



Silsilah Qadiriyyah Razawiyyah 'Attariyyah kay
Giyarhavayn peer-o-murshid kay farameen ba-naam

Irshadat-e-Junaid Baghdadi

رَحْمَةُ اللَّهِ عَلَيْهِ

17 Safhaat



- 03 Hath mayn tasbih rakhnay ki wajah
- 04 Ilm kay noor aur barakaton ka rukhsat hona
- 09 Tasawwuf kiya hay?
- 11 Takabbur ka sab say bara aur chota darjah

إرشاداتِ جنید بغدادی ﷺ

Irshadaat-e-Junaid Baghdadi ﷺ

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الْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِينَ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى سَيِّدِ النُّبُوَّةِ سَلِيْمٌ
أَشَاءَتْ خُذُولُهُ بِاللّٰهِ مِنَ الشَّيْطٰنِ الرَّجِيمِ يُسَمِّ اللّٰهُ الرَّحْمٰنُ الرَّحِيمُ

Kitab perhnay ki Du'a

Deeni kitab ya Islami sabaq perhnay say pehlay zayl mayn di hui. Du'a perh li-jiye ان شاء الله jo kuch perhayngey yaad rahay ga. Du'a yeh hay:

اللّٰهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَانْشُرْ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Tarjama:

Ay Allah (عز وجل)! Ham par 'ilm-o-hikamat kay darwaazay khool day aur ham par Apni rahmat naazil farma! Ay 'azamat aur buzurgi waalay!

(*Al-Mustatraf, jild. 1, Safhah 40*)

Note: Awwal aakhir aik baar Durood Shareef perh layn.

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 أَمَّا بَعْدُ فَأَعُوذُ بِاللّٰهِ مِنَ الشَّيْطَنِ الرَّجِيمِ ۝ بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيمِ

Irshadaat-e-Junaid Baghdadi بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيمِ

Du'a-e-Ameer-e-Ahl-e-Sunnat

Ya Rabb-e-Mustafa jo ko`ee 17 safhaat ka risala “Irshadaat-e-Junaid Baghdadi” بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيمِ parh ya sun lay usay Awliya-e-Kiram ki barakaat say hissa ‘ata farma aur us ki maan baap sameet baghayr hisab maghfirat farma day.

امين بجاہ خاتم النبیین صلی اللہ علیہ وسّلّم

Hath Ki Sojan Door Ho Ga`ee (Waqi`ah)

Hazrat Siyyaduna Abdul Rdahman Bin Ahmed بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيمِ farmatay hayn: mayn hammam (Bathroom) mayn gaya to gir gaya, dard ki wajah say hath sooj gaya, (Durood-e-Pak parhtay parhtay) raat ko isi takleef mayn so gaya, khuwab mayn Allah Pak kay piyaray piyaray aakhiri Nabi, Makki Madani, Muhammad-e-‘Arabi صلی اللہ علیہ وسّلّم ki ziyarat ho`ee, mayn nay iltija kartay ho`ay ‘arz ki: Ya Rasool Allah ! To Huzoor صلی اللہ علیہ وسّلّم nay mujh say farmaya: Ay mayray baytay! (halat-e-takleef mayn) tayray Durood (parhnay) nay mujhay bay chain kar diya. Jab subha ho`ee to piyaray Aaqa صلی اللہ علیہ وسّلّم ki barakat say dard aur sojan ka naam-o-nishaan tak na tha.¹

¹ Al Qaul-ul-Badee’, safhah 328 multaqatan

Mushkil jo sir pay aa pari tayray hi naam say tali

Mushkil kusha hay tayra naam tujh par durood aur salaam

صلَّى اللهُ عَلَى مُحَمَّدٍ

صلُّوا عَلَى الْحَبِيبِ

Mukhtasir Ta'arruf

Silsila-e-Qadriya Razawiyah ‘Attariyah kay ‘azeem Buzurg, dunya-e-tasawwuf kay roshan charagh, Ab-ul-Qasim Junaid Bin Muhammad Baghdadi رحمۃ اللہ علیہ tesri sadi hijri kay bohat baray wali-e-kamil aur apnay waqt kay Imam thay. Aap kay Mubarak irshadaat ‘ilm tasawwuf kay anmol hiray hayn. Aap ka inteqaal shareef 27 Rajab Shareef ko howa، ان شاء اللہ Aap kay ‘Urs Mubarak kay moqay’ par Aap ki seerat par mushtamil risala manzar-e-‘aam par aa`ay ga.

Sofiya kay sardar, Shari’at-o-tariqat kay Imam Hazrat Junaid Baghdadi رحمۃ اللہ علیہ ka mazar Shareef ‘Uroos-ul-Balaad (shehron ki ronaq) Baghdaad Shareef mayn hay. Aap peeraan-e-peer, Hazrat Ghaus-e-A’zam Shaikh Abdul Qadir Jilani رحمۃ اللہ علیہ kay masha’ikh mayn say hayn. Allah Kareem hamayn Aap kay faizan say mala maal farma`ay.

امین پجاہ خاتم النبیین صَلَّی اللہُ عَلَیْہِ وَسَلَّمَ

صلَّى اللهُ عَلَى مُحَمَّدٍ

صلُّوا عَلَى الْحَبِيبِ

1. Bargaah-e-Ilahi Say Ta`eed

Bohat baray wali-e-Kamil, Hazrat Imam Abdul Kareem Bin Hawazin Qushayri رحمۃ اللہ علیہ nay farmaya keh Hazrat Junaid Baghdadi رحمۃ اللہ علیہ farmatay hayn: mayn nay khuwab daykha

keh goya mayn Allah Pak ki bargah mayn hazir hun. Allah Pak nay mujh say irshaad farmaya: “ay Abul Qasim! Jo batayn tum logon ko bayan kartay ho kahan say hasil kartay ho?” mayn nay ‘Arz ki: “mayn sirf haq baat hi kehta hun.” Allah Pak nay irshaad farmaya: “tum nay sach kaha.”¹

2. Allah Pak Ki Ta’reef

Hazrat Junaid Baghdadi رحمۃ اللہ علیہ ko yun du'a kartay suna gaya: Allah Pak kay li`ay tamam ta'rifayn hayn, Ay mayray ma'bood! Tayray li`ay itni hamd (ya'ni ta'rifayn hayn) jitni tayray 'ilm mayn hayn (ya'ni ay Allah Pak! Hum tayri ta'reef bayan kar hi nahin saktay, jis tarah tayray 'ilm ki ko`ee had nahin aysay hi tayri ta'rifayn bhi bay had-o-bay shumar hayn.)²

3. Allah Kay Qareeb Honay Ka Zari'ah

Hazrat Junaid Baghdadi رحمۃ اللہ علیہ farmatay hayn keh mayn nay khuwab daykha keh mayn logon kay samnay bayan kar raha hun, itnay mayn ayk farishta mayray samnay aa kar khara ho gaya aur kehnay laga: “Allah Pak ka qurb (ya'ni nazdiki) hasil karnay ka bara zari'ah kiya hay? “mayn nay kaha: “ wo 'amal jo chup kar kiya gaya hoaur mizan mayn pora ho.” Farishta yeh kehtay ho`ay chala gaya keh “Allah Pak ki qasam! Yeh ilhami kalam hay.”³

(Madani Phool: Allah Pak nay har insan kay dil par ayk farishta muqarrar farmaya hay jo usay naiki ki da'wat dayta

¹ Al Risalat-ul-Qashiriyah, safhah 423

² Hilyat-ul-Awliya, jild 10 safhah 300

³ Al Risalat-ul-Qashiriyah, safhah 421

hay, is farishtay ko mulhim aur us ki da'wat ko ilhaam kehtayt hayn.¹⁾)

4. Muhabbat-e-Ilaahi Ki Inteha

Hazrat Junaid Baghddadi رسمۃ اللہ علیہ farmatay hayn: Allah Pak kay nabi, Hazrat Yonus علیہ السلام itna ro`ay keh bina`eek am ho ga`ee aur is qadar qayam farmaya (ya`ni kharay ho kar Allah Pak ki `ibadat ki) keh kamar mayn kham par gayaaur is qadar namaz parhi keh chalnay phirnay ki taqat na rahi. Aap علیہ السلام nay bargaah-e-Ilaahi mayn ‘arz ki: tayri ‘izzat-o-jalaal ki qasam! Agar mayray aur tayray darmiyan aag ka samandar hota to mayn tayri mohabbat-o-shauq ki wajah say us mayn bhi dakhil ho jata.²

Mohabbat mayn apni guma ya Ilaahi

Na pa`on mayn apna pata ya Ilaahi

Rahun mast-o-bay khud mayn tayri wila mayn

Pila jam aysa pila ya Ilaahi

صلوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

5. Hath Mayn Tasbeeh Rakhnay Ki Wajah

Hazrat Junaid Baghddadi رسمۃ اللہ علیہ kay hath mayn tasbeeh daykh kar kisi nay ‘arz ki keh itnay baray buzurg ban Janay kay ba`ad bhi apnay hath mayn tasbeeh rakhtay hayn? Irshaad farmaya: jis rastay (ya`ni tasbeeh) kay zari`ay mayn Allah Pak tak pohncha hun mayn usay nahin chor saktा.³

¹ *Minhaaj-ul-‘Aabideen*, safhah 47

² *Ihyaa`-ul-‘Uloom*, jild 5, safhah 85

³ *Al Mustatarif*, jild 1, sfhah 252

6. Sunnaton Par ‘Amal Ki Targheeb

Allah Pak tak pohnchanay walay tamam rastay har shakhs par band hayn siwa‘ay us shashks kay jo Allah Pak kay piyaray piyaray aakhiri Nabi, Makki Madani, Muhammad-e-‘Arabi ﷺ ki sunnaton par ‘amal karay.¹

7. Tamam Rastay Band Honay Ka Kiya Matlab Hay?

Hazrat Junaid Baghdadi رحمۃ اللہ علیہ kay farman keh “ Tamam rastay band hayn” say muraad yeh hay keh aysay raston par chal kar Allah pak tak pohnchna mumkin nahin kiyun keh yeh rastay Allah Paj tak nahin pohncha saktay. Allah Pak tak pohnchanay walay raaston par hi isi tara chalay jis tarah Aap ﷺ nay ‘amal farmaya.²

8. ‘Ilm Hotay Ho`ay Nuqsan Nahin Hoga

Hazrat ‘Abdul Wahid Bin ‘Ulwan رحمۃ اللہ علیہ ko nasihat kartay ho`ay farmaya: Ay nau jawan! ‘ilm ko lazim pakar.³

9. ‘Ilm Kay Noor Aur Barkaton Ka Rukhsat Hona

‘Ilm-e-Deen kay tum par jo huqooq hayn agar tum unhayn poora ki`ay baghayr ‘ilm kay zari`ay ‘izzat hasil karna ya khud ko ‘ilm ki taraf mansoob karna ya ‘ilm wala (ya’ni ‘aalim waghayra) kehlwana chaho gay to “Ilm ka noor” tum say gha`ib ho ja`ay ga aur tum par sirf ‘ilm ka nishan baqi rahay ga, yeh ‘ilm tumharay haq mayn nahin balkeh tumharay khilaaf hoga aur aysa is li`ay hay keh bay shak ‘ilm apnay iste’maal (ya’ni ‘amal)

¹ Al Risalat-ul-Qashiriyah, safhah 50

² Hadiqat-ul-Nadyah, jild 1, safhah 169

³ Hilyat-ul-Awliya, jild 10, 276

ki taraf bulata hay aur agar ‘ilm par ‘amal na kiya ja`ay to us ki (ka`ee) barkatayn rukhsat ho jati hayn.¹

10. Bay ‘Ilm Logon Kay Pichay Na Chalayn

Hazrat junaid Baghdadi ﷺ nay bay ‘ilmon ko imam na bananay kay muta’alliq irshaad farmaya: jis nay Qur`aan-e-Kareem ko yaad aur Hadees-e-Pak ko jama’ na kiya is kay pichay na chala ja`ay kiyun keh hamara ‘ilm (tasawwuf-o-tariqat) Qur`an-o-sunnat ki ta’limaat kay sath hi jura howa hay.²

11. Khilaaf-e-Shara’ kaam karnay walon ko nasihat

Bay ‘ilm aur khilaaf-e-Shara’ kaam karnay walay faqeer loog jo yahan tak keh daytay hayn keh shari’at ayk rasta hay aur rastay ki zarorat un ko hoti hay jo maqsad tak na pohnchay hon, hum to pohonch ga`ay. Ayson kay baray mayn Hazrat Junaid Baghdadi ﷺ nay farmaya: bay shak wo sach kehtay hayn, wo pohonch ga`ay magar kahan? Jahannum mayn.³

12. Badshahon Kay Taaj Say Ziyadah Achi

Mu’arfat-e-Ilahi (ya’ni Allah Pak ki pehchan) rakhnay walon kay li`ay “Ibadat” badshahon kay saron par taaj say ziyadah achi hay.⁴

(Jab ‘aarfeen ya’ni Allah Pak ki pehchan rakhnay walay Awliya`-e-Kiram kay li`ay ‘ibadat ka aysa maqam hay to jo wilayat-o-peeri faqiri kay jhotay da’way karay aur mazeed

¹ *Hilyat-ul-Awliya*, *jild 10*, 287

² *Al Risalat-ul-Qashiriyah*, *safhah 51*

³ *Al Yuwaqeet Wal Jawahir*, *safhah 206*

⁴ *Hilyat-ul-Awliya*, *jild 10*, 276

fara`iz-o-wajibaat mayn kotahi karay aysay shakhs kay sa`ay say bhi bachna chahi`ay. Shari`at mayn kon peer ban sakta hay is kay baray mayn ma'lumaat hasil karnay kay li`ay Maktabat-ul-Madina say kitaab “Adaab-e-Murshid-e-Kamil” hasil kiji`ay ya da`wat-e-Islami ki web site www.dawateislami.net say free download kiji`ay.)

13. Nigahon Ki Hifazat Ka Behetreem tariqah

Hazrat Junaid Baghdadi رحمۃ اللہ علیہ ki khidmat mayn kisi nay ‘arz ki: ay mayray sardaar! Mayn aankhayn niche rakhnay ki ‘aadat banana chahta hun, ko`ee aysi baat irshaad farmai`ay jis say mujhay nigahayn niche rakhnay par madad hasil ho. Aap nay farmaya: yeh zehen bana`ay rakho keh mayri nazar kisi dusray ko daykhay is say pehlay ayk daykhnay wala (ya`ni Allah Pak) “mujhay daykh raha hay.”¹

سُبْحَنَ اللَّهُ ! سُبْحَنَ اللَّهُ ! سُبْحَنَ اللَّهُ ! mayray peer-o-murshid Hazrat-e-Junaid Baghdadi رحمۃ اللہ علیہ nay nigahayn nich i rakhnay ka kitna piyara tariqa bayan farmaya hay kaash! Hum bhi apni girah say yeh baat bandh layn. Bay pardah ‘aurton ko taknay, jhaknay kay waqt, tanha`ee mayn mobile, internet waghayraah par fahash manazir daykhnay kay waqt agar yeh tasawwur ban ja`ay keh “Allah daykh rahah hay” aur khauf-e-Khuda ghalib aa ja`ay to Khuda ki qasam! bandah thar thar kampnay lagay aur gunahon say bach ja`ay. Kaash! Hamayn bhi aysa Khauf-e-Khuda naseeb ho ja`ay jo hamayn Allah Pak ki nafarmani karnay say rok day.

امین بجاہ خاتم النبیین ﷺ

¹ *Ihyaa`-ul-‘Uloom, jild 5, safhah 129*

Chup kay logon say ki`ay jis kay gunah

Wo khabardaar hay kiya hona hay

Aray ow mujrim-e-bay parwah daykh!

Sir pay talwaar hay kiya hona hay¹

Sharah Kalaam-e-Raza: Mayray Aaqa A'laa Hazrat ﷺ farmatay hayn: Ay nadan banday! Tu logon say chup kay gunah karta hay, tu dar! Keh Allah Pak ko tayray sab kaamon ki khabar hay. Ay gunah karnay walay shakhs! Tu gunah kartay waqt kisi ki parwah nahin karta yaad rakh! Tayray sir par maut ki talwaat latak rahi hay kiya tjhay is baat ka 'ilm nahin keh tu mar ja`ay ga aur tujhay in gunahon ki kiya kiya saza di ja`ay gi?

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

14. Fuzool Kamon Mayn Masroof Honay Ki 'Alamat

Allah Pak kay banday ko chor daynay ki nishani yeh hay keh usay bay fa`udah chizin mayn mashghool kar day.²

15. Teen Auqaat Mayn Rahmat

Sofiya-e-Kiram par teen auqaat mayn rahmat barasti hay, (jis mayn say do waqt yeh hayn):

1. Khanay kay waqt, kiyun keh yeh hazraat bagahyr bhook kay nahin khatay takay khana kha kar 'ibadat mayn mazeed koshish karayn.

¹ Hada`iq-e-Bakhshish, safhah 167

² Al Mustatarif, jild 1, safhah 252

2. 'Ilmi muzakiray kay waqt kiyun keh yeh Hazraat Awliya Kiram رَحْمَةُ اللَّهِ عَلَيْهِ kay halaat-o-waqe'aat kay 'ilawah guftugu nahn kartay.¹

16. Ambiya, Owliya aur Siddiqueen Ka Tariqah-e-Naiki Ki Da'wat

Hazrat Siyyaduna Abu-ul-Hasan 'Ali Bin Junaid Baghdadi رَحْمَةُ اللَّهِ عَلَيْهِ ko farmatay suna: yaad rakho! Tumhara bandon ko nasihat karna aur apnay aur un kay muta'alliq behtar cheez (ya'ni aakhirat ki taiyari) ki taraf mutawajjah hona yeh tumhari zindagi ka Afzal tareen 'amal hay aur tumharay waqt mayn tumharay rufaqa (ya'ni sathiyon) say qareeb tar karnay wala 'amal aur yeh bhi jaan lo! Allah Pak kay nazdeek har waqt, har zamanay aur har jagah mayn sab say Afzal aur darajay mayn sab say bara wo hay jo khud par lazim baton ko behtareen tariqay say anjaam dayta hay, Allah Pak ki pasandeedah cheezon ki taraf tayzi kay sath aagay barh jata aur phir Allah Pak kay bandon ko sab say ziyadah fa'idah pohnchata hay. To tum apnay li'ay bharpoor hissa lay lo aur dusron ko nafa' pohncha kar un par shafqat-o-meherbani karnay walay ban ja'o. jan lo! Ma tehton ko raah-e-hidayat ki taraf lay Janay walay qabil logon, makhlooq ko fa'idah pohnchanay walay logon aur aur daranay aur khush khabari daynay kay li'ay taiyaar rehnay walon ko taqat-o-iqtedaar kay zari'ay madad di jati aur 'ilm-e-yaqeen ki pukhtagi kay sath sa'adat mandi say nawazah jata hay, un par deeni nishaniyon ki barikiyan zahir kar di jatin aur Qur'aan-e-Kareem samajhnay kay li'aaay un kay zehnon ko khool diya jata hay to wo khud par ki'ay ga'ay Allah Pak kay fazal aur us kay 'azeem amar tak pohonch jatay

¹ *Ihyaa'-ul-'Uloom, jild 2, safhah 334*

aur di`ay ga`ay ehkaam ko mazboti kay sath nibhatay hayn, jis kaam par unhayn muqarrar kiya gaya hay us k taraf jaldi kartay aur jis qadar mumkin ho Allah Pak ki taraf bulatay hayn, apni ummaton kay muta`alliq aur hokum-e-Ilahi ki ada`igi mayn Hzraat-e-Ambiya-e-Kiraamka yehi tariqa raha aur un ki payrwi karnay walay Owliya-e-Kiraam, Siddiqueen ‘Izaam aur Allah Pak ki taraf bulanay walay tamam naik logon ka yehi tariqa hay.¹

17. Zohod Ki Taraf Do Iqsaam

Zohod do tarah ka hay: (1) zahiri (2) Batini. Zahiri yeh hay keh insan kay paas jo kuch hay wo usay pasand na karay aur jo us kay paas na ho us ki talab bhi na karay. Batini zohod yeh hay keh dil say un chizon ki khuwahish khatam ho ja`ay aur wo un ki yaad say bhi door ho ja`ay, jab aysa ho ja`ay ga to Allah Pak usay aakhirat daykhnay aur dil say us ki janib mutawajja honay ki taufeeq ‘ata farma dayta hay. Us waqt bandah maut ko qareeb janta aur maghfirat ki ummeed kam honay kay ba`is naik a`maal mayn khoob koshish karta hay kiyun keh us kay dil say asbaab door ho chukay hotay hayn aur us ka dil sirf aakhirat kay mu`amlay mayn mashghool hota hay is tarah zohod ki haqiqat us kay dil tak pohonch jati hay aur wo apnay Rabb-e-Kareem kay khalis zikir say bhar jata hay.²

18. Ahem Kaam Ka Darwazah

Har shaan-o-shoqat walay ahem kaam ka darwazah “Mehnat” say khulta hay.³

¹ Hilyat-ul-Awliya, jild 10, safhah 301

² Qoot-ul-Quloob, jild 2, safhah 535

³ Hilyat-ul-Awliya, jild 10, safhah 296

19. Tasawwuf Kiya Hay?

Hum nay tasawwuf sirf qeel-o-qaal (ya’ni baton) say hasil nahn kiya balk eh bhook, dunya ko chornay, man pasand aur piyari chizon ko qurban kar kay hasil kiya hay kiyun keh tasawwuf Allah Pak kay sath apnay mu’amlay ko saaf suthra rakhnay ka naam hay aur is ki asal dunya say kinarah kashi hay. Jaysa keh Sahabi-e-Rasool Hazrat Harisa رَحْمَةُ اللَّهِ عَنْهُ nay farmaya: mayra nafs dunya say kinarah kash ho gaya to mayn nay raaton ko qayaam kiya aur din mayn rozah rakha.¹

Hirs-e-Dunya nikaal day dil say

Bus rahun taalib-e-riz Ya Rab

Dil ka ujra chaman ho phir abaad

Ko`ee aysi hawa chala yaa Rab²

صلوا على الحبيب ﷺ

20. Ikhlaas Ka A’laa Darja

Ikhlaas Allah Pak aur banday kay darmiyan ayk raaz hay, jis ka firishtay ko bhi ‘ilm nahn hota, shytan bhi usay nahn janta keh is ‘amal mayn kharabi paysh karay aur nafsanı khuwahishaat bhi is say bay khabar rehti hayn keh usay apni taraf ma`il karay.³

Ayk aur maqam par Aap nay irshaad farmaya: bay shak Allah Pak dilon kay sath usi qadar bhala`ee fermata hay jis qadar jil

¹ *Hilyat-ul-Awliya, jild 10, safhah 296*

² *Wasa`il-e-Bakhshish, safhah 81*

³ *Al Risalat-ul-Qashiriyah, safhah 244*

us kay zikir mayn mukhlis hotay hayn to daykh lo keh tumharay dil kay sath kiya mila howa hay?¹

Allah Pak ki bargah mayn bani-e-Dawat-e-Islami, Ameer Ahl-e-Sunnat Hazrat ‘Allama Maulana Muhammad Ilyas ‘Attar Qadri ‘دانست تبرکاتیہ العالیۃ’ arz kartay hayn

‘ata kar day ikhlaas ki mujh ko nai’mat

Na nazdeek aa`ay riya ya Ilahi²

صلوٰ اللہ علیٰ مُحَمَّدٌ صَلَوٰتُ عَلٰی الْحَبِیبِ

21. Dunya Kiya Hay?

Hazrat Junaid Baghddadi رسمۃ اللہ علیہ say pocha gaya: dunya kiya hay? Farmaya: jo dil say qareeb ho kar Allah Pak say ghafil kar day.³

22. Dunya Aazma`ish Ka Ghar Hay

Is jahan say jo kuch bhi mujhay paysh ata hay wo mujhay bura nahin lagta kiyun keh mayn nay ayk usool bana lya hay aur wo yeh keh dunya dukh, gham, musibat aur aazma`ish ka ghar hay aur agar mujhay har wo chiz pohnchay jo mujhay pasand hay to yeh fazal-o-karam hay warna asal to pehli chiz hi hay.⁴

23. Qana’at Kisay Kehta Hay?

Fil waqt jo kuch tumharay pas hay tumhara iradah us say aagay na barhay (ya’ni ziyadah ki tamanna na ho).⁵

¹ Hilyat-ul-Awliya, jild 10, safhah 297

² Wasa`il-e-Bakhshish, safhah 106

³ Hilyat-ul-Awliya, jild 10, safhah 292

⁴ Hilyat-ul-Awliya, jild 10, safhah 288

⁵ Hilyat-ul-Awliya, jild 10, safhah 281

24. Shukur Ki Haqiqat

Allah Pak ki kisi bhi nai'mat say uski nafarmaniyon par madad na li ja`ay.¹

25. Guftugu Mayn Ehtiyaat

Guftugu mayn taqwa-o-parhayzgaari ka hona `amali parhayzgaari say ziyadah sakht hay.²

26. Manoos Mat Hona

Apnay nafs say (us kay dhokon ki wajah say) manoos mat hona aga cheh yeh Allah Pak ki farmabardari mayn hamaysha tumhara sath day.³

27. Adab Ki Do Qismayn

Adab ki do iqsaam hayn: (1) chupa adab aur (2) zahiri adab,
Chupa howa adab dilon ka paak-o-saaf hona, jab keh e'laniya adab apnay a'zaa (ya'ni hath, aankh, kaan, pa'on waghayrah) ko gunahon say bachana hay.⁴

28. Karam-e-Ilahi Ka Sawal Hay

Allah Pak ki ayk nazar-e-Karam agar gunahgaar par par ja`ay to wo naik ban jata hay.⁵

¹ *Hilyat-ul-Awliya, jild 10, safhah 282*

² *Hilyat-ul-Awliya, jild 10, safhah 287*

³ *Hilyat-ul-Awliya, jild 10, safhah 287*

⁴ *Al mustatarif, jild 1, safhah 252*

⁵ *Hilyat-ul-Awliya, jild 10, safhah 285*

29. Takabbur Ka Sab Say Bara Aur Chota Darja

Bura`ee ka ae'tebar say takabbur ka sab say badtar darja yeh hay keh tu khud ko sab kuch samajhay aur is say kam darja yeh hay keh tayray dil mayn is ka khayal guzray. (ya'ni apnay aap ko sab say behtar samajhnata takabbur ki buri tareen sift hay jab keh is ka khayal aana bhi bura hay)¹

30. Nasihaton Bhara Madani Guldasta

Huzrat 'Ali Bin Haroon Bin Muhammad رحمۃ اللہ علیہ kehtay hayn keh Hazrat Siyyaduna Junaid Baghdadi رحمۃ اللہ علیہ nay apnay ayk dost ko is mazmoon ka khat likha: bay shak Allah Pak zameen ko apnay Awliya'-e-Kiram say khali nahin rehnay dayta aur na apnay pasandeedah bandon say zameen ko mehroom karta hay takay Allah Pak un kay zari'ay makhlooq ki hifazat farma'ay kiyun keh Allah Pak Awliya'-e-Kiram رحمۃ اللہ علیہ ko makhlooq ki hifazat-o-nighebani ka zari'ah banaya aur unhayn apnay honay ki daleel banaya. Aur mayn fazal-o-meherbani kay sath bara ehsan farmanay walay say sawal karta hun keh wo hamayn aur aap ko un (ya'ni Awliya-e-Kiram رحمۃ اللہ علیہ) mayn shamil farmaday jo us kay raaz kay amanat daar aur uskay amar-e-'Azeem ki hifazat karnay walay hayn, Allah Pak ka Mubarak tariqa yehi hay keh usnay apni itni bari wasee'-o-'areez saltanat ko apnay doston say sajaya hay aur unhayn zameen mayn sab say ziyadah chamaknay wala banaya hay jin say us ka noor phaylta aur Allah Pak ki pehchaan walon kay dilon say us ka zahoor dikha`ee dayta hay aur yeh hastiyan sitaron ki roshni aur sooraj, chand kay noor say chamaknay walay aasmaan say ziyadah khobsurat hayn, yeh hastiyan Allah Pak tak pohnchanay walay raaston aur uskay farmabardaron ki raahon ki nishaniyan

¹ Hilyat-ul-Awliya, jild 10, safhah 292

hayn, in hazraat ki nishani makhlooq ko fa`idah pohnchanay mayn sab say barh kaar hay aur makhlooq say nuqsaan door karnay mayn in hazraat ki khair-o-bhala`ee un sitaron say ziyadah wazeh hay jin say khushki-o-tari kay andhayron mayn aur raaston say bhatak janay ki soorat mayn rahnuma`ee li jati hay kiyun keh sitaron ki rahnuma`ee say maalon aur jaanon ko najaat milti aur `ulama`-e-Kiram ki rahnuma`ee say deen ki salamti naseeb hoti hay, apnadeen salamat rakhnay mayn kamiyab honay aur apni jaan, maal salamat rakhnaby mayn kamiyaab honay walay mayn bara farq hay.¹

31. Zindagi Ka Lutf

Hazrat Siyyaduna Muhammad Bin ‘Ali Bin Hubaysh رَحْمَةُ اللَّهِ عَلَيْهِ bayan kartay hayn keh Hazrat Siyyaduna Junaid Baghadtadi رَحْمَةُ اللَّهِ عَلَيْهِ say “Riza” (ya’ni Allah Pak kay faislay par har haal mayn razi rehnay) kay muta’alliq sawal howa to Aap nay farmaya: tum nay to pur lutf zindagi aur aankhon ki thandak kay muta’alliq pocha hay keh kon Allah Pak say razi hay? Ba’az ‘Ulama-e-Kiram farmatay hayn: sab say pur lutf aur mazay wali zindagi Allah Kareem say razi rehnay walon ki hay. Riza yeh hay keh jo musibat aa chuki us ka khushi say isteqbaal kiya ja`ay aur jo nahin aa`ee us ka intezaar ghaur-o-fikar kartay ho`ay usay ehmiyat daytay ho`ay kiya ja`ay kiyun keh Allah Pak banday kay sath behtareen mu’amlा fermata hay, wo hi us par sab say ziyadah raham karnay wala aur wohi us kay fa`iday ko sab say behtar janta hay, phir jab Allah Pak ka ko`ee faisla aa ja`ay to bandah usay na pasand na karay kiyun keh yehi Allah Pak ka iradah tha, apnay Raab-e-Kareem kay kaam ko acha Janay pus agar bandah Allah Pak ki taraf say aanay wali

¹ *Hilyat-ul-Awliya, jild 10, safhah 298*

musibat ko Allah ki taraf say acha mu'amaa samjhay to wo razi ho gaya. Al gharz riza wo iradah hay jo pasandeedgi kay sath ho, yun keh bandah usi cheez ko chahnay wala ho ja`ay jo Allah Pak nay kiya aur dil say Allah Kareem say mohabbat karnay wala aur us say razi rehnay wala ban ja`ay.¹

Karna rahmat Khuda mujh pay apni

Rakh 'inayat sada mujh pay apni

Da`imi aur hatmi riza ki

Mayray Moula tu khayraat day day²

صلَّى اللهُ عَلَى مُحَمَّدٍ صَلَّوْا عَلَى الْحَبِيبِ

32. Ayk Khubsurat Du'a

Hazrat Siyyaduna Junaid Baghddadi رحمۃ اللہ علیہ sakht dinon mayn yun du'a kiya kartay thay: tamam ta'rifayn Allah Pak kay li`ay hayn, us kay li`ay hamayshgi, bohat ziyadah pakizah-o-barkaton wali ta'reef hay jo kabhi khatam na ho gi, aysi ta'reef jo tayri kareem zaat aur 'azmat-o-shan kay la`iq ho. Har paki, buzrugi, bulandi aur ta'reef tayray hi li`ay hay aur har achi, saaf suthri aur khubsurat baat jo tujhay pasand hay wo taray li`ay hay.

Ay mayray parwardigaar! Tayray chunay ho`ay mukhtaar-o-mubarak khaas banday, hamaray moula hamaray sardaar, Hazrat Muhammad Mustafa ﷺ, tamam sahabah kiraam aur tamam Ambiya-e-Kiram ﷺ par durood nazil farma.

¹ Hilyat-ul-Awliya, jild 10, safhah 298

² Wasa`il-e-Bakhshish, safhah 126

Ay mayray Allah Pak! Zameen-o-Aasman par apni farmanbardari karnay walon par rahmat nazil farma, Hazrat-e-Jibra`il, Mika`il, Israfeel, Izra`il, jannat kay nigran Hazrat-e-Rizwan aur Darogha`-e-Jahannum (yani dozakh kay nigran farishtay) Hazrat-e-Malik علیہ السلام par rahmat nazil farma.

Ay mayray Allah Pak! Apnay tamam farishton, zameen-o-aasmaan kay rehnay walon aur tayri ka`inaat mayn tayray ilm kay mutabiq jahan bhi ko`ee rehta hay sab par aysi rahmat nazil farma jis mayn tayri riza ho, tujhay pasand ho aur jis rahmat kay yeh sab haqdaar hayn.

Ay mayray Allah Pak! ‘arsh ko bulandi daynay wali tayri ‘azeem rabubiyat kay tufail mayn tujh say tayray jood-o-karam, fazal-o-ehsan, pasand-o-‘ata, naiki-o-bhala` ee aur meherbani ka sawal karta hun. Ay bohat ‘ata farmanay walay! Karam farmnaya walay! Tayray ‘ilm mayn mayray jitney bhi gunah hayn mayn tujh say un un ki mu’afi talab karta aur hamari tamam khata`on say dar guzar ka sawal karta hun. Ay mayray parwardigar! Apna jood-o-karam aur meherbani-o-‘ata kartay ho`ay hum par lazim huqooq ki ada`igi mayn hamari madad farma, hamaray injaam sidhay rakh aur hamari bura`eek o acha`ee say badal day. Ay wo zaat jo, jo chahay mita`ay aur jo chahay sabit rakhay aur asal likha usi kay pas hay. Tu jaysa hay waysa ko`ee aur nahin ho sakta, marnay tak to hamarizindagi baqi hay, hamayn us mayn gunahon say mukammal-o-hamaysha mehfooz rakhna, har wo cheez jo tujhay na pasand hay wo hamaray li`ay na pasandeedah karday aur har wo cheez jo tujhay piyari-o-mahboob hay wo hamaray li`ay bhi mahboob kar day aur hamayn us kay sath apni pasandeedah samt mayn chala, hamaray li`ay isay maut tak baqi rakh, hamaray iradon ko is par pakka farma aur hamari niyyaton ko is par mazboot kar, is kay li`ay hamari tanha`iyon ki islaah

farma, hamaray a'zaa ko is par 'amal mayn laga day aur hamayn taufeeq 'ata farma aur izafa-o-kifayat say Nawaz day.

Ay mayray Allah Pak! Hamayn apni haybat-o-ta'zeem aur apna khauf 'ata farma, tujh say haya karnay, achi koshish karnay aur tayri ta'reef par mushtamil har pakeezah baat ki janib jaldi-o-tayzi karnay wala bana. Ay maysay Allah Pak! Hamayn apnay chunay ho`ay bandon, doston auar farmabardaaron ki tarah hamaysha wala zikir aur khalis 'amal karnay wala bana aysa keh wo kamil tareen, mustaqil, suthra aur tujhay bohat pasand ho aur jab tak ji`ayn us 'amal par hamari madad farma.

Ay mayray Allah Pak! Jab hamayn maut aa`ay tu hamari maut ko ba barkat banana aur us din ko mohabbat-o-buzrugi, qurb-o-suroor aur rashk wala din banana, nadamat-o-mayosi wala din na banana, hamayn hamari qabron mayn suroor-o-khushi aur aankhon ki thandak par utarna aur rahmat ki jagah bana dayna, hamayn qabar mayn jawabaat sikha dayna aur qabar ki ghabrahaton say bacha Layna.

Ay Allah Pak! Jab tu hamayn qabron say utha`ay to aman-o-itmenan kay sath uthana ay logon ko us din jama' farmanay walay! Jis din kay waqay' honay mayn ko`ee shak nahin, us din mayn hamayn bhi ko`ee shuba nahin. Tu hamayn us ki ghabrahaton say mehfooz rakhna, us ki sakhiyon say juda rakhna, us kay baray gham say bachana, us ki sakht piyas mayn sayraab karna aur hamara hashsar piyaray piyaray Aakhira Nabi ﷺ kay giroh mayn farmana, wo kareem Aqa ﷺ jin ko yu nay chuna aur jinhayn tu nay apnay doston ki shafa'at karnay wala banaya, jin ko apnay tamaam pasandeedah bandon par muqaddam rakha hay, wo jin kay giroh ko tu sakhiyon say bacha`ay ga.

Ay Allah Pak! Tu hamara hisaab asaan Layna jis mayn ko `ee jhirakna aur tafseel na ho. Hamaray sath apnay jood-o-karam ka mu'ama farmana, hamayn jald nijaat panay wala qabil-e-rashk logon mayn say banana, hamaray a'maal namay hamaray sidhay hath mayn 'ata farmana, hamayn pulsiraat say tayzi kay sath paar laga dayna, mizan par hamaray naik a'maal ko bhari kar dayna, hamayn dauzakh ka zoor aur chinghar na sunana aur hamayn is say aur har us baat aur kaam say bachana jo dauzakh kay qareeb kartay hayn.

Ay Allah Pak! Hamayn apnay jood-o-karam aur 'ata kay tufayl Apnay 'izzat-o-suroor walay ghar Jannat

Mayn un logon ka sath 'ata farma jin par tu nay in'aam farmaya ya'ni Hazraat Ambiya-e-Kiraam, Siddiqeen, Shuhada aur naik loo gaur yeh kiya hi achay sathi hayn. Hamayn apnay 'azmat-o-rahat walay ghar jannat mayn hamaray abaa`-o-ajdaad, maa`on, rishtay daaron aur aulaad kay sath behtareen aur khushhaali wali haalat mayn jama` farma. Hamayn hum say ulfat-o-mohabbat rakhnay walay musalman bha`iyon say mila dayna.

Ay Allah Pak! Tamaam mo`mineen-o-mo`minaat par apni meherbani aur rahmat ko 'aam farma, wo jo tujhay ayk mantay ho `ay dunya say rukhsat ho ga`ay, tu hamara aur un ka madadgaar, nighebaan aur kifayat karnay wala ban ja. Un ka nama`-e-a'maal band ho ga`ay, a'maal ruk ga`ay aur wo jis aazma`ish mayn hayn tu un mmarhumeen par raham farma aur un mayn say jo zindah hayn agar gunahgaar hayn ao tu un ko tauba ki taufeeq day, un ki tauba qabool farma, jo zalim hayn unhay mu'aaf kar dayaur mazloom ki madad farma, jo mareez hayn unhayn shifa 'ata farma, hamayn aur unhayn aysi sachii taubah karnay wala bana jo tujhay pasand hay, bay shak

tu us ki sakhwat karnay wala, usay ‘umda-o-behtar karnay wala aur us par qadir hay.

Ay Allah! Un zimmay daaron ki aur unhayn jin par tu nay zimmay daa� banaya hayn un sab ki islaah farma aur unhayn apnay ma tehton kay sath shafqt-o-meherbani aur rahmat bhara sulook karnay ki taufeeq ‘ata farma, neez hamayn aur unhayn is par qa`im rakh.

Ay Allah Pak! Hamayn sachи baat par jama’ farma, hamari jaanon ki hifazat farma, hum say fitnay ko door farma aur hamayn tamam bala`on say bacha aur apnay fazal say hamaray li`ay un sab chizon ko apnay zimmay karam par lay lay keh tu hi isay sab say behtar janta hay aur sab say ziyadah is par qadir hay, hamayn musalmaanon mayn bahimi lara` ee aur ikhtilaaf na dikha.

Ay Allah Pak! Hum tujh say sawal kartay hayn keh tu hamayn ‘izzat ‘ata farma, zillat mayn mubtila na farma, bulandi say Nawaz, pasti mayn na daal, hamari himayat farma, hamaray li`ay tamam umoor ka rasta ikhatta kar day, dunya kay umoor hamayn tayri ita’at tak pohnchatay aur tayray hukm ki baja aawari mayn hamari madad kartay hayn jabkeh aakhirat kay umoor mayn hamari raghbati sab say ziyadah hay, un par hamara ae’temaad hay aur un hi ki tgaraf hum lautnay walay hayn, bila shuba yeh mu’amlia tayri madad say hi hamaray li`ay pora ho ga aur tayri taufeeq hi say hamaray li`ay durust ho ga.

Ay Allah Pak! Tayray hi li`ay har shay ki badshahat hay tu har cheez par qadir hay. Ay Allah Pak! Hamaray jimson aur tamam halaat mayn hamayn kamil ‘aafiyat ‘ata farma aur hamaray tamam doston, aulaad aur rishtay daaron ko bhi pori ‘aafiyat ‘ata farma aur isay tamam mo`mineen-o-mo`minaat

kay li`ay `aam kar day aur hum par apnay pasandeedah-o-mahboob tareen ahkaam jari farma aur wo keh jo qurb dilanay walayhar qaul-o-`amal mayn hamaray ziyadah mu`awin hon. Ay awazon ko sunnay walay! Ay chupi chizon ko jannay walay! Aur ay aasmaanon kay hakim! Apnay khaas banday Hazrat Muhammad Mustafa ﷺ aur un ki aal par awwal-o-aakhir, zahir-o-batin durood nazil farma hamari du'a qabool farma, aur hamaray sath apni shaan kay mutabiq mu`amla farma. Ay sab meherbaanon say ziydah meherbaan aur ay sab raham karnay walon say barh kar rehem karnay walay!¹

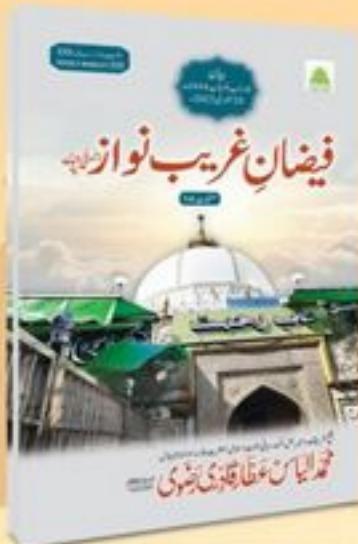
*Hath uthtay hi bar aa`ay har mudda`a
Wo du`a`on mayn maula asar chahi`ay.²*

صلی اللہ علیٰ مُحَمَّدٌ صَلَوَاتُ اللہِ عَلَى الْحَبِیبِ

¹ Hilyat-ul-Awliya, jild 10, safhah 302

² Wasa`il-e-bakhshish, safhah 513

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