

Haftahwaar risalah



Ramzan-ul-Mubarak 1446 Hijri mein Ameer-e-Ahle Sunnat ke qalam se likhay huay

30 ROHANI ILAJ

ROMAN

Shaadi ke liye ghaibi asbaab hon

Awlaad-e-narina, Rozi mein barkat

Har muraad poori ho

Jis marz ka ilaaj na milta ho

Nazar ki hifazat ke liye

Balaaon se hifazat



TRANSLATION
DEPARTMENT
(DAWAT-E-ISLAMI)

Shaikh-e-Tareeqat, Ameer-e-Ahl-Sunnat,
Bani Dawat-e-Islami, Hazrat Maulana Abu Bilal

Muhammad Ilyas

Attari Qadiri Razawi

محمد ابراهيم
القرطبي

30 روحانی علاج

30 Rohani Ilaj

Translation Department nay is risalay ko **Roman-Urdu** mayn compose kiya hay. Agar is risalay mayn kisi bhi tarah ki kami-bayshi pa`ayn to neechay diye gaye postal ya e-mail address par Translation Department ko aagah kar kay Sawaab kay haqdaar baniye.

Translation Department (Dawat-e-Islami)

Aalami Madani Markaz, Faizan-e-Madinah, Mahallah Saudagran,
Purani Sabzi Mandi Karachi, Pakistan

UAN: ☎ +92-21-111-25-26-92 – Ext. 7213

Email: ✉ translation@dawateislami.net

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى خَاتَمِ النَّبِيِّينَ،
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Kitab perhnay ki Du'a

Deeni kitab ya Islami sabaq perhnay say pehlay zayl mayn di huyi Du'a perh li-jiye **لَنْ شَاءَ اللَّهُ** jo kuch perhayngey yaad rahay ga. Du'a yeh hay:

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَانْشُرْ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Tarjama:

Ay Allah (عَزَّوَجَلَّ)! Ham par 'ilm-o-hikamat kay darwaazay khool day aur ham par Apni rahmat naazil farma! Ay 'azamat aur buzurgi waalay!

(Al-Mustatraf, jild. 1, Safhahh. 40)

Note: Awwal aakhir aik baar Durood Shareef perh layn.

Fehrist

1. Kaisi hi Bimari ho Shifa Mile.....	1
2. Tension se Hifazat.....	1
3. Naye Sheher ya Naye Ghar mein Hifazat ke liye.....	2
4. Shaadi ke liye Ghaibi Asbaab hon.....	2
5. Aulaad-e-Narina - Rozi mein Barkat.....	2
6. Muraad Poori ho	2
7. Dukaan Khoob Chale.....	3
8. Jis Marz ka 'Ilaaj na Milta ho	3
9. Nazar-e-Bad ka Ilaaj.....	3
10. Agar Kharish Theek na Hoti ho to	4
11. Aisa Marz jis ka Ilaaj na Milta ho.....	4
12. Allah Pak ne Chaha to Har Kaam Bane.....	5
13. Ghurbat Door ho.....	5
14. Food Allergy ka Rohani Ilaaj.....	6
15. Nazar ki Hifazat ke liye.....	6
16. Be-Auladi Door ho.....	7
17. Gunahon ka Rohani Ilaaj	7
18. Bawaseer ka Rohani Ilaaj.....	7

19. B.P ho ya Sugar.....	8
20. Kisi bhi Kaam mein Nakami se Bachne ke liye.....	8
21. Imtihan mein Kamiyabi ke liye	8
22. Agar koi Tang karta ho to.....	9
23. Ghar mein Jhagre hote hon to.....	9
24. Janwar ko Nazar-e-Bad se Bachane ke liye	9
25. Har Mushkil ke Hal ka Wazifa.....	9
26. Jo Bimar ho who.....	10
27. Jab koi Cheez Ghamgeen karti to.....	10
28. Har Aafat Se Hifazat.....	11
29. Balaon se Hifazat	11
30. Gurday se Pathri Nikal Jaye Gi.....	11

اَلْحَمْدُ لِلّٰهِ رَبِّ الْعٰلَمِيْنَ وَالصَّلٰوةُ وَالسَّلَامُ عَلٰى خَاتَمِ النَّبِيِّنَ
اَمَّا بَعْدُ فَاَعُوْذُ بِاللّٰهِ مِنَ الشَّيْطٰنِ الرَّجِيْمِ بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ

1. Kaisi hi Bimari ho Shifa Mile

اَللّٰهُمَّ اَنْتَ الْبَاسِطُ 100 baar awwal aakhir teen baar Durood Shareef parh kar mareez apni dawa aur paani ki botal par dam kar le aur zaroorat ke mutabiq istemal kare, kaisi hi bimari ho Allah Kareem ke fazl se shifa mile gi.

Note: Zarooratan paani mein doosra paani milate rahiye.

Mareez na parh sake to koi aur bhi parh kar dawa aur paani par dam kar ke de sakta hai.

صَلُّوْا عَلَی الْحَبِيْب صَلَّی اللّٰهُ عَلٰی مُحَمَّدٍ

2. Tension se Hifazat

اَللّٰهُمَّ اَللّٰهُمَّ 100 baar har Namaz ke baad parhne wala ghamon, dukhon, pareshaniyon aur tension waghera se mehfooz rahe (اِنْ شَاءَ اللّٰهُ).

(Allah Pak chahe to hi faida hoga yeh zehn rakhna zaroori hai)

3. Naye Sheher ya Naye Ghar mein Hifazat ke liye

وَقُلْ رَبِّ أَنْزِلْنِي مُنْزَلًا مُبَارَكًا وَأَنْتَ خَيْرُ الْمُنْزِلِينَ¹

Jo koi kisi naye sheher ya naye makaan ya nayi jagah par utre to yeh Aayat Mubarakah teen baar parh le, chor daaku, saanp bichhoo, Jinnat aur jadoo aur har qism ke khatre se Allah ki rehmat se hifazat mein rahe ga.

4. Shaadi ke liye Ghaibi Asbaab hon

يَا وَهَّابُ 300 baar awwal aakhir gyarah baar Durood-e-Ibrahim rozana raat sone se pehle parh lijiye. (Jab tak shaadi na ho jaye rozana parhna hai)

5. Aulaad-e-Narina - Rozi mein Barkat

يَا أَوَّلُ 40 baar parh kar paani ya shehad mile paani par dam kar ke aadha khud aur aadha zaujah ko pilaye.

إِنْ شَاءَ اللَّهُ beta ho ga aur rizq mein bhi barkat hogi.

(Yeh amal 40 din musalsal karna hai)

6. Muraad Poori ho

يَا رَحِيمُ 11 baar (awwal aakhir aik baar Durood Shareef)

¹ Al-Quran, al-Mu'minun, verse 29

Farz ya nafl roza kholte waqt Suraj ghuroob hone se ma'mooli waqt pehle peshani par hath rakh kar parh lijiye aur waqt hone par iftaar kar lijiye **إِنْ شَاءَ اللَّهُ** dil ki muraad poori hogi.

7. Dukaan Khoob Chale

سُورَةُ الْكَوْثَرِ saat baar (awwal aakhir teen baar Durood Shareef): Jis ki dukaan na chalti ho woh apni dukaan par ja kar ba-wuzu parh kar apni cheezon par dam kare **إِنْ شَاءَ اللَّهُ** khoob customer aayein ge aur bikri (ya'ni SALE) barh jaye gi. Jab tak maqsad haasil na ho yeh amal rozana karte rahiye (shuru mein **أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ** aik baar aur har baar Surah se pehle **بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ** aik baar parhiye)

8. Jis Marz ka 'Ilaaj na Milta ho

يَا لَطِيفُ : 11 sau baar awwal aakhir gyarah martaba Durood Ibrahim parh kar paani par dam kar ke mareez paani pee le jaisi hi gambheer (khatarnaak) bimari ho **إِنْ شَاءَ اللَّهُ** shifa mile. Doosra bhi parh kar pila sakta hai. (Muddat: Shifa milne tak rozana)

9. Nazar-e-Bad ka Ilaaj

أَعُوذُ بِكَلِمَاتِ اللَّهِ الثَّامَةِ مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ وَمِنْ كُلِّ عَيْنٍ لَامَةٍ

Saat baar awwal aakhir teen baar Durood Shareef parh kar safaid

kaanch ke paani se bhare glass mein dam kar ke manzoor (ya'ni jis ko nazar lagi ho) us ko pila dijiye bachche ya bare ko kaisi hi nazar-e-bad ho shifa mile gi **إِنْ شَاءَ اللَّهُ**.

(Muddat-e-Ilaaj: Ta husool-e-shifa rozana) Nazar-e-bad se hifazat ke liye bhi amal mufeed hai.

10. Agar Kharish Theek na Hoti ho to

ثُمَّ خَلَقْنَا النُّطْفَةَ عَلَقَةً فَخَلَقْنَا الْعَلَقَةَ مُضْغَةً فَخَلَقْنَا الْمُضْغَةَ عِظًا فَكَسَوْنَا الْعِظَ لَحْمًا ۖ ثُمَّ أَنْشَأْنَاهُ خَلْقًا آخَرَ ۖ فَتَبَارَكَ اللَّهُ أَحْسَنُ الْخَالِقِينَ ﴿١٤﴾

21 martaba (awwal aakhir aik baar Durood Shareef) parh (ya parhwa) kar paani par dam karke piyein, kaisi hi kharish ho **إِنْ شَاءَ اللَّهُ** faida ho jaye ga.

(Muddat: 41 din rozana)

11. Aisa Marz jis ka Ilaaj na Milta ho

يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Aik sau gyarah baar (awwal aakhir gyarah baar Durood Pak) parh (ya parhwa) kar paani par dam kar ke mareez piye, kaisi hi

¹ Al-Quran, al-Mu'minūn, verse 14

bimari ho **إِنْ شَاءَ اللَّهُ** shifa mile gi (21 din tak rozana bila naagha yeh amal karna hai)

12. Allah Pak ne Chaha to Har Kaam Bane

يَا اللَّهُ، يَا رَحْمَنُ، يَا رَحِيمُ، يَا سَمِيعُ يَا قَدِيرُ

Namaz-e-Asr ke baad se ghuroob-e-aaftaab tak chalte phirte uthte baithte, kaam kaaj karte hue ya sirf baith kar be-shumar baar parhte rahe, awwal aakhir aur beech mein Durood Shareef bhi parh lijiye. **إِنْ شَاءَ اللَّهُ** har kaam bane.

Maslan karobar chamke, qarz ada ho, achhi naukri mile, afsar ya seth meherban ho, khandani jhagray khatm hon, purane atke hue kaam ho jayein, rishte ki rukawat door ho, be-auladi khatm ho, qaidi ko rihai mile ibadat mein dil lage, visa ka masla hal ho, saas bahu ka jhagra aur talaaq ka khatra khatm ho miyan biwi ki narazi ka khatma ho, jaisi bhi bimari ho chali jaye, shak karne aur waswase ki aafat door ho, **إِنْ شَاءَ اللَّهُ**.

(Muraad poori hone tak rozana yeh amal karte rahe **إِنْ شَاءَ اللَّهُ** jald hi tarkeeb ban jaye gi).

13. Ghurbat Door ho

يَا بَاسِطُ Aye farakhi karne wale, **يَا رَزَّاقُ** Aye rozi dene wale

Har Namaz ke baad 700 baar (awwal aakhir aik baar Durood

Pak) parhne se rizq mein barkat hoti hai aur ghurbat khatm hoti hai. Allah Kareem ghairon ki mohtaji se bachata aur zarooratein पूरी farmata hai.

(Hamesha 5 Namazon ke baad parhte rahein to achha)

14. Food Allergy ka Rohani Ilaaj

بِسْمِ اللَّهِ مَا شَاءَ اللَّهُ لَا قُوَّةَ إِلَّا بِاللَّهِ

11 baar (awwal aakhir 7 baar Durood Pak) parh kar jo khana muwafiq nahi aata ya'ni jis khane se allergy ho jaati hai us par dam kijiye phir use khate waqt har luqme par aik baar yahi dua parh lijiye. **إِنْ شَاءَ اللَّهُ** woh khana muwafiq aa jaye ga. Agar koi mashroob na-muwafiq (UNSUITABLE) hai to yahi amal kijiye

(Ab luqme ki jagah har ghont par dua parhni hai)

15. Nazar ki Hifazat ke liye

يَا نُورُ 11 baar: Paanchon waqt पूरी Namaz parh lene ke baad peshani par hath rakh kar saans lekar rok lijiye aur parh kar daswan 10 ungliyon par dam kar ke aankhon par pher lijiye. Yeh amal pabandi se karte rehne se nazar mehfooz rahe gi, agar kamzor ho gayi hai to behtar ho jaye gi. **إِنْ شَاءَ اللَّهُ**

16. Be-Auladi Door ho

يَا مَتِّينُ 41 martaba ba'd Namaz-e-Fajr o Isha يَا حَيُّ ba'd Namaz-e-Zohr o Asr 41 martaba يَا حَيُّ يَا قَيُّوْمُ ba'd Namaz-e-Maghrib 41 baar parhiye, beti ki khwahish hui to beti aur bete ki khwahish hui to beta paida ho ga. **إِنْ شَاءَ اللَّهُ**

(Muraad poori hone tak yeh amal jaari rakhna hai, har baar awwal aakhir aik baar Durood Pak parh lijiye ga)

17. Gunahon ka Rohani Ilaj

يَا مَانِعُ يَا مُعْطِي 7 baar rozana har Namaz ke baad parhiye gunahon ki aadat door hogi. **إِنْ شَاءَ اللَّهُ**. Jab gunah karne ko jee chahe fauran parhna shuru kar dijiye baar baar parhne se **إِنْ شَاءَ اللَّهُ** gunah ka irada khatm ho jaye ga. Chalthe phirte uthte baithte ba-wuzu be-wuzu parhne wala Allah Pak ke in mubarak naamon ki barkat se naik bane ga. **إِنْ شَاءَ اللَّهُ**

18. Bawaseer ka Rohani Ilaj

سُورَةُ الْأَعْلَى (پ، 30، کل آیات: 19) rozana parh (ya parhwa) kar paani par dam kar ke peene se bawaseer (khooni ho ya baadi us) se shifa haasil hogi. **إِنْ شَاءَ اللَّهُ**

19. B.P ho ya Sugar

سُورَةُ قَدْ رَوِ سُورَةُ كُوشِ teen teen baar parh (ya parhwa) kar paani par dam kar ke piyein اِنْ شَاءَ اللّٰهُ B.P ho ya Sugar aap normal ho jayein ge.

(Muddat-e-Ilaaj: Shifa milne tak rozana aik baar)

20. Kisi bhi Kaam mein Nakami se Bachne ke liye

يَا حَيُّ يَا قَيُّوْمُ

111 baar (awwal aakhir aik baar Durood Shareef)

Parh kar dua maangiye اِنْ شَاءَ اللّٰهُ kamiyabi mile gi.

(Jaiz imtihan, interview, naya karobar shuru karne ke liye aur deegar jaiz muraadon ke liye yeh amal faida mand hai. اِنْ شَاءَ اللّٰهُ)

21. Imtihan mein Kamiyabi ke liye

سُورَةُ الْاٰخِلَاصِ 16 baar (awwal aakhir aik baar Durood Pak) rozana har Namaz ke baad ba-wuzu parh kar dua kijiye. Yeh amal naukri ya mulk se bahar jaane ke interview mein kamiyabi ke liye bhi mufeed hai, basharte ke kahin bhi jhoot aur shariat ki khilaf warzi na ho.

(Muddat: Kaam poora hone tak)

22. Agar koi Tang karta ho to

فَسَيَكْفِيكَهُمُ اللَّهُ وَهُوَ السَّمِيعُ الْعَلِيمُ Rozana subah o shaam sau (100) sau (100) baar (awwal aakhir aik baar Durood Pak) shohar zulm karta ho aur talaaq ki dhamkiyan deta ho to biwi parhe, kisi ko afsar ya seth tang karta ho ya dushman peeche para ho to parhne se إِنَّ شَاءَ اللَّهُ behtareen nataij saamne aayein ge.

(Muraad पूरी hone tak rozana parhiye.)

23. Ghar mein Jhagre hote hon to

يَا وَدُودِ يَا سَلَامُ har Namaz ke baad 100 baar rozana parhiye.

إِنَّ شَاءَ اللَّهُ ghar mein mohabbat bhari fiza qaim hogi.

(Awwal aakhir aik baar Durood Pak parhna hai, ta-husool-e-muraad wazifa jaari rakhna hai)

24. Janwar ko Nazar-e-Bad se Bachane ke liye

يَا اللَّهُ 49 baar parh kar janwar (khususan Baqar Eid ke khoobsurat gaaye bakre waghera) par dam kar dijiye. إِنَّ شَاءَ اللَّهُ nazar nahi lage gi.

25. Har Mushkil ke Hal ka Wazifa

حَمْدُ لَا يُنْصَرُونَ 41 baar

(Awwal aakhir aik martaba Durood Pak)

Shaadi mein rukawat, gharelu jhagron, jadoo, Jinnat ke asraat, cancer aur deegar moozi bimariyon ke ilaaj aur tarah tarah ki pareshaniyon se nijaat ke liye rozana kisi bhi waqt mein parh lijiye. Thore hi dinon mein **إِنْ شَاءَ اللَّهُ** behtareen nataij dekhne ko milein ge (ta-husool-e-muraad rozana parhna hai)

26. Jo Bimar ho who

يَا حَيُّ 1000 baar (awwal aakhir aik baar Durood Pak) parhe **إِنْ شَاءَ اللَّهُ** sehatyaab hoga.

(Shifa milne tak rozana parhna hai)

27. Jab koi Cheez Ghamgeen karti to

Allah Pak ke sab se aakhri Nabi **صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ** saal yeh dua parhte:

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ

(Ya'ni: Aye hamesha zinda rehne wale! Aye hamesha qaim rakhne wale! Main Teri rehmat se madad maangta hoon)¹

Ranj o gham door hone ke liye Fajr ke Sunnat o Farz ke darmiyan

¹ Jam'i Tirmidhi, jild 5, safha 311, Hadith: 3535

40 martaba parhna mufeed hai aur maqrooz rozana kisi bhi waqt din mein 100 baar parhe to qarz se chhutkara paaye ga. **إِنْ شَاءَ اللَّهُ**.

28. Har Aafat Se Hifazat

يَا مُهَيِّئُ 29 baar rozana parhne wala **إِنْ شَاءَ اللَّهُ** har aafat o bala se mehfooz rahe ga.

29. Balaon se Hifazat

يَا اللَّهُ 100 baar sote waqt parhne se **إِنْ شَاءَ اللَّهُ** shareer Jinnat ki shararat aur faalij o laqway ki aafat se hifazat hogi.

30. Gurday se Pathri Nikal Jaye Gi

سُورَةُ الْاَنْعَامِ نَشْرَحْ aur **بِسْمِ اللَّهِ** ke sath aik baar parh kar paani par dam karke pee lein. Rozana aik baar yeh amal karna hai, doosra bhi dam karke de sakta hai.

(Muddat-e-Ilaaj: Ta-Husool-e-Shifa)

Aglay Haftay ka risalah



Faizan-e-Madinah, Muhallah Sodagaran, purani sabzi mandi, Karachi.



+92 21 111 25 26 92



0313-1139278



www.maktabatulmadinah.com / www.dawateislami.net



feedback@maktabatulmadinah.com / ilmia@dawateislami.net