

How to spend most of our time doing good deeds

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Thought-provoking speech of weekly
sunnah-inspiring ijtima

(For Islamic Brothers)

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
 أَمَا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

How to spend most of our time doing good deeds

الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ وَعَلَىٰ إِلَيْكَ وَأَصْحَابِكَ يَا حَبِيبَ اللَّهِ
 الصَّلَاةُ وَالسَّلَامُ عَلَيْكَ يَا نَبِيَّ اللَّهِ وَعَلَىٰ إِلَيْكَ وَأَصْحَابِكَ يَا نُوْرَ اللَّهِ

نَوَيْتُ سُنَّتَ الْإِعْتِكَافِ

Translation: I have made the intention of Sunnah I'tikaf.

Dear Islamic brothers! Whenever you enter a Masjid, upon remembering, make the intention of I'tikaf because as long as you stay in the Masjid you will keep getting the reward of I'tikaf. Remember! There is no Shar'i permission to eat, drink, sleep, do Sahari and Iftari, or even to drink Zamzam water and the water on which *Dam* has been made in a Masjid. However, if the intention of I'tikaf is made, all these acts will become permissible. One should not make intention to observe I'tikaf only to eat, drink or sleep, but rather he should do it for pleasing Allah Almighty.

It is stated in *Fatawa Shaami*: If someone wants to eat, drink, or sleep in a Masjid, he should make the intention to observe I'tikaf and do Zikr of Allah Almighty for some time; then he can do whatever he wants (i.e. now if he wants to eat, drink or sleep, he can do so.).

The excellence of Salat upon the Prophet ﷺ

The one who shall intercede for the sinners and transgressors, our master, the Messenger of Allah ﷺ has stated:

مَنْ صَلَّى عَلَيَّ فِي يَوْمٍ أَلْفَ مَرَّةٍ لَمْ يَمُتْ حَتَّى يَرَى مَقْعَدَهُ مِنَ الْجَنَّةِ

‘Whosoever recites one thousand Salat upon me in a day, he shall not die until he sees his station in Paradise’ (*Attargheeb Wattarheeb, vol. 2, p. 326, Hadith 2590*)

صَلُّوا عَلَيَّ الْحَبِيبِ صَلَّى اللهُ عَلَيَّ مُحَمَّدًا

Dear Islamic brothers! Before listening to the Bayan, let's first of all make good intentions to please Allah Almighty and to earn reward. The Beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, 'نِيَّةُ الْمُؤْمِنِ خَيْرٌ مِنْ عَمَلِهِ' *The intention of a Muslim is better than his action.* (*Mu'jam-ul-Kabeer, vol. 6, p. 185, Hadith 5942*)

An important point

For righteous and permissible work, the more good intentions we make, the more reward we attain.

Intentions of listening to Bayan

1. In order to gain the knowledge of Deen, lowering my eyes, I will listen to the Bayan attentively.
2. I will sit in the Attahiyyaat position for as long as possible with the intention of showing respect for religious knowledge.
3. When I hear تَوْبُوا إِلَى اللَّهِ، اذْكُرُوا اللَّهَ، صَلُّوا عَلَيَّ الْحَبِيبِ, etc., I will reply loudly with the intention of gaining reward.
4. After the Ijtima', I will approach people to say Salaam, shake hands and make individual efforts upon them.

صَلُّوا عَلَيَّ الْحَبِيبِ صَلَّى اللهُ عَلَيَّ مُحَمَّدًا

Dear Islamic brothers! In today's day and age, full of strife and tribulation, performing good deeds has become difficult, and committing sins has become extremely easy. In addition to this, people no longer make time to perform good deeds. Day and night, they spend their time bettering their livelihood and in the pursuit of more wealth. In summary, a person does not have any free time in the daytime, due to his work. When night arrives, then sleep overcomes him and he spends hours resting on his pillow. Life passes by in this repeated cycle of events. Alongside this, people give thousands of excuses. Sometimes, they say: 'We must earn and have a stable income, if we do not sleep at night then how will we work in the day? If we do not work, where will money come from? What will happen to our children? What will happen to our household? How will our extravagant desires ever be fulfilled?' In short, this turmoil and confusion is prevalent everywhere. In answer to this, in today's speech we shall try to learn about how to spend more time in performing good deeds, **إِنْ شَاءَ اللَّهُ**. May Allah Almighty allow us to listen to the full speech with attention, and may He bless us with the honour of acquiring and acting upon religious knowledge.

أَمِينٌ بِجَاهِ النَّبِيِّ الْأَمِينِ صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

Sayyidah Raabi'ah Basriyyah **رَحْمَةُ اللَّهِ عَلَيْهَا** is a well-known and famous Waliyyah (a female saint), from the second century after Hijrah. She **رَحْمَةُ اللَّهِ عَلَيْهَا** possessed deep-rooted and profound love for Allah Almighty and His Beloved Messenger **صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ**, would cry in the fear of Allah Almighty, spend a great amount of time worshipping Him, and remain awake at night to this end. For fifty years, she did not rest on a bed or lay her head upon a pillow. Her servant, Sayyidah 'Abdah Bint-e-Shawwaal **رَحْمَةُ اللَّهِ عَلَيْهَا** states: 'Sayyidah Raabi'ah **رَحْمَةُ اللَّهِ عَلَيْهَا** would remain engaged in Salah for the entire night. Before Fajr, she would lay upon the prayer mat itself, and would awaken shortly thereafter in a state of concern. She **رَحْمَةُ اللَّهِ عَلَيْهَا** would then say to herself: 'O Nafs, how long will you sleep in this temporary world?' This world is a place of

constriction; why sleep this much therein? Remain awake for a while today, earn good deeds and sleep comfortably in the grave. Nobody shall wake you there, until the Day of Judgement. Act here, rest there.’ She رَحْمَةُ اللَّهِ عَلَيْهَا would then stand and busy herself with performing worship, and spent her entire lifetime in this manner.

(‘Uyoon-ul-Hikayat, p. 103)

صَلَّى اللَّهُ عَلَى مُحَمَّدٍ صَلُّوا عَلَى الْحَبِيبِ

Why fruit fell from a tree

Sayyidah Raabi’ah Basriyyah رَحْمَةُ اللَّهِ عَلَيْهَا states: ‘One night, I recited some Tasbih (litanies involving praising and glorifying Allah Almighty) at the time of Suhoor, and fell asleep thereafter. In a dream, I proceeded to see a lush tree of such height and beauty, which cannot be explained. There were three types of fruit on this tree, each of which I had never seen before. Some were white, some red and others yellow. They shone like the sun and the moon.’ She رَحْمَةُ اللَّهِ عَلَيْهَا further goes on to explain: ‘I developed a great liking for this tree. ‘Whose is this?’, I asked, and it was explained to me, ‘This is yours, as reward for the Tasbih you just recited.’

She رَحْمَةُ اللَّهِ عَلَيْهَا also added to this by stating: ‘I began to walk around the tree, and saw golden fruit upon the floor. I said, ‘How good would it have been, if this fruit was also upon the tree with the others.’ I received this response, ‘They were once attached to the tree. As you recited Tasbih, you began to consider whether the kneaded dough (present in her home) had become yeast or not. At that time, this golden fruit fell from the tree.’ (Qoot-ul-Quloob, vol. 1, p. 183)

O devotees of the Messenger! We are in need of placing this incident in front of us, analysing and reflecting upon it deeply, and then taking a look at ourselves. Sayyidah Raabi’ah Basriyyah رَحْمَةُ اللَّهِ عَلَيْهَا was busy in reciting Tasbih. During this, when her momentary pause to simply think about the kneaded dough had this much effect, our hours and

hours of wasted time, indulging in all forms of useless and pointless activities; what will be the outcome of this? We are unable to wake up from the sleep of negligence, and find ourselves misusing social media, being lost in the love of this world and the never-ending pursuit of money. We find ourselves totally oblivious and uncaring, concerning affairs of the grave and the Hereafter. Instead, we look for every new fashion trend or expensive restaurant to visit; we prioritize luxury, self-indulging entertainment and delay in performing good deeds, or acquiring knowledge. These evils have made us walk upon the path of error and misfortune.

Remember, whether we realise or not, time is speedily passing by and every moment draws one closer to his final outcome: death. In the 30th portion of the Holy Quran, in (Surah Inshiqaq), Allah Almighty states in verse number six:

يَا أَيُّهَا الْإِنْسَانُ إِنَّكَ كَادِحٌ إِلَىٰ رَبِّكَ كَدْحًا فَمُلَاقِيهِ ۚ

O mankind! Indeed, you have to certainly run towards your Lord, then you have to meet Him.

[Kanz-ul-Iman (Translation of Quran)] (Part 30, Surah Al-Inshiqaaq, verse 06)

In Tafseer Noor-ul-Irfan: This verse can be taken to mean, ‘O mankind! Your every breath draws you closer to death and meeting your Rab (He who sustains and provides). *(Tafseer Noor-ul-‘Irfan, Part 30, Surah Al-Inshiqaaq, under verse 6)*

Life is slowly decreasing, the way ice melts

In Tafseer Kabear, it has been mentioned, that a religious elder stated: I learnt the meaning of the second verse of (Surah Al-‘Asr), from an ice salesman. He was exclaiming: ‘إِزْحَبُوا مَعِيَ يَدُوبُ رَأْسِ مَالِيهِ’ ‘People! Be merciful to the one whose goods are melting’ (As in, ‘be merciful to me and purchase my product, as it shall melt soon’). Upon hearing this and

realising the admonition one may acquire from this, I said: ‘This is the meaning of **إِنَّ الْإِنْسَانَ لِفِي خُسْرٍ**’ Translation Kanz-ul-Iman “*Indeed, mankind is surely in loss.*” The life of a human is melting away, in the same fashion as ice. He who does not gather good deeds, shall be in severe harm.’
(*Tafseer Kabeer, Part 30, Surah Al-Asr, under the verse 2, vol. 11, p. 278*)

The purpose of life is to worship Allah Almighty

In the 27th Juz (part) of the Holy Quran, Surah Al-Zaariyaat, verse number 56, Allah Almighty states:

وَمَا خَلَقْتُ الْجِنَّ وَالْإِنْسَ إِلَّا لِيَعْبُدُونِ

And I have created Jinn and human beings only for this, that they should worship Me.

[Kanz-ul-Iman (Translation of Quran)] (Part 27, Surah Al-Zaariyaat, verse 56)

We come to know, that the very essence of humankind is tied together with the action of worshipping Allah Almighty. He who does not perform worship of Allah Almighty has no ties with the true sense of humanity, nor with his actual purpose of existence.

(Anwaar-e-Jamal-e-Mustafa صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ p. 323)

A renowned Sufi, Maulana Jalaluddin Rumi رَحْمَةُ اللهِ عَلَيْهِ states: If a king sends you somewhere to perform any special task, and along the way, you indulge yourself in every other thing besides the task you were appointed for by the king, until you ultimately forget your original goal; Explain, will the king be happy and pleased with you? There is no possible way he will be. In this way, man can forget every single work and action of this world, but should never forget one particular deed. What is this one deed, which he should never forget? This is mentioned in Surah Al-Ahzaab, in the 22nd Juz, in this verse:

إِنَّا عَرَضْنَا الْأَمَانَةَ عَلَى السَّمَوَاتِ وَالْأَرْضِ وَالْجِبَالِ فَأَبَيْنَ أَنْ يَحْمِلْنَهَا وَأَشْفَقْنَ مِنْهَا وَحَمَلَهَا الْإِنْسَانُ

We indeed offered the trust to the heavens and the earth and the mountains, but they refused to bear it and became afraid of it, and man bore it.

[Kanz-ul-Iman (Translation of Quran)] (Part 22, Surah Al-Ahzaab, verse 72)

In this verse, trust refers to Salah, and every such work which brings reward upon doing it, and incurs sin for not doing so. (*Tafseer Jalalayn ma' Haashiyah Saawi, Part 22, Surah Al-Ahzaab, under verse 72, juzz 5, vol. 3, p. 54*) Maulana Rumi رَحْمَةُ اللهِ عَلَيْهِ further states: Observe the earth, skies, and mountains; they are all strong and wondrous creations. The weight of the trust they did not carry, instead was accepted by humankind. This is the reason mankind was granted esteem above the rest of creation, and made the most honourable from it. (*Fihi Maa Fihi, p. 7*) Allah Almighty states:

وَلَقَدْ كَرَّمْنَا بَنِي آدَمَ

And We have indeed honoured the descendants of Adam.

[Kanz-ul-Iman (Translation of Quran)] (Part 15, Surah Bani Israeel, verse 70)

Maulana Rumi رَحْمَةُ اللهِ عَلَيْهِ continues to beautifully discuss this topic by saying: If you say: 'I may not perform this work (meaning, acts of worship), but I do many other things' Then remember, man did not come into this world for other works or actions (besides the worship of Allah Almighty). This is as though:

1. One takes a priceless sword fashioned from the most expensive of iron, which is normally only found in the treasures of a king, and

instead uses it in place of a butcher's knife and cuts meat with it, saying: I have not kept this useless!

2. Or if one was to cook turnip in a golden pot, whereas with just a small portion of the said golden pot, one can buy many normal pots and cook much more food
3. Or, as if one were to place an expensive sword on the wall of his home, and suspend a broken pot from it; is this not a regretful situation? If one desired to hang this pot from a wall, a simple, affordable hook could be used. Does using such an expensive sword for a work like this, make any form of sense? O mankind! Allah Almighty has made you of the highest worth, and He has stated:

إِنَّ اللَّهَ اشْتَرَى مِنَ الْمُؤْمِنِينَ أَنْفُسَهُمْ وَأَمْوَالَهُمْ بِأَنْ لَهُمُ الْجَنَّةَ ط

Indeed, Allah has purchased from the Muslims their wealth and lives in this exchange; that, for them is Paradise.

[Kanz-ul-Iman (Translation of Quran)] (Part 11, Surah Al-Taubah, verse 111)

Allah Almighty has purchased your very being, your time, your soul, your wealth and livelihood; if you were to spend these things in His path and upon His name, then you shall receive the permanent and everlasting gift of Jannah. This is the great value Allah Almighty has granted you. If one was to instead throw himself towards the Hellfire, then this is indeed a great act of oppression upon oneself.

(Fihi Maa Fihi, p. 7)

صَلَّى اللهُ عَلَى مُحَمَّدٍ صَلُّوا عَلَى الْحَبِيبِ

O devotees of the Messenger! We must wake up from heedlessness, as time will not stop for us. We must be prepared and strive greatly towards performing good deeds, otherwise without doubt, a person who does not perform worship is useless and lowly. Using an example,

the great Mufasssir of the Holy Quran, Hakeem-ul-Ummat, Mufti Ahmad Yar Khan Na'eemi رَحْمَةُ اللَّهِ عَلَيْهِ states: Everything of the world was created for a reason. The one who uses something for anything other than its purpose, is considered insane or out of his senses. If one was to wear a cap on his feet, and put shoes on his head, he is undoubtedly out of his senses. In the same way, anything which does not fulfil its purpose, is useless and of no value. If a clock does not even display the time, it becomes eligible to be thrown away. If a goat or cow does not give milk or provide any other benefit, it is handed over to a butcher to be slaughtered. Bearing all of this in mind; mankind was made to perform the worship of Allah Almighty. If they do not fulfil this purpose, they are insane and useless.

He further goes on to explain: If we do not fulfil the purpose of our lives, then come to this understanding; when Namrood claimed to be divine, a mosquito lodged itself inside his brain. This caused him so much worry and pain, that his head would be struck with shoes day and night. This cursed person used his mind for a reason other than its original purpose. Rather than performing the worship of Allah Almighty, he desired for others to worship him instead.

Observe, how shoes which are normally worn on the feet, were upon his head. The one whose head contains the thought of performing the worship of Allah Almighty, wears a crown upon it, and the one who has personal desires in his head, has shoes struck upon it.

(Mawa'iz Na'eemiyyah, pp. 57-59)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

What is the actual honour of mankind?

The father of A'la Hadrat, Maulana Naqi Ali Khan رَحْمَةُ اللَّهِ عَلَيْهِ states: The source of every perfection lies in performing the worship of Allah Almighty. The actual honour of mankind lies in them lowering their head in His court. *(Anwar-e-Jamal-e-Mustafa صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ, p. 323, summarised)*

It is mentioned in a blessed Hadith Shareef: **‘مَنْ تَوَاضَعَ لِلَّهِ رَفَعَهُ اللَّهُ’** *‘Whosoever, for Allah Almighty, lowers himself, Allah Almighty grants him elevation’* (high rank or greatness). *(Kanz-ul-Ummal, Kitab-ul-Akhlaq, Juz 3, vol. 2, p. 50, Hadith 5732)*

In the 22nd Juz of the Holy Quran, in Surah Al-Faatir, verse number 10, Allah Almighty states:

مَنْ كَانَ يُرِيدُ الْعِزَّةَ فَلِلَّهِ الْعِزَّةُ جَمِيعًا ط

Whoever desires honour, so (he should know that) all honour belongs to Allah.

[Kanz-ul-Iman (Translation of Quran)] (Part 22, Surah Al-Faatir, verse 10)

Sayyiduna Qatadah رَضِيَ اللَّهُ عَنْهُ explains regarding this verse: **‘مَنْ كَانَ يُرِيدُ الْعِزَّةَ فَلْيَتَعَزَّزْ بِطَاعَةِ اللَّهِ’** *‘Whoever desires honour, he should seek this by obeying Allah Almighty’*, this means that honour comes from serving and obeying Allah Almighty. *(Tafseer Khaazin, Part 22, Surah Al-Faatir, under verse 10, vol. 3, p. 453)*

The father of A’la Hadrat رَحِمَهُ اللَّهُ عَلَيْهِ furthermore states: Whosoever performs worship, Allah Almighty loves them, they receive esteem, all of their works are fulfilled, they attain the help of Allah Almighty during difficulties, they are saved from the evil of their enemies, panic and worry is removed from their heart, they are granted great strength, their hearts are expanded, they learn knowledge with utmost ease, their love is placed in the hearts of creation, and they are destined to receive barakah to the extent that, people seek barakah from their clothing and home and take benefit from this.

Furthermore, the one who is engaged in worship, becomes **‘مُسْتَجَابُ الدَّعَوَاتِ’**, meaning all of his supplications are accepted. By performing worship, their soul becomes fresh and strengthened. According to doctors, there is nothing better than performing worship,

in order to maintain and safeguard one's health. The one who strives in his devotion to Allah Almighty, his heart remains happy and his body remains healthy. The one busy in the worship of Allah Almighty, remains protected from the difficulties of death, he receives steadfastness upon faith, he attains the mercy of Allah Almighty, angels safeguard him from punishment in the grave and teach him the answers to the questions of 'كَذَّبِينَ', his grave is made luminous, enlightened and wide, he shall have a crown upon his head on the Day of Judgement, he shall come to the plain of Mahshar whilst riding a Buraaq, he will not be held to account regarding his deeds, and if he was held to account, it shall be easy for him, he will receive water from the reservoir of Kawsar and never feel thirsty again after drinking this, he shall easily pass the bridge of Siraat, he will be honoured with attaining the pleasure of Allah Almighty, he shall be under the shadow of the 'Arsh on the Day of Judgement, and the greatest blessing for him out of every blessing shall be: On the Day of Judgement, the one who was busy and engaged in the worship of Allah Almighty, will be honoured to see Allah Almighty Himself, and this is the greatest blessing of all (*Anwar-e-Jamal-e-Mustafa صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ*, p. 334, summarised)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Ten Madani pearls about how to spend most of our time performing good deeds

O devotees of the Prophet. We have heard about the importance of time and worship. Hopefully this is developing the mindset to spend most of our time doing good deeds. Let us listen to ten Madani pearls about how to earn abundant good deeds in a short space of time:

First method: Dear Islamic brothers. if we want to truly value time and spend most of it in performing good deeds, then we have to abandon sins for this cause. Sins are a fire which burn valuable moments and turn them into ashes. To preserve time and earn good deeds, we need

to abandon sins right away otherwise this fire of sins will completely destroy us. The father of Ala hazrat, Mawlana Naqi Ali Khan رَحْمَةُ اللَّهِ عَلَيْهِ states: O beloved! Sins are in reality a fire, and the actual abode of fire is Hell. Thus, when the fire of sin ignites in the heart, it pulls a person towards hellfire. The second Khalifa, Ameer ul-Mumineen Sayyiduna Umar Farooq رَضِيَ اللَّهُ عَنْهُ said: Even if it is one sin, it brings with it 10 evils:

1. The sinner earns the wrath of Allah
2. He pleases the accursed shaytan
3. He is distanced from Paradise
4. And comes close to hell
5. He harms his most beloved thing i.e. his own life
6. He corrupts his inner self
7. He offends Kiraman Katibeen, the angels appointed to write deeds
8. He causes grief to the Beloved Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ in his noble tomb
9. He makes the heavens and the earth and the entire creation a witness to his disobedience
10. He deceives all humans and disobeys Allah Almighty

Second method: O devotees of the Prophet! If we want to spend the majority of our time performing good deeds, we must avoid wasting time in futile acts. What are futile acts? They are as follows: every such action or statement that does not provide any benefit in this world or the Hereafter. It is mentioned in a blessed narration: ‘مِنْ حُسْنِ إِسْلَامِ النَّبِيِّ تَرْكُهُ مَا لَا يَنْفَعُهُ’
It is from the excellence of a Muslim to shun that which does not concern him. (*Tirmizi, p. 555, Hadith 2317*) Hakim al-Ummah, Mufti Ahmad Yar Khan Na’eemi رَحْمَةُ اللَّهِ عَلَيْهِ writes regarding this Hadith: meaning the complete Muslim is he who refrains from such speech, actions, gestures and habits that are not beneficial for him in this world or the Hereafter. One should perform those actions or say such things that

are beneficial for him in this world or the Hereafter. **سُبْحَانَ اللَّهِ!** Attached to these two words is the goodness of both worlds. (*Mirat-ul-Manajih, vol. 6, p. 465*)

Third method: If we want to spend as much time as we can performing good deeds, pay attention to the third tip: make good intentions. Everyday, we carry out many Mubaah actions (actions from which no reward or sin is gained, e.g. eating, drinking, sleeping, walking etc). If we focus on this issue, we can change these Mubaah actions into worship and acquire reward. My master, A'la Hazrat, Imam-e-Ahl-e-Sunnat, Maulana Shah Imam Ahmad Raza Khan **رَحْمَةُ اللَّهِ عَلَيْهِ** explains: Every permissible action performed with a good intention becomes a rewardable deed. (*Fatawa Razawiyyah, vol. 8, p. 452*) He further states: when no extra action is required, and only an intention turns one good deed into ten, then it is a foolish thing and an unnecessary loss to make only one intention. (*Fatawa Razawiyyah, vol. 23, p. 157*)

O devotees of the Prophet! Making an intention is such a unique gift, so much so that an individual can make a good intention and be deserving of reward, even if he does not perform the action he intended to do. The final Prophet of Allah **صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ** said: **‘مَنْ هَمَّ بِحَسَنَةٍ فَلَمْ يَجْعَلْهَا كِتَابًا لَهُ حَسَنَةً’** Whoever makes an intention to perform a good deed but is unable to carry it out, one good deed is written for him. (*Muslim, Kitab: Iman, Hadith 206*)

Imam Ghazali **رَحْمَةُ اللَّهِ عَلَيْهِ** states: a student of knowledge went to a group of scholars and said: who can guide me to an action that will result in me continuously performing good deeds for Allah? It is disliked by me that a day, night or moment of mine should pass and it is not spent in performing good deeds for the sake of Allah. It was said to him: you have acquired your goal. Perform good deeds for as long as possible and when you begin to feel fatigue, make an intention to perform good actions because the one who makes an intention to do a good deed, is like the one who has carried it out. (*Ihya-ul-'Uloom translated, vol. 5, p. 222*)

Dear Islamic brothers! We should continuously make firm and truthful intentions for virtuous actions because this is, in essence, free reward. What do we mean by a good intention and how can we get into the habit of making good intentions? A great scholar of intentions in our time, Shaykh-e-Tareeqat, Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةَ writes in the booklet '*Secret of Earning more Reward*': to have a good intention when doing any good deed means that your heart must be focused on that deed and you must be doing it for the pleasure of Allah. Remember! Making an intention only through verbal pronunciation, a thought or an inattentive intention is miles apart from a real intention because a real intention signifies that your heart is firmly prepared to do something i.e. there is absolute determination and true intent. If one is not habitual of making good intentions, he will initially have to force himself to do so. Before performing any good action, it will be useful to pause for some time as per the situation in order to concentrate on making intentions. So whilst keeping the head lowered and eyes closed, empty your mind from various thoughts. You will probably fail if you try to make intentions whilst looking around, fidgeting or itching your body, lifting or putting something down or by making an intention in a hurry. (*Sawab Barhanay kay nuskhay, p. 3*)

To learn more details about intentions, read the booklet of Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةَ '*Secret of Earning more Reward*' and the book '*Call to Righteousness*'. If Allah wills, an abundant treasure of knowledge will be attained.

Fourth method: Dear Islamic brothers! If we want to spend as much time as we can in doing good deeds, then we must act upon the formula 'kill two birds with one stone.' 'Kill two birds with one stone' is an idiom which means: to complete two tasks with one plan. This implies that whilst doing actions such as: eating food, drinking water, lifting or putting something down, driving a car, switching something on or off, opening and closing the door, opening a shop, pouring oil, applying fragrance, wearing shoes, adorning yourself with an Imamah

and every act in which the tongue and mind remain unoccupied; we should remember Allah, send Salat upon the Prophet, remember the grave and the Hereafter and fill our hearts with the remembrance of Madinah so we can earn good deeds with ease.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Fifth method: O devotees of the Prophet! If we wish to spend as much time as we can performing good deeds, then here is a beautiful tip: adopt the blessed Sunnah of the Prophet. If we learn how to carry out daily actions in a way that adheres to the Sunnah, and instead of carrying out the action according to our own thinking, we make a habit of doing so conforming to the Sunnah, then we can earn hundreds of thousands and even millions of good deeds throughout the day without any additional effort. For example, no matter how many times we need to drink water during the day, to earn reward, drink in a way that resembles the Sunnah. Likewise, if we perform these actions in correspondence to the Sunnah, like eating, drinking, sleeping, awakening, standing up, sitting down, walking, talking, smiling and hundreds of other daily actions, imagine how much reward we can accumulate in a single day!

The king of Madinah, the comfort of our hearts صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said:

مَنْ أَحَبَّ سُنَّتِي فَقَدْ أَحَبَّنِي وَمَنْ أَحَبَّنِي كَانَ مَعِيَ فِي الْجَنَّةِ

Whoever loves my Sunnah loves me and the one who loves me will be with me in Paradise. (*Mishkat, vol. 1, p. 55, Hadith 175*)

On one occasion, the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said 3 times: Allah have mercy upon my deputies. He was asked: who are your deputies? He صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: those who love my Sunnah and those who teach others. (*Jami' Bayan-ul-'Ilm Wa-Fadlihi, vol. 1, p. 201, Hadith 220*)

To learn thousands of Sunnah, read these two booklets of Ameer-e-Ahl-e-Sunnat, 'Allamah Maulana Abu Bilal Muhammad Ilyas Attar Qadiri دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةَ, 101 Madani Pearls and 163 Madani Pearls. Also read the two books of Maktaba tul Madinah, Bahaar-e-Shari'at part 16 and Sunnatayn aur Adaab. Aside from this, Sunnahs can be learned by travelling with the devotees of the Prophet on a Madani Qafilah.

صَلَّى اللهُ عَلَى مُحَمَّدٍ صَلَّى اللهُ عَلَى الْحَبِيبِ

Sixth method: Dear Islamic brothers! If it is our wish to spend most of our time performing good deeds then there is one beautiful Sunnah that can be of assistance. We should make this Sunnah an integral part of our lives. What is this Sunnah? Reading Mathoor (i.e. transmitted from the Quran and Hadith) supplications. Our beloved Master صَلَّى اللهُ عَلَى مُحَمَّدٍ would supplicate frequently; a supplication before eating; a supplication for drinking; a prayer for sleeping and awakening; a supplication for entering and exiting the house; a supplication for looking at a mirror; a supplication for drinking milk; a Du'a upon seeing someone in difficulty; a Du'a for entering the marketplace; a Du'a for wearing new clothes; a supplication when applying oil and many more that our Beloved Prophet صَلَّى اللهُ عَلَى مُحَمَّدٍ would recite regularly during the day and night. If we memorise these supplications and recite them before every action, one benefit of doing so is that there will be blessings in our actions because the work that is initiated with the remembrance of Allah is full of blessings. The second benefit is that supplication is the essence of worship. The final Prophet of Allah صَلَّى اللهُ عَلَى مُحَمَّدٍ stated: In the court of Allah, there is nothing more superior than supplication. In one Hadith Qudsi it is mentioned that Allah Almighty said: 'أَنَا مَعَهُ إِذَا دَعَانِي' I am with that person when he supplicates to me. The third benefit is that these supplications fall under the remembrance of Allah (Zikr) and this is the best deed. It is stated in the Noble Quran:

فَاذْكُرُونِي أَذْكَرُكُمْ

So, remember Me, I shall publicise you (by giving you true fame and help),

[Kanz-ul-Iman (Translation of Quran)] (Part 02, Surah Al-Baqarah, verse 152)

It is mentioned in a Hadith Qudsi that Allah Almighty said: When a person remembers Me, I am with him. If he remembers Me in his heart, I too remember him alone. If he remembers Me in a group of people, I remember him in a gathering better than them. *(Bukhari, p. 1787, Hadith 7405)* The Heavenly companion, Sayyiduna Mu'aaz Bin Jabal رَضِيَ اللهُ عَنْهُ asked: O Messenger of Allah صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ! Which actions are beloved to Allah? He said: Death comes to you and your tongue is busy in the remembrance of Allah. *(Shu'ab-ul-Iman, vol. 1, p. 393, Hadith 516)*

Meaning: If you want to live an honourable life, remember Allah! Remember Allah! Remember Allah! The remembrance of Allah turns a beggar into a King. In summary, the remembrance of Allah is the ornament of faith.

Shaykh-e-Tareeqat, Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةِ has gathered many daily supplications in the book 'Madani Treasure of Blessings' for our ease. The supplications can be read and memorised from there.

Apart from this, we are taught and made to memorise supplications during the weekly Sunnah inspired gatherings of Dawat-e-Islami. Likewise, we can also learn supplications by travelling with the devotees of the Prophet on a Madani Qafilah. It is a great opportunity to learn many daily Du'as. Another way of learning Du'as is to watch Madani Channel, especially Madani Channel for Kids. إِنَّ مَعَهُ الْعِلْمَ! Not only will you learn supplications, you will also gain a lot of Islamic knowledge.

Seventh method: Dear Islamic brothers! If we want to spend as much time as we can in doing good actions, then make a habit of staying in the state of Wudu for as long as possible. To remain in a state of Wudu is the practise of the Awliya. Needlessly not being in a state of Wudu is a missed opportunity of gaining free good deeds. Here are 3 sayings of the Beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ about the excellence of staying in a state of Wudu:

1. He said: O Abu Hurayrah! When you perform Wudu, say 'بِسْمِ اللهِ وَالْحَمْدُ لِلّٰهِ'! Your Angels (i.e. Kiraman Katibeen) will continuously write good deeds for you as long as you remain in Wudu. (*Mu'jam Sagheer, p. 168, Hadith 196*)
2. He said: The one who sleeps whilst being in the state of Wudu is like the one who is worshipping while fasting. (*Kanz-ul-Ummal, juzz 9, p. 123, Hadith 25994*)
3. He said: Whoever is in a state of Wudu when the Angel of Death عَلَيْهِ السَّلَام takes his soul, martyrdom is written for him. (*Shu'ab-ul-Iman, vol. 3, p. 29, Hadith 2783*)

A'la Hadrat, Imam-e-Ahl-e-Sunnat رَحْمَةُ اللهِ عَلَيْهِ states: Some Aarifeen (i.e. Awliya of a high rank) have said that anyone who stays in a state of Wudu at all times will be awarded with 7 virtues by Allah Almighty:

1. Angels will desire to be in his company
2. Good deeds will be written for him constantly
3. His limbs will glorify Allah
4. He will never miss his Takbeer Oola (first Takbeer of congregational prayer)
5. When he sleeps, Allah Almighty will send Angels to protect him from the evil of Jinn and humans

6. The agonies of death (Sakaraat-e-Mawt) (i.e. when the soul is being taken) will be easy for him.
7. He will remain in the protection of Allah for as long as he is in this state. (*Fatawa Razawiyyah, vol. 1, p. 702*)

Eighth method: Dear Islamic brothers! If we yearn to spend a lot of our time in performing good deeds, then we should immediately start performing easy virtuous actions and make it a part of our daily routine. For example, replying to the Adhan and Iqamah is an easy deed. According to what has been mentioned in blessed narrations, the Islamic brother who is successful in replying to the Adhan and Iqamah for all five prayers, will receive 32.4 million good deeds, he will be raised by 324 thousand ranks, and 324 thousand of his sins will be forgiven. (*Faizan-e-Azan, p. 6*) Likewise, reciting بِسْمِ اللّٰهِ before every permissible and virtuous act is an easy deed and the reward is such that you will want to recite بِسْمِ اللّٰهِ، بِسْمِ اللّٰهِ all the time. It is mentioned in a Hadith: Whoever recites بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ, Allah will, in exchange for every letter, give him 4 thousand good deeds, forgive 4 thousand of his sins and elevate him by 4 thousand ranks. (*Firdaus-ul-Akhbar, vol. 4, p. 26, Hadith 5573*)

Ninth method: Dear Islamic brothers! In order to make your life purposeful and to spend most of your time performing good deeds, it is not sufficient to only perform good deeds; it is necessary to maintain steadfastness upon this too, and how will one attain steadfastness? There is a very easy method, and if we adopt this method, اِنْ شَاءَ اللّٰهُ, we will attain steadfastness upon righteous works, and if Allah Almighty wills, we will develop a hatred towards sins in our hearts. What must we do? For a few minutes every day, we must envisage the grave and hereafter, and reflect upon our actions.

If we were to become those who do this for a few minutes every day, without fail, then be assured that our lives would prosper; we would

not only become pious ourselves, we would become those who make others pious, and then how beneficial is this action which takes a few minutes? Let us listen to a Hadith in order to understand this. Our Beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said: To reflect for a moment (regarding the hereafter) is better than worshipping for 60 years. (*Jami'-us-Sagheer*, p. 365, *Hadith 5873*) سُبْحَانَ اللهِ! سُبْحَانَ اللهِ!

Woh tau nihayat sasta soda baych rahay hayn Jannat ka

Ham muflis kiya maul chuka'ayn, apna hath hi khali hay

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ

O devotees of the Prophet! Shaykh-e-Tareeqat, Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمْ الْعَالِيَةِ has made it even easier for us to take ourselves to account and earn good deeds; he has gifted a booklet of pious deeds known as '72 Pious Deeds' to his disciples, associates and devotees. This booklet can be purchased from Maktaba-tul-Madina, or you can download the application 'Nayk A'maal' on your mobile phone. This contains 72 questions which are based upon various pious deeds and there are 30 boxes beneath each question. You should fix a time that suits you every day, open the booklet for a few minutes, read each question and then mark the boxes given below, whether a yes or a no, accordingly. إِنَّ شَاءَ اللهُ, through the blessings of this, within a few days, you will observe a change in your life.

Tenth method: Dear Islamic brothers! In order to become pious and to spend most of our time performing good deeds, it is very important to leave bad company, otherwise we will never be able to spend our time in doing righteous deeds. Bad company is a very big and common reason for time being wasted. If we were to adopt only good company and avoid bad company at all costs, we would save a lot of our time and be successful in performing good deeds in that time. The one who encourages us towards good deeds or aids us in good deeds, sitting and associating with such a person is known as good company. Hence,

the Beloved Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ while mentioning the sign of a good friend, said: 'إِذَا رُؤُوا ذُكِرَ اللهُ', i.e., 'Allah Almighty is remembered when they are seen.' (Ibn-e-Majah, p. 670, Hadith 4119)

Those who use mobiles, the internet, social media, etc., should keep this Hadith in their minds and ponder over whether this thing is proving to be a good friend for them or an evil one. If it is proving to be an evil friend, one should immediately abandon it. May Allah Almighty grant us the ability to act.

أُمِّيْنَ بِجَاهِ النَّبِيِّ الْأُمِّيْنَ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

The role of Dawat-e-Islami in reforming the Ummah

اَلْحَمْدُ لِلَّهِ! At this moment in time, in order to incline the Ummah towards righteous deeds and to place the importance of time into the hearts of people, the movement of prophetic devotees, Dawat-e-Islami, is playing an important role, and the great work Dawat-e-Islami has carried out in providing good company is particularly outstanding.

اَلْحَمْدُ لِلَّهِ! The devotees of the Prophet who are exemplars of the Sunnah are busy in spreading the call to righteousness throughout the world, and the electronic Muballigh in the form of Madani Channel is accessible to everyone, besides this, the Social Media Department of Dawat-e-Islami has created various channels and accounts on YouTube, Facebook, WhatsApp and the internet, by means of which, a person can attain help in seeking Islamic knowledge and gaining a passion for performing good deeds.

In order to take benefit from of all of these digital services of Dawat-e-Islami and to acquire more information about them, download the application known as 'Dawat-e-Islami Digital Services' onto your phone. This contains all the applications and websites developed by the IT Department of Dawat-e-Islami, and information regarding them.

Pious Deed Number 30

Dear Islamic brothers! In this age of tribulation, the movement of prophetic devotees, Dawat-e-Islami, with the lofty intention of rectifying the Ummah, is engaged in bringing Muslims towards good deeds and saving them from bad deeds. Therefore, you should also become associated with the religious environment of Dawat-e-Islami. It is not necessary for us to know someone in order to give Salam to them, rather, whether we know somebody or not, we should give Salam to them. In giving encouragement to spread Salam, Ameer-e-Ahl-e-Sunnat **دَامَتْ بَرَكَاتُهُمْ الْعَالِيَةِ** states in Pious Deed Number 30: Did you give Salam to the Muslims that you passed by in the home, office, train, etc., and to those walking on the street and standing or sitting on the path, today?

There are glad tidings of abundant virtues and rewards for those who act upon the Sunnah. Listen to the following 3 sayings of the Beloved Prophet **صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ** about the virtue of those who act upon this Sunnah:

1. When two Muslim men meet and one of them greets his companion, the most beloved of them before Allah Almighty is the one who meets his companion more politely. Then when they shake hands, 100 mercies descend upon them; 90 mercies are for the one who initiated it and 10 for the one whose hand was shook. *(Musnad-e-Bazaar, vol. 1, p. 437, Hadith 308)*
2. The one who gives Salam first is free of pride. *(Shu'ab-ul-Iman, vol. 6, p. 433, Hadith 8786)*
3. The closest to Allah Almighty from among the people is the one who gives Salam to them first. *(Abu Dawood, vol. 4, p. 449, Hadith 5197)*

HR Department

اَلْحَمْدُ لِلّٰهِ! How beautiful of a worship is giving Salam, which is a collection of worldly and religious blessings, and the one who gives Salam

receives its blessings in abundance. Therefore, if we also wish to attain these blessings, we should spread Salam far-and-wide, and in order to develop this mindset, we should attach ourselves to the religious environment of Dawat-e-Islami and spread the blessings of Salam.

اَلْحَمْدُ لِلّٰهِ! Dawat-e-Islami is busy in serving the religion throughout the entire world via more than 80 departments, and one of these departments is known as the HR Department. اَلْحَمْدُ لِلّٰهِ, there are hundreds of thousands of Islamic brothers and sisters who are associated with the religious environment of Dawat-e-Islami and are busy serving the religion solely to gain the pleasure of Allah Almighty, voluntarily. However, Dawat-e-Islami is a very large organisation, and some of its departments are in need of employees, for example, Jami'ah-tul-Madinah, Madrassa-tul-Madinah, Madani Marakiz, Madani Channel, etc. Thus, this department has been established in order to look at the work, skills and necessity of these employees, and to resolve all of their issues in accordance to the Shari'ah. May Allah Almighty grant more success to this department.

صَلُّوا عَلَيَّ الْحَبِيبِ صَلَّى اللهُ عَلَيَّ مُحَمَّدٍ

Sunnahs and etiquettes of cutting nails

Let us listen to the Sunnahs and etiquettes of cutting nails from the booklet of Ameer-e-Ahl-e-Sunnat دَامَتْ بَرَكَاتُهُمُ الْعَالِيَةَ, entitled, '101 Madani Pearls':

- It is Mustahab to cut the nails on Friday. However, if they have grown too much then do not wait for Friday. (*Durr-e-Mukhtar, vol. 9, p. 668, derived from*)
- Sadr-ush-Shari'ah, Maulana Amjad Ali A'zami رَحْمَةُ اللهِ عَلَيْهِ states: It is narrated: Whosoever cuts his nails on Friday, Allah Almighty will protect him from calamities until the next Friday, and three more days, i.e., for ten days. (*Mu'jam Awsat, vol. 3, p. 328, Hadith 4746; Bahar-e-*

Shari'at, vol. 3, p. 583, part 16) In another narration, it is mentioned: Whosoever cuts his nails on Fridays, mercy will come and sins will depart. (*Umda-ul-Qaari, vol. 15, p. 90*)

- The summary of the method of cutting the nails of the hand is as follows: Starting with the nail of the index finger of the right hand, cut the nails in order until the small finger, but leave the thumb. Now, begin with the nail of the small finger of the left hand and cut them in order up to and including the thumb. In the end, cut the thumb nail of the right hand. (*Ihya-ul-Uloom, vol. 1, p. 193*)

Announcement

The remaining Sunnahs and etiquettes of cutting nails will be mentioned in the study circles, therefore take part in the study circles to learn about them.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

The 6 Salat upon the Prophet and 2 Du'as that are recited in the Sunnah-inspiring weekly Ijtima' (congregation) of Dawat-e-Islami:



1. The Salat upon the Prophet for the night preceding Friday

اللَّهُمَّ صَلِّ وَسَلِّمْ وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ النَّبِيِّ الْأُمِّيِّ
الْحَبِيبِ الْعَالِي الْقَدْرِ الْعَظِيمِ الْجَاهِ وَعَلَىٰ آلِهِ وَصَحْبِهِ وَسَلِّمْ

The saints of Islam have quoted that whoever recites this Salat upon the holy Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ at least once on the night preceding Friday [the night between Thursday and Friday] on a regular basis will be blessed with the vision of the Beloved and Blessed Rasool صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ at the time of death, as well as at the time of his burial into the grave, to the extent that he will see the Noble Rasool صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ lowering him into the grave with his own merciful hands. (*Afdal-us-Salawat 'ala Sayyid-is-Sadat, p. 151*)

2. All sins forgiven

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ وَعَلَىٰ آلِهِ وَسَلِّمْ

It is narrated by Sayyiduna Anas رَضِيَ اللَّهُ عَنْهُ that the Beloved and Blessed Rasool صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has stated, 'Whoever recites this Salat upon me whilst standing, then prior to his sitting back; and if he recites it whilst sitting, then before he stands back, his sins will be forgiven.' (*Ibid, p. 65*)

3. 70 Portals of mercy

صَلَّى اللهُ عَلَى مُحَمَّدٍ

Whoever recites this Salat upon the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ, 70 portals of mercy are opened for him.

(*Al-Qaul-ul-Badi'*, p. 277)

صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

4. The reward of 600,000 Salat upon the Prophet

اللَّهُمَّ صَلِّ عَلَى سَيِّدِنَا مُحَمَّدٍ عَدَدَ

مَا فِي عِلْمِ اللَّهِ صَلَاةً دَائِبَةً بِدَوَامِ مُلْكِ اللَّهِ

Shaykh Ahmad Saawi رَحِمَهُ اللهُ عَلَيْهِ reports from some saints of Islam that the one reciting this Salat upon the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ once receives the reward of reciting Durood 600,000 times. (*Afdal-us-Salawat 'ala Sayyid-is-Sadat*, p. 149)

5. Nearness to the Distinguished Rasool صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ كَمَا تُحِبُّ وَتَرْضَى لَهُ

One day somebody came [to the blessed court of the Beloved and Blessed Rasool صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ], and the Noble Rasool صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ made him sit in between himself and Sayyiduna Abu Bakr Siddeeq رَضِيَ اللهُ عَنْهُ. The respected companions رَضِيَ اللهُ عَنْهُمْ were surprised as to who that honoured person was. When he had left, the Beloved Rasool صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, 'When he recites Salat upon me, he does so in these words.' (*Al-Qaul-ul-Badi'*, p. 125)

6. Salat upon the Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ to attain intercession

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَآلِهِ وَأَنْزِلْهُ الْبَقْعَدَ الْبُقْرَبَ عِنْدَكَ يَوْمَ الْقِيَامَةِ

The Greatest Rasool صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has stated: The one who recites this Salat upon me, my intercession will become Wajib for him.

(Attargheeb Wattarheeb, vol. 2, p. 329, Hadith 31)

1. Good deeds for 1000 days

جَزَى اللهُ عَنَّا مُحَمَّدًا مَا هُوَ أَهْلُهُ

It is narrated by Sayyiduna Ibn-e- 'Abbas رَضِيَ اللهُ عَنْهُمَا that the Noble Rasool صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ has stated, 'For the reciter of above supplication, seventy angels write good deeds (in his account) for 1000 days.'

(Majma'-uz-Zawaid, p. 254, vol. 10, Hadith 17305)

2. An easy way to spend every night in worship

The holy Prophet صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ said, 'If anyone recites the following Du'a three times at night it is as if he has found Layla-tul-Qadr.' Here is the Du'a:

لَا إِلَهَ إِلَّا اللهُ الْحَلِيمُ الْكَرِيمُ

سُبْحَانَ اللهِ رَبِّ السَّمَوَاتِ السَّبْعِ وَرَبِّ الْعَرْشِ الْعَظِيمِ

Translation: There is none worthy of worship except Allah عَزَّوَجَلَّ Who is 'حَلِيمٌ' (Most Forbearing) and 'كَرِيمٌ' (Possessor of all excellences). Allah عَزَّوَجَلَّ is free from every fault, Rab of the seven skies and Rab of the magnificent 'Arsh.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

Schedule for the Halqahs [learning sessions] of the weekly Ijtima' (overseas), 09 December 2021

1. Short Bayan on different topics: **5 minutes**
2. Memorising Du'a: **5 minutes**
3. Fikr-e-Madinah: **5 minutes**
4. Total duration: **15 minutes**

Remaining Sunnahs and etiquettes of cutting nails

- There is no order narrated for cutting the toenails, however, it is better to start with the small toe of the right foot and cut them in order up to and including the big toe, then start with the big toe of the left foot and cut the toenails in order up to the small toe. (*Ihya-ul-'Uloom, vol. 1, p. 193*)
- It is Makruh to cut the nails in a state of Janabah (i.e. when Ghusl is Fard). (*Fatawa Hindiyyah, vol. 5, p. 358*)
- It is Makruh to cut the nails with one's teeth, and there is fear of leprosy in doing this. (*Fatawa Hindiyyah, vol. 5, p. 358*)
- Bury the nails after cutting them. (*Fatawa Hindiyyah, vol. 5, p. 358*)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Du'a at the time of yawning

According to the schedule of the weekly Sunnah-inspired Ijtima' of Da'wat-e-Islami, the 'Du'a at the time of yawning' will be learnt. The Du'a is as follows:

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Translation: There is no power (to avoid sins) and no might (to perform good deeds) except with the aid of Allah Almighty, the Most-High, the Mighty. (*Khazeenah-e-Rahmat, p. 62*)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ عَلَى مُحَمَّدٍ

Method of collective Fikr-e-Madinah (72 Madani In'amaat)

Saying of the Beloved Rasool صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ: Pondering (over the Hereafter) for a moment is better than the worship of 60 years.

(*Al-Jami'-us-Sagheer, pp. 365, Hadith 5897*)

Let's make 'good intentions' before filling in the Madani In'amaat booklet:

1. To please Allah عَزَّوَجَلَّ, I will carry out today's Fikr-e-Madinah (i.e. self-accountability) myself through the Madani In'amaat booklet and persuade others as well.
2. I will praise (i.e. thank) Allah عَزَّوَجَلَّ for the Madani In'amaat which I acted upon.
3. I will be regretful about the Madani In'amaat which I did not act upon and try to act on them in the future.
4. Allah عَزَّوَجَلَّ forbid, if I have not acted on any such Madani In'amaat which saves a person from sins, I will make a firm intention of not committing sin in the future, along with making repentance and Istighfar.
5. I will not reveal my good deeds without need (for example, I act on such and such or this many Madani In'amaat).
6. I will act afterwards or tomorrow on the Madani In'amaat which can be practised afterwards (for example, if one did not recite Salat upon the Holy Prophet صَلَّى اللَّهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ 313 times today).

7. I will try to achieve the actual aim of filling in the Madani In'amaat booklet (for example, fear of Allah, piety, correcting manners, progress in the Madani activities, etc.).
8. I will fill in the Madani In'amaat booklet (i.e. carry out Fikr-e-Madinah) tomorrow as well.
9. I will not consider it a usual formality but fill in the Madani In'amaat booklet while pondering.

Mark the boxes given below with a 'correct (i.e. inverted tick)' sign for the Madani In'amaat you have practised today and mark them with a '(0) sign' in case you have not practised them.

Attention: Carry out Fikr-e-Madinah while keeping an eye on your own Madani In'amaat booklet only.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ عَلَى مُحَمَّدٍ

Method of collective reflection (72 Pious Deeds)

Daily 56 pious deeds

1. Made good intentions?
2. Offered all five Salahs with congregation?
3. Invited others to Salah before every Salah?
4. Recited or listened to Surah al-Mulk at night?
5. Recited Aaya-tul-Kursi, Tasbih-e-Fatimah and Surah Al-Ikhlās after every Salah?
6. Read or listened to three verses of Kanz-ul-Iman or two pages of Siraat-ul-Jinaan with translation and commentary?
7. Recited the Wazaif of the Shajarah?
8. Recited Salat upon the Prophet 313 times?

9. Protected eyes from sins?
10. Protected ears from sins?
11. Kept gaze lowered while saving yourself from unnecessary glances?
12. Read a reforming book of Maktaba-tul-Madina for 12 minutes?
13. Replied to Azaan and Iqamah?
14. Cured your anger?
15. Reflected upon your actions?
16. Obeyed your Nigran?
17. Conversed in a respectful manner?
18. Studied or taught in Madrassa-tul-Madina Baalighan?
19. Arrived home within two hours of Isha Jumu'ah?
20. Spent two hours on religious works?
21. Awoke others for Fajr Salah?
22. Refrained from peering into others' homes?
23. Did home Dars take place?
24. Delivered or listened to Masjid Dars?
25. Wore clothes in accordance to Sunnah?
26. Are you complying with the Sunnah of keeping tresses?
27. Do you have a fist-length beard?
28. Immediately repented upon committing a sin?
29. Ate according to Sunnah?

30. Gave Salam to Muslims?
31. Acted upon some Sunnahs?
32. Offered the preceding Sunnahs of Zuhr Salah before the Faraaid?
33. Offered Tahajjud or Salah-tul-Layl?
34. Offered Awwabeen or Ishraq and Chasht?
35. Offered the preceding Sunnahs of 'Asr or 'Isha?
36. Gave encouragement for one religious work from the 12 religious works?
37. Refrained from asking others for things and using them?
38. Saved yourself from lying, backbiting and tale-telling?
39. Watched Madani Channel for at least some time?
40. Refrained from forming personal friendships?
41. Paid back debt on time?
42. Refrained from speaking such words of humility that were not in conformity with your heart?
43. Maintained cleanliness and decorum?
44. Concealed the faults of Muslims?
45. Delivered or attended the circle of Quranic commentary after Fajr Salah?
46. Recited 'بِسْمِ اللّٰهِ' before some permissible works?
47. Delivered or listened to Chowk Dars?
48. Conveyed reward to your parents and spiritual guide?
49. Avoided Israaf (wastage)?

50. Abided by the laws of traffic?
51. Resolved issues in accordance to the organisational procedure?
52. Saved yourself from the sins of tongue?
53. Refrained from unnecessary speech?
54. Avoided joking, mocking, taunting, hurting others' feelings and laughing out loud?
55. Wore 'Imamah?
56. Respected your parents?

Record of Qufi-e-Madinah

- Communicating through writing - 12 times
- Communicating through gestures - 12 times
- Conversing without staring - 12 times

Weekly 10 Pious Deeds

57. Sent at least one Islamic sister from your home to the Weekly Ijtima of Islamic sisters?
58. Watched or listened to the Weekly Madani Muzakarah?
59. Attended the Weekly Ijtima from beginning till end?
60. Conducted the holiday l'tikaf?
61. Inquired after an ill person or sympathised with a grieved person, and offered condolences on someone's death?
62. Fasted on any day of the week?
63. Read or listened to the weekly booklet?
64. Performed area visit?

65. Persuaded an Islamic brother, who would once attend but no longer attends, to join the religious environment?
66. Took part in the weekly Madani Halqah?

Monthly 3 Pious Deeds

67. Submitted last month's booklet of Pious Deeds to your Nigran?
68. Travelled in at least a 3-day Madani Qafilah this month?
69. Rendered financial help to a Sunni scholar this month?

Yearly 1 Pious Deed

70. Travelled in a 1-month Qafilah this year according to the schedule?

Lifelong 2 Pious Deeds

71. Read the lifelong syllabus?
72. Travelled for 12 months (together) and completed different courses (12 religious works course, 7-day Islah-e-A'maal [i.e. reformation of deeds] course, 7-day Faizan-e-Namaz course)

صَلَّى اللهُ عَلَى مُحَمَّدٍ صَلُّوا عَلَى الْحَبِيبِ

Du'a of Ameer-e-Ahl-e-Sunnat

Ya Allah ﷺ! The one who sincerely acts upon Madani In'amaat, fills in the booklet by performing Fikr-e-Madinah daily and submits it to his relevant responsible Islamic brother on the 1st of every Madani [Islamic] month, do not give him death until he recites the Kalimah.

اٰمِيْن بِجَاہِ النَّبِيِّ الْاَمِيْنِ صَلَّى اللهُ عَلَيْهِ وَآلِهِ وَسَلَّمَ

صَلَّى اللهُ عَلَى مُحَمَّدٍ صَلُّوا عَلَى الْحَبِيبِ