



Ameer-e-Ahl-e-Sunnat ﷺ ki kitab  
"Faizan-e-Sunnat" ki aik qist banaam

# *Khanay mayn barakat panay kay tareeqay*

(ROMAN URDU)



Khanay kay kis hissay  
mayn barakat hay?

Bartan kis kay liye du'ay  
Magfirat karta hay?

Gurday ki patahri kiasay nikli?

Garam khanay kay muksanaat

Shaikh-e-Tareeqat, Ameer-e-Ahl-Sunnat,  
Bani Dawat-e-Islami, Hazrat Maulana Abu Bilal  
**Muhammad Ilyas Attari Qadari Razawi** حضرت مولانا ابو بلال  
Muhammad Ilyas Attari Qadari Razawi حضرت مولانا ابو بلال

کھانے میں برکت پانے کے طریقے

## Khanay mayn barakat panay kay tareeqay

**Translation Department** nay is risalay ko **Roman-Urdu** mayn compose kiya hay. Agar is risalay mayn kisi bhi tarah ki kamibayshi pa`ayn to neechay diye gaye postal ya e-mail address par **Translation Department** ko aagah kar kay Sawaab kay haqdaar baniye.

### **Translation Department (Dawat-e-Islami)**

Aalami Madani Markaz, Faizan-e-Madinah, Mahallah Saudagran,  
Purani Sabzi Mandi Karachi, Pakistan

**UAN:** ☎ +92-21-111-25-26-92 – Ext. 7213

**Email:**  [translation@dawateislami.net](mailto:translation@dawateislami.net)

الْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِينَ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى خَاتَمِ النَّبِيِّنَ  
أَسَأَبْعَدُ فَأَعُوذُ بِاللّٰهِ مِنَ الشَّيْطَنِ الرَّجِيمِ يٰسُمِ اللّٰهُ الرَّحْمٰنُ الرَّحِيمُ

## *Kitab perhnay ki Du'a*

Deeni kitab ya Islami sabaq perhnay say pehlay zayl mayn di hui. Du'a perh li-jiye ان شاء الله jo kuch perhayngey yaad rahay ga. Du'a yeh hay:

اللّٰهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَانْشُرْ  
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

### Tarjama:

Ay Allah (عَزَّوجَلَّ)! Ham par 'ilm-o-hikamat kay darwaazay khool day aur ham par Apni rahmat naazil farma! Ay 'azamat aur buzurgi waalay!

(*Al-Mustatraf*, vol. 1, p. 40)

**Note:** Awwal aakhir aik baar Durood Shareef perh layn.

# Fehrist

Khanay mayn barakat panay kay tareeqay .....	1
Durood shareef ki fazeelat.....	1
Giri hui roti khanay ki fazeelat.....	1
Roti kay tukray ki hikayat .....	2
Deeni Sooch .....	2
Dastarkhuwan barha `o!.....	3
Jab mayn nay risalah “bahyanak Ount” parha.....	3
Risalay taqseem farma`ay.....	5
Oungliya chatna sunnat hay .....	5
Nah mu’aloom khanay kay hissay mayn barakat hay .....	6
Khanay ki barakatayn hasil karnay ka tareeqah.....	6
Oungliyan chatnay ki tarteeb.....	7
Oungliyan teen martabah chatna Sunnat hay .....	7
Bartan chatna sunnat hay.....	7
Aakhir mayn barakat ziyadah hoti hay .....	8
Bartan du’ay magfirat karta hay .....	8
Bartan chatnay ki Hikmatayn.....	8
Iman Afroz irshad!.....	9
Aik ghulaam Aazaad karnay ka sawab .....	9
Dho kar peenay ka tareeqah.....	9
Dho kar peenay kay ba’ad bachay huway qatray .....	10
Gurday ki batahri kiasay nikli? .....	10
Garam khana mana’ hay.....	11
Khana kitna thanda kiya ja`ay!.....	11
Garam khanay kay nuqsanaat .....	12
Khanay mayn makhkhi .....	12
Gosht noch kar kha`o .....	12
12 saal say gumshudah bhai mil gaya .....	13
Du’a qabool nah honay mayn bhi hikmatayn.....	14

الْحَمْدُ لِلّٰهِ رَبِّ الْعَالَمِينَ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى خَاتَمِ النَّبِيِّنَ  
أَمَّا بَعْدُ فَأَعُوذُ بِاللّٰهِ مِنَ الشَّيْطَنِ الرَّجِيمِ بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيمِ

## Khanay mayn barakat panay kay

### tareeqay

**Du'a-e-Attar:** Ya Rab-e-Musafaa! Jo ko‘i 14 safhaat ka risalah “*Khanay mayn barakat panay kay tareeqay*” parh ya sun lay ussay khanay ka ahtram karnay aur hamasha halal khanay ki tofeeq ‘ata farma aur uski maa baap samayt bay-hisaab magfirat farma.

اُمِينُ بِجَاهِ النَّبِيِّ الْأَكْمَمِينَ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

### Durood shareef ki fazeelat

**Farmaan-e-Aakhiri Nabi** ﷺ: musalman jab tak mujh par durood shareef parhta rehta hay farishtay us par rehmatayn behjтай rehtay hayn, ab banday ki marzi hay kam parhay ya ziyadah. (*Sunan Ibn Maja, vol. 1, p. 490, hadith 907*)

صَلَّى اللَّهُ عَلَى مُحَمَّدٍ      صَلُوْا عَلَى الْحَبِيبِ

### Giri hui roti khanay ki fazeelat

Piyaray piyaray islami bhaiyon! Allah Pak ki rehmat bht bari hay baaz oqaat bazahir ‘amal bohot chota hota hay magar uski fazeelat bohot ziyadah hoti hay jaysa keh Hazrat Abdullah bin Umm-e-Haram رَضِيَ اللَّهُ عَنْهُ farmatay hayn: Nabi kareem ﷺ ka farmaan-e-magfirat nishan hay: “Roti ka ahtram karo keh wo asman-o-Zameen ki barakat say hay. Jo shakhs dastarkhuwan

say giri hui roti ko kha lay ga us ki magfirat ho ja`ay gi.” (*Jāmi` al-Ṣaḥīr*, p. 88, *hadith 1426*)

مَنْ يَخْرُجْ مَعَ الْمُحْمَدِ! Piyaray islami bhaiyon!khaash! hum thori si jihjahk oradayn aur dastarkhuwan par giri hui roti aur chawal kay danay wagerah Utah kar kha liya karayn aur magfirat kay haqdar tehrayn.

*Talab-e-Magfirat hui Ya Allah*

*Bakhshish day behar Mustafa ya Rab*

## **Roti kay tukray ki hikayat**

Aik martabah Abdullah bin ‘Umar رَضِيَ اللَّهُ عَنْهُمَا nay zameen par roti ka tukra para dekha tau ghulam say farmaya: Ussay saaf kar keh rakh do. Jab ghulam say sham ko iftar kay waqt wo tukra manga, us nay ‘arz ki: “Wo tau mayn nay kha liya .” farmaya: Ja ! Tau azaad hay kyun keh mayn nay Tajdar-e-Madinah صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ say suna hay: “Jo roti ka para huwa tukra Utah kar kha layta hay tau us kay payt mayn puhuchnay say phelay hi Allah Pak us ki magfirat farma deta hay.” Ab magfirat ka haqdar ho gaya mayn usko ghulam kis tarah bana`ay rakhon? (*Tanbīh al-Ğāfiṭīn*, p. 348, *hadith 514*)

## **Deeni Sooch**

مَنْ يَخْرُجْ مَعَ الْمُحْمَدِ! Hamaray buzurgon ki bhi kiasi deeni sooch huwa karti thi keh giri hui roti kha kar ghulam magfirat ka haqdar ho gaya tau aaqa nay bhi apni ghulami say aazaad kar diya. Ya Rab-e-Mustafa! Batufayl-e-Mustafa صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ hamay bhi deeni sooch aur sunaton say haqeeqi muhabbat ‘ata farma aur hamayn bhi tafeeq day keh jab zameen par roti ka tukra para dekhayn, adab say utha kar, choom kar, saaf kar kay

*Khanay mayn barakat panay kay tareeqay*

khalenay ki sa'adat hasil kar liya karay. Ya Ilahi! Sunnaton par 'amal kay mu'amlay mayn hamari jihjahk ur ja`ay aur hamari magfirat farma.

اُمِّيْنُ بِجَاهِ النَّبِيِّ الْأَكْمَيْنِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ

*Sunnaton say mujhay muhabbat day*

*Meray murshid ka wasitah ya Rab!*

## Dastarkhuwan barha`o!

Buzurgon ka mu'mool ye hay keh khanay say farigh ho nay kay ba'ad ye nahin kehtay keh "Dastarkhuwan barha`o" balkeh khetay hayn: "Dastarkhuwan barha`o ya khana barha`o." ye khenay mayn dastarkhuwan barhnay aur khana barhanay aur barakat, farakhi aur wasi'at ki zimnan du'a hoti hay. (*Sunnī Bahishtī Zēwar*, p. 566, summarised)

## Jab mayn nay risalah "bahyanak Ount" parha.....

Piyaray piyaray islami bhaiyon! Dono jahan ki barakatayn panay kay liye 'Ashiqan-e-Rasool ki deeni tanzeem Dawat-e-Islami kay deeni mahool say har dam wabastah ra`ay. Dawat-e-Islami ki barakaton kay liye kehnay ! ko likata (hind) kay aik islami bhai kay bayan ka khulasah 'arz karta hun, unka kehna hay: Wo sunnatoun bahri zindagi say bohot door aik fasionable nojawan thay, aik raat ghar ki taraf aatay hu`ay asna`ay rah 'imamon ki baharayn nazar a`een, wo qareeb ga`ay tau pata chala keh mumba`i say Dawat-e-Islami walay 'Ashiqan-e-Rasool ka madani qaflah aaya huwa hay, jis kay sabab yahan sunnaton bahra ijtimā' ho raha hay. Un kay dil mayn aaya keh ye log taweel safar kar kay hamaray shehar ko

lakata aa`ay hayn in ko sunana chahi`ay lihaza yeh ijtim'a' mayn shareek ho ga`ay.

Ikhtitaam par in hazraat nay Maktabat-ul-Madinah kay risalay bantnay shuru ki`ay, khush qismati say aik risalah un kay hath mayn bhi aagaya, us par likhkha tha "bahyanak Ount". Wo ghar aaga`ay "kal paron ga" ye zahan bana kar risalah rakh diya aur sonay ki taiyari karnay lagay, sonay say qabal yun hi risalah bhayanak Ount ka jab waraq palta tau unki nazar is 'ibarat par pari, "shaytan lakh susti dila`ay magar yeh risalah zaroor parh lijiye اَن شَكَّ عَلَيْهِ وَسَلَّمَ aap kay andar madani inqilaam barpa ho ja`ay ga." Is jumlay nay unki zabardast rehnuma`i ki, Unhnay socha waqa'i shaytan mujhay yeh risalah kaha parhnay day ga, kl kis nay dekhi hay! Nayki mayn dayr nahn karni chahiye, is ko abih parh layna chahiye ye sooch kar unhnay parhna shuru kiya, wo kehtay hayn: Mujhay us Pak Parwardigar ki qasam jis nay darbar-e-'Aali mayn hazir ho kar baroz-e-qiyamat hisaab dayna paray ga! Jab mayn nay risalah "Bahyanak Ount" parha tau us mayn kuffar-e-Nabkar ki janib say Sarkar-e-Madinah حَلَّ اللَّهُ عَلَيْهِ وَاللَّهُ وَسَلَّمَ par tauray janay walay muzalim ka pursooz bayan parh kar mayn ashkbar ho gaya, mayri neend uchat ga`i, kafi dayr tak mayn rota raha. Raton raat unhnay 'azam kiya keh subah hathon hath madani qaflay mayn safar karon ga.

Jab subah waldayn ki khidmat mayn 'arz ki tau unhnay nay bakhushi ijazat marhammat farma di aur wo teen din kay liye 'ashiqan-e-Rasool kay sath madani qaflay kay musafir ban ga`ay, qaflay walon nay unhayn badal kar kiya say kiya bana diya! لَكَفِيلٌ ! Wo namazi ban kar paltay, 'Imamah shareef kay taaj say sar saj gaya, tan sunatoun baray libas say aarastah ho gaya. Un ki maa nay jab unhayn tabdeel hota dekha tau bay

had khush ho`ay aur khoob du'on say nawaza, 'azeez-o-rishtehdar sab un say khush ho ga`ay . ﷺ ! aaj kal Dawat-e-Islami ki aik tehseel mushawarat kay khadim (nigran) ki hasiyat say hasb-e-Taufeeq sunnaton ki dhoomayn machanay ki sa'adat pa rahay hayn.

صَلَّى اللَّهُ عَلَى مُحَمَّدٍ  
صَلُّوا عَلَى الْحَبِيبِ

### Risalay taqseem farma`ay

Piyaray piyaray islami bhaiyon! Dekha ap nay ! Dawat-e-Islami kay deeni mahool nay aik bay namazi Modern nojawan ko kahan say kahan pohuncha diya ! Yeh bhi mu'aloom huwa keh Maktaba-tul-Madinah ki janib say sha'a honay walay sunnaton bharay rasa'il bantnay kay bohot fawa'id hayn, us modern nojawan nay "Bahyanak Ount" Nami risalah parha tau tarap kar hathon hath madani qaflay ka musafir bana aur sar 'imamah shareef say saj gaya. Lihaza apnay 'azeezon kay Isaal-e-Sawab kay liye, 'urso aur ijtim'aat, shadi ghami ki taqreebaat, janazah baraат aur juloos-e-Milaad mayn sunnaton bahrav risa'il Maktaba-tul-Madinah say hadiyatan hasil kar kay khoob khoob taqseem kijiye, shadi cards mayn bhi aik aik risalah nathi kar dijiye. Agar aap ka diya huwa risalah parh kar kisi ka dil chot kha gaya aur wo namazi aur sunnaton ka 'adi ban gaya tau aap ka bhi dono jahan mayn bayra par hogaya.

### Oungliya chatna sunnat hay

Hazrat 'Amir bin rabi'ah رضي الله عنه say riwayat hay keh Nabi Pak ﷺ teen oungliyon say khana tanawul farmatay aur

jab farig ho jatay tau unhay chat liya kartay thay. (*Majma‘ al-Zawā‘id, vol. 5, p. 23, hadith 7923*)

### Nah mu’aloom khanay kay kis hissay mayn barakat hay

Hazrat Jabir رَضِيَ اللَّهُ عَنْهُ farmatay hayn: Tajdar-e-Madinah, Qarar-e-Qalb-o-Seenah حَلَّ اللَّهُ عَلَيْهِ وَاللَّهُ وَسَلَّمَ nay oungliyon aur bartan kay chatnay ka hokum diya aur farmaya: “tumhayn mu’aloom nahin keh khanay kay kis hissay mayn barakat hay.” (*Sahīh Muslim, p. 1122, hadith 2023*)

### Khanay ki barakatayn hasil karnay ka tareeqah

Piyaray Piyaray islami bhaiyon! Afsoos! Sad karoor afsoos! Aaj kal musalmanon kay khanay ka andaz dekh kar aysa lagta hay keh bohot kam hi khosh naseeb aysay hun gay jo sunnat kay mutabiq khana khatay aur us ki barkatayn patay hon. Bayan kardah Hadees Mubarak mayn farmaya gaya: “Tumayn mu’aloom nahin keh khanay kay kis hissay mayn barakat hay.” Lihaza hamayn koshish karni chahiye keh khanay ka aik darrah bhi za‘ya nah ho, haddi wagerah ko is qadar choos chaat layna chahiye keh is par boti ka ko‘i juz aur kisi qisim kay ghiza‘i asraat baqi nah rahayn, zarooratan rikabi mayn haddi ko chahat lijiye ta-keh jo‘i danah wagera atka jo tau bahir aaja‘ay aur khaya ja sakay, aagar ho sakay tau khanay mayn pakay ho‘ay garm masalahy maslan ila‘ichi, kali mirch, long aur dar cheeni wagerah bhi kha lijiye لَإِنْ شَاءَ اللَّهُ عَزَّ وَجَلَّ fa‘idah hi hoga. Agar nah kha sakayn tab bhi ko‘i gunah nahin. Biryani wagerah say sabit hiri mirchay nikaal kar pehaynk daynay kay baja‘ay mumkin ho tau khana shuru’ karnay say phelay hi unhayn chun kar mehfooz kar lijiye aur aindah kisi khanay mayn pees kar daal dijiye. Aksar loog machli ki khal bhi pehaynk detay hayn is ko bhi kha lena chahiye. Algharz

*Khanay mayn barakat panay kay tareeqay*

khanay kay tamam ajza par ghoor kar liya ja`ay aur is ki har bay zarar cheez khali ja`ay. Nayz oungliyan aur bartan is qadar chatayn keh in mayn khanay kay ajza baqi nah rahayn.

### Oungliyan chatnay ki tarjeeb

Hazrat ka'ab bin 'ujzah حبیب اللہ عنہ farmatay hayn keh mayn Sarwar-e-Ka`inaat ﷺ ko angotha, shahadar wali aur darmiyani oungli mila kar oungliyon say khatay dekha. Phir mayn nay dekha keh Sarkar-e-Madinah ﷺ nay unhayn pounchnay say phelay chaat liya sab say phelay darmiyani phir shahadat wali aur phir angotha shareef chata.

(*Majma` al-Zawā'id*, vol. 5, p. 29, hadith 7941)

### Oungliyan teen martabah chatna Sunnat hay

Piyaray piyaray islami bhaiyon! Oungliyan teen teen bar chatna sunnat hay agar teen bar kay bawajood oungliyan par ghiza chopki hui nazar aa`ay tau ziyadah bar chat lijiye yahan tak keh ghaza ka asar nazar na aa`ay shuma'il-e-tirmizi mayn hay. "Sultan-e-Dojahan, shehanshah-e-Kon-o-Makan ﷺ (khanay kay ba'ad) apni oungliyan teen teen martabah chattay thay." (*Shamā'il al-Tirmidī*, p. 61, hadith 138)

### Bartan chatna sunnat hay

Sardar-e-Makkah Mukarramah, Sultan-e-Madinah Munnawar ﷺ ka farman-e-Barakat nishan hay: "Jo rikabi aur apni ounliyon ko chat lethा hay Allah Us ko duniya-o-aakhirat mayn aasudah (sayr) rakhta hay." (*Al-Mu'jam al-Kabīr*, vol. 18, p. 261, hadith 653)

## Aakhir mayn barakat ziyadah hoti hay

Madinay kay tajdar ﷺ nay farmaya: “khanay kay bartan ko nah uthaya ja`ay yahan tak keh khanay wala is ko chat lay ya kisi aur ko chatwa day keh khanay kay aakhir mayn barakat (Ziyadah) hoti hay.” (*Kanz al-`Ummāl*, vol. 15, p. 111, hadith 40824)

## Bartan du`ay magfirat karta hay

Hazrat Nobaishah رضي الله عنه farmatay hayn keh Makki Madani Sarkar ﷺ nay irshad farmaya: “Jo khanay kay ba`ad bartan ko chat lay ga wo bartan us kay liye istagfar karay ga.” (*Sunan Ibn Māja*, vol. 4, p. 14, hadith 3271) aik riwayat mayn yeh bhi hay keh wo bartan kehta hay: “Aay Allah Pak! Isko Jahannam say aazaad kar jis tarah is nay mujhay shaytan say nijaat di.” (*Kanz al-`Ummāl*, vol. 15, p. 111, hadith 40822)

Hazrat Mufti Ahmed Yar Khan رحمه الله عليه farmatay hayn: Sana huwa (Ya`ani Alodah) bartan baghayr saaf kiye para rahay tau ussay shaytan chatta hay. (*Mir'at al-Manājīh*, vol. 6, p. 52)

## Bartan chatnay ki Hikmatayn

Hazrat Mufti Ahmed Yar Khan رحمه الله عليه farmatayn hayn: “bartan chatnay mayn khanay ka adab hay, is ko barbaadi say bachana hay, bartan youn hi chor denay say is par makhiyan bhinbhinnati hayn, bartan mayn lagay hu`i khanay kay ajza معاذ الله naliyon, gandagiyon mayn pehnk diye jatay hay, jis say iski sakht bay adabi hoti hay. Agar aik waqt mayn har fard chand danay bhi bartan mayn chor kar zai`a kar day tau rozanah ka`i man khana parbaad hoga. Gharzeekeh Bartan chatnay mayn ka`i hikmatayn hay.” (*Mir'at al-Manājīh*, vol. 6, p. 38, summarized)

## Iman Afroz irshad!

Sarkar-e-Madinah ﷺ nay farmaya: “piyalah chat layna mujhay is say ziyadah mehboob hay keh piyalah bhar khana tasadduk karon.” (Ya’ani chatnay mayn chunkeh inkisar hay lihaza is ka sawab us sadqay kay sawab say ziadah hay) (*Kanz al-‘Ummāl*, vol. 15, p. 111, hadith 40821)

Madani aaqa ﷺ nay farmaya: “Jo Rakabi aur apni oungliyan chatay Allah Pak duniya-o-Akhirat mayn us ka payt bharay.” (Ya’ani Duniya mayn fikar-o-Faaqah say bachay, Qiyamat ki bhook say mehfooz rahay, dozakh say banah diya ja`ay keh dozakh mayn kisi ka payt nah bharay ga) (*Mujam al-Kabīr*, vol. 18, p. 261, hadith 653)

صَلَّى اللَّهُ عَلَى مُحَمَّدٍ      صَلُّوا عَلَى الْحَبِيبِ

## Aik ghulaam Aazaad karnay ka sawab

Hazrat Imam Muhammad Ghazali رحمه الله عليه farmatay hayn: “jo khanay ka bartan chaatay aur dho kar uska pani pi lay us ko aik ghulam aazad karnay ka suwab milta hay.” (*Iḥyā’ al-‘Ulūm*, vol. 2, p. 7)

## Dho kar peenay ka tareeqah

Piyaray Piyaray islami bhaiyon! Saaf khanay ki rikabi hi ko chatna kafi nahi, jab bhi kisi piyalay ya gilaas wagerah mayn cha`ay, doodh, lassi, phalon ka ras (Juice) wagerah isti`maal farma`ay unko bhi chati`ay aur dho kar pi lijiye. Is tarha salan ya kisi aur ghiza ka ijtimā`i katora, karahi ya pateela khali ho chukka hay. Ya us mayn mu’amooli si giza baqi reh ga`i hay tau us ko aur nikalnay kay chammach ko bhi mumkin ho tau saaf kar lijiye ‘amoman deghon, pateelon aur baray bartanon

kay andar kuch na kuch ghiza baqi reh jati hay jo za`aya kar di jati hay, Aysa nahi hona chahiye, jitna mumkin ho us say ghiza`i ajza nikal lijiye, aik danah bhi za`aya nah honay dijiye. Yeh bhi ho sakhta hay keh us ko dho kar pani jama` kar kay firiz mayn rakh liya ja`ay aur pakanay mayn isti`maal kar liya ja`ay, magar ye sab tafeeq-e-Ilahi say hi mumkin hay. Ye bhi yad rahay keh bartan ya gilaas wagera ko chatnay ya dhonay mayn yeh ahtiyaat zaroori hay keh us say khanay kay ajza khatam ho ja`ay. Agar bartan mayn khanay kay ajza lagay rahay tau ye dhona nahin kehla`ay ga. Tajurbah ye hay keh aik bar dho kar peenay say ‘amooman bartan saaf nahin ho ta lihaza do ya teen bar paani daal kar achi tarha oopri kinaron samayt har taraf ounqli phayra kar dho kar pi`ayn tau behtar hay.

### **Dho kar peenay kay ba'ad bachay huway qatray**

Dho kar peenay kay ba'ad rikabi ya piyalay wagera mayn chand qatray bach jatay hayn lihaza ounqli say jama` kar kay pi lijiye, Pani ya mashroob pi kar ghilas ya botal bazahir khali jo janay kay bawajood chand lamhon kay ba'ad dekhayn gay tau us ki dewaron say utar kar puneday mayn chand qatray jama` ho chukay hungay unko bhi pee liji`ay keh Hadees Pak mayn hay: “Tum nahin jantay keh kahanay kay kis hissay mayn barakat hay” kaash! Is tarah dho kar peena naseeb ho keh khanay ka wo bartan, lassi ka giraas ya cha`ay ka piyalah wagerah aysa ho ja`ay keh shanakht nah ho sakay keh is mayn abhi kuch khaya ya sharbat wagera piya gaya hay!

### **Gurday ki batahri kiasay nikli?**

Dawat-e-Islami kay madani qaflon mayn safar ki barakat say ka`i masa`il hal ho jatay hayn aur muta`adid amraaz ka ‘ilaaj jo jata hay chunancha aik islami bhai ka kuch is tarah bayan hay

keh in ka 12 din ka madani qaflah balochistan say wapassi par kisi station par utra, qaflay walay anfiradi koshish mayn mashgool ho`I, is duraan wahan aik Islami bhai say mulaqaat hu`I , woo madani qaflon ki barakatayn lotnay ka apna zaati tajurbah bayan kartayn huway aik islami bhai say mulaqaat hu`I, wo madani qaflon ki barkatayn lotnay ka apna zati tajurbah bayan kartay hu`ay farmanay lagay keh wo gurdhay ki pathari kay sabab sakht aziyat mayn thay, Doctor nay Operation ka kaha tha, darayn asna aik islami bhaiyon nay un par anfiradi koshish kartay hu`ay dilasah diya keh ghabra`ay nahin madani qaflay mayn safar kar lijiye, safar mayn du'a qabool hoti hay. Allah Pak ap ka maslah hal farma day ga. In kay muhabbat bahray andaz nay dil jeet liya aur ye teen din kay madani qaflay kay masafir ban ga`ay. ﴿لَا يَحْفَدُ لِلّٰهِ﴾ ! Teen Rooz kay andar andar in ki parhari nikal ga`i. unhun nay jab doctor ko bataya tau wo hayran reh gaya kyun keh shayad unki pathri is qisam kit hi keh baghayr Operation kay is ka doctors kay pas ‘ilaaj nahin tha.

صَلَوٰةُ اللّٰهِ عَلٰى الْحَبِيبِ  
صلوة الله على الحبيب

### Garam khana mana' hay

Hazrat Jabir رضي الله عنه farmatay hayn: Nabi Kareem ﷺ nay irshad farmaya: “Garam khana thanda kar liya karo kyun keh garam khanay mayn barakat nahi hoti.” (*Al-Mustadrak*, vol. 4, p. 132, *hadith 7125*)

### Khana kitna thanda kiya ja`ay!

Hazrat jawariyah رضي الله عنها say riwayat hay keh Nabi Akram, Rasool-e-Muhtasham صَلَوٰةُ اللّٰهِ عَلٰى الْحَبِيبِ khanay ki bhaap khatam

honay say phelay ussay khanay ko na Pasand famatay. (*Majma' al-Zawā' id, vol. 5, p. 13, hadith 7883*)

### Garam khanay kay nuqsanaat

Piyaray piyaray islami bhaiyon! Khana thanda kar kay khana chahiye magar yeh zoroori nahi keh itna thanda kar dayn keh jam kar bad maza ho ja`ay balkeh kuch thandah ho lay nay dayn keh bhap uthna band ho ja`ay. Hazrat Mufti Ahmed Yar Khan رحمۃ اللہ علیہ farmatayn hayn: “khanay ka qadray (Ya`ani kuch) thanda ho jana aur phonkon say thanda na karna ba’is barakat hay aur is tarah khanay mayn takleef bhi nahin hoti.” (*Mir`at al-Manajih, vol. 6, p. 52*) Tayz garam khanay ya khoob garama garama cha`ay ya kafi wagera peenay say muh aur galay kay chahlay, ma’day mayn waram wagerah ho janay ka khatrah hay. Nayz us par foran thanda pani peena masoron aur ma’day ko nuqsaan puhunchata hay.

### Khanay mayn makhkhi

Khanay ya peenay ki kisi cheez mayn makhkhi gir ja`ay tau us giza ko phaynk dena israaf-o-guna hay, makhkhi ko ghotah day kar nikaal dijiye aur wo ghiza bila takalluf istimaal kijiye. Chunacha tabeebon kay tabiyat, Allah kay Habeeb حبیب اللہ علیہ وآلہ وحابہ farmatayn hay: “Jab khanay mayn makhkhi gir ja`ay tau ussay ghotah day do (aur pehank do) kyun keh is kay aik bazo mayn shifa hay aur dosray mayn beemari, khanay mayn girtay waqt phelay beemari wala bazo dalti hay lihaza puri hi ko ghotah day do.” (*Sunan Abī Dāwūd, vol. 13, p. 511, hadith 3844*)

### Gosht noch kar kha`o

Musalmanon ki piyari piyari Ammi jaan, Hazrat Bi bi Ayesha

siddiqah بَنْتُ النَّبِيِّ عَلَيْهِ السَّلَامُ rawayat farmati hayn keh Nabi Rehmat, shafi' Ummat صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ka farman-e-'Alishan hay: "Gosht ko (Khatay waqt) chahri say mat kato kyun keh ye 'ajmiyon ka tareeqah hay aur gosht danton say nooch kar kha'o kyun keh ye ziyyadah lazeez aur khushgawar hay." (*Ibid, vol. 3, p. 511, hadith 3844*) Agar gosht ka para tukra maslan bhoni hu'I raan wagera ho tau hasb-e-zaroorat choori say gatnay mayn mazaiqah nahin.

## 12 saal say gumshudah bhai mil gaya

Piyaray Piyaray islami bhaiyon! Sunnatayn seekhnay aur seekhanay kay liye Dawat-e-Islami kay madani qaflon mayn Ashiqan-e-Rasool kay sath safar farmatay rahiye, 'Ilm-e-Deen hasil honay kay sath sath إِنَّ شَهَادَةَ اللَّهِ عَزَّ وَجَلَّ duniya kay masa'il bhi hal hotay rahayn gay jesa keh Dawat-e-Islami ka aik madani qaflah haari poor (Pakistan, KPK) mayn sunaton bharay safar par tha, Is mayn aik islami bhai nay bataya keh un kay baray bhai jan rozgar kay silsilay mayn bayron-e-mulk ga'ay ho'ay thay, Aaj 12 baras ho ga'ay unka ko'I ata pata nahi. Un kay teen bachon aur unki walidah kay ikhrajaat in kay zimmay hayn aur tangdasti ka 'ilm hay, ye 'Ashiqan-e-Rasool kay sath safar mayn du'a ki niyat say madani Qaflay kay musafir ban ga'ay. Madani qaflay kay ikhtitaam kay takreeban aik haftay kay ba'ad aik madani mashwaray mayn ye islami bhai shareek hu'ay is kay jazbaat qabil-e-deed thay, ro ro kr farma rahay thay, اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ ! Madani qaflah mayn safar ki barakat say karam ho gaya, 12 saal say mafqood-o-Alkhabar (gum shudah) bhai jan ka phone aagaya aur unhun nay unhayn aik lakh 25 hazar rupe bhi rawanah ki'ay hayn.

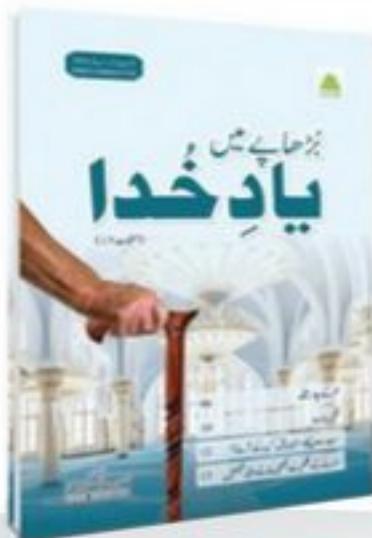
صَلَّى اللَّهُ عَلَى مُحَمَّدٍ      صَلُّوا عَلَى الْحَبِيبِ

## Du'a qabool nah honay mayn bhi hikmatayn.....

الحمد لله! Is tarha kay ka'I waqi'at hayn jin mayn qaflon mayn safar kar kay du'a karnay walon ki muraadayn puri hu'I hayn, bohot say aisay bhi milayn gay jin ki muradayn puri nahnin hu'in. Agar kabhi aap ki du'a ki qaboliat kay asaar nazar nah bhi a'ayn tab bhi Allah Pak ki riza par razi ra'ay keh bar ha aysa bhi hotha hay keh hum jo kuch mang rahay hayn us kay nah milnay hi mayn hamaray liye behtiri hoti hay jesa keh meray Aaqa Aala Hazrat kay walid-e-girami, Hazrat 'Allamah Muolana Naqi Ali Khan وَحْمَدُ اللَّهِ عَلَيْهِ "Ahsan-ul-wi'ad" mayn farmatay hayn: Hikmat-e-Ilahi hay keh kabhi tau barah-e-Nadani ko'I cheez is say talab karta hay aur wo barah-e-meharbani tayri du'a ko is sabab say keh teray haq mayn mizir (nuqsan dah) hay, rad fermata hay. Maslan tau jo ya'ay saaym wazar (ya'ani doolat ka talabgar) hay aur is (kay mil janay) mayn tayray Iman ka khatrah hay ya tau khuwahn-e-tandurusti-o-'Afiyat (ya'ani sahat talab karta) hat aur wo 'ilm-e-khuda mayn (tayray liye) muojibi nuqsan-e-'Aqibat (Ya'ani akhirat kay nuqsan ka sabab) hay. Aysa radar qabool say behtar (Ya'ani aysa du'a qabool nah hona hi tayray liye mufeed hay, tau is ayat mubarakah:) (عَنِّي أَنْ تُجْبِنَا شَيْئًا وَهُوَ قَرِيبٌ) tarjumah kanz-ul-Iman: "Qareeb hay keh ko'I baat tumayn pasand aa'ay aur wo tumaray haq mayn puri ho." (*Al-Quran, part 2, Al-Baqarah, verse 216; translation from Kanz al-Itfan*) par nazar kar aur us rad (Ya'ani du'a qabool nah honay) ka shukar bajala. Kabhi du'a kay badalay sawab-e-akhirat duniya manzoor hota hay. Tau hutam-e-Duniya (ya'ani duniya ki zaleel doolat) talab karta aur Parwar Digar عَذَاجِلٌ nifa`as-e-Akhirat (Akhirat ki 'umdash na'matayn) teray liye zakhirah fermata hay. Ye ja'ay shukar hay nah keh maqaam-e-shikayat. (*Fadā'il-i-Du'a*, p. 159)

صَلَّى اللهُ عَلَى مُحَمَّدٍ      صَلُّوا عَلَى الْحَبِيبِ

Aglay haftay ka risalah



Faizan-e-Madina, Muhallah Sodagaran, purani sabzi mandi, Karachi.

DAN +92 21 111 25 26 92   0313-1139278

[www.maktabatulmadinah.com](http://www.maktabatulmadinah.com) / [www.dawateislami.net](http://www.dawateislami.net)

[feedback@maktabatulmadinah.com](mailto:feedback@maktabatulmadinah.com) / [ilmia@dawateislami.net](mailto:ilmia@dawateislami.net)