

Haftahwaar risalah



Sukūn-Bakhsh Aayatain



سُكُون بخش آیتیں

Sukūn-Bakhsh Aayatain

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Pehlay Isay Parhain

Allah Rabb-ul-‘Aalamin ka Kalam-e-Pak is qadar dil-nashin aur ruh-parwar hai ke agar koi mohabbat-o-adab ka daman thamay, dil-jam‘i aur yaksooyi ke sath Quran-e-Karīm ki tilawat karte huwe is ke tarjumay par ghaur karay to Allah Pak ki rahmat se us ke dil ko be-had sukūn, chain aur qarar nasib hota hai. Kalam-e-Pak mein aisi rahat hai jaisi dunya ki kisi shai mein nahin, hamara pyara pyara Rab khud irshad farmata hai: Meri yaad mein **“Dilon ka chain”** hai. Is mukhtasar risalay mein chand aisi Ayaat-e-Mubarakah pesh ki gayi hain jo apnay ma‘ni-o-mafhum ke aitebar se bari wazeh aur dilon ko chhu lene wali hain. In Ayaat-e-Karimah mein bil-khusus gham-zadah dilon ke liye tasalli, be-qararon ke liye qarar, pareshan-halon ke liye chain-o-sukūn aur gham-o-alam ke maaron ke liye rahat-o-shadmani ka saman hai. Shart ye hai ke itminan-e-qalb ke sath pur-sukūn mahol mein in Ayaat-e-Mubarakah aur un ke tarjumay ko zehan-o-dimagh mein dohrayen aur ghaur karain ke Allah Pak apnay bandon se kis qadar mohabbat aur apnayat ka izhar farma raha hai, isi se miltay jultay mauzua‘at ki ayaat ka intikhab ‘arsay se jari tha. Mufti-e-Ahl-e-Sunnat Mufti Muhammad Qasim Attari **مُدَّة ظَلَمَةُ الْعَالِ** ka is tarah ka ek video clip dekha to zehan bana ke ab is kaam ko manzar-e-‘aam par laya jaye. Allah Pak ki taufiq se fil-hal chand Ayaat-e-Mubarakah par mushtamil ye risalah pesh kiya ja raha hai, **ان شاء الله الكريم** ye silsila jari rahay ga. Allah Pak isay sari Ummat ke liye faidah-mand banaye aur meri, meray walidain, asatizah-e-kiram aur Peer-o-Murshid ki be-hisab maghfirat ka zari‘ah banaye.

اٰوِيْنُ بِجَا۟ خَاتِمِ النَّبِيِّۦنَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

Talib-e-Gham-e-Madinah wa Baqi‘-o-Maghfirat

Abu Muhammad Tahir ‘Attari Madani **عَنْهُ**

12 Sha‘ban Sharif 1447 – 01 February 2026

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى خَاتَمِ النَّبِيِّينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ ط

Sukūn-Bakhsh Aayatain

Du‘a-e-‘Attar:

Ya Rabb-e-Karim! Jo koi 19 safhat ka risalah “Sukūn-Bakhsh Aayatain” parh ya sun lay us ki zindagi sukūn aur khushiyon se bhar day aur us ko maan baap aur khandan samet Jannat-ul-Firdaus mein be-hisab dakhilah nasib farma.

أَمِينُ بِجَاهِ خَاتَمِ النَّبِيِّينَ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

Durood Sharif Ki Fazilat

Farman-e-Aakhiri Nabi صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ: “Jis Musalman ke paas sadaqah karne ko kuch na ho usay chahiye ke apni du‘a mein ye keh liya karay:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ عَبْدِكَ وَرَسُولِكَ وَصَلِّ عَلَى الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَالْمُسْلِمِينَ وَالْمُسْلِمَاتِ

To ye Zakat (ya‘ni sadaqah) hai aur Momin kabhi bhalai se sair nahin hota yahan tak ke Jannat us ka thikana hoti hai.”¹

Sharh-e-Hadith: Jo shakhs sadaqah karne par qudrat nahin rakhta us ka Rasool-e-Pak صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ke liye Allah Pak se rahmat ki du‘a karna (ya‘ni Durood-e-Pak bhejna) us ke liye sadaqah hai.²

¹ Ibn-e-Hibban, vol. 2, p. 130, Hadīth 900

² As-Siraj-ul-Munir bi-Sharh Jami‘-us-Saghir, vol. 2, p. 232 Makhuzan

Ae Madinay ke Tajdar salam

Ae gharibon ke Ghamgusar salam

Teri ik ik ada pay ae pyaray

Sau duroodain fida hazar salam¹

صَلُّوا عَلَی الْحَبِیْبِ صَلَّى اللهُ عَلَی مُحَمَّدٍ

Hafizon Par Ta'ajjub Hai

Hazrat Abul Hasan Ahmad bin Abu Hawari رَحْمَةُ اللهِ عَلَيْهِ baray 'ibadat-guzar, dunya se be-raghat buzurg thay, aap farmate hain: Main ne Quran-e-Karīm ki tilawat ki aur us ki ek ek Ayat-e-Mubarakah mein ghaur kiya to meri 'aql hairan reh gayi aur mujhay Quran-e-Karīm ke hafizon par bara ta'ajjub huwa ke wo kaisay sotay hain kaisay chalte phirtay hain aur dunya ke kisi kaam mein kaisay mashghul ho jate hain jabkeh wo Allah Pak ke Kalam-e-Pak ki tilawat karte hain. Jo wo tilawat karte hain agar usay samajhte, us ke haq ko pehchante, us se lazzat hasil karte aur us ke zari'ay se munajat (ya'ni Bargah-e-Khudawandi mein du'ayen) karte to khushi mein un ki nindain ur jatin ke hamain kaisi daulat 'ata hui aur kaisay 'amal ki taufiq di gayi hai.²

Allah Pak ki un par rahmat ho aur un ke sadqay hamari be-hisab maghfirat ho.

اٰوِيْنُ بِجَاہِ خَاتِمِ النَّبِيِّنَّ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

¹ Zauq-e-Na't, p. 170

² Hilyat al-Awliya, vol. 10, p. 21, Number 14354

Meray Rab ka kalam hai Quran

Wah kya baat pyaray Quran ki

صَلُّوا عَلَی الْحَبِیْبِ صَلَّى اللهُ عَلَیْ مُحَمَّدٍ

Ae ‘Aashiqaan-e-Quran! Allah Pak ne apnay sab se pyaray pyaray aur aakhiri Nabi Makki Madani Muhammad-e-‘Arabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ par apni sab se afzal kitab “Quran-e-Karīm” nazil farmayi, ye wo ‘azmat, barakat aur rahmat wali kitab hai ke is mein har shai ka bayan maujud hai, is Kalam-e-Pak mein ghaib ki khabarain, dunya-o-aakhirat behtar bananay ke tariqay aur Mominon ke liye bari bari khush-khabriyan hain. Ae kaash! Rozanah Tilawat-e-Quran-e-Karīm karna hamara ma‘mul ban jaye aur hamain bhi Kalam-e-Pak ki haqiqi lazzat nasib ho jaye. آمین

20 Martaba Dohraya

Sahabi-e-Rasool Hazrat Abu Hurairah رَضِيَ اللهُ عَنْهُ farmate hain: Main ne Nabi-e-Karim صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ki bargah mein dauran-e-safar ek raat guzari to Aap صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ne “بِسْمِ اللهِ الرَّحْمَنِ الرَّحِيمِ” parhi, phir Aap صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ roye yahan tak ke zamin par tashrif lay aaye, phir 20 martaba “بِسْمِ اللهِ الرَّحْمَنِ الرَّحِيمِ” parhi, har baar jab Aap صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ parhte to rotay yahan tak ke zamin par tashrif lay aatay phir irshad farmaya: Jis par Rahman-o-Rahim rahm na farmaye zarur wo shakhs nuqsan uthanay walon mein se hai.¹

Is Hadith-e-Pak ki sharh mein hai ke Nabi-e-Karim صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ne “بِسْمِ اللهِ الرَّحْمَنِ الرَّحِيمِ” ke ma‘ani mein ghaur-o-fikr karne ke liye isay dohraya kyunke

¹ Akhlaq-un-Nabi lil-Asbahani, p. 111, Hadith 551

ye Quran-e-Karīm ke saray raazon ko shamil hai.¹

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Hamare Pyaray Aqa صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ Sahib-e-Quran hain aur Aap ko Quran-e-Karīm ke tamam raazon ka ‘ilm hai, Aap صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ Kalam-e-Pak ke haqiqi ma‘ni-o-mafhum ko samajhte thay, apni Ummat ki ta‘lim-o-islah ke liye is tarah ke kayi waqi‘at Ahadith-e-Mubarakah mein bayan huwe hain.

Lazzat-e-Quran Se Be-Ikhtiyar Rotay

Tamam Musalmanon ki pyari Ammi Jaan Hazrat Bibi ‘Aishah Siddiqah رَضِيَ اللهُ عَنْهَا se riwayat hai ke meray walid-e-mohtaram Hazrat Abu Bakr Siddiq رَضِيَ اللهُ عَنْهُ jab Quran-e-Karīm ki tilawat farmate to Aap رَضِيَ اللهُ عَنْهُ ko apnay aansuon par ikhtiyar na rehta (ya‘ni zar-o-qatar ronay lag jate).²

Kalamullah Ki Lazzat

Pyaray pyaray Islami bhaiyo! Ye haqiqat hai ke heeray ki qadr jauhari (ya‘ni heeray ki pehchan rakhne wala) hi jaan sakta hai, isi tarah Allah Pak ke Kalam-e-Pak Quran-e-Karīm mein ghaur-o-fikr karna har kisi ke bas ki baat nahin balke ye sirf ‘Ulama-e-Kiram كَثَرَهُمُ اللهُ (ya‘ni Allah Pak in ki ta‘dad barhaye) hi kar sakte hain kyunke un ke paas ghaur-o-fikr wali soch, ‘aql aur samajh hoti hai, Allah Pak ke fazl-o-karam se agar hamain bhi Quran-e-Karīm ki tilawat aur is ke ma‘ani-o-mafahim ki haqiqi ma‘rifat (ya‘ni pehchan) nasib ho jaye to is Kalam-e-Pak mein aisi lazzat hai jaisi dunya ki kisi shai mein nahin balke dil karay bas tilawat-e-Quran-e-Karīm hi karte rahain, Musalmanon ke teesray Khalifah Hazrat ‘Usman-e-Ghani رَضِيَ اللهُ عَنْهُ ke baray mein hai ke Aap رَضِيَ اللهُ عَنْهُ Quran-e-Karīm ki itni ziyada tilawat karte thay ke Quran-e-Karīm ka nuskha

¹ Ithaf-us-Sadah, vol. 5, p. 89

² Shu‘ab-ul-Iman, vol. 1, p. 493, Hadith 806

(kasrat-e-istimal) se shaheed ho gaya.¹ Aap رَضِيَ اللهُ عَنْهُ farmate hain: “Agar tumharay dil paak hotay to Quran-e-Karīm se kabhi sair na hotay aur mujhay koi bhi din ya raat Quran-e-Majid ki tilawat kiye baghair guzarna pasand nahin.”² Allah Rabb-ul-‘Izzat ki un par rahmat ho aur un ke sadqay hamari be-hisab maghfirat ho.

اٰمِيْنَ بِجَاہِ خَاتَمِ النَّبِيِّينَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

سُبْحَانَ اللهِ! Kaash! Jami‘-ul-Quran, Musalmanon ke teesray Khalifah Hazrat ‘Usman bin ‘Affan رَضِيَ اللهُ عَنْهُ ke sadqay hamain bhi Tilawat-e-Quran ka shauq-o-zauq nasib ho jaye. Kaash! Hamain bhi haqiqi lazzat-e-Quran aur ruhani sukūn hasil ho jaye.

Tumhain ko Jami‘-e-Quran ka Haq ne diya mansab

‘Ata Quran ko kar ke jama‘ ki Ummat ko aasani’³

Kanon Mein Ungliyan Daal Lete

Riwayat mein hai ke Allah Pak ke pyaray Nabi Hazrat Musa Kalimullah عَلَيْهِ السَّلَام jab Koh-e-Toor par Allah Pak se hum-kalam ho kar wapas logon mein tashrif laata to (Allah Pak se hum-kalami se milne wali lazzat ke sabab) logon ki batain sunne se wahshat farmate aur apnay mubarak kanon mein ungliyan daal lete.⁴

Pyaray pyaray Islami bhaiyo! Ambiya-e-Kiram عَلَيْهِمُ السَّلَامُ, Sahaba-e-Kiram رَضِيَ اللهُ عَنْهُمْ aur Awliya-e-‘Izam رَحِمَهُمُ اللهُ ke aisay be-shumar waqi‘at kitabon mein maujud hain, jin mein wo sari sari raat Kalamullah ki lazzat se lutf-andoz hotay aur is lazzat mein aisa zauq patay ke unhain tawil raton ke guzar janay ka

¹ Al-Bidaya wan-Nihaya, vol. 5, p. 307

² Hilyat-ul-Awliya, vol. 7, p. 350, Raqam 10813

³ Wasail-e-Bakhshish, p. 584

⁴ Minhaj-ul-‘Abidin, p. 44

pata tak na chalta.

Ek taraf in Hazrat-e-Qudsiyah ki pakizah kaifiyat thin aur ek hum hain, awwal to hum gunah-garon ko Quran-e-Karīm ki tilawat ki sa‘adat kam hi nasib hoti hai agar taufiq mil jaye to dil hota hai ke jaldi jaldi Khatm-e-Quran ho jaye. Barha zaban se Quran-e-Karīm parh rahe hotay hain lekin dil dunya ke khayalat aur zehan nit naye tasawwurat mein mashghul hota hai. Be-tawajjuhi aur be-dili ke sath Allah Pak ke Kalam ki tilawat karne walon ke baray mein ek ‘ibrat-nak riwayat parhiye aur ‘ibrat ka saman kijiye:

Kya Teray Nazdik Mera Koi Martabah Hi Nahin?

Hazrat Sheikh Abu Talib Makki رَحْمَةُ اللهِ عَلَيْهِ farmate hain ke main ne Taurat mein Allah Pak ka ye farman parha, Allah Pak banday se irshad farmata hai: “Ae meray banday! Kya tujhay mujh se haya nahin aati? Agar tu paidal chal raha ho aur teray paas kisi dost ya bhai ka khat aa jaye to tu usay parhne ke liye raastay se hat kar baith jata hai, phir us ke ek ek harf ko ba-ghaur parhta hai ke kahin koi shai reh na jaye aur ye Meri Kitab hai, Main ne isay teri taraf nazil kiya hai, zara dekh to sahi! Main ne tujhay is kitab mein kitne ahkam ‘ata kiye hain aur unhain baar baar zikr kiya hai ta-ke tu in mein ghaur-o-fikr karay? Phir bhi tu a‘raz kiye (munh moray) huwe hai. Kya Meri haisiyat teray nazdik apnay in bhaiyon se bhi kam hai? Ae meray banday! Jab tera koi bhai teray paas baithta hai to tu us ki janib mukammal taur par mutawajjah ho jata hai aur us ki baat dil se sunta hai ke agar koi shakhs tujh se baat karay ya kisi dusray kaam mein mashghul karne ki koshish karay to usay isharay se chup kara deta hai aur idhar Main tujh par Nazar-e-Rahmat farmata hoon aur tujh se khitab karta hoon lekin tu hai ke Mujh se apnay dil ko moray huwe hai, pas tu ne Mujhay apnay bhai se bhi kam martabah samajh rakha hai.¹

¹ Qut al-Qulub, vol. 1, p. 109

Mubarak Kitab

Pyaray pyaray Islami bhaiyo! Tilawat-e-Quran-e-Karīm dil-jam‘i, khush-dili aur ‘aajizi-o-inkisar ke sath kijiye aur sath mein Tarjumah-e-Kanz-ul-Iman ya Aasan Tarjuma-e-Quran Kanz-ul-‘Irfan pesh-e-nazar ho to ba‘z Ayaat-e-Mubarakah ma‘ni ke a‘etabar se is qadar ‘aam-fahm (ya‘ni jald samajh aanay wali) hoti hain ke bandah thori der thehar kar ghaur karay to usay samajh aa jaye ga ke **“Mera Karim Rab mujh se kya farma raha hai”** isi tarah ba‘z Ayaat-e-Mubarakah is qadar dil ko rahat aur sukūn pohanchane wali basharaton (ya‘ni khush-khabriyon) par mushtamil hoti hain ke agar ghaur-o-fikr karain to Rahmat-e-Khudawandi se ankhon se aansu jari ho jayen ke kahan main ghafil aur sust bandah aur kahan mera Rahim-o-Karim Parwardigar. Tilawat karte huwe ronay ki koshish karni chahiye ke Hadith-e-Pak mein hai: Be-shak ye Quran huzn ke sath utra hai, is liye jab tum isay parho to ro aur agar ro na sako to ronay jaisi shakal banao.¹

Gham Ki Kaifiyat Paida Karne Ka Tariqah

Tilawat-e-Quran-e-Karīm ke waqt dil mein gham paida karne ka tariqah ye hai ke bandah Quran-e-Karīm mein maujud nasihaton, daranay wali baton aur wa‘don ko yaad karay, phir Allah Pak ke ahkam aur mana‘ ki hui baton ke baray mein apni kotahiyon par ghaur karay to yaqinan us ke dil mein gham paida hoga aur ankhon se aansu nikal aayen ge. Aur agar na gham ho aur na aansu aayen jaisa ke saaf dil walon ke dil ro partay hain to phir usay na ronay aur ghamgin na hone par rona chahiye kyunke ye (ya‘ni dil ki sakhti) sab se bari musibat hai.²

Kabhi Is Tarah Bhi Kijiye

Allah Pak ke Kalam ki tilawat ke waqt zahiri-o-batini aadab ka khayal rakhte huwe ghaur-o-fikr karain ke Tilawat-e-Quran se yahi maqsud hai, Quran-e-

¹ Ibn-e-Majah, vol. 2, p. 129, Hadith 3731

² Ihya-ul-‘Ulum, vol. 1, p. 368

Karīm mein kitni Ayaat-e-Mubarakah mein ghamzadon ke liye rahaton ka bayan hai kitni Ayaat-e-Mubarakah mein be-saharon ke liye aasra hai. Zara ghaur kijiye ke Allah Rabb-ul-‘Aalamin ne meri zaat mein apni kitni ni‘matain rakhi hain, Rab-e-Karim ne is dunya mein meray liye kitni aasayishain paida farmayi hain agar main apni is mukhtasar zindagi ko Us ki raza ke mutabiq guzaroon to meray liye Qabr-o-Hashr mein aisi ‘aish-o-‘ishrat ka saman hoga jisay na kisi ankh ne dekha aur na kisi kaan ne suna. Meray Rab-e-Karim ne Quran-e-Karīm ki surat mein meri rahnumai ke liye kitni ‘azmat-o-shan wali kitab mujhay ‘inayat farmayi hai. Is ba-barakat kitab ki ziyarat kar ke zara tasawwur to kijiye ke ye wo pakizah kitab hai jis ke Allah Pak ke Kalam hone mein zarrāh barabar bhi shak nahin, is Kalam-e-Pak ka maqam-o-martabah is qadar buland hai ke is muqaddas kitab ko chhunay ke liye tahir (ya‘ni paak) hona zaruri hai, har kas-o-na-kas is muqaddas kitab ko hath nahin laga sakta balke hukm hai ke pehlay wudu kar ke zahiri taur par saaf suthra ho kar phir Kalam-e-Pak ko chhuye.

Ab Quran-e-Karīm hath mein lay kar zara tasawwur kijiye ke yaqinan ye wo Kalam-e-Pak hai jis ka ek ek harf hamare Pyaray aur Aakhiri Nabi Makki Madani Muhammad-e-‘Arabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ki zaban-e-mubarak se ada huwa hai, main apnay Rab ka kis tarah shukr ada karoon ke Us ne mujhay ye Kalam-e-Pak na sirf parhne ki ijazat ‘ata farmayi hai balke parhne, ziyarat karne, chumnay aur chhunay (Touch) par meray liye bohat ziyada ajr-o-sawab rakha hai meray Rab ka mujh par kitna bara ehsan hai.

الْحَمْدُ لِلَّهِ عَلَىٰ إِحْسَانِهِ وَكَرَمِهِ

Kalam-e-Pak Ko Chumna Kaisa?

A‘la Hazrat, Imam-e-Ahl-e-Sunnat, Maulana Shah Imam Ahmad Raza Khan رَحْمَةُ اللهِ عَلَيْهِ farmate hain: Mushaf (ya‘ni Quran) Sharif ko ta‘ziman sar aur ankhon aur sinay se lagana aur bosah dena jaiz-o-mustahab hai ke wo A‘zam Sha‘air (ya‘ni Allah Pak ki sab se bari nishaniyon mein) se hai aur Ta‘zim-e-Sha‘air

Taqwa-ul-Qulub (ya'ni dilon ki parhezgari) se.¹

Musalmanon ke dusray Khalifah, Hazrat 'Umar Faruq-e-A'zam رَضِيَ اللهُ عَنْهُ rozanah subh ko Mushaf (ya'ni Quran-e-Karīm) ko chumtay thay aur farmate: Ye meray Rab ka 'ahd aur Us ki kitab hai. Musalmanon ke teesray Khalifah Hazrat 'Usman-e-Ghani رَضِيَ اللهُ عَنْهُ bhi Quran-e-Karīm ko chumtay aur chehray se mass (Touch) karte thay.²

Pyaray pyaray Islami bhaiyo! Sahaba-e-Kiram رَضِيَ اللهُ عَنْهُمْ ke mubarak andaz hamare liye Role Model (ya'ni behtarin misal) hain. Kaash! Hum bhi rozanah kam az kam ek martaba Quran-e-Karīm ko hath mein lain, chumain aur ankhon se lagayen. Allah Pak ki rahmat se kya ba'id ke is ki barakat se Qiyamat ke din hamare jism ke wo a'za jo Quran-e-Karīm se mass huwe hon unhain Jahannam ki aag na chhuye, jab un a'za ko Aatish-e-Dozakh nahin chhuye gi to phir bhala dusray a'za ko kaisay jalaye gi?

Naar-e-Dozakh mein wo na jaye ga

Bagh-e-Jannat Khuda se paye ga

Jo haqiqi hai 'Aashiq-e-Quran

Wah kya baat Maah-e-Quran ki

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Qurani Asrar-o-Rumooz

Ek buzurg رَضِيَ اللهُ عَنْهُ farmate hain: Main ek Surat shuru karta hoon aur us mein aisi baat ka mushahadah karta hoon ke subh tak khara rehta hoon aur wo Surat

¹ Fatawa Razawiyyah, vol. 22, p. 563

² Durr-e-Mukhtar, vol. 9, p. 634

mukammal nahin hoti. Isi tarah ba‘z buzurg jab Quran-e-Karīm ki koi Aayat parhte aur dil us ki taraf mutawajjah na hota to usay dubara parhte.¹

Zalim Ke Liye Tīr Aur Mazlum Ke Liye Marham

Karoron Shafi‘iyon ke Imam, Hazrat Muhammad bin Idris Al-Ma‘roof Imam Shafi‘i رَحْمَةُ اللهِ عَلَيْهِ farmate hain: Quran-e-Karīm ki har Aayat zalim ke dil mein tīr aur mazlum ke dil ke liye marham hai. ‘Arz ki gayi: Wo kaisay? Irshad farmaya: Allah Pak Para 16, Surat-ul-Maryam mein farmata hai:

وَمَا كَانَ رَبُّكَ نَسِيًّا

“Aur aap ka Rab bhoolnay wala nahin hai.”²

Tootay Dilon Ko Dhaaras Bandhanay Wali Aayat-e-Karimah

Ae ‘Aashiqan-e-Quran! Tairhvain paray mein Surat-ul-Yusuf ki Aayat number 86 mein Allah Pak ke pyaray Nabi Hazrat Ya‘qub عَلَيْهِ السَّلَام ki kamal ‘aajizi-o-inkisar ka zikr hai, chunanche Allah Pak farmata hai:

قَالَ إِنَّمَا أَشْكُوا بِنِّي وَحُزْنِي إِلَى اللَّهِ

Ya‘qub ne kaha: Main to apni pareshani aur gham ki faryad Allah hi se karta hoon.³

Barah-e-Karam Is Aayat-e-Mubarakah Ke Muta‘alliq Thehariye, Zara Ghaur Kijiye!!!

Ho sakta hai aap kisi mushkil mein phansay hon, kisi bimari ka shikar hon, kisi

¹ Ihya-ul-‘Ulum, vol. 1, p. 375

² Al-Quran, Maryam, verse 64; translation from Kanz al-‘Irfān

³ Al-Quran, Yūsuf, verse 86; translation from Kanz al-‘Irfān

aafat-o-musibat se do-char hon, kisi aazma`ish ki ghari se guzar rahe hon ya qarzay ke bojh ne logon ko munh dikhane ke qabil na chora ho, aisi kisi bhi halat mein zara is Ayat-e-Mubarakah ki tilawat kar ke thora sa rukiye, zara is ke tarjumay ko itminan ke sath parhiye aur tasawwur kijiye ke in mubarak alfaz ke andar kis qadar kaif-o-surur aur Allah Pak par tawakkul aur aitemad ka bayan hai. Is Ayat-e-Mubarakah ke tarjumay ko tasawwur mein rakh kar tanhai mein Bargah-e-Ilahi mein ro ro kar `arz kijiye:

“Ae meray Maula! Main to apni pareshani aur gham ki faryad Tujh hi se karta hoon. Ae meray Maula! Main kis haal mein hoon Tujhay sab ‘ilm hai.”

Shayad tangi-e-halat aur iztirabi kaifiyat se be-sakhtah aap ki ankhon se tap tap aansu gir parain yaqin maniye ye qabuliyat-e-du`a ke lamhat hain, is waqt rahmatay nazil ho rahi hain, inhen ghanimat janain aur apnay dil ki tamannayen jaiz du`ayen Bargah-e-Rab-ul-‘Izzat mein pesh kijiye Wo Rahim-o-Karim Zaat hamari taraf har waqt har aan mutawajjah hai sirf hamain tawajjuh karni hai, bas phir dekhain kaisay aap ki uljhanain sulajhne lagti hain:

Maulana Hasan Raza Khan رَحْمَةُ اللهِ عَلَيْهِ farmate hain:

Kyun kar na meray kaam banain ghaib se Hasan

Bandah bhi hoon to kaisay baray kar-saaz ka¹

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Be-Saharon, Dukh Dard Ke Maaron Ke Liye Khush-khabri

Allah Pak Para 20 Surat-un-Naml Aayat number 62 mein irshad farmata hai:

أَمَّنْ يُجِيبُ الْمُضْطَرَّ إِذَا دَعَاهُ وَيَكْشِفُ السُّوءَ

¹ Zauq-e-Na`t, p. 18

“Ya Wo behtar jo majbur ki faryad sunta hai jab wo Usay pukaray aur burai taal deta hai.”¹

Allah Pak ke is Farman-e-‘Aali Shan ki tafsīr mein ek ‘Arif (ya‘ni Allah Pak ki pehchan rakhne walay buzurg رَحْمَةُ اللَّهِ عَلَيْهِ) farmate hain: Yahan majbur-o-lachar se murad wo shakhs hai jo Bargah-e-Khudawandi mein hazir ho kar du‘a maangay to apnay aur Allah Pak ke darmiyan apni kisi neki ki taraf na dekhay ke jis ke sabab wo kisi shai (ya‘ni in‘am) ka haq-dar ban sakta ho balke yun ‘arz karay: Ae meray Parwardigar! Mujhay baghair kisi badlay ke wo shai ‘ata farma.² Sufiya-e-Kiram رَحْمَةُ اللَّهِ farmate hain ke dil ki be-qarari qabul-e-du‘a ke liye iksir (ya‘ni bohat asar rakhne wali) hai.

Barah-e-Karam Is Ayat-e-Mubarakah Ke Muta‘alliq Thehariye, Zara Ghaur Kijiye!!!

Zara ghaur kijiye! Allah Pak is Ayat-e-Mubarakah mein apnay tamam bandon ko kis qadar apnay fazl-o-karam se dhaaras bandha raha hai, Wo du‘ayen sab ki sunta hai lekin majbur aur be-sahara ki du‘a khususiyat ke sath sunta hai aur na sirf sunta hai balke us ki du‘a qubool farma kar us ko pareshan karne wali har chiz ko us se dur kar deta hai.”

Akelay mein mukammal yaksooyi ke sath Quran-e-Karīm ki ziyarat karte huwe ye Ayat-e-Mubarakah ya is ka tarjumah parhiye aur phir ek ek kar ke apni pareshaniyon, dukhon, ghamon, apnay rukay huwe kamon aur apni ya apnay pyaron ki bimariyon balke aisay amraz jin ke baray mein doctoron ne jawab day diya ho in sab ko zehan mein layiye aur is Ayat-e-Mubarakah ka wird karte huwe Bargah-e-Ilahi mein ‘arz kijiye:

Ae meray Malik! Main kamzor, natawan, be-sahara, gham ka mara, dar dar ka thukraya Teri bargah mein hazir huwa hoon Teri Bargah-e-Be-Kas-Panah mein

¹ Al-Quran, Al-Naml, verse 62; translation from Kanz al-‘Irfān

² Qut al-Qulub, vol. 2, p. 586

har mujrim ko panah mil jati hai main Teray Nabi ka Ummati, Tera bandah Teri bargah mein apni majburi laya hoon mujhay dar dar ki thokaron se bacha lay meray Maula mera Teray siwa koi nahin. Tu hi mera sahara hai. Phir dekhiye dil ko kis qadar sukūn aur rahat hasil hoti hai. Maulana Hasan Raza Khan رَحْمَةُ اللَّهِ عَلَيْهِ ne kitni pyari baat kahi hai:

Is be-kasi mein dil ko miray tek lag gayi

Shohrah suna jo rahmat-e-be-kas-nawaz ka'

Kabhi Mahrum Nahin Raha

Allah Pak ke pyaray Nabi Hazrat Zakariyya عَلَيْهِ السَّلَام ne Bargah-e-Ilahi mein nek betay ke liye du'a maangi, us mubarak du'a mein nihayat 'aajizi-o-inkisar ka izhar karte huwe aur Rahmat-e-Ilahi par baray naaz bharay andaz se 'arz karte hain:

وَلَمْ أَكُنْ بِدُعَائِكَ رَبِّ شَقِيًّا

Aur Ae meray Rab! Main Tujhay pukar kar kabhi mahrum nahin raha.

Barah-e-Karam Is Ayat-e-Mubarakah Ke Muta'alliq Thehariye, Zara Ghaur Kijiye!!!

Pyaray pyaray Islami bhaiyo! Allah Pak du'aon ko zarur qubool farmata hai bil-khusus nekon ki aur un se bhi barh kar Ambiya-e-Kiram عَلَيْهِمُ الصَّلَاةُ وَالسَّلَام ki, magar in mubarak alfaz par ghaur kijiye ke Allah Pak par kis qadar Yaqin-e-Kamil (ya'ni puray yaqin) aur Tawakkul ka izhar hai, aaj agar hum bhi apni aazmaishon, aafaton, musibaton mein dar-ba-dar ki thokarain khanay aur mukhtalif sifarishon se apnay masail hal karanay ke bajaye sab se pehlay Allah Pak ki bargah mein puray yaqin ke sath giryah-o-zari kar ke 'arz karain, kya ba'id

¹ Zauq-e-Na't, p. 17

hawa mein uthay hath abhi nichay na aayen aur hamari zaruriyat-o-hajat ko pura kar diya jaye lekin is ke liye Yaqin-e-Kamil shart hai. Agar aulad-e-narinah ki tamanna ho to Bargah-e-Rab-ul-‘Izzat mein du‘a maang kar nihayat ‘aajizi ke sath girgiratay huwe Hazrat Zakariyya عَلَيْهِ السَّلَام ke ada kiye huwe ye mubarak alfaz dohrayiye ho sakta hai aap par bhi karam ka darwazah khul jaye aur dil ki muradain puri ho jayen. Ameer-e-Ahl-e-Sunnat Bani-e-Dawat-e-Islami Hazrat ‘Allamah Maulana Muhammad Ilyas Attar Qadri دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةَ ‘arz karte hain:

Hath uthtay hi bar aaye har mudda‘a

Wo du‘aon mein Maula asar chahiye¹

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Jab Zalim Ke Zulm Se Thak Jayen

Khuda-na-khwasta kabhi zalim ke zulm-o-sitam bardasht kar ke himmat jawab day jaye to Hazrat Nooh Najiullah عَلَيْهِ السَّلَام ke ada kiye huwe mubarak alfaz jo is Ayat-e-Mubarakah mein hain unhain ya un ke tarjumay ko parh kar apnay dil ko dhaaras dijiye. Para 27 Surat-ul-Qamar Aayat number 10 mein hai:

أَنَا مَغْلُوبٌ فَأَنْتَصِرُ ﴿١٠﴾

Main maghlub hoon to Tu (mera) badlah lay.²

Barah-e-Karam Is Ayat-e-Mubarakah Ke Muta‘alliq Thehariye, Zara Ghaur Kijiye!!!

Is Ayat-e-Mubarakah ka tarjumah zehan mein rakhte huwe Bargah-e-Ilahi mein

¹ Wasail-e-Bakhshish, p. 513

² Al-Quran, Al-Qamar, verse 10; translation from Kanz al-‘Irfān

‘arz kijiye: Ya Allah Pak! Main zalim ke zulm-o-sitam se thak chuka, mujh mein is se muqablay ki taqat nahin Tu hi mera sab kuch hai Maula main maghlab hoon to Tu mera badlah lay.

Meray Malik-o-Maula! Nafs-o-Shaitan baray sarkash aur zalim hain ye gunahon mein muftala kar ke mujhay halakat ke ge hray garhay mein dhakelna chahte hain meray andar in se larai ki taqat nahin, Maula Tu mera badlah lay, mujhay himmat day, mujhay taqat day ke main in zalimon ke changul se nikal kar Teri rah pay chal sakoon, Teray Pyaray Pyaray Aakhiri Nabi Makki Madani Muhammad-e-Arabi صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ ki Sunnaton par chaloon, Neki Ki Da‘wat doon, Dawat-e-Islami ke deeni kaam karoon, gunahon se bachoon, Teray Pak Ghar (ya‘ni Masjid) aabad karne ke liye sab ko Namaz ki da‘wat doon, Fajr ke liye bhi jaga`oon, Maula Nafs-o-Shaitan ghalib aa gaye, main maghlab ho gaya, Ae meray Maula! Tu mera badlah lay.

Shaitan Kutta Hai

Imam Muhammad bin Muhammad bin Muhammad Ghazali رَحْمَةُ اللهِ عَلَيْهِ apni kitab “Minhaj-ul-‘Abidin” mein likhte hain: Ek buzurg رَحْمَةُ اللهِ عَلَيْهِ ne farmaya: Shaitan ko bhaganay ka yahi tariqah hai ke Allah Pak ki panah maangtay raho kyunke shaitan ek kutta hai jisay Allah Pak ne tum par musallat kiya hai agar tum is se larne aur isay dur bhaganay mein lag gaye to thak jao ge aur ye kutta tum se jeet kar tumhain kaatay ga aur zakhmi kar day ga lihaza is kuttay ke Malik ya‘ni Allah Rab-ul-‘Izzat ki taraf ruju` karna hi ziyada behtar hai takay Wo usay tum se dur kar day.¹

Nafs-o-shaitan ho gaye Ghalib

In ke changul se Tu chura Ya Rab²

صَلَّى اللهُ عَلَى مُحَمَّدٍ

صَلُّوا عَلَى الْحَبِيبِ

¹ Minhaj-ul-‘Abidin, p. 46

² Wasail-e-Bakhshish, p. 79

Allah Pak Ke Hawalay

Ye sach hai ke “Taqdir ki girah tadbir ke nakhun kabhi nahin khol sakte” Allah Pak ne jo kuch hamare muqaddar mein likh diya hai wo har surat mein hamain mil kar rahay ga lekin agar hum Allah walon ke andaz-o-waqi‘at parhain to hairan reh jayen ke kis tarah unhon ne apnay tamam mu‘amalat Sipurd-e-Ilahi kiye huwe thay aur un ke kaam bantay hi chalay gaye. Hazrat Ibrahim Khalilullah عَلَيْهِ السَّلَام Tafwiz ke a‘la maqam par pohanchay huwe thay Aap عَلَيْهِ السَّلَام ko shaheed karne ke liye jab bad-bakht Namrud ne dunya ki sab se bari aag jalayi aur Aap ko is mein dala to aag mein pohanchne se pehlay farishton ke sardar Hazrat Jibrail-e-Amin عَلَيْهِ السَّلَام ne hazir ho kar ‘arz ki: Mujh se madad ki zarurat ho to fermaye to Aap عَلَيْهِ السَّلَام ne farmaya: Madad ki zarurat hai magar aap se nahin apnay Rab se hai. Hazrat Jibrail عَلَيْهِ السَّلَام ne ‘arz ki phir Usi ki bargah mein ‘arz kijiye: Aap عَلَيْهِ السَّلَام ne is par jo jawab irshad farmaya wo sunehri huruuf se likhne wala hai Aap عَلَيْهِ السَّلَام ne irshad farmaya: Meray haal ki meray Rab ko khabar hai mujhay ‘arz karne ki hajat nahin.¹

Janta hai mera Rab-e-Jalil

Aag mein jata hai Us ka Khalil

Pyaray pyaray Islami bhaiyo! Jis kaam mein khatray ka khauf ho us mein ye iradah karna ke Allah Pak behtari ki hifazat farmaye. Isay Tafwiz kehte hain aur ye Tasawwuf ki ek khaas istilah hai, yaqinan Bargah-e-Ilahi mein du‘a karna taqdir ke khilaf nahin hai lekin hum to apnay mu‘amalat ke baray mein sochte sochte Over Thinking (ya‘ni gehri soch) ka shikar ho jate hain, beti paida hone ki khabar mil jaye to koi nadan usi waqt bachi ki parwarish, jahez aur shadi waghera ke hawalay se soch soch kar jaan halkan kar leta aur beti paida hone par afsos ka izhar karta hai jo ke ghair-Muslimon ka tariqah hai jabkeh beti Allah Pak ki rahmat aur bari ni‘mat hai jis par us ka shukr ada karna chahiye.

¹ Tafsīr Kabir, Para 17, Al-Anbiya, Taht-ul-Ayah: 68, vol. 8, p. 158

Na-janay is tarah ke roz-marrah zindagi ke kitne kaam hain jin ke baray mein bohat pehlay se sochnay lag jate hain aur phir khud hi natijah nikal kar gham-o-alam ke ‘aalam mein gum ho jate hain. Aisay mauqay par Allah Pak ke pyaray pyaray Kalam-e-Pak ki taraf mutawajjah hon aur Para 24 Surat-ul-Mu`min Aayat number 44 se madad letay huwe apnay aap se kahiye: (Jaisa ke irshad hota hai:)

وَأَفِضْ أَمْرِي إِلَى اللَّهِ إِنَّ اللَّهَ بَصِيرٌ بِالْعِبَادِ ﴿٤٤﴾

Aur main apnay kaam Allah ko sonpta hoon, be-shak Allah bandon ko dekhta hai.¹

Barah-e-Karam Is Aayat-e-Mubarakah Ke Muta‘alliq Thehariye, Zara Ghaur Kijiye!!!

Itminan-e-qalb aur yaksooyi ke sath tanhai mein is Aayat-e-Karimah ke tarjumay par ghaur kar ke ek ek lafz ada kijiye aur is lazzat ko mahsoos kijiye jis ka is Aayat-e-Karimah mein bayan hai, is mein maujud alfaz kis qadar himmat-afza aur hosla barhane walay hain. Agar **مَعَادَ اللَّهِ!** Ghar mein aulad ki paidaish par in ki parwarish ke ikhrajat na hone ki surat mein nafs-o-shaitan waswasay dilayen to apnay aap se kahiye: Mera Rab rozanah chiyonti ko kan aur hathi ko man ‘ata farmata hai wo bhala mujhay kaisay mahrum rakhay ga. Waqti aazmaish hai aur ye waqt bhi guzar jaye ga. Ek Whale machhli ki rozanah ki ghiza kayi tan (ton) hai lekin mera Rab-e-Karim samundaron ki teh mein apni us makhluq ko bhi rozi ‘ata farma raha hai, Wo mujhay bhi ‘ata farmaye ga balke dunya mein paida hone walay har jandar ko jitna ‘arsah dunya mein zindah rehna hai utni rozi Us ne un ke muqaddar mein likh di hai aur mil kar hi rahay gi. Lihaza main kyun bachchon ki paida`ish ya beti paida hone par us ke shadi aur jahez waghera ke mu‘amalat par gham karoon jis ne maan ke pet mein inhen ghiza faraham ki hai Wahi inhen dunya mein aanay ke ba‘d bhi rozi ‘ata farmaye ga. Ek shakhs se

¹ Al-Quran, Al-Momin, verse 44; translation from Kanz al-‘Irfān

pucha gaya: Tum kahan se khatay ho? Us ne apnay munh ki taraf isharah kar ke kaha: Jis ne ye chakki banayi hai Wo isay pisanay ke liye ghallah bhi deta hai.¹

Hamari bigri bani Un ke ikhtiyar mein hai

Sipurd Unhin ke hain sab karobar hum bhi hain

Rakh Maula Tay Aas

Hazrat Imam Ghazali رَحْمَةُ اللهِ عَلَيْهِ farmate hain: Jab tum apna mu‘amla Allah Pak ke hawalay kar ke Us se du‘a karo ge ke Wo tumharay liye wo chiz muqarrar karay jis mein tumhari behtari ho to tumhain bhalai aur behtari hi nasib ho gi. Kya tum nahin dekhte ke Allah Pak ke pyaray Nabi Hazrat Musa Kalimullah عَلَيْهِ السَّلَام ne jab ye alfaz:

وَأَفْوِضْ أَمْرِي إِلَى اللَّهِ إِنَّ اللَّهَ بَصِيرٌ بِالْعِبَادِ ﴿٢٢٢﴾

“Aur main apnay kaam Allah ko sonpta hoon, be-shak Allah bandon ko dekhta hai”²

ada farmaye to us ke foran ba‘d agli Ayat-e-Karimah mein maujud hai ke Allah Pak ne unhain Fir‘aun ki buraiyon se bacha liya aur dushmanon par un ki madad farmayi.³

Iraday jin ke pukhtah hon nazar jin ki Khuda par ho

Talatum-khez maujon se wo ghabraya nahin karte

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

¹ Al-Mustatraf, vol. 1, p. 124

² Al-Quran, Al-Mo‘min, verse 44; translation from Kanz al-‘Irfan

³ Minhaj-ul-‘Abidin, p. 246 Mafhuman

Farman-e-Ameer-e-Ahl-e-Sunnat وامامہٴ سنیہ العالیہ

'Eid Ki Khushyan Aur Ghuraba

Mumkin ho to: Apni masjid ke Imam, Mu'azzin aur Khadim, gharib rishtedar aur parosi waghera khususan zarurat-mand Sadat-e-Kiram ki aisi maali tarkeeb farma dijiye ke ye aur un ke bachchay bhi Eid ki khushiyon mein sharik rahain.



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