseer-e-Kabeer, Jild. 4, Safhah 344*)

*Hamayshah haath bhalai kay wasitay uthay  
Bachana zulm-o-sitam say mujhay sada Ya Rab  
Rahayn bhalai ki raahon may gaamzan har dam  
Karayn na rukh mayray paaon gunah ka Ya Rab*

صلی اللہ علی مُحَمَّدٍ

صلوٰ اعلٰی الحٰبِبٍ

## Sakht sardi may qamees ka sadaqah

Tab'i buzurg Hazrat Suliman رحمۃ اللہ علیہ farmatay hayn: Mulk-e-Sham may rehnay walon may say aik nay aa kar mujh say kaha

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kay mujhay Hazrat-e-Safwan bin Sulaim Zuhri ﷺ kay baray may bataiyе, Mayn nay unhayn jannat may dakhil hotay dekha hay. Pocha gaya kay kis 'amal kay sabab? Us nay bataya: kisi ko aik qameez (shirt) pehnaynay kay sabab. Hazrat-e-Safwan bin Sulaim Zuhri ﷺ say kisi nay us qameez ka tazkierah kiya to aap ﷺ nay farmaya: 'Aik martabah Mayn sakht sardi ki raat may Masjid say nikla to aik barhanah (ya'ni nangay) shakhs par nazar pari, Mayn nay apni qameez utar kar usay pehna di.'

(*Hilya-tul-Awliya, jild. 3, Safhah 188 - Islami Maheenon kay fazail, safhah 110*)

صَلُّوا عَلَى الْحَبِيبِ  
صلوٰ اعلیٰ الحبیب

### Nayk wazeer

Makhlooq-e-Khuda say accha sulook karnay ka waq'iah mulahazah kijye: Aik nayk wazeer ko bataya gaya kay aik 'aurat kay 4 yateem bachay nangay aur bhookay hayn. Wazeer nay aik Aadami ko hukm diya kay fauran jao aur un ki zaroorat kay kapray aur khana waghayrah unhayn pahonchao. Phir wazeer nay apna (garam) libas utar diya aur qasam khai, Khuda ki qasam! Mayn tab tak libas na pehnonga aur na hi koi garmash (ya'ni Heat) lon ga Jab tak yeh Aadami mujhay wapas aa kar bata na day kay un yateemon ko libas pehna diye hain aur un ka payt bhar diya hay. Chunanchay us Aadami nay Jab wapas aa kar bataya key yateemon nay kapray pehan liye hay aur khanay say payt bhar gaye hain, tab nayk wazeer nay apnay kapray dubara pehnay us waqt nayk wazeer sardi say kanp raha tha. (*Lataif-ul-Ma'arif, safhah 378 - Islami maheenon kay fazail safhah 111*)

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*Mukhtasir si zindagi hay bhaiyo!*

*Naykiyan kijye, na ghaflat kijye*

صلوٰ علیٰ مُحَمَّدٍ صلواٰ علیٰ الْحَبِيبِ

**Piyaray piyaray Islami bhaiyo!** Allah Kareem kay nayk banday sawab kamanay ka koi mauqa' haath say janay nahiin daytay thay. Jaysa kay abhi waq'iah say aap nay suna. Allah Pak ki na'maton may say aik 'azeem na'mat 'libas' bhi hay, libas may bahut si khoobiyan hain, Sitr poshi (ya'ni sharam ki cheez chhupana), zeenat, sardi garmi say bachao, namaz ki adaigi lihaza yeh 'azeem-us-shan na'maton say hay. (*Mirat-ul-Manajeeh, jild 6, safhah 123*) Jis tarah hum apnay aap ko sakht sardi ya garmi may thand ya garmi say bachanay ki koshish kartay hayn, **zahay naseeb!** Apnay ird gird rehnay walay ghareeb parosiyon, rishtaydaroon ka sakht sardi may khayal rakha jaye, unhayn garam libas aur lihof waghayrah paysh kiye jaye balkay bay Zuban janwaron par bhi rahm karna chahiye kiyun kay yeh bicharay apni takleef aur museebat kis ko jakr batayen gay? Kiya pata hamara in kay sath kiya janay wala accha sulook Allah Pak ki bargah may maqbool ho jaye aur wohi maghfirat ka sabab ban jaye jaysa kay Hazrat (Sayyiduna Sheikh Abu Bakar) Shibli (Bagdadi) (صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ) ko ba'd-e-wafat khuwab may daykha gaya to aap nay irshad farmaya: Allah Pak nay mujhay Apni Bargah may khara kar kay Irshad farmaya: Tumhayn m'aloom hay kay Mayn nay tumhay kiyun baksha? Mayn apnay woh nayk a'maal yaad karnay laga jo bakhshish ka zari'ah

Sardi kay baray may dilchasp ma'lomat

ban saktay thay, to Allah Pak nay irshad farmaya: Mayn nay in 'amal may say kisi 'amal kay sabab teri bakhshish nahin farmai. Mayn nay 'arz ki: Aey meray piyaray piyaray Allah! Phir Tu nay kis sabab mayri maghfirat farmai? Irshad farmaya: Aik dafa tum Baghda ki gali say guzar rahay thay kay tum nay aik billi ko dekha jisay sardi nay kamzoor kar diya tha is par taras khatay huway tum nay apnay jubbay (ya'ni libas) may chupa liya ta kay woh sardi say bach jaye lihaza billi par rahm ki wajah say Mayn nay aaj tum par rahm farmaya hay.

(*Hayat-ul-Haywan, jild. 2, Safhah. 522*)

Allah Pak ki un par rahmat ho aur un kay sadqay hamari bay hisab maghfirat ho.

أَمِينٌ بِجَاهِ النَّبِيِّ الْأَكْمَيْنَ ﷺ

*Kash! 'Attar say farmaye qiyamat may huzoor  
Lay Mubarak kay tujhay baksh diya jata hay*

### Iman afroz hasrat

Allah Pak kay wali Hazrat 'Amir bin Abdul Qays رَضِيَ اللَّهُ عَنْهُ ka intiqal shareef in kalimat ko rotay rotay kehtay huway huwa: Mayn maut kay dar ya dunya ki mahabbat may nahin ro raha hon, balkay Mayn is khayal say ro raha hon kay Mayn ab faut ho raha hon ab garmiyon kay rozay may do pahar ki piyas aur jaron (ya'ni sardiyon ki) lambi raton may qiyam-ul-lail (raat ki 'ibadat) ki lazzat mujhay kab aur kaysay naseeb huwa karay gi?

(*Aainah-e- 'Ibrat, safhah 53*)

Sardi kay baray may dilchasp ma'loomat

Aey Ashiqan-e-Rasool! Sardiyon may khusoosan Fajr aur 'Isha ki namaz nafs-e-ammarah par mushkil hoti hay aur Afzal 'amal woh hay jis may zehmat (ya'ni mashaqqat) ziyadah ho. Hazrat 'Umar Bin 'Abdul Aziz رَضِيَ اللَّهُ عَنْهُ farmatay hain: Afzal 'amal woh hay jis par nafs ko majboor kiya jaye. Hazrat Safwan Bin Sulaim رَضِيَ اللَّهُ عَنْهُ garmiyon may ghar kay andar aur sardiyon may chhat par namaz parhtay ta kay neend na aaye. Aur aap ka sajdah ki halat may intiqal huwa. (*Zamm-ul-Hawa, safhah 56*)

Allah Pak ki un par rahmat ho aur un kay sadqay hamari bay-hisab maghfirat ho.

أَمِينٌ بِجَاهِ النَّبِيِّ الْأَمِينِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

*Bana dey mujhay nayk naykon ka sadqah  
Gunahon say har dum bacha Ya Ilahi  
'Ibadat may guzray mayri zindagani  
Karam ho karam Ya Khuda Ya Ilahi  
Musalman hai 'Attar Tayri 'ata say  
Ho Iman par khatimah Ya Ilahi*

### Sardi say hifazat kay chand Madani phool

1. Moti jurabayn, mozay aur band jotay ka isti'mal kijye.
2. (Ho sakay to daysi) ubla huwa anda isti'mal kijye. (zarooratn apnay Doctor kay mashwaray kay mutabiq)
3. Hattal imkan kuch dair dhoop may baithye.

Sardi kay baray may dilchasp ma'lomat

4. Nazla zukam ho janay ki soorat may **bhaap** lijiye.
5. Aeriyoun (Heel) aur honton (Lips) ko phatnay say bachanay kay liye Liquid Glycerin aur Vaseline ist'mal kijye.

(*Mahnamat Faizan-e-Madinah Rabi'-ul-Aakhir 1438 Hijri, safhah 79*)

### **Heater kay isti'mal may ihtiyat**

**Piyaray piyaray Islami bhaiyo!** Sheikh-e-Tareeqat Ameer-e-Ahl-e-Sunnat Hazrat 'Allamah Maulana Muhamamd Ilyas 'Attar Qadri Rizvi Ziyai دامت برکاتہم العالیہ farmatay hain: Agar Heater chalaye to mera **mashwarah** yeh hay kay Jab kamrah garam ho jaye to sonay say pehlay Heater zaroor band kar dayn kiyun kay kamrah Jab garam ho gaya to ab is kay chaltay rehnay ki zaroorat nahin hay aur is ko band na karnay may khatrah bhi hay. Ba'z log Heater chala kar kamrah band kar kay so jatay hayn yeh aik riski kam hay kiyun kay ba'z Awqat gas leak ho rahi hoti hay aur ma'loom na honay ki wajah say hadisah bhi ho jata hay. Akhbaron may bhi aysi kai khabrayn chhapti hain kay Heater say gas leak honay ki wajah say dhamakah aur itnay log intiqal kar gaye. Yeh ihtiyat sirf gas walay heater kay liye hi nahin balkay agar bijli wala bhi Heater ho to is may bhi aag lagnay ka khatra rehta hay lihaza isay bhi band kar kay soya jaye.

(*sardi say bachnay ka tareeqay, safhah 3*)

### **Apnay bachon ko yeh khilaiye**

Sehat kay liye khtrah bannay wali khatti meethi golion aur toofiyon waghayrah ki jagah apnay bacchon ko un ki 'umr

Sardi kay baray may dilchasp ma'loomat

waghayrah kay lihaz say munasib miqdar may ya doctor kay mashwaray kay mutabiq phal aur khushk meway (Dry Fruit) khilaiye aur aap khud bhi Allah Pak ki di huyi in na'maton say faidah uthaiye.

### **Badam (Almond)**

1. Tamam **Badam** Cholesterol say pak hotay hain.
2. Karway **Badam** ya Irani badam 'cancer' ki rook tham ki khusoosiyat rakhtay hain.
3. **Badam** may calcium hota hay jo kay haddiyon kay liye zaroori hay.
4. **Badam** khanay say teezabiyat door hoti aur amrz-e-qalb ka khatrah kam hota hay.
5. **Badam** baalon aur jild (skin) kay liye mufeed hay aur rangat bhi nikharta hay. (*Bayta ho to Aysa, safhah 33-34*)

*Ziyadah gar dimaghi hay tayra kam*

*To khaya kar mila kar shahad badam*

### **Pistay (Pistachio)**

Pista dil-o-dimagh ko quwwat bakhshta hay. Badan ko mota karta aur gurday (Kidneys) ki kamzoori ko door karta hay. Zehan aur hafizah mazboot karta hay. Khansi kay 'ilaj kay liye pista mufeed hay. (*Bayta ho to Aysa, safhah 36*)

Sardi kay baray may dilchasp ma'loomat

### Kajo (Cashews)

Kajo jism ko gizaiyat aur dimagh ko taqat dayta hay. Badan ko mota karta hay. Nihar munh shehad kay sath kajo khana daafi' nisyan (ya'ni bholnay ki beemari door karnay wala) hay. Aik korhi (safaid daagh ka mareez) sirf kajo ba-kasrat khanay say sehat yab ho gaya. (*Bayta ho to Aysa, safhah 36*)

### Moong phali (Peanut)

Moong phali kay beejon may bahut gizaiyyat hoti hay. Moong phali apnay fawaid may kajo aur akhrot waghayrah say kam nahin hay. Mong phali ka tel rogan-e-zaitoon ka 'umdhah badal hay. (*Bayta ho to Aysa, safhah 37*)

### Akhroot (Walnut)

Akhroot bad hazmi ko door karta hay, akhroot ka bhuna huwa maghaz sard khansi kay liye mufeed hay. Akhroot ko chiba kar daad par lagaya jaye to daad ka nishan mit jata hay.

(*Bayta ho to Aysa, safhah 39*)

### Injeer (fig)

Hadees pak may hay: 'Injeer khao kiyun kay yeh bawaseer (Piles) ko khatm karti aur niqrис (ya'ni aik dard jo thakhnon paaon ki ungliyon may hota hay) may mufeed hay.'

(*Al-TIbb-un-Nabawi, Safhah 485, Hadees 427 Mulakkhasan*)

1. Injeer may deegar tamam phalon kay muqabalay may bahut gizaiyyat hay.

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2. Injeer bawaseer ko khatm kar deta aur joron kay dard kay liye mufeed hay.
3. Injeer nihar munh khanay kay 'ajeeb-o-gareeb fawaid hain
4. Injeer motay pait ko chota karta aur mota pa dor karta hay.
5. Injeer may khansi aur dammay ka 'ilaj hay.
6. Injeer chehray ka rang nikharta hay.
7. Injeer piyas bhujata hay.

*(Bayta ho to Aysa, safhah 33-34 Makhoozan)*

الحمد لله رب العالمين وشكراً وعذله ندعك بتحقيق الاهداف فانلذا يعلمك من التحصيل الراجح بسم الله الرحمن الرحيم

## Nayk Namazi Bannay Kay Liye

Har Juma'rat ba'd Namaz-e-Maghrib Aap kay yahan honay walay Dawat-e-Islami kay Haftah-waar sunnaton bharay ijtima' may Rizaa-e-Ilahi kay liye achhi achhi niyyuton kay sath saari raat shirkat farmaiye. ♦ Sunnaton ki tarbiyyat kay liye Madani Qafilay may A'ashiqn-e-Rasool kay sath har maah 3 din safar aur ♦ Rozanah Fikr-e-Madinah kay zarfay Madani Ina'amaat ka Risalah pur kar kay har Madani Maah kay pahlü tareekh ko apnay yahan kay Zimmahdar ko jama' karwansay ka ma'mool bana lijiye.

Mayra Madani Magasid "Mujhay Apni aur sari dunya kay logon ki Islah ki Koshish karni hay" اے شاہزادہ حمدلله عاصم Apni Islah kay liye Madani Ina'amaat par 'amal aur sari dunya kay logon ki Islah ki Koshish kay liye Madani qafilon may safar karna hay.  
لیفٹ آن لیفٹ آن



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